

The SPA



# **Ladies Day Menu**

Unique opulent experiences expertly designed to leave the most breathtaking memories you can embrace at The SPA.

Enjoy a complimentary drink of your choice from our Ladies Day Special Menu after each spa service.

## **MASSAGES**

Swedish Massage AED 600 60 Minutes

A classic body massage using soft to medium pressure to encourage circulation, promote relaxation and ease muscle tension. Soft gliding and stimulating movements using hands and forearms help sooth tired and aching muscles and leave you energized and revived.

#### Intense Muscle Release

AED 680 60 Minutes

A powerful massage therapy for those who suffer from chronic stress. Using specialized techniques, specific areas of concern are focused upon to alleviate common discomforts such as stiff neck, tight shoulders and painful lower back. This deep and rhythmic pressure massage eases stress, boosts circulation and reduces toxins in the body. The result is renewed and revitalized you.

## **Pregnancy Massage**

**AED 680** 

**60 Minutes** 

A specialized massage crafted by our skilled therapists based on your personal needs during this special period in your life. Recommended for those that have passed the first trimester in their journey.

### Hot Stone Massage

AED 850 90 Minutes

A classic massage which uses the ancient art of healing with basalt stones. The heat from the stones releases tension in tight, tired muscles and aids your body's own detoxification process. The use of both stones and the therapist's hands allows for the perfect combination of pure relaxation.

#### TRADITIONAL HAMMAM

AED 850 60 Minutes

Your Traditional Hammam treatment consists of a 60-minute Moroccan Hammam ritual that includes a black soap application, an ultra purifying full body exfoliation with a traditional Kessa glove combined with a detoxifying body scrub. This is followed by a soothing soaping with orange blossom infused shower milk and traditional stretching to complete your ritual.

# **FACIALS**

## **Precious Facial**

AED 850 75 MINUTES

This powerful anti-ageing treatment, effectively combines high-performance ingredients to give an immediate real life "camera filter" effect. The masterful combination of Rose, Gold and Platinum ampoules combined with unique infusion techniques invigorate, plump and firm the skin through an extraordinary beauty journey leaving you with a radiant glow.

# **Hyaluron Facial**

AED 750 75 Minutes

Indulge in an intense hydration boost for the skin at The SPA, power packed with active concentrate Hyaluron Infusion containing triple-action hyaluronic acid and HY-3 peptides, the latter promoting the skin's natural production of hyaluronic acid. The result is fresh, silky smooth and plump, hydrated skin making it an ideal facial during the summer or after a long flight.

# **Collagen Firming**

AED 800 75 MINUTES

Stimulating from the inside out, this facial will improve the natural collagen and elastin production of the skin. A firmer, smoother and uniform complexion is obtained through our unique plumping collagen mask included in this facial.

#### **NAIL SERVICES**

The Classic Gel Manicure	60 Minutes	AED 230
The Classic Gel Pedicure	60 Minutes	AED 260
The French Gel Manicure	75 Minutes	AED 260
The French Gel Pedicure	75 Minutes	AED 290