

BODY

Relaxation Massage

This deeply relaxing massage uses smooth stroking movements with light to medium pressures to encourage an increase in lymphatic circulations and balance the energy meridians in the body.

30 mins \$65 | 60 mins \$109 | 90 mins \$155

Firm Relaxation Massage

This specialised massage is designed for relaxation to help reduce stress and tension in the body. A tailored treatment which concentrates on areas such as the neck, lower back and tight shoulders.

30 mins \$75 | 60 mins \$120 | 90 mins \$175

Hot Stone Healing

Let the warmth of the heated basalt stones penetrate deep in your body to relieve tired, aching muscles. Ease the mind and calm the body by emerging in a state of deep relaxation.

90 mins | \$175

Pregnancy Massage

A nurturing massage to target aches and pain associated with the 2nd and 3rd trimester.

30 mins \$75 | 60 mins \$120

Full Body Exfoliation & Hydration 60 mins \$130 Full Body Exfoliation & Massage 90 mins \$170

HANDS & FEET

Express Manicure or Pedicure

An indulgent express treatment on either the hands or the feet, concentrating on improving nail condition and presentation. Includes a colour or clear polish.

30 mins \$50

Deluxe Manicure

Classic manicure techniques are applied to shape and form your nail, exfoliation to revitalize, relaxing hand and arm massage and a nourishing paraffin treatment. Includes a colour or clear polish.

60 mins \$80

Deluxe Pedicure

Classic pedicure techniques are applied to shape and form your nail, and also to recondition your feet. A rejuvinating foot bath and exfoliation, relaxing calf and footmassage with a nourishing paraffin treatment. Includes a colour or clear polish. 60 mins \$80

FACE

Express Facial

A quick pick-me-up for your skin when you're short on time. Cleanse, nourish and moisturise in this 30 min session.

30 mins \$70

Deluxe Facial

Designed to deeply cleanse and boost the complexion, completed with a moisture treatment for your face, neck, eye and lip areas.

60 mins \$140

Advanced Facial Treatments

These 30 minute custom facial treatments are tailored to address skin conditions specific to you.

- Lactobotanical Peel
- Problem Skin Peel
- Pigment Peel
- Triple Action Peel

30 mins \$65 with any facial

ADD ONS

Eye Treatment

Give your eye area some extra love with a gentle and hydrating eye treatment.

Scalp Treatment

Feel the warmth penetrate your scalp and soul with a warm scalp mask & massage.

Soothing Foot Treatment

Soothe tired and aching feet with a relaxing foot treatment.

Gentle Healing Hand Treatment

A nurturing hand treatment which fits in perfectly with any treatment or package

15 mins \$30 | 30 mins \$60 with any treatment







PACKAGES

Relax Package

A 45 minute massage perfectly complimented by a 45 minute facial.

90 mins \$165

Soul to Soul

A perfect treatment combination of a soothing foot treatment, gentle hand therapy, an express facial, and a scalp treatment.

90 mins \$210

Rejuvenation Package

Indulge in the ultimate body refresher. With a full body scrub, a 45 min massage, and a facial, your body will feel cleansed and rejuvenated.

2 hours \$220

Bella Experience

Enjoy the ultimate Bella experience with this indulgent selection of treatments, combined perfectly to leave you feeling grounded and pampered.

Includes a full body exfoliation, a full body massage, a facial, scalp treatment, and a deluxe manicure and pedicure to finish. Also includes refreshments and a light lunch.

5 hours \$529

GROUPS

Want to visit us as a group?

We can cater to almost any size group, big or small, and it's a great option for a hens party or a work retreat. All inclusive accommodation packages can also be organised. Please contact us for customised package options including refreshments and nibbles.

SPECIALS

For all current specials, packages and opening hours, please visit our social media or call our friendly team!



