



*Palazzo Versace*

DUBAI

The SPA



## PALAZZO VERSACE MOMENTS

Unique opulent experiences expertly designed to leave the most breathtaking memories you can embrace at The SPA.

### The Ultimate

**7 HOURS**

The ultimate day to indulge in five of our most luxurious treatments. Imagine a day dedicated to you or a loved one. The ultimate package begins with a chauffeur driven car picking you from your home in Dubai ensuring you arrive in style for your breakfast at Giardino Restaurant. The spa journey starts at 10am, with the Signature Hammam followed by the Ceremonial Massage. An exquisite 2 course lunch will be served either in the Italian Restaurant – Vanitas, or a private cabana by the pool. The afternoon begins with a Rejuvenating Rose Facial, followed by a beauty session of blow-dry, classic manicure and pedicure while sipping a glass of champagne or a mocktail of your choice. To make sure your journey home is as special as your arrival, our chauffeur will be waiting to escort you home.

**Includes:** *Chauffeur driven car to and from the hotel within Dubai, breakfast, Signature Hammam, Ceremonial Massage, 2 course lunch, Rejuvenating Rose Facial, blow-dry, manicure, pedicure, glass of champagne or mocktail.*

### Diamond and Gold Royal Hammam Journey

**120 MINUTES**

Your ritual commences with a gold body soap cleansing ritual while relaxing with the aroma of sumptuous elegance of rich amber and aromatic herbs. Next, your body is gently buffed with a diamond polish to remove all the impurities followed by a gold rejuvenating rhasoul to nourish, strengthen and tone the skin in the most luxurious ways. A diamond massage oil is drizzled over the body to complete this lavish journey, and finally the application of precious drops of gold and diamond on your body, hair and face conclude this odyssey leaving a decadent aroma that engulfs the olfactory system to create memories of opulence and relaxation.

**Includes:** *Hammam Back and Shoulder Massage and Facial, a glass of champagne or a mocktail*

### Golden Opulence Ritual

**120 MINUTES**

The ultimate in opulence and splendor, this ritual engulfs the senses and engages the mind to the most enigmatic experience. The journey starts with a 24kt Gold Foot Ritual to ease the pressures of the day, then relax and unwind with the aroma of sumptuous elegance of rich amber and musk. Once relaxed, the body will be drizzled with pure 24kt Gold Body Oil and massaged with 24kt Gold hot stones. To bring this regal ritual to a close, your senses will be enlightened with the 24kt gold body spritz and precious drops of gold, leaving the skin captivating and radiant.

**Includes:** *Foot Ritual, Scrub, Gold Stone Massage and a cappuccino sprinkled with gold leaves*

## Oriental Royal Rose Ritual

**120 MINUTES**

An exquisite facial and body experience comprising of a honey and rose elixir specially made for The SPA at Palazzo Versace Dubai. Your journey starts with an age defying ritual using beautiful Damascan rose to rehydrate and soothe your skin. Pink clay found within the mountains gently removes impurities from your body while allowing moisture to be retained. Active anti-aging ingredients complete the restorative process and a precious combination of royal jelly, honey, propolis and essential oils allow for optimal results. The ritual continues with a deep facial cleanse and beautiful bamboo peeling facial exfoliation. A rejuvenating massage, with an application of nutrient rich serum and essentials oils, defies the signs of aging.

**Includes:** *Body scrub, body wrap, massage application and Rejuvenating Rose Facial*

## Chardonnay Grapes Luxury Ritual

**120 MINUTES**

Your ritual uses grape seed extracts of Chardonnay. Vinotherapy research discovered that the polyphenol contained in grapes have powerful anti-ageing properties. The luxury anti-aging treatment body scrub and wrap are followed by a massage infused with champagne or sparkling grape juice and will leave your skin glowing and rejuvenated.

**Includes:** *Body scrub, body wrap, massage and a chilled glass of champagne or mocktail*

## Love is...

**150 MINUTES**

Designed for couples to experience together, this sensual ritual helps calm the nervous system and promotes reconnection on a physical, emotional and spiritual level. Focusing on the heart, sacral and crown chakras, it draws on the strength of three exquisite oils: Rose - the oil of love, Orange blossom - bliss and Jasmine - to inspire the feelings of love. This treatment encourages a beautiful union of body, mind and soul in a comfort of our luxury spa suite including private Jacuzzi and relaxation time.

**Includes:** *Jacuzzi, body scrub, body massage, face massage and Shirodhara experience*

## Forest Therapy

**75 MINUTES**

Indulge in this journey with nature that is more than just a “walk in the woods”. Reconnect with nature as this ancient Japanese healing tradition brings serenity to your mind, body and skin. The perfect experience for those overwhelmed by modern-day living, the Forest Therapy begins in our sauna where fresh eucalyptus oil and leaves are used to open the airways and allow you to inhale deeply, followed by a tranquil rainforest shower surrounded by the calming sounds of the forest. Find your inner calm with a cleansing guided inhalation session after which you can completely relax with a 60-minute tension-releasing deep massage, that uses slow and long signature moves. Furthermore, a cleansing mud mask on the hands and feet leaves you feeling grounded and one with nature. Your Forest Therapy journey ends with a unique forest-inspired wellness drink along with a selection of berries.

**Includes:** *Eucalyptus leaves tapping in sauna, body massage, hands and feet mask, forest inspired drink and berries*

# WELLBEING TREATMENTS

## Immune Boost

**75 MINUTES**

Cleanse, clear and decongest your body and mind with this treatment whilst supporting and strengthening the immune system. Sink into a peaceful state of mind in the sauna, before moving to a guided breathing ritual, complete with essential oils, to clear congestion and provide clarity of mind. Enter a state of total relaxation with a full-body aromatherapy massage, surrounded by soothing vapours, as the treatment works to ease heaviness and reduce jaded energy. Later you can enjoy a facial pressure point massage and an Ayurvedic scalp massage to clear the mind, before experiencing foot reflexology, which will focus on points that can help with boosting the immune system.

## Sleep

**75 / 105 MINUTES**

Enter your room, beautifully scented in tranquility. An extraordinary blend of nineteen of the purest essential oils including English lavender, sweet basil and jasmine which was blended with one purpose: to induce deep sleep. Your treatment begins with peaceful reflexology and breathing techniques. Throughout, we drizzle the intensive skin treatment candle oil over your body, including key stress relieving points on your head, face, neck and back, using the very best techniques of shiatsu, cranio, Thai massage and trigger point work. Prepare to be lost in a blissful state, ready for a deep night's sleep.

## Energize

**105 MINUTES**

Using changes in temperature, speed-of-touch and different textures your treatment begins with a Body Scrub with its potently invigorating oils of wild mint and mandarin. Throughout we drizzle the stimulating essential oils of grapefruit, lemon and rosemary which penetrate your skin and allow for detoxification, whilst you experience a full body massage focusing on key stress relieving points. This treatment allows you to stop, unplug and then reboot. Your senses will be awakened, and your body and mind will be given a boost of natural energy.

**Includes:** *Body scrub and massage*

## Happiness

**105 MINUTES**

Surrounded with a complex blend of 7 of the purest possible essential oils including white neroli, mimosa & lemon, your treatment begins with reflexology and breathing exercises designed to lift your mood. Your skin will be lightly buffed head-to-toe using a body scrub, with invigorating oils of wild mint and mandarin. By applying techniques of shiatsu, cranio, Thai massage and trigger point touch, we work to decrease stress levels and release endorphins. This purposeful combination of thoughtful touches will lift your spirits, relax you and leave you feeling like the best version of you.

**Includes:** *Body scrub and massage*

## THE CLASSICS

All our classic massages are tailored to take away your everyday worries and tension ensuring only the best physical and emotional therapeutic benefits.

### Swedish Massage

**60 / 90 MINUTES**

A classic body massage using soft to medium pressure to encourage circulation, promote relaxation and ease muscle tension. Soft gliding and stimulating movements using hands and forearms help soothe tired and aching muscles and leave you energized and revived.

### Deep Tissue Massage

**60 / 90 MINUTES**

A powerful massage therapy for those who suffer from chronic stress. Using specialized techniques, specific areas of concern are focused upon to alleviate common discomforts such as stiff neck, tight shoulders and painful lower back. This deep and rhythmic pressure massage eases stress, boosts circulation and reduces toxins in the body. The result is renewed and revitalized you.

### Hot Stone Massage

**90 / 120 MINUTES**

A classic massage which uses the ancient art of healing with basalt stones. The heat from the stones releases tension in tight, tired muscles and aids your body's own detoxification process. The use of both stones and the therapist's hands allows for the perfect combination of pure relaxation.

### Thai Massage

**90 / 120 MINUTES**

A specialized oil free massage consisting of slow, rhythmic compressions and stretches along your body's energy lines. Thai massage combines the use of thumbs, palms, forearms, elbows and foot pressure as your therapist works to free tension within your body. Your skilled therapist will stretch and position your body to manipulate pressure points and meridians balancing your energy flow.

### Pregnancy Massage

**60 MINUTES**

A specialized massage crafted by our skilled therapists based on your personal needs during this special period in your life. Recommended for those that have passed the first trimester in their journey.

### Reflexology

**60 MINUTES**

An ancient Chinese pressure point massage of the feet to target reflex zones that correspond to organs within your body. Reflexology stimulates energy meridians to relax and promote a sense of balanced and reawakened energy. We begin this ceremony with a refreshing foot scrub.

### **Back, Neck and Shoulder Massage**

**30 MINUTES**

This deep tension releasing massage concentrates on the back, neck, shoulders to relieve stiffness and improve microcirculation.

### **Face and Scalp Massage**

**30 MINUTES**

A massage designed to relax the mind and reduce tension caused by stress. Warm oil is massaged throughout the scalp, face, neck and upper shoulder using gentle and stimulating techniques which result in an immediate and effective calming effect.

## **ARABIAN RITUALS**

### **Amber Essence**

**60 MINUTES**

Experience a soothing treatment designed by luxury skincare brand, marocMaroc. This sensory awakening massage draws on ancient Moroccan secrets to enhance the body and relax the spirit with the soothing heat of the Paillettes d'Ambre candle. The indulgent ritual promises to leave you with an overall feeling of wellbeing as the candle's active ingredient of amber, blended with notes of vanilla and musk, hydrate and comfort the skin instantaneously. Ideal for releasing tension, loosening up joints and regaining elasticity in the skin.

### **Tekmida Ritual**

**90 MINUTES**

The immersive treatment begins with an exfoliation of the face and body with argan oil, natural waxes and fine sugar. A nourishing body massage derived from authentic Moroccan Teksal movements using hot wet towels brings the ceremony to an end, accompanied by a body massage using a rich balm infused with aromatic argan oil and eucalyptus. Vitality, agility and relaxation naturally flow one into the other throughout the course of this 90-minute journey, resulting in a revitalized mind and body.

### **Traditional Hammam**

**60 MINUTES**

Your Traditional Hammam treatment consists of a 60-minute Moroccan Hammam ritual that includes a black soap application, an ultra purifying full body exfoliation with a traditional Kessa glove combined with a detoxifying body scrub. This is followed by a soothing soaping with orange blossom infused shower milk and traditional stretching to complete your ritual.

### **Signature Hammam**

**90 MINUTES**

Your relaxing Signature Hammam consists of the benefits of the Traditional Hammam including an application of black soap, full body exfoliation, scalp massage and hair washing ritual ending with an aromatic application of Onguent d'Argan nourishing body balm and traditional stretching.

### **Ceremonial Hammam**

**120 MINUTES**

Your luxury experience consists of a Traditional Hammam ritual which includes the black soap application, full body exfoliation with Miel d'Ambre scrub, scalp massage and hair washing ritual completing the Hammam with the traditional stretching. You will be escorted into a private treatment room filled with mesmerizing scents of Morocco to continue your ritual with the Ceremonial Massage.

# FACIALS

## SeaCreation

**90 MINUTES**

The secret of eternal youth, born from the depths of the ocean is now at The SPA.

SeaCreation is an indulgent, luxury anti-aging facial that incorporates the most active and rare ingredients obtained from the deep sea. The Seatelligent Complex improves skin functions, protects the skin against premature aging and demonstrably reduces existing signs of aging. The result is significantly reduced lines, remodeled facial contours and complexion that is left looking energized and rejuvenated.

*Includes: A glass of champagne and macarons during the foot bath ritual*

## Gold and Caviar

**90 MINUTES**

A sublime regenerative facial with intense green caviar and 24 carat gold trace elements to transcend, repair and revamp your skin. The use of a special vitaskin ultrasound machine penetrates on a cellular level to create unsurpassable and exotic results using the power of Swiss anti-ageing excellence.

## Collagen Firming

**75 MINUTES**

Stimulating from the inside out, this facial will improve the natural collagen and elastin production of the skin. A firmer, smoother and uniform complexion is obtained through our unique plumping collagen mask included in this facial.

## Precious Facial

**75 MINUTES**

This powerful anti-ageing treatment, effectively combines high-performance ingredients to give an immediate real life “camera filter” effect. The masterful combination of Rose, Gold and Platinum ampoules combined with unique infusion techniques invigorate, plump and firm the skin through an extraordinary beauty journey leaving you with a radiant glow.

## Hyaluron Facial

**60 / 75 MINUTES**

Indulge in an intense hydration boost for the skin at The SPA, power packed with active concentrate Hyaluron Infusion containing triple-action hyaluronic acid and HY-3 peptides, the latter promoting the skin’s natural production of hyaluronic acid. The result is fresh, silky smooth and plump, hydrated skin making it an ideal facial during the summer or after a long flight.

## Hydra Boost

**30 MINUTES**

Experience BABOR’s iconic Bi-Phase Cleansing Ritual, followed by the most intensive form of beauty therapy - a professional beauty ampoule treatment. With highly concentrated natural active ingredients tailored to your skin type, this intensive ampoule treatment immediately produces visible results you can see and feel.

## Glow Boost

**30 MINUTES**

Your skin will immediately glow with the help of this moisturising treatment which renews dull, tired and unbalanced skin. Polysaccharides hydrate and lock moisture inside the skin. The glow pigments from our professional ampoules help balance the skin.



## ENHANCEMENTS

### **ADD ON Oxygen Therapy**

**20 MINUTES**

In a world where we are very limited to inhaling natural oxygen from natural sources, oxygen therapy offers the perfect solution to maintaining health, wellbeing and equilibrium. Oxygen is perfect for relieving stress and relaxing those who find it difficult to switch off and unwind. It has been clinically proven that inhaling 20 minutes of Oxygen is the equivalent to 2 hours of sleep.

### **ADD ON Collagen Biomatrix Mask**

A great add-on to any facial or body treatment. The Collagen Biomatrix Mask treatment uses a sheet mask that is specifically infused with Collagen and powerful anti-oxidants reduce free radical damage. Skin becomes smoother, plumped, deeply hydrated: This treatment will immediately make fine lines appear less pronounced.

### **ADD ON Concentrated Ampoule**

Maximize the results of your facial by topping up the skin with a concentrated. A great booster of nutrients that are individually recommended for each skin .

### **ADD ON Extraction**

**30 MINUTES**

Facial extractions are performed during the steaming process of a facial. The steam will relax and open pores, making the blackhead extraction easy. After the extraction process your skin will be calmed using a toner to close the pores.

### **Salt Scrub**

**30 MINUTES**

Extracted from the glaciers in the Swiss Alps, our Salt Crystals are rich in therapeutic minerals to detoxify. When combined with Sweet Almond Oil, this treatment will renew and help to regenerate the surface of your skin.

## SPECIAL OCCASIONS

Planning a birthday surprise? A proposal? Make yours a unique one at The SPA! Choose from our exclusive elaborate "Special Occasions" set ups and combine it with any treatment booked at The SPA. Your set up can include a balloon decoration, a bouquet of roses, Palazzo Versace Dubai chocolate box or a cake, strawberries dipped in chocolate, personalized message in LED light and more.

*\*Contact the spa team for further details and bookings.*