



SEAGRAPE
Bar & Restaurant

LUNCH MENU

STARTERS

Jerk Shrimp Skewers 35

Grilled shrimp marinated in a spicy jerk seasoning, served with a pineapple salsa.

Samosas

Five Chicken (\$28) or Vegetable Samosas (\$26) served with sweet chili sauce

Soup of the Day 22

Ask the server for today's special

Fish Cakes 25

Six flavorful balls made with cod fish and local herbs served with our tasty marirose sauce

Chicken Wings 25

Six tasty pieces of wings served either Barbecue or Buffalo sauce
served with blue cheese dressing

Loaded Mac and Cheese 30

Cheesy flavorful cheesy bowl served with either shrimp or bacon baked to perfection

Please make your server privy to any allergies or special dietary requirements.
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SANDWICHES

Dover Burger 35

Fire-grilled 4-ounce burger topped with lettuce, tomatoes, and mayonnaise on a sesame seed bun served with fries, wedges or salad

+ Bacon (\$4) + Cheese (\$2)

Grilled Chicken Sandwich 35

Fire-grilled chicken breast with grilled onions, peppers, tomatoes, and mayonnaise on a sesame seed bun, served with fries, wedges or salad

Fish Sandwich 40

Beer-battered and deep-fried catch of the day with lettuce, tomatoes, cucumbers, and Scotch Bonnet Aioli, served with fries, wedges or salad

Lentil Burger 30

Vegetarian lentil patty on a toasted bun with tomatoes and lettuce, served with fries, wedges or salad

Jerk Chicken Wrap 32

Grilled jerk chicken wrapped in a soft tortilla with lettuce, tomatoes, and a spicy mayo.

Tacos

Grilled fish (\$30) or grilled spicy chicken (\$28) or grilled shrimp (\$36) in soft tortillas with shredded lettuce, Pico de Gallo, and lime crema.

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Club Sandwich 32

Three slices of toasted bread with sliced chicken, bacon, lettuce, tomato and mayonaise served with fries, wedges or salad

PIZZA

Create your own personal 8 inch pizza

Pizza Base with Cheese \$20

+Add Pepperoni (\$7)

+Minced Beef (\$7)

+Ham (\$7)

+Onions (\$4)

+Sweet Peppers (\$ 4)

+Corn (\$5)

+Pineapple (\$5)

+Mushroom (\$5)

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SALADS

Dover Salad 30

Local Lettuce, Cucumbers, Tomatoes, Olives, Cranberries, Corn, Drizzled with Feta Cheese
+ Chicken (\$15) +Fish (\$17) +Shrimp(\$20)

Chef's Salad 35

Local Lettuce, Ham, Hardboiled Egg, Cheddar, Cucumbers, Tomatoes, House Dressing
topped with grilled chicken breast

Caesar Salad 25

Romaine Lettuce, Croutons, Parmesan Cheese (Caesar Salad)
+ *Chicken (\$15)* +*Fish (\$17)* +*Shrimp(\$20)*

SIDES

Grilled Potatoes 10

Fried Plantain 8

Fries 8

Wedges 9

Sweet Potato Fries 10

Vegetable Rice 10

Rice and Peas 10

Coleslaw 6

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CARIBBEAN ENTREES

Grilled Mahi-Mahi with Passion Fruit Glaze 60

Fresh mahi-mahi grilled to perfection, topped with a tangy passion fruit glaze, served with seasoned rice and sautéed vegetables.

Baked Chicken with Herb Sauce 50

Oven-roasted chicken covered in a savory herb sauce served with oven baked macaroni pie and coleslaw

Curry 40

Chicken (+\$15)/ Fish (+\$17) or Shrimp (+\$20)

simmered in a rich curry sauce with potatoes and carrots bedded with white rice

Three Bean Stew 50



Hearty three bean stew simmered in rich tomato ragu, garnished with fresh herbs served with white rice and grilled vegetables

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DESSERT

Bread Pudding with Caramel Rum Sauce 20

A traditional pudding served with a rich caramel rum sauce.

Double Chocolate Brownie 20

Rich chocolate brownie, served with a scoop vanilla ice cream.

Classic Cheesecake 18

Creamy cheesecake topped with a cherry and served with whipped cream.

Ice cream 16

Two vanilla, Chocolate, Cookies and Cream or Rum Raisin
served with Chocolate or Strawberry Sauce

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