



**We are Refreshingly Local**

Blue Crab Seafood House is committed to showcasing local flavours from ingredients raised, grown, and baked right here on beautiful Vancouver Island

CLASSICS

		<i>Upgrade hashbrowns to fresh fruit 4</i>
Coast Signature Breakfast	20	Two free-range eggs, two pork maple sausage links, two slices of bacon, roasted tomato, hashbrowns, choice of artisan toast
Breakfast Toaster	19	Choice of toast with egg, bacon, tomato cheese and hashbrowns
Buttermilk Pancakes	18	Three buttermilk pancakes with butter, berry compote, and maple syrup
Healthy Start	17	Yogurt, house-made granola, fresh fruit, choice of artisan toast or daily muffin
Poached Eggs	18	Two poached eggs, guacamole, roasted tomato, fresh fruit, choice of artisan toast
Oatmeal	13	Made to order oatmeal served with brown sugar, raisins, and milk
Lumberjack breakfast	21	Two free-range eggs, two buttermilk pancakes with butter, three slices of bacon with hashbrowns

OMELETTES

Build Your Own Omelette	22	Three free-range eggs, hashbrowns, choice of cheddar or goat cheese, artisan toast, and three of the following:
		<ul style="list-style-type: none"> <li>• bell pepper</li> <li>• green onion</li> <li>• mushrooms</li> <li>• red onion</li> <li>• spinach</li> <li>• tomato</li> <li>• bacon</li> <li>• back bacon</li> <li>• crab</li> <li>• sausage</li> <li>• shrimp</li> <li>• smoked salmon</li> </ul>

*\*add additional toppings \$2 each*

BENEDICTS

*All Benedicts are served on an English muffin with a side of hashbrowns*

Traditional Benedict	21	Canadian back bacon, two poached free-range eggs, and classic hollandaise
Signature Crab Benedict	24	Crab cakes, spinach, two poached free-range eggs, and classic hollandaise
Smoked Salmon Benedict	23	Smoked Salmon, capers, two poached free-range eggs, and classic hollandaise
Vegetarian Benedict	21	Guacamole, tomatoes, two poached free-range eggs, and classic hollandaise

SIDES

Free-Range Egg (1)	4	Smoked Salmon	8	Fresh Fruit Salad	7
Free-Range Egg (2)	6	Maple roasted granola	8	Cold Cereal	5
Bacon	8	Hashbrowns	6	Yogurt	4
Pork Maple Sausage (2)	8	Toast/GF toast (2)	5	Tomatoes	4
Canadian Back Bacon	8	Daily Muffin	5	Mushrooms	4
		Croissant	5	Hollandaise	4

DRINKS

Tazo Tea	5	Starbucks Coffee	5	<b>Hair of the dog*</b>	
Hot Chocolate	5	Espresso	5	Classic Caesar	9/13
2% Cow's Milk	4	Americano	5	Mimosas	12
Soy Milk	4	Cappucino	6	(orange, cranberry, grapefruit)	
Almond Milk	4	Latte	6	Unsworth bubbly Rose'	12
Juice	6	Mocha	6	Bailey's Coffee	11
orange, apple, grapefruit, pineapple, cranberry, tomato		Chai Latte	6	Shaft	11

*\*available after 9am*

*Please notify your server prior to ordering about all food allergies and/or intolerances. Not all ingredients are listed.*

*VIHA advises: "Consumption of raw or undercooked seafood, shellfish, poultry, meats, or eggs poses an increased risk of foodborne illness."*

*Parties of 8 or more are subject to an 18% service charge.*