

The Spa at Stein Eriksen Lodge



# Body Treatments

# STEIN'S FREESTYLE MASSAGE

60 MIN \$225 | 90 MIN \$325 | 120 MIN \$405

Using a blend of tailored techniques to address your needs, you will consult with an expertly skilled therapist to determine ideal pressure and specific areas of concern to ensure optimum results.

#### **CBD MASSAGE**

60 MIN \$255 | 90 MIN \$360 | 120 MIN \$445

When used in a personalized massage, CBD oil will calmly penetrate, soothe, and relax muscle tissue while helping to ease tension and stress. This full body massage is beneficial in restoring balance and equilibrium at a cellular level. Our most potent and effective topical treatment for pain can also help to reduce inflammation and tense muscles.

#### HIMALAYAN SALT STONE MASSAGE

60 MIN \$235 | 90 MIN \$335

In addition to the exfoliating benefits of receiving massage with heated Himalayan Salt Stones, salt therapy emits negative ions that deliver many benefits such as higher mental alertness, protection against free radicals in the air, and supports a healthy respiratory system and sinuses.

# **JUNIPER ALE MASSAGE**

60 MIN \$235 | 90 MIN \$335

Juniper Ale oil infused with notes of fresh greens and bergamot oranges glides over muscles to improve the skin's hydration and elasticity.

### **RIVER STONE REBALANCING THERAPY**

90 MIN \$340

Heated basalt stones are incorporated into your massage to warm your muscles, increase joint flexibility, alleviate aches, pains, and discomfort. This service provides you with the benefits of a deep tissue massage with a lighter touch.





#### ANTI-INFLAMMATORY MASSAGE

#### 60 MIN \$240 | 90 MIN \$350

A gentle massage to relieve inflammation, increase circulation, and assist in decreasing aches and pains in muscles and joints. You will start with a dry brush exfoliation to increase circulation and prepare your body to detox. Your expert therapist will perform a specialized massage using light tissue massage stimulating the lymphatic system to further relieve inflammation.

#### THE FIRESIDE TOAST

#### 75 MIN \$335

A whiskey scrub comprised of a skin softening rice bran oil removes dry patches to unveil smooth skin. Steamed towels with soft notes of roasted chestnuts help to loosen your muscles. After being showered in a Vichy rainfall, your skin will be quenched with a spiced steeped Honey Chai lotion.

#### **MOOR MUD WRAP**

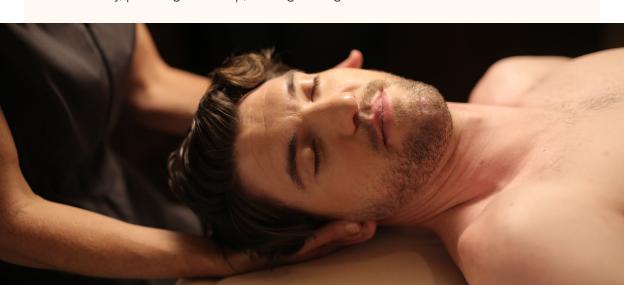
# 75 MIN \$345

Moor is known for its therapeutic properties produced after undergoing a "ripening" process over thousands of years into a rich, black substance to aide in detoxification. Begin this CBD treatment with a dry brush exfoliation to prepare your skin for optimal absorption. While in a cocooned wrap, a scalp massage and attention to your feet will send you to your deepest state of mindfulness.

#### **ASHIATSU MASSAGE**

#### 90 MIN \$335

Inspired by Eastern massage techniques, this treatment is adapted from ancient forms of barefoot massage. Our therapist, supported by parallel bars, applies deep foot pressure to strategic points along the spine and body to achieve maximum muscle compression. One and two-footed strokes distribute pressure evenly, providing for a deep, relaxing massage.





#### THAI MASSAGE

90 MIN \$335

A blend of stretching, acupressure and healing arts helps to adjust the skeletal structure and increase flexibility, leaving you feeling relaxed and rejuvenated. Loose-fitting workout wear or yoga garments are required for this treatment.

# **DESERVING MOTHERS MASSAGE**

60 MIN \$225 | 90 MIN \$325

A soothing treatment for the mother-to-be, this massage improves circulation and provides a gentle, soothing touch for expectant mothers. Designed for expecting mothers who are in their second trimester or further along.

#### **COUPLE'S MASSAGE**

60 MIN \$470 | 90 MIN \$670 | 120 MIN \$830

Enjoy a side-by-side massage with a partner where therapists work in unison to provide a memorable shared experience.

#### TIME-FOR-TWO

120 MIN \$775

Immerse yourself in a Couples Soaking tub infused with bath salts to de-stress followed with a 90 min Side-by-Side Massage for an ultimate indulgence in connecting with your partner.

### **OXYGEN THERAPY**

25 MIN \$45 | 45 MIN \$75

Supplemental oxygen provides numerous health benefits including high altitude relief, mental clarity, and detoxification This treatment is particularly beneficial at higher altitudes.





# Facial Treatments

#### STEIN'S FACIAL

#### 60 MIN \$230 | 90 MIN \$305

Our expert estheticians will consult with you to customize your experience based on individualized skin needs. Indulge in this personalized treatment for the ultimate skin rejuvenation.

# **PURE FOREST FACIAL**

### 60 MIN \$235

Relax. Release the stressed of urban living and let the restorative powers of nature take over. Using all organic ingredients, this luxurious facial harnesses the healing properties of hydrating snow mushroom, regenerative reishi mushroom, and purifying birch water to repair and protect your skin. Calm your senses with the serenity of the forest and uncover a pure, glowing complexion.

#### DIAMOND FACIAL

#### 90 MIN \$315

Diamonds really are a girl's, or guy's, best friend. Take your skin to a new level through microfoliants of crushed diamonds, hydrating plumping pearl technology, brightening elixir and cellular rejuvenating serum. Like facets on a diamond, this will improve the Four Facets of Beautiful Skin – Texture, Plumpness, Radiance, and Rejuvenation. Supercharge your skin for a beautifully smooth, silky soft complexion.

#### **APRÈS SKI FACIAL**

#### 60 MIN \$235

Restore dry, dehydrated, irritated ski through this peptide-infused treatment. This targeted post-slope treatment will refresh your appearance while promoting a youthful complexion with a plumper, firmer appearance. Peptides are game changing signals to your cells to act healthy leaving your skin calm, dewy, and ready to face the slopes again.





#### **HYDRAFACIAL**

# 60 MIN \$305 | 90 MIN \$385

Experience a purposeful HydraFacial® treatment to moisturize, brighten, plump, and protect. Using patented vacuum technology to infuse ultra-nourishing antioxidants and intensive peptide serums at a deeper level, you will leave with an instantly gratifying glow. When you enhance your HydraFacial® treatment to 90-minutes, it will include either the proprietary Dermabuilder or the Britenol with no additional charge.

# • HydraFacial Boosters

- **PROPRIETARY DERMABUILDER** is delivered to help effectively address fine lines, skin tone evenness and texture.
- **BRITENOL** is specially formulated to target dark spots and sun damaged areas. Britenol is clinically proven to leave skin glowing with a more even complexion.



# Add-ons created for pairing with any service

# **CBD** | \$30

Enhance any massage with hemp-derived CBD and with additional active botanical ingredients, providing your skin with a rich source of antioxidants and essential fatty acids.

#### 1-MINUTE FACIAL | \$25

Enhance any service with this 60 second treatment that instantly smooths, plumps, and rejuvenates skin for a fresh, radiant complexion. Not recommended for sensitive skin.

#### PERFECT POUT LIP | \$25

This creamy lip mask exfoliates dehydrated skin and plumps it with hyaluronic acid for a kissable pout.

# **EYE MASK | \$25**

Awaken tired eyes with this no-mess collagen eye mask.

# **SCALP TREATMENT | \$25**

Improve dry skin on your scalp by adding shine to damaged hair through a scalp massage with Moroccanoil.



# Mail Therapies

#### ALPINE DAZZLE DRY MANICURE

#### 60 MIN \$80

A delightfully hydrating treatment for the delicate skin of the hands. This hydrating manicure offers an exfoliating scrub and massage to soothe hands leaving them looking elegant and well groomed. This manicure is complete with vegan Dazzle Dry polish application that hardens like a gel but breathes and removes like a polish.

## **SHELLAC MANICURE**

#### 60 MIN \$85

After being cured with a UV lamp, nail care with a shellac manicure results in a hardened shell for a long-lasting finish.

#### STEIN SIGNATURE MANICURE

#### 90 MIN \$105

This all-inclusive treatment is the ultimate in mindfulness for perfect hands. The ritual begins with a specialized scrub to exfoliate the hands and continues with paraffin treatment. A massage follows with warm lotion to soothe and soften the skin. Nail shaping, cuticle work, and callous softening included. Choice of shellac or Dazzle Dry polish application.

#### ALPINE DAZZLE DRY PEDICURE

#### 60 MIN \$95

This moisturizing pedicure offers a relaxing foot soak, hydrating scrub, massage, and specialized mask to hydrate and soothe tired feet. This pedicure is complete with vegan Dazzle Dry polish application that hardens like a gel but breathes and removes like a polish.

#### STEIN SIGNATURE PEDICURE

#### 90 MIN \$125

Treat your feet to the ultimate in pampering and relaxation beginning with a soothing soak. Your cuticles and nails will receive exceptional care and attention. A relaxing calf & foot hot stone massage will be performed, followed by a paraffin treatment to hydrate and leave your feet feeling silky smooth. Choice of shellac or Dazzle Dry polish application.



### HAIR CARE WITH MOROCCANOIL

Women's Haircut & Blowout | \$80
Women's Shampoo & Blowout | \$75
Gentlemen's Haircut | \$50
Partial Foil Highlight | \$110
Full Foil Highlight | \$200

# Wellness

Private yoga, meditations, personal training, and other mindful activities can be scheduled and tailored to a private group setting. Sessions subject to availability. See Spa Concierge for this health addition to your luxury spa experience.

# Reservations

For maximum convenience and flexibility, we recommend that you schedule spa sessions in advance of your visit. We ask that you arrive at least 15 minutes prior to your scheduled appointment so as not to disrupt the length of your treatment. Appointments may be guaranteed with a credit card or Stein Collection lodging confirmation. As we reserve your appointment time especially for you, please provide 24-hour advance notice for adjustments or cancellation. No-shows or cancellations within 24-hours of appointment time will be billed at the full cost of the service.

