



## SMALL PLATES

### **POPCORN** GF

*DUCK FAT, THYME, MALDON SEA SALT*

5

### **SMOKED TUNA DEVILLED EGG**

*WESTCOAST ALBACORE TUNA, SALMON ROE, LIGHT HERBS*

3 EACH

### **WARM MARINATED OLIVES** VG/V/GF

*GREEN, KALAMATA, CASTELVETRANO, CITRUS-THYME*

10

### **THE POETS CHOWDER** GF

*COD, PRAWNS, CLAMS, BACON, CANDIED SALMON, GRILLED FOCACCIA*

20

### **THE CAESAR SALAD**

*BABY GEM LETTUCE, BACON, CROUTONS, PARMIGIANO REGGIANO, GARLIC DRESSING*

16

### **THE PENDER SALAD** VG/V/GF

*GREENS, CHERRY TOMATOES, CUCUMBER, RADISH, CRISPY GARBANZO, LEMON VINAIGRETTE*

16

**ENHANCEMENTS:** | CRISPY TOFU +7 | GRILLED CHICKEN BREAST +10 | 5 SAUTEED PRAWNS +12  
| GRILLED SALMON +15 | GRILLED STEAK +22

### **TEMPURA PRAWNS** (5)

*CITRUS PONZU DIPPIN SAUCE*

14

### **HERITAGE CHICKEN WINGS** GF

*SIDE OF RANCH DRESSING*

*CHOOSE YOUR FLAVOUR; SALT & PEPPER, BLUE MOON, BOURBON BBQ, HOT,  
HONEY GARLIC, KOREAN CHILI*

20

### **NACHOS** VG/GF

*TRI COLOURED CORN TORTILLA CHIPS, NACHO CHEESE,  
PICKLED JALAPENOS, OLIVES, TOMATOES, GREEN ONIONS  
SOUR CREAM & SALSA*

25

**Add:** GUACAMOLE +5 | NACHO BEEF +7 | NACHO CHICKEN +10

VG- Vegetarian V-Vegan GF-Gluten Free

Reservations for 8 or more are subject to an 18% gratuity.



## BURGERS & SANDWICHES - SERVED WITH FRIES OR SALAD

UPGRADE TO: | YAM FRIES +3 | COLESLAW +3 | CAESAR SALAD +5 | CHOWDER +7  
GLUTEN FREE BUN +2 | LETTUCE WRAP +3

### **THE BEDWELL BEEF BURGER** GF Option

6OZ PRIME RIB PATTY, BACON, CHEDDAR CHEESE, GARLIC AIOLI, LETTUCE,  
ONION, PICKLE, POTATO BUN  
25

### **THE GRILLED GARDEN CLUB** VG/V/GF Option

EGGPLANT, ZUCHINNI, MUSHROOMS, MAPLE ROASTED SQUASH,  
GREEN GODDESS, BABY GEM LETTUCE, HERBED FOCACCIA BUN  
23

## LARGE PLATES

### **NEW YORK STEAK** GF

10oz STRIPLOIN, DUCK FAT FINGERLINGS, GRILLED BROCCOLINI, RED WINE DEMI GLACE  
48

### **LEMONGRASS STEELHEAD SALMON** GF

7oz SEARED SALMON, COCONUT GREEN CURRY RISOTTO, SAUTEED WILD MUSHROOMS, KALETTA  
36

### **WESTCOAST TAGLIATELLE**

PARMESAN GARLIC CREAM, MUSSELS, PRAWNS, SCALLOPS, SALMON, GRILLED FOCACCIA  
34

### **PUTTANESCA TAGLIATELLE** VG Option

ANCHOVY, SAN MARZANO, KALAMATA, CRISPY SHALLOT, PECORINO ROMANO, GRILLED FOCACCIA  
22

### **ANCIENT GRAINS** VG/V

CRISPY TOFU, MARINATED ANCIENT GRAINS, MAPLE ROASTED SQUASH, GRILLED EGGPLANT,  
CHERRY TOMATO, WATERMELON RADISH, GREEN GODDESS  
24

### **FISH & CHIPS** - ONE OR TWO PIECE

COD, FRIES, COLESLAW, TARTAR  
22/28

**ENHANCEMENTS** | CRISPY TOFU +7 | GRILLED CHICKEN BREAST +10 | 5 SAUTEED PRAWNS +12  
| GRILLED SALMON +15 | GRILLED STEAK +22

VG- Vegetarian V-Vegan GF-Gluten Free

Reservations for 8 or more are subject to an 18% gratuity.