



Breakfast

Mon-Fri | 7am - 11am
Sat & Sun | 8am - 12pm

WINSTON'S FAVORITES

Steak & Eggs | 22.99 
4 oz Sirloin steak with two eggs any style, hasbrown and toast


Northern Breakfast | 20.99 
3 free range eggs, 2 buttermilk pancakes, choice of bacon or back bacon or sausage, served with hashbrowns

Coast Signature | 19.99 / 15.99 
2 free range eggs, choice of bacon or sausage or back bacon, hashbrowns served with choice of toast

Coast Omelet | 15.99 
3 egg cheese omelet, hashbrowns and choice of toast


Customize Your Omelet as any 3 for \$2.25 each


Bacon	Green Onion
Ham	Peppers
Tomato	Mushrooms

Scrambled Egg Wrap | 16.99 
Two scrambled eggs, shredded cheese, lettuce, sliced tomatoes, and salsa. Served with hashbrowns.
Choice of 1 (one) Protein - Chicken or Bacon or Veggie Patty

Denver Sandwich | 15.99
2 scrambled egg topped with Swiss or cheddar cheese, roasted peppers, ham, chipotle mayo on a brioche bun and hashbrowns

EGGS BENEDICT

Smoked Salmon | 18.99 / 13.99 
Poached eggs on sliced smoked salmon, sliced avocado and finished with choice of hollandaise or cilantro creme fraiche

Nechako | 17.99 / 13.99 
2 poached eggs, double smoked bacon, tomato, hollandaise sauce, served with hashbrowns

Traditional | 17.99 / 13.99 
Back bacon, English muffin, hollandaise sauce, and hashbrowns

Avocado | 16.99 / 12.99
Poached eggs topped with sliced avocado and finished with hollandaise

FRENCH TOAST & PANCAKES

French Toast | 16.99 / 11.99
Served with whipped cream and berry compote

Buttermilk Pancakes | 16.99 / 11.99
Four buttermilk pancakes stacked, served with berry compote

Blueberry Pancakes | 16.99
Two pancakes with whipped cream, berry compote

Banana Chocolate Chip Pancakes | 16.99
Banana chocolate chip pancakes with whipped cream, berry compote

LIGHTER FARE

The Jogger | 15.99 
2 poached free-range eggs, fresh fruit and toast

Oatmeal | 8.99
Served with brown sugar and milk

Granola, Fruit, Yogurt Bowl | 8.99
Greek yogurt, layered with fresh fruit and honey granola

Oatmeal and Yogurt Bowl | 8.99
Peanut butter, pumpkin seeds, chia seeds, hemp hearts

CONTINENTAL BREAKFAST ON THE GO | 12.99

Available for Coast Platinum members

OPTION #1
Toast (whole wheat or white), fresh fruit, yogurt, Starbucks coffee, Teavana tea or juice

OPTION #2
Muffin, fresh fruit, yogurt, Starbucks coffee, Teavana tea or juice

OPTION #3 
Cheese omelet with toast (whole wheat or white)

OPTION #4
Two pancakes, 2 slices of bacon served with strawberry compote

OPTION #5
Cereal bowl with milk, granola bar and muffin



Please note substitutions are not available for these options.

Lunch



Available from
11:00 am - 1:30 pm

All Handhelds, Sandwiches, Daily Specials & Plates are served with your choice of fries or house salad or soup

DAILY SPECIALS

MON - Quesadilla | 16.00 
Chicken or shrimp or Vegetable Patty , onion, pepper, nacho cheese blend, salsa, and sour cream

TUES - Chicken Fingers with Fries | 16.00
4 pieces of succulent chicken fingers served with fries and your choice of sauce

WED - Classic Burger | 16.00 
7 oz Grilled Canadian beef or Chicken breast or Battered Salmon fillet or Vegetable Patty , with cheese lettuce, tomato, pickle white BBQ sauce on a toasted brioche bun
GF Bun +2.00

THURS - Beef Dip | 16.00
Shaved slow roasted beef, caramelized onions, served on a toasted hoagie bun with roasted garlic au jus

FRI - Fish and Chips | 16.00
2 pieces cod, crisp coleslaw, tartar sauce and fries

SOUP & STARTERS

Winston's French Onion Soup | 11.00
Sourdough croutons and Swiss cheese

Soup of the Day | 9.00
Please ask your server


SALADS


Greek Salad | 14.99
A traditional Greek salad consists of sliced cucumbers, tomatoes, bell pepper, red onion, olives, and feta cheese.

Classic Caesar Salad | 12.99
Crisp chopped romaine hearts, croutons, parmesan cheese, bacon bits, and creamy Caesar dressing
Add chicken or shrimp to any salad +4.99

Winston's Market Salad | 11.99
Avocado, cherry tomatoes, cucumber, red onion, and a creamy herb dressing
Add chicken or shrimp to any salad +4.99

PLATES

Fish and Chips | 19.00 
2 pieces cod, crisp coleslaw, tartar sauce and fries


Chicken Fingers with Fries | 16.99 
4 pieces with choice of sauce and side

HANDHELDS

Beef Dip | 20.99
Shaved slow roasted beef, caramelized onions served on a toasted hoagie bun with roasted garlic au jus



Reuben Sandwich | 18.99
Shaved pastrami, sauerkraut, Swiss cheese with dijon mustard on a grilled rye bread


Grilled Chicken Club House Sandwich | 17.99 
With lettuce tomato and bacon, on your choice of bread (white, multi, rye & sourdough)

BLT Sandwich | 16.99 
On your choice of bread (white, multi, rye & sourdough)

Steak Sandwich | 25.00
5 oz. Top sirloin steak served on steak bun topped with peppercorn sauce, onion rings served with fries
Add blue cheese option +2.50


Lumberjack Burger | 25.00
Juicy beef burger with cheese, mushrooms, bacon, BBQ sauce, lettuce, tomato and pickle served with fries

Classic Burger | 19.99 
7 oz Grilled Canadian beef or Chicken breast or Grilled Salmon fillet or Vegetable Patty , with cheese lettuce, tomato, pickle white BBQ sauce on a toasted brioche bun
GF Bun +2.00

Quesadilla | 18.99
Chicken or shrimp or Vegetable Patty , onion, pepper, nacho cheese blend, salsa, and sour cream

Chicken Caesar Wrap | 17.99
Grilled or crispy chicken with Romaine lettuce, tomato, bacon, and cheese.
Choice of Sauce - Ranch, Mayo, Siracha, Caesar

PASTAS

Prawn Fettuccine | 21.99 
Seared and tossed with mushroom and spinach in a fresh herb cream sauce

BEVERAGES

Coffee | 4.75

Tea | 3.95

Milk | 3.95

Juice | 3.95

Hot Chocolate | 3.75

Pop | 3.75

HAPPY HOUR

Mon - Sun | 12:00 PM – 1:00 PM, 5:00 PM – 6:00 PM,
& 8:00 PM to Close

APPETIZER SPECIALS

Dry Lemon Pork Ribs | 14

Pub Style Chicken Wings | 14

Fried Edamame | 10

Yam Fries | 7.99

Onion Rings | 7.99

DRINK SPECIALS

6oz House Red or White | 7.00

Northern BC Ale Trail Beer (Any) | 6.75

Import Bottled Beer | 6.75

Domestic Bottled Beer | 5.50

Single Highball | 5.50

Dinner Menu

Available from 5:00 pm - 9:30 pm

SIDES

Poutine - 9.99 | Onion Rings - 7.99 | Yam Fries - 7.99 | Fries - 4.99

PUB GRUB

- Scallop Saltimbocca | 22
Sea scallops with lemon sage cream & prosciutto strips
- Steamed Mussels | 22
Poached in white wine, tomato, scallion, garlic & parsley, served with a breadstick
- Pub Style Chicken Wings | 20.99
1 lb wings with choice of Jack Daniels BBQ, Korean, Cheesy, Honey Garlic, Hot, or Salt & Pepper. Served with celery, carrots & blue cheese ranch dip
- Calamari | 17.99
Crispy squid with tzatziki sauce
- Dry Lemon Pork Ribs | 16.99
Seasoned fried ribs with Thai sweet chili or plum sauce
- Baked Artichoke | 15
With capocollo & roasted garlic cream
- Fried Edamame | 12.99
Tossed with sea salt, sesame oil, chili flakes & crispy shallots
- Red Pepper & Spinach Cheese Dip | 12.99
Served with pita chips, crackers & fresh fruit
- Yam Fries | 12
With chipotle mayo
- Crispy Onion Rings | 10
Choice of mayo or hot sauce
- Veggie Spring Rolls | 9.99
4 rolls with Thai sweet chili sauce
- Garlic Parmesan Fries | 9.99
Tossed with garlic & parmesan, served with spicy honey aioli
- Garlic Breadsticks | \$5/basket
with Roasted Garlic Butter

SOUP & SALAD

- All Handhelds Are Served with Fries or House Salad
- Caesar Salad | Full 15.99 | Half 11.99 
CROUTONS, bacon & parmesan
Add chicken or shrimp +4.99
- Roasted Beet & Goat Cheese Salad | 14.99 
Mixed greens with raspberry vinaigrette
- Greek Salad | 14.99 
Cucumber, tomato, bell pepper, red onion, olives & feta
- Winston's Market Salad | 12.99
Avocado, cherry tomatoes, cucumber, red onion & herb dressing
- Winston's French Onion Soup | 11
Sourdough croutons & Swiss cheese
- Soup of the Day | 9
Please ask your server

HANDHELDS

- Served with fries or house salad
- Steak Sandwich | 25
5 oz top sirloin on a steak bun with peppercorn sauce & onion rings
Add blue cheese +2.50
- Beef Dip | 21.99 
Shaved slow-roasted beef, caramelized onions on a hoagie with roasted garlic au jus
- Classic Burger | 20.99 
Choice of beef, chicken, salmon, or Vegetable patty  with cheese, lettuce, tomato, pickle & white BBQ sauce on a brioche bun
GF Bun +2 | Add any pop +1
- Quesadilla | 20.99
Choice of chicken, shrimp, or Vegetable patty with onion, pepper, nacho cheese blend, salsa & sour cream

BOWLS

- Crab & Lobster Ravioli | 33
With caramelized onion & roasted garlic cream
- Fettuccine | 23 | With Chicken or Prawns 27
Mushroom & spinach in a chardonnay cream sauce with parmesan
- Baked Ricotta & Spinach Manicotti | 23.99
Tomato basil cream sauce, topped with mozzarella
- Wild Mushroom Ravioli & Asparagus | 26 
White wine & tarragon cream sauce
- Thai Green Curry | 24
Choice of chicken, shrimp, or tofu with steamed jasmine rice
- Poke Bowl | 17
Spicy marinated ahi tuna over sushi rice with avocado, cucumber, carrots & sriracha mayo
Add garlic toast to any pasta +1.99

DESSERTS

- Death by Chocolate | 14
With whipped cream and fruit compote
- Apple Crumble & Vanilla Ice Cream | 14
With berry compote
- Crème Brûlée | 12.95
Madagascar bourbon & vanilla bean
- White Chocolate Bread Pudding | 11.95
With vanilla ice cream & Jack Daniels caramel drizzle
- Baked New York Cheesecake | 10.95
With fruit compote
- Mixed Berry Cobbler | 9.99
With vanilla ice cream
- Cheesecake Ice Cream Tower | 9.95
With fruit compote

MAINS & GRILLED

- Seafood Mixed Grill Platter | 150 
Lobster tail, salmon, prawns, cod, scallops & mussels with warm garlic butter & Béarnaise sauce
- Beef Wellington | 50 
Seared beef tenderloin wrapped in puff pastry with spinach, prosciutto & mushroom duxelles. Served with red wine demi, mashed potatoes & vegetables
- Greek Platter | 2 skewers 28 | 3 skewers 33 
Choice of chicken, beef, or shrimp with Greek salad, rice pilaf, roasted potato, pita, hummus & tzatziki
- Slow Roasted Winston's Prime Rib 
Spice-rubbed prime rib with roasted garlic au jus, Yorkshire pudding & choice of potatoes
6oz 34 | 8oz 38 | 10oz 42 | 12oz 46 | 14oz 50 | 16oz 54
- Wild Steak Diane | 40.99
Tenderloin medallions with wild mushrooms, mustard, red wine & tarragon. Served with mashed potatoes & vegetables
- Steak Oscar | 38.99
6oz sirloin topped with shrimp, crab & Béarnaise sauce. Served with vegetables & potatoes
- Grilled Lamb Chops | 35.99
With chimichurri, roast potatoes & mixed vegetables
- Braised Short Ribs | 32.99
Served with mashed potatoes & seasonal vegetables
- Salmon Fillet | 30.99 
With rosemary potatoes & choice of maple glaze or lemon butter caper sauce
- Chicken Roulade | 28.99
Stuffed chicken breast with cream cheese & spinach, served with mashed potatoes & vegetables
- Smothered Pork Chop | 28.99
With creamy garlic mushroom sauce, mashed potatoes & vegetables
- Fish & Chips | 21.99 
2 pieces of cod with coleslaw, tartar sauce & fries
- Chicken Fingers & Fries | 19.99
4 pieces with choice of sauce and side

BEVERAGES

- Coffee | 4.75
- Tea | 3.95
- Milk | 3.95
- Juice | 3.95
- Hot Chocolate | 3.75
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