



# LUNCH

## STARTERS AND SALADS

### AVGOLEMONO

The Spa's traditional Greek soup with Greek orzo, chicken and fresh lemon juice.

6/8

### LOBSTER BISQUE

Our signature, velvety bisque, brimming with sweet lobster essence, kissed with a splash of brandy for a rich, indulgent finish. (GF)

9/12

### SEARED SCALLOPS

Succulent diver scallops, perfectly pan-seared, nestled on a silky corn purée, crowned with crispy pancetta and a drizzle of aromatic chive oil. (GF)

19

### CRAB CAKES

Jumbo lump blue crab, gently sautéed to golden perfection, topped with zesty lemon aioli, served atop a ginger basil nappa cabbage slaw

25

### TUNA TARTARE

Layers of pristine ahi tuna, creamy avocado, and crisp cucumber, tossed in ponzu sauce, finished with toasted sesame seeds and crispy wonton strips.

15

### FRIED FETA

Golden cubes of feta lightly fried and drizzled with our house-made lemon hot honey. Paired with juicy Florida watermelon for a refreshing contrast.

12

### SPANAKOPITA

Flaky phyllo parcels filled with spinach and tangy feta, served warm with cool, creamy tzatziki.

10

### MEDITERRANEAN TAPAS

A vibrant assortment of roasted garlic hummus, savory dolmades, marinated Kalamata olives, feta cubes, flaky spanakopita, ribbons of roasted red peppers, and warm pita wedges.

15

## SIGNATURE SALADS

### CLASSIC CAESAR SALAD

Fresh romaine, crisp Parmesan, garlic croutons, tossed in creamy Caesar dressing. (V)  
(Add Grilled Chicken \$10, Shrimp \$6, Salmon \$14)

13

### SPA SUMMER SALAD

A colorful medley of spring greens, fresh strawberries, blueberries, candied pecans, goat cheese, and mandarin oranges, drizzled with a sweet chili-orange vinaigrette.

17

### COBB SALAD

Hearty and classic, featuring crisp romaine, crumbled bacon, diced grilled chicken, grape tomatoes, boiled egg slices, diced onions, avocado and blue cheese crumbles, served with your choice of dressing.

19

### SMOKED SALMON & ARUGULA SALAD

Peppery baby arugula tossed with capers, red onion, grape tomatoes, and boiled egg, finished with a silky dill cream dressing, topped with our smoked salmon. (GF)

17

### GREEK HORIATIKI SALAD

Fresh cucumbers, tomatoes, red onions, red wine vinegar, extra virgin olive oil, feta, salt, pepper and oregano

14

## SANDWICHES & BURGERS

### SIGNATURE BURGER

A beef patty grilled to order, with your choice of cheese, lettuce, tomato, onions, bacon, and pickles on a brioche bun, served with fries. (GF bun available) VEGGIE \$15

18

### CLASSIC CLUB SANDWICH

Layers of roasted turkey, crisp bacon, lettuce, and tomato with creamy mayonnaise, served on toasted bread with fries. (DF options)

15

### GROUPEL SANDWICH

Black grouper grilled, fried, or blackened, topped with fresh slaw and tangy tartar sauce on a toasted bun, served with fries. (DF option)

MP

### CRAWFISH PO' BOY

Lightly fried crawfish dressed with creamy remoulade, shredded lettuce, and diced tomato on a soft hoagie roll with side of fries

15

### CALIFORNIA CHICKEN SANDWICH

Juicy, marinated chicken breast with lettuce, tomato, pickles, creamy avocado, and smoky bacon on a brioche bun, served with fries. (GF bun available).

18

### TUNA SALAD SANDWICH

Creamy, house-made tuna salad with crisp lettuce and tomato on toasted whole wheat bread with side of fries (DF option)

14

### GRILLED CHICKEN QUESADILLA

A warm flour tortilla filled with seasoned grilled chicken and melty cheddar and mozzarella cheese, served with fresh salsa, lettuce, tomato and sour cream

16

## MAIN COURSES

**CAPRESE PROSCIUTTO Stuffed Chicken Breast 21**  
Tender chicken filled with prosciutto, fresh mozzarella, and tomatoes, served with buttery mashed potatoes, vegetables, and pesto cream sauce (GF, DF option)

### SALMON ATHENA

Pan-seared salmon served over sauteed orzo, diced tomatoes and red onion, torn spinach, crumbled feta with garlic and lemon

22

### BEEF TENDERLOIN MEDALLIONS

Juicy, melt-in-your-mouth medallions in a red wine reduction, served with mashed potatoes and crisp green beans. (GF option)

24

### SHRIMP SCAMPI

Six plump jumbo shrimp sautéed in garlic, white wine, and tomatoes, tossed with lemon and linguine pasta

19

## SIDES \$5

FRENCH FRIES | SWEET POTATO FRIES | COLESLAW  
FRUIT CUP | MASHED POTATOES | GREEN BEANS  
MASHED SWEET POTATO | POTATO SALAD | GUACAMOLE