



傳統英式下午茶的由來
History of English Afternoon Tea

在英國維多利亞時代(西元1819-1901年)，貝德芙公爵夫人安娜瑪麗亞(Anna Maria)女士，每到下午時刻就意興闌珊、百般無聊，心想此時距離穿著正式、禮節繁複的晚餐Party還有段時間，可是又感覺肚子有點餓；於是就要女僕在她的起居室準備幾片烤麵包、奶油以及茶，吃完後她覺得這樣的下午茶實在是相當完美的點心。後來，安娜女士就開始邀請知心好友們在她的起居室加入她的下午茶會，伴隨著茶與精緻的點心，同享輕鬆愜意的午後時光，沒想到一時之間，在當時貴族社交圈內蔚為風尚，名媛仕女趨之若鶩；直到今天，已儼然形成一種優雅自在的下午茶文化，也成為正統的『英國紅茶文化』，這也是《維多利亞下午茶》的由來。

According to legend, one of queen victoria's (1819-1901) ladies-in-waiting, Anna Maria Stanhope (1783-1857), known as the duchess of bedford, is credited as the creator of afternoon teatime. Because the noon meal had become lighter, the duchess suffered from "A Sinking Feeling" at around four o'clock in the afternoon. At first, the duchess had her servants provide her a pot of tea and some breadstuffs. Adopting the european tea service format, she invited friends to join her for an afternoon meal at five o'clock in her rooms at belvoir castle. The menu centred around small cakes, bread and butter sandwiches, assorted sweets, and, of course, tea. This summer practice proved so popular that the duchess continued it when she returned to London, sending cards to her friends asking them to join her for "Tea and a walk in the fields."

The practice of inviting friends to come for tea in the afternoon was quickly picked up by other social hostesses.

傳統英式下午茶 English Afternoon Tea

It gave us great pleasure
to continue the tradition of
English afternoon tea.

NT\$890 每位/per person

鹹點 Savouries

起司火腿三明治
Ham & Cheese Sandwich

馬鈴薯沙拉
Potato Salad With Ham

帕馬火腿可頌
Parma Ham Croissant

煙燻鮭魚莎莎
Smoked Salmon Salsa Tapas

主廚特製鹹塔
Chef's Special Tart

甜點 Sweets

手工餅乾
Handmade Cookie

手工鬆餅1片
Handmade Waffle

馬卡龍
Macaron

蔓越莓司康
Cranberry Scone

冰淇淋1份
Ice Cream

精選四種小蛋糕
Selection of Four Mini Cake



TWG柑橘花茶
TWG Chamomile

TWG皇家大吉嶺
TWG Royal Darjeeling

TWG波本香草紅茶
TWG Vanilla Bourbon Tea

TWG熱帶水果綠茶
TWG Waterfruit Green Tea

單點 A La Carte

手工餅乾(4片)
Handmade Cookies(4pcs) \$ 90

綜合甜品集
Mix Dessert Platter \$180

奶油蜂蜜鬆餅(單片)
Cream with Honey Waffle(1piece) \$120

茶 Tea

果香白毫
White Orchard \$230

柑橘花茶
Chamomile Citrus \$230

伯爵茶
Earl Grey \$230

薄荷馬鞭草茶
Verbena mint \$230

熱帶綠茶
Tropical Fruit Green Tea \$230

冰水果茶
Iced Fruit Tea \$230

冰檸檬紅茶
Iced Lemon Tea \$230

All price are subject to 10% service charge. 以上價格需另加收一成服務費