



Copa Holistic Summer

RECONNECT • BREATHE • RESTORE



JUNE



SUNRISE YOGA

June 06 | 7:00 AM



SUNSET YOGA

June 12 | 5:00 PM



SUNRISE YOGA

June 20 | 7:00 AM



SERENITY SUNDAY

June 21 | 9:00 AM



FULL MOON YOGA *Strawberry Moon*

June 30 | 9:00 AM

JULY



SUNRISE YOGA

July 04 | 7:00 AM



SUNSET YOGA

July 10 | 5:00 PM



SUNRISE YOGA

July 18 | 7:00 AM



SERENITY SUNDAY

July 19 | 9:00 AM



FULL MOON YOGA *Thunder Moon*

July 29 | 9:00 AM



**RESERVE YOUR
SPOT TODAY!**

Limited spots available.



787-821-0505 ext. 770 or 939-252-1600



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www.copamarina.com/spa

BREATHE • BALANCE • BE PRESENT

