



The DIPLOMAT

BEACH RESORT

DiplomatResort.com

Daily Experiences

24 Hours
Fitness Center
Convention Center Floor - 1

7:30-8:30am | Monday, Wednesday, Friday, Sunday
Sunrise Beach Yoga
Beach

7:30-8:30am | Tuesday And Thursday
Oceanfront Spin Class (New!)
South Palm Court

6:15am-9:00pm | Monday - Saturday | Hours Vary
HIGH INTENSITY INTERVAL TRAINING (HIIT)
3-4 Classes Per Day. Schedule Below

1:1 FITNESS TRAINING - Boxing + Dancing Ⓢ
Across Footbridge - Core2Fitness

11:00-11:45am | Saturday
Aerobic Pool Zumba
Infinity Pool

10:00am-7:00pm DIPLOMAT
SPA & SALON 954-602-8400
Wellness Center Hours*
Convention Center 1st Floor



Scan For HIIT Class Schedule



Scan For Spa + Salon Menu

24 Hours
BICYCLE USAGE - First Hour Free!
Valet Circle - Helmets Available At Concierge Desk

9:00am-5:00pm
DIP + SLIDE KIDS' SPLASH ZONE
Adult Supervised
Upper Pool Deck

11:00am-4:30pm
WATER SPORTS

Kayaking + Paddleboarding (First Hour Free)
Jet Ski* Ⓢ + Banana Boat Rental* Ⓢ

BEACH GAMES - Cornhole & Ladder Toss

BEACH SAND PIT KIDS' TOY ZONE
Beach

9:00am-4:00pm | Wednesday - Sunday
DIPLOMAT KIDS' CLUB SCHEDULE*
Scan QR Code For Activities and Pricing
954-602-8291



WELLNESS

ACTIVITIES

KIDS' CLUB



Diplomat Discoveries

Your Weekly Guest Guide

WEDNESDAY, SEPTEMBER 20

10:00-10:30am | Kids' Club
Paper Sun Creation*
Brighten your day by making a vibrant sun.

11:00-11:30am | Kids' Club
Water Balloon Toss*
Don't pop your balloon in this ultimate game of catch!

1:00-1:30pm | Kids' Club
Friendship Bracelets Ⓢ
Cement your new and old friendships with hand-made jewelry.

2:00-2:30pm | Infinity Pool
Hula Hoop Contest*
Move your hips 'round and 'round.

THURSDAY, SEPTEMBER 21

10:00-10:30am | Kids' Club
Do-A-Dot-Art*
Create art one dot at a time.

11:00-11:30am | Kids' Club
Dreams Come True Experience*
Close your eyes, make a wish and pop the bubble!

1:00-1:30pm | Kids' Club
Under The Sea Suncatchers Ⓢ
Create an ocean-inspired ornament that captures sunlight.

2:00-2:30pm | Infinity Pool
Treasure Dive*
Search the depths of the pool for riches.

FRIDAY, SEPTEMBER 22

10:00-10:30am | Kids' Club
Rock On Ⓢ
Join us and spread beauty by coloring and placing rocks.

11:00-11:30am | Kids' Club
Seashell Paiting Ⓢ
Let your creativity and the ocean collide.

1:00-1:30pm | Infinity Pool
Hot Balloon Game*
Join us and play in this water-filled version of 'Hot Potato'.

2:00-2:30pm | Kids' Club
Windsock Decoration* Ⓢ
Paint your own wind cone and watch it blow in the breeze.

3:00-4:00pm | Lobby
Kids' Club Team Meet & Greet
Stop by, say hi and grab a fun guide.

6:00-9:00pm | The Hotel Bar
Live Saxophonist: Ed Quitana

SATURDAY, SEPTEMBER 23

10:00-10:30am | Kids' Club
Resort-Wide Scavenger Hunt*
Solve the clues, unscramble the password and collect your treasure!

11:00-11:30am | Kids' Club
Ceramic Painting Ⓢ
Learn a new artform with this take-home craft.

12:00-4:00pm | Infinity Pool Deck
DJ TLake

12:00-12:30pm | Kids' Club
Tie-Dye Creations Ⓢ
Design a shirt and show it off to the Resort.

1:00-1:30pm | Kids' Club
Sand Art Ⓢ
Make a rainbow in a bottle with multi-colored sand.

2:00-2:30pm | Infinity Pool
Limbo Contest*
How low can you go - we'll find out!

3:00-3:30pm | Beach
Family Competitions*
Grab your loved ones for cornhole and spikeball.

6:00-9:00pm | The Hotel Bar
Live Trumpeter: Ginetta Pockett

SUNDAY, SEPTEMBER 24

10:00-10:30am | Kids' Club
Seashell Trading*
Explore the beach and exchange seashells with your friends.

11:00-11:30am | Kids' Club Kite
Crafting + Flying Ⓢ
Color your kite and fly it high in the sky.

12:00-12:30pm | Kids' Club
Art Workshop*
Learn about positive and negative space in art.

1:00-1:30pm | Kid's Club
Water & Bubble Games
Caution: you will get wet and have fun!

2:00-2:30pm | Kids' Club
Friendship Bracelets Ⓢ
Cement your new and old friendships with hand-made jewelry.

*Parent Supervision Required

Ⓢ Charge Incurred

Weekend Drink Special

Playa
WATERMELON
MARGARITA

Wellness Drink
Special
Counter Point Café

GOLDEN GIRL
Turmeric, Carrot,
Pineapple, Lemon + Ginger

Rainy Day Fun!

Rain, rain, go away!
See the Concierge Desk to find out where we're hosting indoor fun and games on these days!

We're Here To Help

Please let us know if there's anything we can do to improve your experience. Feel free to text us at 954-998-1119.

TEXT
US!