LIVE AQUA URBAN RESORT MONTERREY VALLE



BIENVENIDO

Feel Urban Spa by Live Aqua & Natura Bissé have come together to create a surreal experience for physical beauty and inner spiritual growth.

This is the ideal place for you: a refuge where you can let loose and be yourself while your body and mind rediscover the perfect balance.

SPA ADMISSIONS

All reservations are subject to availability.

We allow access to people over 15 years of age. Spa services are not included in the room rate. Prices per person in Mexican Pesos. Taxes included

Open tuesday to sunday from: 10:00 a.m. a 6:00 p.m.





RECOMMENDATIONS & IMPORTANT INFORMATION

All our services, includes a welcome ritual, one hour in the hydrotherapy areas before your treatment and special amenities. If you wish to enjoy our hydrotherapy circuit, we recommended to arriving one hour before your scheduled treatment. If you wish to go directly to your treatment, please arrive 20 minutes early for registration.

All our guest must fill out a medical questionnaire prior to the treatment. Eating immediately before a spa treatment is not recommended.

Please avoid arriving under the influence of alcohol or drugs. We recommended to wearing bathing suit and sandals in the hydrotherapy areas.

If you have any health-related concerns or you are pregnant, please advise to the spa receptionist before reserving your treatments.

To enjoy a better spa experience, avoid using cellular phone or keep it in silent to respect our other guests.

All cancellations must be made 24 hours prior to your appointment, failure to respect this time frame will result in a charge of 50% of the total value of the service. By arriving late, you are limiting the time available for your treatment, meaning we cannot guarantee the enjoyment of the complete experience.

The Spa is not responsible for lost jewelry or items of value, we recommended to keeping your jewelry and valuables in the locker assigned to you during your stay at the spa.



MASSAGES

Restore the mind. Transform the body

SWEDISH MASSAGE

50 MIN. \$1,750 MXN

80 MIN. \$2,400 MXN Classical massage that combines soft muscle manipulation with the use of selected essential oils. You will experience pleasure and well-being as the flexibility and circulation in your body improve, creating immediate renewal. The ideal treatment for a perceivable relaxation.





MASSAGES Restore the mind. Transform the body

An ancient Native American healing practice based on the use of hot basalt stones to massage the body. This ritual dissipates muscle tension through the use of moderate heat that gently penetrates

the body. A truly relaxing experience.

Important: this treatment is not recommended for pregnant women or those with sunburned skin

DEEP TISSUE MASSAGE

HOT STONE

\$2,500 MXN

\$2,700 MXN

MASSAGE

50 MIN

80 MIN

80 MIN \$2,300 MXN Therapeutic massage that provides complete wellbeing by applying pressure to the deepest layers of muscle to induce relaxation. It is ideal for people who perform constant exercise or are looking for relief after intense activity.





MASSAGES

· Restore the mind. Transform the body ·

AQUA REST \$ 2,500 MXN

SWEDISH MASSAGE /EXFOLIATION 50 MIN + 45 MIN HYDROTERAPY Classical massage starting with exfoliation and then massage that combines soft muscle manipulation with the use of selected essential oils.

Purification, renewal and relaxation ritual that combines the best to provide well-being to the body and mind.





ESCAPE TOGETHER \$ 2,900 MXN

SWEDISH MASSAGE 50 MIN. + EXFOLIATION 20 MIN. + PHYTO AROMATIC BATHTUB 20 MIN. + HYDROTHERAPY 45 MIN. Escape to a personal sanctuary, a space where everything else disappears

Enjoy the experience as a couple in the comfort of our suite. Let your body and mind travel through endless relaxing sensations that are awakened by the music and expert hand of our specialist





ADITIONAL EXPERIENCES Let your inner beauty shine through ·

BODY EXFOLIATION 20-25 MIN \$1500 MXN

SOFT PRESSURE NASSAGE + 45 MIN. HYDROTHERAPY PERFECT FOR VEGANS,

HYDROTHERAPY 45 MIN

\$750 MXN

6 STATIONS BATHING SUIT REQUIRED From de Natura Bissé Luxury line hydrating exfoliation. You can enjoy personalized well living scrub

The magic of the water in your body will invite your spirit to rediscover your true self. Live the most revitalizing sensation through a guided hydrotherapy routine within а space of temperature contrasts and beneficial rituals