

ACADEMIES

YOGA

Saturday, 22.08.	Sunday, 23.08.	Monday, 24.08.	Tuesday, 25.08.	Wednesday, 26.08.	Thursday, 27.08.	Friday, 28.08.	Saturday, 29.08.
17:00 – 18:00 🧘 Feel Good Yoga-Flow Gabriela 📍 Gym	17:00 – 18:00 Bodyweight Workout Gabriela 📍 Gym	07:00 – 08:00 🧘 Sunrise Yoga Gabriela 📍 Rooftop	17:00 – 18:00 Bodyweight Workout Gabriela 📍 Gym	07:00 – 08:00 🧘 Sunrise Yoga Gabriela 📍 Rooftop	17:00 – 18:00 Bodyweight Workout Gabriela 📍 Gym	07:00 – 08:00 🧘 Sunrise Yoga Gabriela 📍 Rooftop	16:00 – 17:00 Bodyweight Workout Laura 📍 Gym 17:00 – 18:00 🧘 Gentle Evening Yoga Gabriela 📍 Gym

ACADEMIES

YOGA

Sunday, 30.08.	Monday, 31.08.	Tuesday, 01.09.	Wednesday, 02.09.	Thursday, 03.09.	Friday, 04.09.	Saturday, 05.09.
17:00 – 18:00 Bodyweight Workout Laura 📍 Gym	07:00 – 08:00 🧘 Sunrise Yoga Laura 📍 Rooftop	17:00 – 18:00 Bodyweight Workout Laura 📍 Gym	07:00 – 08:00 🧘 Sunrise Yoga Laura 📍 Rooftop	17:00 – 18:00 Bodyweight Workout Laura 📍 Gym	07:00 – 08:00 🧘 Sunrise Yoga Laura 📍 Rooftop	17:00 – 18:00 Bodyweight Workout Laura 📍 Gym