



GOLDEN ROCK
Dive And Nature Resort

ACTIVITY PRICE LIST 2024



RESORT FACILITIES & COMPLIMENTARY ACTIVITIES

Swimming Pool Opening Hours

Both swimming pools are open from sunrise to sunset, and the lagoon is open from 10am to sunset. We don't have any lifeguards on duty, therefore swimming is at your own risk. We do not encourage diving or jumping into the pools.



Hummingbird Pool

The Hummingbird pool, located next to Breeze, is available to all in-house guests and day pass users, and has a depth of 1.50 meters. A towel station is located poolside where you can pick up clean towels and drop off used towels in the designated bay.

Sun loungers and umbrellas are available on a first come first serve basis, and electrical charging points can be found at the base of all umbrella's to easily charge your electrical items. Showers can also be found poolside.



Hibiscus Pool

The Hibiscus pool is for in-house guests to use, with a depth of 1.50 meters. A towel station, sun loungers, umbrellas, electrical charging points and showers are also available. The Hibiscus pool has a pool bar and deck perfect for those poolside cocktails and snacks!

The Lagoon

The resort's salt water lagoon at Bobbie's Beach Club is the Caribbean's largest ocean fed, cliff edge lagoon, with a maximum depth of 27 feet. Towels, sun loungers and showers are available for all in-house guests.

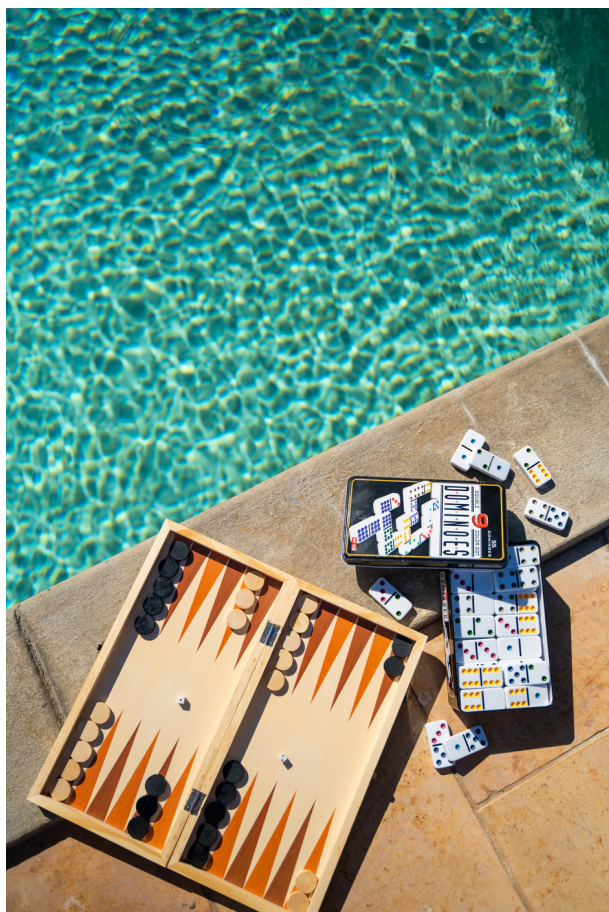


Ocean Front Gym

Located next to the outdoor yoga platform, you will find a fully equipped gym with treadmills, bikes, cross trainers and a range of free standing weights and weight machines. Toilets, showers and lockers are located within the building and is available to use 24/7.

Board Games

Enjoy fun and interactive board games. Gather with friends and family in a cozy atmosphere for hours of entertaining fun. Whether it's classic games like chess or modern favorites such as Monopoly, our selection caters to all ages and preferences. Create memorable moments with laughter, competition, and camaraderie during your stay.



Basketball, Football & Tennis

Enjoy an exciting game of basketball or football as well as a match of tennis on our multipurpose sports field with friends and loved ones. Showcase your skills and have fun while basking in the beautiful resort surroundings and the view of the Quill.

Mini Golf

Enjoy a fun and leisurely game of mini golf, perfect for individuals and families. Challenge your family and friends, or compete for the best score as you navigate through the 17 hole course surrounded by breath taking views over to St. Barths.

All sports equipment and board games are available from reception on request.



RESORT ACTIVITIES



Personalized Yoga / Pilates Training

Experience tailored Yoga and Pilates training sessions designed to meet your unique needs and goals. Our expert instructors provide one-on-one guidance, ensuring a personalized practice that enhances your flexibility, strength, and overall well-being. Whether you're a beginner or an experienced practitioner, we will adapt each session to optimize your wellness journey.

1 hour - \$75 per person for two guests
Supplement - \$25 per person thereafter
Max no. of guests = 8

Sip n Paint

Sip and Paint is a creative activity where participants can explore their artistic talents and create their own unique artwork. It's a relaxing and enjoyable way to unwind and tap into your inner artist, while sipping on your favorite beverages.

*Two drinks included.

2.5 hours - \$150 for two guests*
Supplement - \$35 per person thereafter*

Wine Tasting

Indulge your senses in an exquisite journey through the world of wines with our captivating wine tasting experience. Step into an ambiance of sophistication as you embark on a sensory exploration that will awaken your palate and broaden your appreciation for the complexities of each varietal. Each wine will be paired with its own canape to create a delightful and complementary tasting experience.

2 hours - \$125 per person
Min no. of guests = 6



Scan the QR code for
our weekly activities.

Massages

STATIA MASSAGE

50 MINUTES | \$120

Take your mind, body and soul on a journey to discover your inner paradise with a relaxing full-body massage. Statia massage incorporates local oils and scents of the Caribbean sea.

GOLDEN ROCK MASSAGE

50 MINUTES | \$120

Melt away your tension with an invigorating hot stone massage, leaving your body relaxed and stress free.

NEEM LEAF MASSAGE

50 minutes | \$120

Unwind, de-stress and release your worries and anxieties with a stimulating massage and aromatherapy that includes a touch of Statia's natural neem oil and other carefully selected essential oils tailor made to your individual preference.

MORINGA LEAF MASSAGE

50 minutes | \$120

Quiet your busy mind, sooth your soul and experience ultimate relief with this therapeutic massage to target deep muscle tension, stiffness and discomfort incorporating Statia's natural moringa oil.

TWO HUMMINGBIRDS MASSAGE

50 minutes | \$220

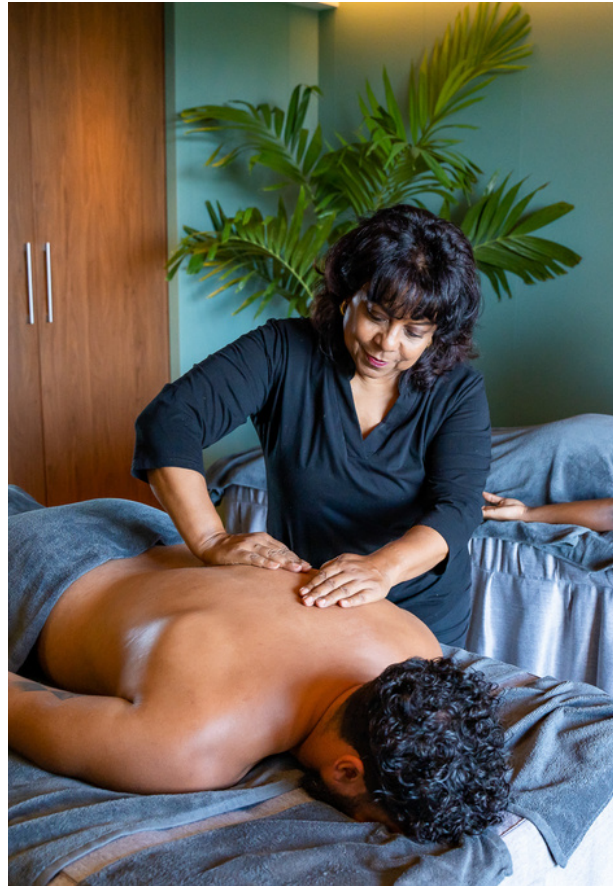
Two Hummingbirds, on the same rock, at the same time, in harmony with a relaxing and sensual massage for two.

Add ons:

Reflexology 15 min | \$30

Scalp Treatment 15 min | \$30

Muscle Soother 15 min | \$30



Body Scrubs

Body scrubs include a mini back and foot massage.

Exfoliating Salt Scrub

45 minutes | \$100

Exfoliate your skin and encourage the natural flow of circulation with our full body salt scrub infused with natural herbs, that will leave your body smooth, relaxed and glowing.

Seaweed & Coffee Scrub

45 minutes | \$110

Nurture and reinvigorate your body with this special blend of seaweed and coffee. Exfoliate your skin, lifting away dull dead skin cells, leaving you with a complexion that looks more radiant.



Facials

The Rock Facial

45 minutes | \$80

Indulge in an exfoliating facial, crafted with nature's ingredients and vitamins. This hydrating facial is designed to revive, replenish and rehydrate your skin leaving your skin soft and radiant.

The Rock Gentleman's Facial

45 minutes | \$90

A special exfoliating facial for all men wanting to take care of their skin. A deep cleansing, purifying and hydrating experience designed to address the male skincare needs. This facial helps to deal with issues such as sensitivity, dullness, ingrown hairs, Roughness, and razor burns.



Bath Soaks

Bath soaks include a mini back and foot massage.

Statia Herbal Bath Soak

45 minutes | \$100

A relaxing blend of organic Statia herbs infused with magical healing powers of neem, sage, lemon grass, soursop and mint to help you relax, distress and revitalize. Dive into Statia's natural water.

Botanical Bath Soak

45 minutes | \$100

Escape to serenity and botanical bliss with a relaxing botanical soak, a soothing blend of calming herbs like basil, Aloe, chamomile, lavender, ginger, eucalyptus and moringa. Calm your mind and create inner peace.

Coconut Milk & Spice Bath Soak

45 minutes | \$100

This luxurious combination of coconut milk, oats and warm aromatic spices. A touch of chamomile, ginger, cinnamon and turmeric will leave your skin silky smooth, supple and renewed. Pamper your skin with a lush creamy tropical bath.

Blue Bead Bath Soak

45 minutes | \$100

Dispel your negative energy and connect to your intuitive wisdom with a reinvigorating spiritual bath. Using nature's powerful healing herbs like sage, thyme, peppermint, rosemary, basil and essential oils.

Add ons:

Reflexology 15 min | \$30

Scalp Treatment 15 min | \$30

Muscle Soother 15 min | \$30

Booking Information

To make a booking for activities or spa treatments, contact our reservations team on reservations@goldenrockresort.com or call +599 318 3348.

**Prices subject to change*

ISLAND ADVENTURES

Stargazing

Star Gazing in St. Eustatius offers a captivating celestial experience under the serene Caribbean night sky. Participants can observe a dazzling array of stars, planets, and constellations, as the island's low light pollution enhances visibility. Guided by expert astronomer Jaap Vreeling, it's an enchanting opportunity to connect with the universe's wonders in a tranquil, unspoiled setting.

2 hours - subject to availability.

Price per person dependent on group size.

Hiking the Quill / Boven National Parks

Experience the breath taking beauty of St. Eustatius during a guided hike up the island's dormant volcano, the Quill, where you can explore unique flora and fauna within the crater, or enjoy panoramic views from the summit.

Boven National Park, although only 2 miles away, is very different. Cacti and Acacia bushes cover rocky outcrops and open grassland, and several trails snake through valleys and along ridges bringing you to secluded bays and viewpoints.

Starting from 2.5 hours - subject to availability.

Starting from \$30 per person, payment direct to guide on the day.

Price includes Nature Tag from STENAPA

Bee Experience

The "Bee Experience" offers guests an immersive and educational adventure into the world of bees. You will have the opportunity to learn about beekeeping practices, observe hives up close, and gain insights into the essential role of bees in pollination. This hands-on activity, led by Celbees, provides a unique and engaging way to appreciate the vital importance these fascinating insects have within our ecosystem.

1.5 hours - subject to availability.

Price per person upon request.



Guided Historical Walk

The Historical Walk through St. Eustatius' capital, Oranjestad, offers a captivating journey through the island's rich past allowing visitors to explore its historical treasures. This guided tour provides an immersive experience, highlighting key landmarks, buildings, and stories that shape the island's history. Travelers can discover the unique cultural and architectural heritage of St. Eustatius as they walk through time. It's a must-do activity for history enthusiasts and those seeking to delve into the island's fascinating past.

3 hours - subject to availability.

\$35 per person, payment direct to guide on the day.

OFF ISLAND ADVENTURES

Sunset Boat Cruise

Take in the changing colours of the Caribbean sky as you watch the sunset on the horizon onboard our sunset cruise. You can also take to the water and snorkel with our underwater friends, turtle watch, have a few drinks and relax in good company.

2.5 hours - \$500 for up to six guests
Supplement - \$50 per person thereafter
Subject to availability and conditions
Must be confirmed 24 hours in advance

Deep Sea Fishing Expedition

Embark on an unforgettable deep-sea fishing adventure in the crystal-clear Caribbean waters. All equipment provided, as well as snacks and soft drinks on board.

Half day - \$1,300 up to 4 people
Full day - \$1,800 up to 4 people
Must be confirmed in advance

Day Trips

Are you looking to explore other Caribbean islands? You can now easily hop over to Saba, St. Kitts & Nevis or St. Maarten for the day using the local airline or ferry service.

Winair flies daily between Statia and St. Maarten, with connecting flights to Saba, St. Barths and St. Kitts.

Makana Ferry offer services between all the island on certain days of the week so looking up the ferry timetable is advisable.

If you don't want to be restricted by public transport timings, speak to our team about private boat charters or plane charters that can take you to the local islands for a day trip.





The pristine waters around Sint Eustatius, offer a variety of 36 dive sites in the Marine Park, which is bigger than the island itself, and most of the dive sites are located within 3-miles of the harbor.

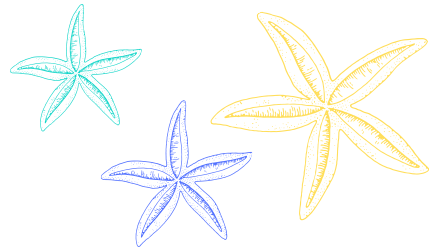
Statia was termed "Best Caribbean Diving Destination" by National Geographic in 2022, and most recently voted "Best Wreck Diving", "Best Macro Life" and "Best Marine Environment" in the Scuba Diving Magazine Reader's Choice Awards 2024.



Guided by our experienced dive team, who are qualified to teach all PADI courses from Discover Scuba Diving to Divemaster, all our divers will enjoy valet guided dives that fit their comfort and experience level. The diving is diverse and offers several unique habitats from shallow reefs to deeper walls. Wrecks, archaeological sites and lava flows all make

for an interesting underwater topography. All dive sites are covered in coral, sponges and abundant with all our favorite Caribbean creatures, big and small.

For more information on certifications, prices or to book your next dive, contact us on info@statiadivers.com or speak with the team at reception.



*Venture into
the undiscovered*



HISTORY AND MARINE LIFE

St. Eustatius National Marine Park was established in 1996 and encompasses the entire coastline of the island, from the high water line to the 30 meter depth contour, totalling 27.3 km², an area larger than the island itself.

There are two reserves within the marine park, with one having a strict no fishing or anchoring allowed. The marine park is managed by a non-profit organisation STENAPA (St. Eustatius National Parks Foundation) which was set up by Statians who wanted to protect and preserve the flora and fauna of the island for future generations.



Below the surface STENAPA are protecting Statia's pristine coral reefs, 18th century shipwrecks and vibrant sea life, such as sharks, rays and sea turtles.



From historical sources like old newspaper articles and government correspondence, it is known that hundreds of ships sunk around the island in colonial times, however only a handful of these ships have been discovered and documented.

In 2017, hurricanes Irma and Maria not only damaged the island but underwater as well. Nevertheless, they did expose the remnants of an 18th-century vessel now called Triple Wreck.

One of the most popular sites for divers is Anchor Point, where you can find a large colorful anchor. Another site is Lost Anchors, where five anchors can be found embedded into a beautiful reef full of barrel sponges, tube sponges, and rope sponges. In total there are more than 200 century old anchors to be found in the waters around Statia.

Other relics of the past that can be found underwater are cannons, old bottles and pottery. They have become part of the reef over time and are beautifully overgrown, making them very interesting subjects for underwater photography.

Sign up to our mailer





National Geographic

"This tiny island is the best place to dive in the Caribbean... From shipwrecks to unspoiled nature, travelers find treasures all around St. Eustatius."



Read the full article here

Scuba Diving Magazine Reader's Choice Awards 2024

The results are in, and St. Eustatius won 11 top 10 awards including No. 1 for best macro, wreck diving and marine environment.



Read the full article here

GET CERTIFIED WITH STATIA DIVERS

Our experienced dive team are qualified to teach all PADI courses from Discover Scuba Diving to Dive Master, and with the largest, ocean-fed lagoon in the Caribbean on site, that hides an American School Bus at 9m/30ft, certifications can be completed on site.

Pricing

2 tank AM dives	\$150
1 tank PM dive	\$75
3 tank AM and PM dives	\$200
Nightdive [^]	\$100
Snorkel trip*	\$50
Private guide (per day)	\$150
Full rental equipment	\$50
BCD	\$15
Regulator	\$15
Wetsuit	\$15
Computer	\$15
Mask & snorkel	\$10
Fins	\$10
Dive light	\$15

PADI Courses

Discover Scuba Diving*	\$160
DSD Confined Only	\$60
DSD Repeat Dive	\$100
ReActivate	\$100
Open Water Diver*	\$750
Advanced Open Water	\$550
Rescue Divers & EFR	\$750
Enriched Air Diver	\$225
PADI Deep Diver	\$450
Underwater Navigator	\$225
Peak Performance Buoyancy	\$225
Digital U/W Photographer	\$225

Costs not included

Marine Park Fee \$30 per calendar year or \$6 per dive.

Bookings subject to availability. Surcharge dates, terms and conditions apply.

*Night dives only bookable on-site as weather and condition dependent.

More courses available on request. All activities with a [^] include rental equipment

