



## The SPA

*Step into an oasis of wellness and luxury at The SPA by Palazzo Versace Dubai, and discover an astounding selection of treatments using high-end luxury brands from across the world. Our offerings include result-driven facials, luxury wellbeing massages, softening and energizing body treatments, and Moroccan hammams.*

*The SPA's marble floors of Granito Nero Assoluto match the grey degraded mosaics and the white birch wood walls with mother-of-pearl details. The plunge pools are in vibrant turquoise mosaics. The décor's motifs belong to the sea world: cornucopias interlaced with small seashells and embellished curlicues.*



## PALAZZO VERSACE MOMENTS

### The Ultimate

7 HOURS

The ultimate day to indulge in five of our most luxurious treatments. Imagine a day dedicated to you or a loved one. The ultimate package begins with a chauffeur driven car picking you from your home in Dubai ensuring you arrive in style for your breakfast at Giardino restaurant. The spa journey starts with the signature Hammam followed by the ceremonial massage. An exquisite two-course lunch will be served either in the Italian restaurant – Vanitas, or a private cabana by the pool. The afternoon begins with a The Precious Facial that is performed with a masterful combination of rose, gold, and platinum ampoules combined with unique infusion techniques that invigorate, plump, and firm the skin, followed by a beauty session of blow-dry, classic manicure and pedicure while sipping a glass of champagne or a mocktail of your choice. To make sure your journey home is as special as your arrival, our chauffeur will be waiting to escort you home.

**Includes:** *Chauffeur driven car to and from the hotel within Dubai, breakfast, signature hammam, ceremonial massage, Two-course lunch, The Precious Facial, blow-dry, manicure, pedicure, glass of champagne or mocktail.*

### Diamond and Gold Royal Hammam Journey

120 MINUTES

Your ritual commences with a gold body soap cleansing ritual while relaxing with the aroma of sumptuous elegance of rich amber and aromatic herbs. Next, your body is gently buffed with a diamond polish to remove all the impurities followed by a gold rejuvenating rhassoul to nourish, strengthen and tone the skin in the most luxurious ways. A diamond massage oil is drizzled over the body to complete this lavish journey, and finally the application of precious drops of gold and diamond on your body, hair and face conclude this odyssey leaving a decadent aroma that engulfs the olfactory system to create memories of opulence and relaxation.

**Includes:** *Hammam, back and shoulder massage, facial, and a glass of champagne or a mocktail*

### Golden Opulence Ritual

120 MINUTES

The ultimate in opulence and splendor, this ritual engulfs the senses and engages the mind to the most enigmatic experience. The journey starts with a 24kt Gold Foot Ritual to ease the pressures of the day, then relax and unwind with the aroma of sumptuous elegance of rich amber and musk. Once relaxed, the body will be drizzled with pure 24kt gold body oil and massaged with 24kt gold hot stones. To bring this regal ritual to a close, your senses will be enlightened with the 24kt gold body spritz and precious drops of gold, leaving the skin captivating and radiant.

**Includes:** *Foot Ritual, Scrub, Gold Stone Massage and a cappuccino sprinkled with gold leaves*

### Love is...

150 MINUTES

Designed for couples to experience together, this sensual ritual helps calm the nervous system and promotes reconnection on a physical, emotional and spiritual level. Focusing on the heart, sacral and crown chakras, it draws on the strength of three exquisite oils: Rose - the oil of love, Orange blossom - bliss and Jasmine - to inspire the feelings of love. This treatment encourages a beautiful union of body, mind and soul in a comfort of our luxury spa suite including private Jacuzzi and relaxation time.

**Includes:** *Jacuzzi, body scrub, body massage, face massage and Shirodhara experience*





## WELLBEING TREATMENTS

### Immune Boost

75 MINUTES

Cleanse, clear and decongest your body and mind with this treatment whilst supporting and strengthening the immune system. Sink into a peaceful state of mind in the sauna, before moving to a guided breathing ritual, complete with essential oils, to clear congestion and provide clarity of mind. Enter a state of total relaxation with a full-body aromatherapy massage, surrounded by soothing vapours, as the treatment works to ease heaviness and reduce jaded energy. Later you can enjoy a facial pressure point massage and an Ayurvedic scalp massage to clear the mind, before experiencing foot reflexology, which will focus on points that can help with boosting the immune system.

### The Sleep Ritual

90 MINUTES

Designed to combat sleeplessness and help balance the body's sleep cycle, 'The Sleep Ritual' is an intensely relaxing and sleep-inducing treatment, using a unique combination of sound therapy, soothing scrub, and massage that harnesses the relaxation-inducing properties of Tibetan singing bowls and magnesium to enhance sleep quality. The 90-minute treatment begins with deep breathing exercises, followed by a full body exfoliation. The SPA's expert therapists use distinctive manual techniques in a calming massage focusing on the scalp and feet to melt away stress and tension.

### Forest Therapy

75 MINUTES

Indulge in this journey with nature that is more than just a "walk in the woods". Reconnect with nature as this ancient Japanese healing tradition brings serenity to your mind, body and skin. The perfect experience for those overwhelmed by modern-day living, the Forest Therapy begins in our sauna where fresh eucalyptus oil and leaves are used to open the airways and allow you to inhale deeply, followed by a tranquil rainforest shower surrounded by the calming sounds of the forest. Find your inner calm with a cleansing guided inhalation session after which you can completely relax with a 60-minute tension-releasing deep massage, that uses slow and long signature moves. Furthermore, a cleansing mud mask on the hands and feet leaves you feeling grounded and one with nature. Your Forest Therapy journey ends with a unique forest-inspired wellness drink along with a selection of berries.

### Blooming Rose Ritual

120 MINUTES

Coaxing mind and body into complete harmony, this aromatherapy ritual utilizes the uplifting, balancing and skin conditioning properties of damask rose, geranium, and palmarosa - the perfect mix of essential oils for a mood upgrade required for a rose-tinted day. This ritual commences with a full body exfoliation to remove all the dead skin cells and improve the skin's texture followed by a deeply nourishing pink clay body mask envelopment that additionally removes skin impurities. A relaxing massage will then melt away any stress and tension, whilst a face mask will hydrate the complexion, all these finishing with a rose quartz stone facial massage to help balance emotions.

### Cryo Revive

90 MINUTES

An energizing, invigorating and detoxifying treatment packed with high-powered essential oils which act to revive your body, nourish your skin and reset your mind. The treatment commences with a stimulating exfoliation using a fusion of salt and green coffee oil to slough away dead skin cells. A deep, revitalizing body massage ensures to brighten and tone the legs, integrated with a reviving ice sphere massage to boost circulation, and relieve the feeling of lethargy. The experience is completed by coating the skin with a three-stage regime paired with high-powered essential oils which act to revive your body, nourish your skin and reset your mind.







## Arabian Rituals

### Amber Essence

60 MINUTES

Experience a soothing treatment designed by luxury skincare brand, marocMaroc. This sensory awakening massage draws on ancient Moroccan secrets to enhance the body and relax the spirit with the soothing heat of the Paillettes d'Ambre candle. The indulgent ritual promises to leave you with an overall feeling of wellbeing as the candle's active ingredient of amber, blended with notes of vanilla and musk, hydrate and comfort the skin instantaneously. Ideal for releasing tension, loosening up joints and regaining elasticity in the skin.

### Tekmida Ritual

90 MINUTES

The immersive treatment begins with an exfoliation of the face and body with argan oil, natural waxes and fine sugar. A nourishing body massage derived from authentic Moroccan Teksal movements using hot wet towels brings the ceremony to an end, accompanied by a body massage using a rich balm infused with aromatic argan oil and eucalyptus. Vitality, agility and relaxation naturally flow one into the other throughout the course of this 90-minute journey, resulting in a revitalized mind and body.

### Traditional Hammam

60 MINUTES

Your Traditional Hammam treatment consists of a 60-minute Moroccan Hammam ritual that includes a black soap application, an ultra purifying full body exfoliation with a traditional kessa glove combined with a detoxifying body scrub. This is followed by a soothing soaping with orange blossom infused shower milk and traditional stretching to complete your ritual.

### Signature Hammam

90 MINUTES

Your relaxing Signature Hammam consists of the benefits of the Traditional Hammam including an application of black soap, full body exfoliation, scalp massage and hair washing ritual ending with an aromatic application of Onguent d'Argan nourishing body balm and traditional stretching.

### Ceremonial Hammam

120 MINUTES

Your luxury experience consists of a Traditional Hammam ritual which includes the black soap application, full body exfoliation with Miel d'Ambre scrub, scalp massage and hair washing ritual completing the Hammam with the traditional stretching. You will be escorted into a private treatment room filled with mesmerizing scents of Morocco to continue your ritual with the ceremonial massage.





## Facials

### SeaCreation

90 MINUTES

The secret of eternal youth, born from the depths of the ocean is now at The SPA. SeaCreation is an indulgent, luxury anti-aging facial that incorporates the most active and rare ingredients obtained from the deep sea. The Seatelligent Complex improves skin functions, protects the skin against premature aging and demonstrably reduces existing signs of aging. The result is significantly reduced lines, remodeled facial contours and complexion that is left looking energized and rejuvenated. Includes a glass of champagne and macarons during the foot bath ritual.

### HSR Extra-Firming and Lifting

90 MINUTES

Give your skin the perfect glow with this new HSR treatment that unites effective anti-aging ingredients, being a pure wellness delight. An intensive lifting facial against all types of wrinkles, HSR is known as the next-generation facelift. This powerful treatment with a multitude of innovative complexes helps to tone, lift, and give an immediate firming effect to your complexion. The skin becomes firmer and plumper with more elasticity, allowing the face to regain its youthful contours.

### Collagen Firming

75 MINUTES

Stimulating from the inside out, this facial will improve the natural collagen and elastin production of the skin. A firmer, smoother and uniform complexion is obtained through our unique plumping collagen mask included in this facial.

### Precious Facial

75 MINUTES

This powerful anti-ageing treatment, effectively combines high-performance ingredients to give an immediate real life "camera filter" effect. The masterful combination of rose, gold and platinum ampoules combined with unique infusion techniques invigorate, plump and firm the skin through an extraordinary beauty journey leaving you with a radiant glow.

### Hyaluron Facial

75 MINUTES

Indulge in an intense hydration boost for the skin at The SPA, power packed with active concentrate Hyaluron Infusion containing triple-action hyaluronic acid and HY-3 peptides, the latter promoting the skin's natural production of hyaluronic acid. The result is fresh, silky smooth and plump, hydrated skin making it an ideal facial during the summer or after a long flight.

### Hydra Boost

30 MINUTES

Experience BABOR's iconic Bi-Phase Cleansing Ritual, followed by the most intensive form of beauty therapy - a professional beauty ampoule treatment. With highly concentrated natural active ingredients tailored to your skin type, this intensive ampoule treatment immediately produces visible results you can see and feel.

### Glow Boost

30 MINUTES

Your skin will immediately glow with the help of this moisturising treatment which renews dull, tired and unbalanced skin. Polysaccharides hydrate and lock moisture inside the skin. The glow pigments from our professional ampoules help balance the skin



# Nail Studio

Our Nail Studio treatments are carried out with sought after luxury products that are safe and free of harmful substances combined with expert techniques that will leave your hands and feet healthy, hydrated and beautiful.

## The Natural

Essential conditioning manicure or pedicure designed to significantly soften the ridges and enhance the natural color and shine of the nails without the use of any nail polish.

## The Classic

A thorough manicure utilizing non harmful classic polish that gives a unique and uniform color with long lasting gloss. Indulge in this experience and revitalize your nails with this quick and gorgeous makeover.

## The French

Treat yourself to this eternally classic yet graceful and elegant manicure or pedicure with a natural looking base and winter white tips. Can be done both in classic polishes or gel ones.

## The Classic Gel

Achieve an impeccable and brilliant color with a unique gel polish and a gummy base formulation that help your nails resist getting chipped and keep them strong and healthy. The result is an impeccable manicure or pedicure that lasts undoubtedly longer.

## The Acrygel

A gorgeous nail reconstruction treatment that combines the best characteristics of acrylics and traditional gels resulting in strong, flexible and natural looking nails. This treatment is available either as a strengthening cure or as an extension.

## Ultra Luxury Gold Enrichment

An ultra-luxury treatment that commences with a unique golden jelly scrub abundant with natural components to regenerate the skin, followed by a golden gel mask created specifically with white truffle active ingredients to fight the signs of aging. This treatment is particularly recommended for gel manicures and pedicures as it is also structured to ensure protection from UV rays and guarantees an excellent level of hydration. An opulent enhancement that is a must

## The Express Services

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|-----------------------------|-----------------|
| Shape and Polish            | Gel Removal     |
| Shape and Gel Polish        | Acrylic Removal |
| Shape and Gel French Polish | Nail Repair     |





## Special Occasions

Planning a birthday surprise? A proposal? Make yours a unique one at The SPA! Choose from our exclusive elaborate "Special Occasions" set ups and combine it with any treatment booked at The SPA. Your set up can include balloon decorations, a bouquet of roses, Palazzo Versace Dubai chocolate box or a cake, strawberries dipped in chocolate, personalized message in LED light and more.

\*Contact the spa team for further details and bookings.





## THE CLASSICS

All our classic massages are tailored to take away your everyday worries and tension ensuring only the best physical and emotional therapeutic benefits.

### Swedish Massage

90 / 60 MINUTES

A classic body massage using soft to medium pressure to encourage circulation, promote relaxation and ease muscle tension. Soft gliding and stimulating movements using hands and forearms help soothe tired and aching muscles and leave you energized and revived.

### Intense Muscle Release

90 / 60 MINUTES

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles using cross muscle fiber massage techniques, with stretching and draining combined with essential oils known for their beneficial effects on the circulation. Black pepper, rosemary and ginger warm the muscles and help disperse the build up of lactic acid that causes stiffness and pain. Calming lavender soothes and is anti-inflammatory. A powerful massage therapy for those who suffer from chronic stress. The result is renewed and revitalized you.

### Hot Stone Massage

120 / 90 MINUTES

A classic massage which uses the ancient art of healing with basalt stones. The heat from the stones releases tension in tight, tired muscles and aids your body's own detoxification process. The use of both stones and the therapist's hands allows for the perfect combination of pure relaxation.

### Thai Massage

120 / 90 MINUTES

A specialized oil free massage consisting of slow, rhythmic compressions and stretches along your body's energy lines. Thai massage combines the use of thumbs, palms, forearms, elbows and foot pressure as your therapist works to free tension within your body. Your skilled therapist will stretch and position your body to manipulate pressure points and meridians balancing your energy flow.

### Pregnancy Massage

60 MINUTES

A specialized massage crafted by our skilled therapists based on your personal needs during this special period in your life. Recommended for those that have passed the first trimester in their journey.

### Reflexology

60 MINUTES

An ancient Chinese pressure point massage of the feet to target reflex zones that correspond to organs within your body. Reflexology stimulates energy meridians to relax and promote a sense of balanced and reawakened energy. We begin this ceremony with a refreshing foot scrub.

### Back, Neck and Shoulder Massage

30 MINUTES

This deep tension releasing massage concentrates on the back, neck, shoulders to relieve stiffness and improve microcirculation.

### Face and Scalp Massage

30 MINUTES

A massage designed to relax the mind and reduce tension caused by stress. Warm oil is massaged throughout the scalp, face, neck and upper shoulder using gentle and stimulating techniques which result in an immediate and effective calming effect.







The SPA