

TIDES

KITCHEN & BAR

FRESH START

*CHATHAM QUAHOGS | 24

LOBSTER, SHRIMP & QUAHOG STUFFING,
CHARRED LEMON

*½ DOZEN LOCAL OYSTERS | 21

PEACH & GINGER MIGNONETTE

SMALL PLATES

*YELLOW TOMATO GAZPACHO | 10

AVOCADO, CILANTRO OIL, CUCUMBER

PELHAM FOCACCIA | 12

PIMENTO CHEESE, MARINATED OLIVES

TUNA TOSTADA | 24

DASHI & SOY MARINATED TUNA, SPICY WAKAME,
AVOCADO CRÈME, FRIED CORN TORTILLA

MAPLE BROOK FARM

BURRATA PANZANELLA | 21

COUNTRY BREAD, BASIL, HEIRLOOM TOMATO,
ARUGULA, CITRUS VINAIGRETTE

SUMMER SALAD | 15

LITTLE LEAF FARM'S GREENS, SHAVED SEASONAL
VEGETABLES, FOCACCIA CROUTON, CHAMPAGNE
VINAIGRETTE

*GRIDDLED ZUCCHINI CAKES | 17

CABOT CHEDDAR, LEMON DILL AIOLI

*FRIED TRI-COLORED CAULIFLOWER | 19

BBQ SPICED, CHIPOTLE-LIME AIOLI

SALAD ENHANCEMENTS

*LOBSTER SALAD | MKT

*PAN SEARED LOCAL SCALLOPS | MKT

*GRIDDLED CAJUN SHRIMP | 15

*MARINATED CHICKEN BREAST | 9

YUZU LIME & TERIYAKI STEAK TIPS | 15

HANDHELDS

CHOOSE ONE SIDE

ALL SANDWICHES CAN BE PREPARED ON GLUTEN FREE BREAD*

EARLE SMASH BURGER | 26

2, 4 OZ PATTIES, PHR PAPRIKA POTATO ROLL, COTIJA &
CABOT CHEDDAR, SUMMER SLAW, CHILI-MARGARITA AIOLI

FRIED PORTOBELLO MUSHROOM | 20

BREADED PORTOBELLO, PHR PAPRIKA POTATO ROLL,
MUHAMMARA, ARUGULA, HERB PRESSED GOAT CHEESE

PHR LOBSTER ROLL | MKT

TOASTED BUN, LEMON & DILL AIOLI OR WARM BUTTERED

AVAILABLE DURING LUNCH ONLY

CHICKEN SANDWICH | 24

MARINATED CHICKEN BREAST, PIMENTO CHEESE, HOUSE
PICKLES, ARUGULA, COUNTRY BREAD

CAJUN SEARED SHRIMP PO BOY | 26

SUMMER SLAW, TOMATO, PICKLED RED ONIONS, CAJUN
REMOULADE, CRISPY BAGUETTE

LARGE PLATES

*CHICKEN PAILLARD | 27

LEMON+ CAPER, ARUGULA, PECORINO,
BALSAMIC REDUCTION

CAPE COD MUSSELS | 19

POUILLY FUME, SHALLOT, GARLIC, HERBS,
COUNTRY BREAD

*VEGAN "LASAGNA" | 25

ROASTED SUMMER VEGETABLES, TOMATO VINAIGRETTE,
CASHEW CREAM, BASIL PUREE

AVAILABLE DURING DINNER ONLY

PAN SEARED LOCAL SCALLOPS | MKT

COUS COUS, MUHAMMARA, TOASTED PINE NUTS, MARINATED
OLIVE, CAULIFLOWER

YUZU LIME & TERIYAKI STEAK TIPS | 30

JASMINE RICE, CARAMELIZED PEPPERS & ONION

*GRIDDLED CAJUN SHRIMP | 33

COSTA RICAN STYLE BEANS, CORN & SHRIMP CAKE, SCALLION

SIDES

AVAILABLE DURING DINNER ONLY

*HOUSE FRENCH FRIES | 6

*SIDE SUMMER SALAD | 6

*JASMINE RICE | 5

*COSTA RICAN STYLE BEANS | 7

ITEMS MARKED * = FREE OF GLUTEN

*Before placing your order, please inform your server if a person in your party has a food allergy.
Consuming raw or undercooked potentially hazardous foods may increase risk of food borne illness.

TIDES COCKTAILS

PETAL & PEAR | 17

ST. GERMAIN, PRICKLY PEAR
PUREÉ, LEMON & BUBBLES

CUCUMBER COOLER | 16

KETEL ONE CUCUMBER & MINT
VODKA, SIMPLE, LIME & SODA

LAVENDER LUX | 17

GRAY WHALE GIN, LEMON,
LAVENDER SIMPLE, VIOLETTE
& BUBBLES

PAINKILLER | 18

BACARDÍ SUPERIOR & DARK RUM,
COCONUT PUREÉ, PINEAPPLE &
ORANGE JUICE

SHIPWRECKED MARGARITA | 20

PATRÓN SILVER TEQUILA, COCONUT
PUREÉ, GRAND MARNIER, AGAVE &
LIME

EL DIABLO | 18

LOS SUNDAYS JALAPEÑO TEQUILA,
GUAVA PUREÉ, LIME & GINGER BEER

PEACH SMASH | 17

REDEMPTION BOURBON, MINT,
ICE TEA & PEACH PUREÉ

DRAFT

BLUE MOON | 9
BELGIAN WHITE, DENVER, CO 5.4%

OUTERMOST IPA | 9
HOG ISLAND, ORLEANS MA 6.2%

HANDLINE KOLSH | 8
DEVIL'S PURSE, DENNIS, MA 5%

SAM SUMMER ALE | 10
BOSTON, MA 5.3%

BUBBLES

PERLAGE, **DOC PROSECCO**, VENTO, ITALY 14 | 52
VEUVE CLICQUOT, **BRUT CHAMPAGNE**, REIMS, FRANCE 21 | 80
VEUVE CLICQUOT, **BRUT ROSÉ**, REIMS, FRANCE 21 | 80

WHITE

RIFF, **DOC PINOT GRIGIO**, VENETO, ITALY 14 | 52
LES ROCHES, **SAUVIGNON BLANC**, LOIRE VALLEY, FRANCE 15 | 56
THE INFAMOUS GOOSE, **SAUVIGNON BLANC**, MARLBOROUGH, NEW ZEALAND 17 | 64
ISABELLE ET PIERRE CLEMENT, "**BABY SANCERRE**", LOIRE VALLEY 20 | 76
DECOY, **CHARDONNAY**, CALIFORNIA 15 | 56

ROSÉ

WHISPERING ANGEL, **ROSÉ**, CÔTE DE PROVENCE, FRANCE 18 | 68

RED

PAVETTE, **PINOT NOIR**, CALIFORNIA 15 | 56
PIKE ROAD WINES, **PINOT NOIR**, WILLAMETTE VALLEY, OREGON 18 | 68
PAVETTE, **CABERNET SAUVIGNON**, CALIFORNIA 15 | 56
BONANZA BY CAYMUS, **CABERNET SAUVIGNON**, CALIFORNIA 18 | 68

MARTINIS

PINK DAHLIA | 21

BOMBAY SAPPHIRE GIN, ITALICUS, GUAVA
PUREÉ, LIME & BUBBLES

BLUEBERRY DELIGHT | 21

VANILLA VODKA, BLUEBERRY PUREÉ,
LAVENDER SIMPLE, & LEMON

SPARKLING SEASIDE MANHATTAN | 21

SAZERAC RYE, APEROL, SWEET VERMOUTH
& PEYCHAUD'S BITTERS TOPPED WITH BUBBLY

MOCKTAILS

PERFECT PEAR | 12

PRICKLY PEAR PUREÉ, GINGER
BEER, & LIME

SUNSET ON EARLE ST | 12

PINEAPPLE, ORANGE JUICE
& GRENADINE

STRAWBERRY LEMONADE | 12

LEMONADE, LEMON,
STRAWBERRY PUREÉ, & SODA

BOTTLES & CANS

BEER

CORONA | 9
BUD LIGHT | 7
MICH ULTRA | 8
STELLA | 9
SAM ADAMS | 8

SELTZERS

HIGH NOON | 11
PEACH & PINEAPPLE

SURFSIDE GREEN TEA | 9
SUNCRUISER PEACH TEA | 9

NON ALCOHOLIC

ATHLETIC BREWING N/A | 7
UPSIDE DAWN, RUN WILD IPA
HEINEKEN ZERO N/A | 7

PELHAM HOUSE IPA | 9