

# ROWES WHARF SEA GRILLE

## BREAKFAST SPECIALITIES

### FULL AMERICAN BREAKFAST 35

Two Eggs Any Style, Choice of Bacon, Ham or Sausage,  
Home Fried Potatoes, Toast, Freshly Brewed Coffee  
or Decaffeinated Coffee, Tea, Juice nf

### CONTINENTAL BREAKFAST 27

Selection of Juice, Coffee, Tea or Hot Chocolate,  
Choice of Daily Breakfast Pastry or Croissant and a Fruit Cup nf

### EGGS BENEDICT\* 26

Choice of Classic Benedict, Florentine, or Smoked Salmon nf

### CINNAMON BRIOCHE FRENCH TOAST 23

Powdered Sugar, Vermont Maple Syrup, Fresh Mixed Berries veg/nf

### RICOTTA AND LEMON PANCAKES 23

Powdered Sugar, Vermont Maple Syrup veg/nf

### MAPLE HOUSE SMOKED ATLANTIC SALMON\* 26

Toasted Bagel, Cucumber, Tomato, Capers, Red Onions, Cream Cheese

### EGG SANDWICH ON A GRIDDLED CROISSANT 18

Scrambled Eggs, American Cheese, Buttered Asparagus, Creamer Potatoes

## LOCALLY SOURCED

Red House Organic Eggs  
Red House Ranch, Van Etten, NY

Bagels & Toasts  
Pain D'Avignon, Hyannis, MA

Arugula  
Equinox Farms, Berkshire  
Hills, MA

Smoked Bacon & Corned Beef  
William & Co, Boston, MA

English Muffins  
Stone & Skillet, Medford, MA

Greek Yogurt  
Cabot Creamery, Cabot, VT

Sausage  
Pig Rock, Boston, MA

Maine Creamer Potatoes  
Maine, ME

Berries  
Wards Farms, Sharon, MA

## EGGS

Egg Dishes Are Served With Home Fried Creamer Potatoes & Choice of Toast

### TWO EGGS ANY STYLE\* gf/nf 16

### POACHED FARM FRESH EGGS\* 22

Arugula, Avocado, Multigrain Toast, Tomato Hollandaise nf

### NEW ENGLAND STYLE CORNED BEEF AND EGGS\* 25

Poached Eggs over Corned Beef Hash, Tomato Hollandaise gf/nf

### THREE EGG OMELET\* 25

Whole or Egg Whites\*

Choice of Three Fillings: Additional Fillings- 3

Tomato, Onion, Peppers, Wild Mushrooms, Spinach, Cheddar, Feta,  
Ham, Bacon

Lobster- 6

## BEVERAGES

### FRESHLY BREWED COFFEE 7

### POT OF TEA 7

### HOT CHOCOLATE 6

### WHOLE / SKIM MILK 4

### JUICES

### ORANGE, GRAPEFRUIT 8

### APPLE, CRANBERRY, PINEAPPLE 7

### V-8, TOMATO JUICE 7

### SPARKLING MIMOSA (8AM) 20

### BLOODY MARY (8AM) 20

## FRUITS, PASTRIES & MORE

### ENERGY SMOOTHIE 11

Strawberry, Orange, Banana gf/df

### HOUSEMADE GRANOLA v 7

### HOUSEMADE GRANOLA PARFAIT 17

Housemade Granola, Greek Yogurt, Fresh Berries gf/veg

### MCCANN'S IRISH OATMEAL 12

Walnuts, Raisins, Brown Sugar df/v

### BERRIES 5

### BANANAS 3

### CROISSANT 7

### ENGLISH MUFFINS / BAGELS 6

### DANISH / MUFFINS 6

### FRESH BERRY CUP 10

### PINK GRAPEFRUIT 8

### GOLDEN PINEAPPLE & BLUEBERRY MEDLEY 12

### HOME FRIED CREAMER POTATOES gf/df/v/nf 8

### THICK CUT APPLEWOOD SMOKED BACON gf/df/nf 8

### HONEY SMOKED HAM gf/df/nf 8

### COUNTRY PORK SAUSAGE gf/df 8

### CORNED BEEF HASH gf/df/nf 12

### GREEK YOGURT 8

### DRY CEREALS 7

## Executive Chef David Daniels

{ gf - Gluten Free / v - Vegan / veg - Vegetarian / df - Dairy Free / nf - Nut Free }

\*These Items are served raw or undercooked. Consuming raw or Undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness especially if you have certain medical conditions. Before placing your order, please inform your server if anyone in your party has a food allergy.