

Activity Schedule

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:20 am	MTB Epic Sunrise	MTB Epic Sunrise	MTB Epic Sunrise	MTB Epic Sunrise	MTB Epic Sunrise	MTB Epic Sunrise	MTB Epic Sunrise
6:00 am	Birdwatching hike	Birdwatching hike	Birdwatching hike	Birdwatching hike	Birdwatching hike	Birdwatching hike	Birdwatching hike
7:15 am	Garden Tour	Garden Tour		Garden Tour		Garden Tour	
7:30 am	Yoga Class	Yoga Class	Yoga Class	Yoga Class	Yoga Class	Yoga Class	Yoga Class
8:15 am	Guided Hike	Guided Hike	Guided Hike	Guided Hike	Guided Hike	Guided Hike	Guided Hike)
8:00 am			Gourmet Chocolate Tour		Gourmet Chocolate Tour		
9:00 am	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure
9:15 am	Tenorio Rafting			Tenorio Rafting			
9:30 am	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*
9:30 am	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga
10:30 am	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure
11:00 am	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
11:00 am	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*
11:00 am	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!
1:30 pm	Meditation at the Thermal River	Meditation at the Thermal River	Meditation at the Thermal River	Meditation at the Thermal River	Meditation at the Thermal River	Meditation at the Thermal River	Meditation at the Thermal River
2:00 pm	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!	Mix it up with Guaro!
2:00 pm	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*	Tubing*
2:30 pm		Barista Class		Barista Class		Barista Class	
3:00 pm	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure	Canyon Adventure
3:30 pm	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation	Meditation
4:00 pm	Cocktail Crafters (Mixology)	Cocktail Crafters (Mixology)	Cocktail Crafters (Mixology)	Cocktail Crafters (Mixology)	Cocktail Crafters (Mixology)	Cocktail Crafters (Mixology)	Cocktail Crafters (Mixology)
6:30 pm	Night Walk + Optional Zipline	Night Walk + Optional Zipline	Night Walk + Optional Zipline	Night Walk + Optional Zipline	Night Walk + Optional Zipline	Night Walk + Optional Zipline	Night Walk + Optional Zipline

Notes:
1 complimentary guided hike at 8:15 am, per person per stay.
1 complimentary yoga class at 7:30 am, per person per stay.
All other activities are available at an additional cost.
* Subject to weather conditions.