



WaterColor Winter Renew & Restore Agenda
December 12-14, 2024

Thursday, December 12

- Afternoon Open (Arrive and Settle In)
- 6 PM | Welcome Reception @Gather Kitchen + Bar
- 7 PM | Dinner @Gather Kitchen + Bar
Featuring Chef's Wellness Curated Menu

Friday, December 13

- 7:30 – 9 AM | Breakfast at Leisure @Gather Kitchen + Bar
Featuring Renew and Restore Menu
- 8 AM | Open Mat @WaterColor LakeHouse
- 9 AM | Active Yoga @WaterColor LakeHouse
- 11 AM | Wellness Cooking Demo @WaterColor LakeHouse
Followed by curated wellness lunch
- 1 PM | YOLO Stand-Up Paddle Board Demo @WaterColor BoatHouse
Kayak and YOLO at your leisure
- 3- 4 PM | Bikes, Sights & Sounds @Camp WaterColor
Self-guided bike tour and Kombucha
- 6 – 9 PM | Dinner (Reservation Required) @Fish Out of Water
4-course Wellness Dinner featuring Renew and Restore Menu
- 9 – 11 PM | Session 1: After Dinner Beach Bonfire & S'mores
Intro to Journaling session

Saturday, December 14

- 7:30 – 9 AM | Breakfast at Leisure @Gather Kitchen + Bar
Featuring Renew and Restore Menu
- 8 AM | Open Mat @WaterColor LakeHouse
- 9:30 AM | Mindful Movement @WaterColor LakeHouse
- 10:30 AM | Session 2: Journaling and Discussion
- 12 NOON | Lunch @WaterColor Cerulean Park
Followed by Yoga in Cerulean Park
- 3 PM | Healthy Alternatives- Cooking Demo @Scratch Biscuit Kitchen
- 6:30 PM | Restoration Dinner Reception @Fish Out of Water (Wine Room)
Followed by Restoration Dinner Curated by Chef Blaine Wilkinson at 7 PM

Sunday, December 15

- 8 AM | Open Mat and Smoothies @WaterColor LakeHouse
- 9 AM | Farewell Session: Morning Yoga @WaterColor LakeHouse
- 12 NOON | Fond Farewells
Includes Make Your Own Trail Mix Takeaway