



Breakfast Menu (Served Daily 7:30am-10:30am)

Creamy Porridge

Made with Almond Milk, Berries, Local Honey, Cinnamon Sugar (1,7,8)

Gubbeen Continental Plate

Gubbeen Cured Meats and Cheeses, Freshly Baked Soda Bread, Local Dairy Butter (1,7,8)

Pain Perdu

Cocoa & Cinnamon French Toast, Berries, Maple Syrup (1,3,7)

Full Irish Breakfast

Allshire's Sausages, Black and White Pudding, Grilled Bacon, Roasted Plum Tomato, Herb Roasted Baby Potatoes, Grilled Mushroom, West Cork Free Range Eggs cooked to your liking. (3,6,7,10,12)

West Cork Eggs Benedict

Toasted Sourdough with Union Hall Smoked Salmon or Bacon, Poached West Cork Eggs, Hollandaise Sauce, Walled Garden Herbs (3,4,7,12)

Garden Granola

Bananas, Berries, Toasted Coconut and Organic Almond Milk (1,7,8)

Garden Omelette

3 Eggs Omelette with Tomato, Cheddar, Walled Garden Herbs served with Toasted Sourdough (1,3,7,12)

Union Hall Smoked Kippers

Grilled Locally Smoked Fish, Toasted Sourdough served with Poached Eggs (1,3,4,7)

Buckwheat Galette

Grilled Mushroom, West Cork Free Range Egg, Cheddar in a Lightly Toasted Crepe (1,3,7)

Juices

Freshly Squeezed Orange Juice, Apple & Grapefruit Juices

Milks

Local Dairy Milk, Organic Soya, Organic Almond, Organic Oat