



KINGS COURT

## SPA MENU

### ROYAL MASSAGE

This full body massage inspired by Scandinavian techniques will relax the muscles of the entire body by means of fine oil application, it supports body metabolism and improve blood circulation.

1.890 CZK / 2.090 CZK

60 MIN. / 90 MIN.

### EXPRESS MASSAGE (BACK OR FOOT)

Indulge yourself in this 30-minute therapy of your feet or your back:

- 👑 Back massage will relieve the tension of the most problematic parts, which are mainly the lower back and the nape of the neck.
- 👑 Foot massage will help the regeneration of your muscles after a sport or a long walk.

1.090 CZK

30 MIN.

### KINGS BACK MASSAGE

Our back suffers most from everyday stress and bad lifestyle. Have your back pampered and enjoy both, preventive, and healing care which we offer to you in this massage. Warm lava stones will relax your stiff muscles and prepare them for this special massage aimed at problematic and sore body parts. By means of selected herbal oils and massage techniques, this therapy helps to relieve the pain in the lower back, cervical spine, head and stiff nape of the neck.

1.790 CZK

60 MIN.

### FOOT RELAX

Indulge your legs and feet in this therapy that was favored by the most powerful emperors in Assisi thousands of years ago. The combination of massage techniques and reflex therapy will relax your tired feet, support blood circulation, and help to prevent swelling. When massaging feet, the therapist influences certain pressure reflex points. This ancient technology brings balance and energy to the entire body. At the same time, fine balm application will soften and regenerate the skin of your foot soles.

1.290 CZK

45 MIN.

### PRENATAL MASSAGE

This massage is intended specifically for mothers-to-be. Not only is this massage beneficial for the soon to be mum, but also for the baby she is expecting. This is a relaxing treatment that brings about the feeling of peace, quiet, safety and improves night sleep. It relieves the muscles that are very strained during pregnancy, as well as the joints and lymphatic system. This massage improves blood circulation, which has a positive effect on the baby and the mother. It is recommended from three months of pregnancy until the birth.

1.790 CZK

60 MIN.

### BABY MASSAGE

Pamper your children with a fine oil massage of the entire body. This massage is intended for children from 2 to 12 years old.

1.000 CZK

30 MIN.



### DEEP ENERGY

This massage will treat the deeper layers of soft tissue (muscles and fascia) and it is focused mainly on the problematic parts of your body. It completely relieves muscle cramps and eliminates blockages. The technique used in this massage is similar to the classic Swedish massage and is carried out in a more intensive and tissue-aimed way.

1.990 CZK

60 MIN.

### ANTI-STRESS TOUCH (HEAD AND FACE)

You will experience an absolute relaxation and relief of the entire body, which will let you forget about the world around you for a while. This massage has beneficial effects on headaches, and it relieves the stiff nape of the neck. Due to the gentle movements used, it will significantly brighten your face up. The head is one of the main areas of many passing energy paths and therefore this massage also harmonises the entire body. This treatment can be an excellent complement of the entire body massage.

1.290 CZK

45 MIN.

### LAVA STONES THERAPY

Expose your body to the effects of the pleasant heat from these genuine lava stones. The vibrations and temperature influence the energy paths in the body, and have beneficial impacts on the mind and completely relieve your stiff muscles. This massage stimulates blood circulation, deeply relaxes and harmonises the organism, warms up the entire body, helps to detoxify the organism, and balances the energy of your body.

2.290 CZK

90 MIN.

### TRANQUILLITY

This is a unique relaxation ritual according to Aztec traditions. The combination of precious fragrance, fine textures, unique natural elements, and energy from human touch provides unique deep relaxing experience, longterm hydration and nourishment even for the most extreme cases of dry skin. A continuous sensation of serenity that makes your skin luxurious and smooth. This massage is a beautiful and sensual way to eliminate stress and its impact on your body.

2.490 CZK

90 MIN.

### BODY STRATEGIST

Choose from these two edema and cellulite treatments:

👑 Aromatherapy wrap

Intense wrap treatment to fight cellulite which brings immediate feeling of lightness. Improves cellulite symptoms, stimulates lipolysis & drains tissues.

👑 Thermogenic attack

This thermogenic treatment is particularly effective against deep and resistant cellulite. Stimulates lipolysis, reduces fat lodgements and improves microcirculation.

2.590 CZK

90 MIN.

*Relax &  
Rejuvenate*



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# SPA MENU

## SOUND BATH THERAPY

Tibetan sacred singing bowls give us the ability to connect our inner and outer selves, to balance our chakras. The frequencies of Tibetan singing bowls are the result of seven metals which correspond to the seven major planets. They act on two levels, both physical and mental. Our unique full-body procedure uses scents from a balanced mixture of aromatic oils based on the elements of air, water, fire and earth. It creates a wonderful atmosphere, takes away all of your stress and anxiety, and evokes a perfect feeling of harmony and a peaceful state of mind. We recommend the procedure for strengthening your natural vitality, reducing mental pressure, eliminating toxins from the body, and relieving muscle and joint pain. It's ideal for times when you are overworked, stressed out, or just need to induce a healthy night's sleep. Our relaxing sound bath is a meditative experience where you are "bathed" in sound waves.

1.990 CZK 75 MIN.

## EXOTIC DREAM

This indulging treatment, that will stun you with exotic fragrance of fruit and coconut, will become the aroma for your soul and skin. First you will have a fine peeling with coconut milk and cane sugar to completely cleanse your skin. Then relaxing massage of your body with extra virgin coconut oil will relieve your strained muscles and mind, followed by the warm wrap in coconut butter which greatly hydrates your skin thanks to the mixture of exotic nuts and which will also firm it up and even reduce small wrinkles due to the effects of soy proteins.

2.790 CZK 100 MIN.

## SALT PEELING

This mixture of salt from the Dead Sea and exotic oil will thoroughly remove the dead skin cells, mineralise and rejuvenate your skin. As a result of this, your skin will remain smooth and deeply cleansed.

1.190 CZK 30 MIN.

## COCONUT PEELING

Let your skin become radiant and cleansed by applying the mixture of cane sugar and extra virgin coconut oil. While your senses are stunned by the exotic fragrance, your skin will be pampered by the beneficial effects of coconut oil which will leave your skin elastic, bright and as smooth as velvet.

1.190 CZK 30 MIN.

## HONEY DETOXIFICATION THERAPY

Do you feel that your body needs a detoxification and firming up? Try this honey massage which will cleanse your organism of deposits which have gathered over the time due to the living environment, food, and medication. With the help of the detoxifying effects the honey massage will strongly revive the entire body. It is therefore most suitable for tiredness and weakness as a result of stress, illness, or if you suffer from nervous disorders and uneasiness. The technique of this massage is carried out mainly in the area of the back and the nape of the neck.

1.590 CZK 45 MIN.



## Exclusive royal treatments

### CLEOPATRA'S TEMPTATION

This fragrant bath with an admixture of goat milk with honey and essential oils, which used to be taken by Cleopatra herself, will relax and warm up your body, open the pores and soften your skin. You will then be ready for the sweetly indulging hot chocolate body massage followed by the chocolate wrap. The positive effects of chocolate have been known for more than 2,000 years. In those times, they knew that this godly treatment makes the skin smooth and nourished by the fragrance of fine and sweet chocolate.

2.690 CZK 90 MIN.

### ROMEO & JULIET (COUPLE MASSAGE)

Fancy a candlelight romance with your partner? Immerse yourself in gorgeous fragrance of massage oils while our masseuses gently eases your body by this relaxing massage. Come to enjoy the exclusive treatment finished with a fragrant bath for two. The atmosphere of the Royal court will be brought to you by serving bottle of Bohemia sparkling wine with a bowl of exotic fruits.

5.090 CZK 90 MIN.

### SOUL RAIN (COUPLE MASSAGE)

Let us pamper you and your partner by our new aroma massage and express facial performed by our professional therapists. Depending on your mood, need and senses, you will choose your favourite aroma massage oil which is deeply massaged into your skin for the salutary effect. These scents affect not only the physical but also the mental sensitivity of your body. The best of silic can then be perfectly absorbed by your relaxed body. This calming treatment is completed by a deep cleaning and utmost hydration of your skin.

5.090 CZK 90 MIN.

### PRECIOUS STONE MASSAGE

Since time immemorial, precious stones have fascinated people with their rumoured healing powers. During this precious stone massage, energy pathways are stimulated and energy blockages removed, bringing body, mind and soul back into harmony. Depending on precisely which stones are selected, it will help to relieve muscle tension, enhance blood circulation and vitality. Discover the harmonising healing powers of these stones.

2.090 CZK 75 MIN.

*Relax  
Unwind -  
Indulge*





KINGS COURT

# COSMETIC MENU

COMFORT ZONE - A COMPLETE SCENE OF BEAUTY

*Don't miss out on our special offer  
- facial treatments by the world-renowned  
brand.*

## HYDRAMEMORY

Deep hydrating treatment – SOS for dehydrated skin

This treatment deeply hydrates, refreshes and remineralizes your skin with hyaluronic acid. It gives your skin bright and silky aspect. The exclusive application of the mask with brushes offers a unique experience. Ideal for all skin conditions, specific for particularly dehydrated and stressed skins, exposed to air-conditioned and very dry climates.

1.790 CZK 60 MIN.

## DELICATE TOUCH

Smoothing and renovating treatment

Smooths and restores the protective skin barrier through a delicate dermalaffinity action. Smooths the skin, soothes redness and irritations, nourishes and fortifies the skin barrier. Recommended for skins which are sensitive, fragile and prone to redness.

1.790 CZK 60 MIN.

## CLEANSE & BALANCE

Deep cleansing and harmonizing treatment

Deep cleansing treatment with a special mask with Spirulina Algae or Clay mask. It gives a fresh, bright and uniform appearance to the skin. It smooths and improves skin tissue aspect. It provides a mattifying action. Ideal for all skin conditions including impure skins, oily skins and with wrinkles.

1.990 CZK 90 MIN.



## PURE FIJI

### GLOW LIFTING RITUAL WITH VITAMIN C

Discover a revolutionary skin care treatment loaded with natural vitamin C that is powerful antioxidant for brightening and smoothing skin. The special lifting massage with legendary vitamin C boosts collagen and plumps and firms tired skin. The vitamin cocktail guarantees visible results after the first treatment. It supports the production of collagen, deeply hydrates, balance skin tone, and gives your skin perfect youthful shine.

1.790 CZK 50 MIN.

*Recommended*



## [comfort zone] conscious skin science



## ANTI AGE CARE

Anti age and lifting treatment

The exclusive waterless bi-phasic peptide mask helps to oxygenate skin tissues and to give an instant firming effect. It cosmetically redefines the shape and surface of the face, softens the visible signs of aging and improves the appearance of soft and premature wrinkles. Deluxe treatment combines the innovative firming bi-phasic mask with renewing efficacy of the double peel. Suitable for skins which are mature, thickened, with wrinkles and with a visible loss of tone and volume.

1.990 CZK 60 MIN.  
2.390 CZK DELUXE 90 MIN.

## ADDITIONAL CARE

Eye mask

Improves the aspect of wrinkles, blue signs and signs of tiredness. With any facial treatment only.

450 CZK  
Exelashes and eyebrow tint  
With any facial treatment only.

450 CZK

## Exclusive care

### GALVANIC FACIAL TREATMENT

One of the best and most modern facial treatments ever. This galvanic treatment technology literally iron your wrinkles away, renovates and hydrates. It works on the basis of positive and negative galvanic current to deeply cleans your skin. It helps to smooth the appearance of lines and wrinkles it reduces the rings under the eyes.

Face and eye area

1.590 CZK 45 MIN.

Face, eye area, neck and decollete

1.790 CZK 60 MIN.





KINGS COURT

# TERMS & CONDITIONS

## RESERVATION

Reservation is highly recommended. Please reserve your treatment at the Spa reception from 10 a.m. to 10 p.m. by dialing extension 817 from your hotel room, or call directly +420 226 280 817 or write us an e-mail on address: [spa@hotelkingscourt.cz](mailto:spa@hotelkingscourt.cz). All treatments are available from Monday to Sunday from 11 a.m. to 9 p.m.

## CANCELLATION POLICY

If you have to cancel or reschedule your appointment, kindly inform us at least four hours prior to your appointment time within the SPA KINGS COURT opening hours. If your reservation is cancelled later, you will be charged 50 % of the price of the treatment. If you do not cancel your reservation or in case of no-show, you will be charged the full price. We will do our best to accommodate your late arrival, but your treatment will end at the time originally scheduled. A credit card number or room number is required at the time of booking.

## ARRIVAL

We kindly ask you to arrive 10 – 15 minutes prior to your scheduled appointment. Late arrival will shorten the time of your treatment. All treatments have to finish precisely on the scheduled time, so that other waiting guests are not delayed. We recommend taking a shower before the treatment. We appreciate turning off your mobile device. The use of alcohol and tobacco is strictly prohibited on spa premises. We reserve the right to refuse any guests that appear to be under the influence of alcohol or drugs.

## HEALTH CONDITIONS

Be sure to notify your therapist or the Spa receptionist if you are pregnant, suffer from high blood pressure, allergies, heart condition or if you have an injury, other illnesses or disabilities which could influence the course of the treatment or service provided. Please allow the receptionist to guide you in selecting which treatments are most suitable for you. The massages are taken at your own risk and we, SPA KINGS COURT, are not responsible should your condition get worse or be affected by our treatment.

## SPA CLOTHING

In-house guests are advised to wear the robes and slippers that are provided in their guest rooms. As an alternative, we can provide you with a robe at the Spa reception prior to your massage appointment. Proper attire and sports shoes must be worn while exercising. Swimwear must be worn in the swimming pool. In sauna and steam room guests are advised to wear a sheet or towel only.

## AGE RESTRICTIONS

Children under 16 years of age have to be accompanied by an adult, and are allowed during the off-peak hours only. Children under 16 years are not allowed to enter the gym.

## PRICES & PAYMENT TERMS

Prices are listed in CZK and include VAT. We accept VISA, MasterCard, American Express, Diners Club, Maestro credit cards, and cash payments in CZK. Prices and conditions are subject to change without prior notice. Discounts can not be combined (Happy hours and Gold Member Club).

**ANY TREATMENT OVER 75 MINUTES INCLUDES FREE ACCESS TO ALL SPA FACILITIES.**

## GIFT VOUCHERS IN SALE

An ideal gift for Spa & Wellness enthusiasts or simply anyone who enjoys being pampered, gift certificates are available at the SPA KINGS COURT reception. Information about combination of any treatments or packages can be obtained by contacting Spa reception on +420 226 280 817 or via e-mail:

[spa@hotelkingscourt.cz](mailto:spa@hotelkingscourt.cz)

Our professionally qualified Spa team can offer lifestyle consultations and subsequently design bespoke physical spa and health.

