



THE MALCOLM  
HOTEL

# Activity Guide

SPRING







## YOUR GOLD KEYS TO **Concierge Services**

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Thank you for choosing The Malcolm Hotel, a proud member of Les Clef d'Or. We welcome you to our neighbourhood and wish you a rejuvenating stay in the Canadian Rockies and Spring Creek Mountain Village in Canmore.

The Malcolm Hotel opened on November 3, 2018, boasts 124 rooms, a full-service conference facility, the Stirling Dining Room and Lounge, a stunning creek side patio with wood burning firepits, the Pulse General Store & Coffee Shop, and an outdoor terrace with heated pool and hot tubs. The Malcolm Hotel is located in the heart of Spring Creek, home to the Kernick family since 1927, and the first sustainable neighbourhood of Western Canada.

We are excited for you to experience and explore Canmore and beyond. Our concierge team is committed to making your stay a successful and memorable one. Whether travelling for a business trip, romantic getaway, or an adventure-packed holiday, we are here to assist. Our backyard is filled with towering peaks, crystal blue lakes, frozen waterfalls, and soothing rivers through rich green forests for you to explore.

We encourage you to plan ahead, and allow us to offer you our expertise on the local area:

- Personalized trip planning services & itinerary building
- Tour and activity recommendations and booking assistance
- Small intimate special occasions planning & room set up
- Maps and directions
- Transportation booking
- Restaurant recommendations and reservation booking
- Spa recommendations and assistance
- Local events information and assistance
- Arrangements for those with mobility or dietary needs
- In-house hotel needs and requests

For more than 100 years, hotel concierges from all over the world have been leaders in service excellence and local knowledge to ensure you have everything you could need or want during a stay.

### **Your journey starts here!**

Email inquiries to [concierge@malcolmhotel.ca](mailto:concierge@malcolmhotel.ca).

Warm Regards,

**The Concierge Team**

at The Malcolm Hotel in Canmore







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## Mountain Adventures & Exploration

### CANMORE AND BEYOND

Welcome to our alpine paradise of adventure & exploration. From its humble beginnings as a railway town and then a mining town in the late 1800s to today, Canmore has become a mecca of outdoor adventure and relaxation.

Springtime in the valley is a season of immense change, transforming Canmore, Banff, & Lake Louise as the snow gives way to spring water run offs and waterfalls - creating a wet and muddy playground.

April often brings plenty of snow and mild temperatures in high elevations for comfortable downhill ski conditions that last until mid-May. May in the Kananaskis area transitions to camping, hiking, and sometimes golfing. June is the start of patio weather as locals and visitors embrace the days in t-shirts and shorts with sweaters in the evening.

### WHAT TO WEAR

“There is no such thing as bad weather, only poor choices of clothing.”

- Canmore locals

The trick to being comfortable outdoors is to dress in layers with a t-shirt, sweater, and a wind and waterproof jacket. Proper footwear includes flat-soled hiking or winter boots. Sunglasses are recommended and don't forget to pack a bottle of water, light snacks, and your camera.

**Do not let lack of gear keep you from one of our most rewarding experiences. Consider bringing snow spikes/ice grips for uncertain spring conditions. Canmore has sporting stores and rental shops to help. Please see our concierge for information to rent or purchase gear.**





## Regenerative Travel in The Bow Valley & Canadian Rockies

Here in Spring Creek, surrounded by the breathtaking views that we call our backyard, we realize that we can't take this land for granted. Creating a greener, healthier community has always been our driving motivation.

"We were one of the first to adopt geothermal technologies in Alberta to meet our goal: to create a truly sustainable mountain community; this is a nod to my parents and grandparents and to Canmore—a legacy for the town in which I grew up."

- Frank Kernick, Founder, President & Developer of the Spring Creek Community



### Pledge to the Peaks

This is our commitment to care for the land, animals and people of Canmore and Kananaskis for generations to come. We invite you to read and sign the pledge to protect these special areas.



Scan to Take the Pledge  
or visit [Explore Canmore](#)

### BIOSPHERE INSTITUTE OF THE BOW VALLEY

WildSmart is a proactive conservation program that encourages efforts by Bow Valley communities to reduce negative human-wildlife interactions. The Bow Valley is home to over 25,000 people. It is also a major movement corridor for grizzly bears, black bears, cougars, wolves, elk, coyotes, and other large mammals.

The Biosphere Institute implements WildSmart in close collaboration with Alberta Environment and Parks, the Town of Canmore, and the Municipal District of Bighorn.

**Limited bear spray is available to borrow upon request at the concierge desk. Please note that guests must be over 18 to borrow bear spray and will be required to sign a waiver of liability.**



Scan to view current  
Bear Reports or [Click Here](#)



Scan to view current Trail Closures  
and Warnings or [Click Here](#)





## Your Passport to the Parks

Passes are required to enter national parks & Kananaskis Provincial Park. We highly recommend pre-purchasing your passes to avoid delays at the park gate entrance. Your concierge will be happy to assist in booking the best pass for your travel plans.

### **KANANASKIS CONSERVATION PASS**

Purchase a daily or yearly pass now to experience Kananaskis Country and the Bow Valley Corridor while supporting conservation efforts in the area.



Scan to purchase your  
Kananaskis Park Pass or [Click Here](#)

### **NATIONAL PARK PASS**

Are you planning to visit Banff, Jasper, Yoho, or Kootenay National parks while staying with us? Prepurchase your National Park pass to skip the gate and start exploring quicker.



Scan to purchase your  
National Park Pass or [Click Here](#)





## Downhill Sports

### **NAKISKA SKI RESORT**

Nakiska Ski Area is located at the heart of Kananaskis Country. The resort was built from the ground up for the 1988 Calgary Olympic Games alpine events. These days, Nakiska is a family favourite, especially with the addition of a tube park to the base area of the resort. Closing date projected end of April.

#### **GENERAL INFORMATION**

A 36 min drive from Canmore, head east on Hwy 1 to Hwy 40 south

- Lifts available: 6
- Number of Trails: 79, Longest Run 3.3 km (2 miles)
- Top Elevation: 2,260m / 7,415ft
- Ski-able Acres: 1021 acres

### **SUNSHINE VILLAGE SKI RESORT**

Banff Sunshine Village is the premier place to ski and ride in the Canadian Rockies. The resort, voted Banff National Park's favourite resort by locals five years in row, is loved for its extended ski and snowboard season. In a typical year, Sunshine receives an average of 30 feet of dry powder annually and skiers of Banff Sunshine can carve up slopes from early November to late May. With over 3,500 acres of wild mountain terrain spread across three mountains of diverse slopes perfect for skiers and riders of all levels, it's easy to see why Sunshine Village is home to Canada's Best Snow. Closing date projected mid-May.

#### **GENERAL INFORMATION**

A 37 min drive from Canmore, head east on Hwy 1 to the Sunshine Village turn off.

- Lifts available: 11
- Number of Trails: 138, Longest Run 8 km (5 miles)
- Top Elevation: 2,730m / 8,954ft
- Ski-able Acres: 3300 acres





## **MOUNT NORQUAY**

From the legendary ski racers that have claimed their glory on these slopes since the 1930s, to beginners clipping on skis for the very first time, Norquay's for everyone. To ski or ride Norquay is to do it completely on your terms. It's the high action mountain with zero pressure. Ski lines on the steeper terrain, take it easy on the gentle, undulating groomers and perfectly-groomed beginner runs, or test your trick-status on the terrain park. Closing date projected mid-April.

### **GENERAL INFORMATION**

A 30 min drive from Canmore, head west on Hwy 1 to Mount Norquay Resort exit

- Lifts available: 6
- Number of Trails: 60, Longest Run 1167m / 3,828ft
- Top Elevation: 2,450m / 8,040ft
- Ski-able Acres: 190 acres

## **LAKE LOUISE SKI RESORT**

You'll immediately see why winter enthusiasts return here season after season. Lake Louise's terrain, which has earned Lake Louise a coveted place on skiers' bucket-lists the world over, just speaks for itself.

To be in this place is to be at one with the stirring nature that surrounds. From the black diamond rip to the gentle green stroll, get ready for the fun and freedom of exploring endless chutes, glades and gullies in the heart of natural perfection. Choose your own downhill destiny; our mountain has endless options. Closing date projected early May.

### **GENERAL INFORMATION**

A one-hour drive from Canmore, head west on Hwy 1 to Lake Louise Ski Resort exit.

- Lifts available 10
- Number of Trails: 160, Longest Run 8 km (5 miles)
- Top Elevation: 2,637m / 8,650ft
- Ski-able Acres: 4200 acres

## **TUBING FUN**

Exchange your skis and snowboard for an inflatable tube and let gravity work in your favour. The gradual hills, consistent snowfall, and mountainous back drops of Kananaskis, Banff and Lake Louise make for an idyllic tubing destination.

Snow tubing is similar to tobogganing, but instead of trekking the top of the hill, a plush towing system will do the hard work for you. Just relax while being pulled to the top, and then take in the fresh mountain air and views before hurtling back down again. Great for all abilities, including children over the age of 4 or 42 inches tall.



# Spring Golfing

Like most outdoor activities, Mother Nature decides the opening day of golf courses. However, golf courses are set to open Mid to late May (weather dependent). Canmore offers three world-class golf courses within town. There are two additional courses in the Kananaskis Valley (just a short drive from the hotel), and one course in the beautiful Banff National Park. All of them have something unique and challenging to offer.

## **GOLF SIMULATORS & SPORTS LOUNGE**

Canmore offers a full, state-of-the-art golfing simulator. Play challenging mini games to help hone your skills or play world famous golf courses from around the globe. Did you leave your clubs at home? Clubs can also be rented. Do not miss out of the big games; hang out in the sports bar sports bar and watch your favourite team play with bites from their tasty menu.

## **CANMORE GOLF & CURLING CLUB**

Play where the locals play! Canmore Golf and Curling Club boasts a Par 71, 6,460-yard course nestled in the heart of Canmore. The surrounding mountains of the Bow Valley make this the perfect golf getaway location. Are you just looking to practice your swing? Not a problem! Canmore Golf and Curling Club has a driving range just a few steps away from the club house to be used by members and visitors alike.

## **SILVERTIP GOLF COURSE**

Silvertip Golf Course is located right within the town of Canmore and includes a full 18-hole course with a par 72 spanning 6,473 yards and a total of 600 feet of elevation change. The design of the course makes for a challenging round for all skill levels. Silvertip is the only golf resort in town that faces South. This leads to longer, warmer days on the green with extended patio time in the clubhouse during the evening.

## **STEWART CREEK GOLF COURSE**

Stewart Creek offers a world class Par 71 and a total of 6,638 yards over an 18-hole course. Stewart Creek is consistently rated one of the best courses in the country. With immaculate views of the Three Sisters, Cascade, Pigeon, and Ha Ling mountains, it is easy to see why. Very few golf courses in North America have such a serene setting with pristine views coupled with world class golf! This is one golf experience you will not soon forget.



Photo courtesy of Travel Alberta / C&B Advertising



### **BREWSTER'S KANANASKIS GOLF COURSE**

Brewster's Kananaskis Golf Course offers a unique 18-hole, Par 72 course that lies at the base of Mount Yamnuska. Spanning 5,606 yards, this course winds through rugged tree lined terrain and landscapes that challenge all skill levels. The course has been designed to reward accuracy off the tee and you can choose whether to capitalize on many risk reward sections of the course as well.

### **KANANASKIS GOLF COURSE**

Kananaskis Golf Course offers a challenging Par 72 course spanning 7,136 yards. With immaculately lush fairways, bent grass greens and over 120 bunkers, this course offers something for everyone from beginner to Pro! The course itself is surrounded by glacier-fed creeks and ponds with stunning views of the Kananaskis River.

### **FAIRMONT BANFF SPRINGS GOLF COURSE**

Fairmont Banff Springs Golf Course offers a very challenging Par 71 course design. Located right in the heart of the Banff Townsite, amateurs and professionals the world over are continually captivated and amazed by this world renowned golf course year after year.



### **GOLFING ALTERNATIVES**

The Nordic Centre showcases a world recognized frisbee golf course. This is an ideal activity for those who love frisbee and hiking. This course is the perfect combination of the two activities. A Kananaskis Conservation Pass is required to use the Nordic Center facility. There is no additional charge to use the frisbee golf course. The course operates on a first come, first served basis.





Photo courtesy of Travel Alberta / Silver Fern Productions

## Spring Hikes

“The best view comes after the hardest climb.”

- Unknown

The Bow Valley has so much to offer in terms of hiking in the spring. Trails can range from easy to hard depending on how adventurous you are feeling! Go on your own or join our trusted guides. Learn survival skills in the backcountry and perfect your alpine climbing or take in an evening of star gazing. This way you can safely navigate technical trails with local experts. You will find hidden natural gems making the trek well worth the journey.

### RECOMMENDED SPRING HIKES

#### **CHESTER LAKE** 9.3 kms | 433m of elevation gain | 4-5 hours round trip

The trail to Chester Lake is a stunning hike in Kananaskis, offering a mix of beautiful forest scenery and sweeping mountain views. A Kananaskis Conservation Pass is required to access the trailhead, so make sure to purchase one before you start your hike. The trail itself has several gradual but steady switchbacks, making for a moderate ascent as you gain elevation. As you make your way up, the trail opens to an expansive meadow where you can take in breathtaking panoramic views of the surrounding mountains. After crossing the meadow, you'll re-enter the forest and eventually reach the serene Chester Lake, a picturesque destination perfect for relaxing and enjoying the beauty of the area. Since trail conditions can vary, it's always a good idea to check with your hotel concierge for the latest updates on trail conditions to ensure a safe and enjoyable hike.

#### **TUNNEL MOUNTAIN** 4.5 kms | 267m of elevation gain | 1-2 hours round trip

Tunnel Mountain is a wonderful choice for a more accessible hike in the Banff area. With its relatively short trail length and gradual incline, it's a great option for hikers of all skill levels, including families. The views from the top are rewarding, offering a fantastic panoramic vista of the Banff townsite, the surrounding mountains, and the iconic Banff Springs Golf Course below. It's an excellent choice for those looking to experience the beauty of the Canadian Rockies without committing to a strenuous climb. A National Park Pass is required to access the trailhead.



**BOOM LAKE** 10.8 kms round trip | 604m of elevation | 4.5-5 round trip

Boom Lake offers a perfect balance of natural beauty and a moderate challenge, making it ideal for those who want to immerse themselves in the outdoors without tackling a strenuous climb. With the requirement of a National Park Pass to access the trailhead, it's important to plan. The trail offers a variety of landscapes, from forested paths to creekside views, leading you to the stunning Boom Lake.

**SUNDANCE CANYON** 8.7 kms round trip | 309m of elevation | approx. 2-3 hours round trip

Sundance Canyon is a beautiful and scenic hike near Banff. This trail offers a wonderful blend of accessible terrain and breathtaking views. The trail begins at the Cave and Basin National Historic Site, where you'll follow a paved path for about 4 kilometers along the Bow River. Along the way, you'll be treated to spectacular views of Mount Cory and Mount Louis, adding to the charm of the journey. As you approach the canyon, the landscape transitions into a more rugged environment, creating a picturesque setting that's perfect for those looking to immerse themselves in nature. Remember, a National Park Pass is required to access the trailhead.

**HEART CREEK** 4.8 kilometers round trip | 307m of elevation gain | 2 - 3 hours round trip

The Heart Creek Trail is a fantastic option for a light, scenic hike, making it ideal for families or anyone looking for a quick outdoor adventure. Its location just off the Lac des Arcs exit provides easy access and as it's only a 10-minute drive from the Malcolm Hotel, it's perfect for fitting into a busy day of exploration. The trail offers a wonderful combination of natural features, including peaceful mountain creeks and a beautiful waterfall, creating a serene and relaxing atmosphere.



Photo courtesy of Ian Holmes @irrationalcarny





Photo courtesy of Travel Alberta / Jani Lee

## High Altitude Adventures

### HELI TOURS

Sit back and enjoy the ride with Canmore's premier helicopter tour operator which has been in the business of checking off bucket-list wishes since 1961. Heli tours offer the most spectacular sightseeing tours in the heart of the Canadian Rocky Mountains. Fly around the iconic Three Sisters Mountain, Mt Assiniboine, or marvel at Marvel Pass. These flights sure leave an impression.

### GONDOLA

Are you tired of seeing the mountains from below the tree line? Experience the Rockies like never before with one of the many gondolas in the Bow Valley. With 360-degree views and reaching heights of 2000m, these excursions will get you up close and personal with the most famous mountains in the area. Enjoy the finest of dining from the top of the world.

### SUSPENSION BRIDGES

Pair your scenic drive with a high-altitude suspension bridge walk! Put your fears to the test with a knee-shaking adventure. Create incredible memories and capture stunning photographs while high above canyon walls. Do you dare cross some of the highest suspension bridges in the area?

See the concierge to find out more or book the above adventures.





Photo courtesy of Canmore Cave Tours / Paul Zizka

## Venture Under the Mountains

### **HOT SPRINGS**

Sooth your aching muscles in a Hot Spring that consists of 100% natural mineral water. The water temperatures are generally around 37 to 40 °C (98 to 104 °F). The Hot Springs operate on a first come first serve basis. No reservations or pre-booking is available. The last admission into the Hot Springs is 30 minutes before closing time.

### **HEART CREEK BUNKER - THE VAULT**

There has been much speculation around the Heart Creek Bunker and its real purpose. Many have theorized that the bunker was to be used as an emergency fallout shelter in case of a nuclear war. Others have theorized it was nothing more than the start of a mine shaft. Truth be told, all theories and rumors are incorrect!

The bunker was created by Joe and Stan Rokosh. The two brothers deemed it a good idea to create a Mountain Vault intended to house valuable government documents and other important items during the peak of the Cold War.

Do you want to see the bunker with your own eyes? The hike is 4 kilometers one way with a total of 212 meters of elevation gain. Please allow 1 to 2 hours to get to the bunker. Don't forget to bring a flashlight!

### **CAVING IN CANMORE**

Find the hidden side of Canmore with the best in the Rockies. Canmore's trusted cave guiding company has been offering tours at Rat's Nest Cave since 1992. The water sculpted passages of the cave offer seemingly endless opportunities to explore. This is not the typical tourist cave that comes with handrails and well-built walkways of wood. You will be crawling, climbing, shimmying, sliding, and repelling. You will get dirty! Protective equipment is provided by the operator and they will advise on items you need to bring. This is family friendly with children 10+.

### **UNDERGROUND HOT SPRINGS OF BANFF**

Welcome to the birthplace of the national park system in Canada. The Cave and Basin was discovered in 1883 by three railway workers which sparked a series of events that led to the creation of Canada's first national park we call Banff. Learn the ten-thousand-year history of this cave and why it is so special to Indigenous Peoples. Participate in a family friendly game of curling or join in on interpretive workshops.

For more information and to book tickets or make restaurant reservations, please contact our concierge team.





## Spooky Mysteries & Story Telling

### **ABANDONED TOWNS AND COAL MINES**

Canmore and the Bow Valley have a rich coal mining history. Canmore, in particular, has thrived since the 1988 Winter Olympic Games were hosted in Calgary. Since then, Canmore has more than tripled its population. Canmore and the Bow Valley is left with past reminders of the coal mining history scattered throughout the area. Please see your hotel concierge for more details.

### **WALKING TOURS**

If you're a cultural explorer at heart, this type of tour is perfect for you. Join an expert local guide for an immersive walking tour of Canmore. You'll uncover the fascinating history of this town and learn about the pioneers, cowboys, miners, and early explorers who shaped the communities. Explore hidden gems, hear untold stories, and discover the wildlife of the region. Keep your eyes peeled for wildlife sightings while you enjoy the breathtaking scenery along the way.

### **GHOST WALKS**

Come learn about the paranormal side of the Bow Valley. Experience the natural beauty of both Canmore and Banff townsites while hearing chilling tales of the area. From ghost towns to haunted hotels, the Bow Valley is full of things that go 'bump' in the night.

### **HISTORICAL STORY TELLING**

#### **NWMP Barracks**

This historic Canmore building was built in the late 19th Century. The Northwest Mounted Police Barracks is one of three surviving buildings built before the creation of Alberta in 1905.

#### **Canmore Museum**

The Canmore Museum offers a unique perspective of the town's rich history. The museum's exhibits are constantly rotating in keeping with the events that are held within the townsite and immediate surrounding area. Please speak to your concierge to see what is on exhibit.





## Up Close With Wolves

Whether you are heading west towards Vancouver or east to Calgary, why not add a wild treat to your vacation?

### **NORTHERN LIGHTS WOLF CENTRE**

West into British Columbia, the Northern Lights Wolf Centre is open year round and is perfect for families. Your tour starts when you get there - no reservations required. The wolf pack is ready when you are for a 25-minute interpretive talk. Learn all about wolves and their role in the environment. Make sure you bring your camera! Talks run 12p.m. to 5p.m. daily.

Looking for that once in a lifetime experience? In addition to interpretive tours, they offer visitors 16 years and over to join members of the wolf pack as they lead you on a hike through the Rockies!

Visitors will have the opportunity to interact with the wolves as well as take photos. Book in advance as there is limited availability. The centre is cash only. All proceeds go towards the care of all the animals.

Visit the concierge team to learn more and book your walk today.

### **YAMNUSKA WOLFDOG SANCTUARY**

East towards Calgary, Yamnuska Wolfdog Sanctuary is open year round and is a family friendly centre. The Sanctuary walk is perfect for those 6 years and older. This self-guided walk through the Sanctuary allows visitors to see the ground and view the various packs of wolfdogs at their own pace. This is a great opportunity to learn interesting facts about wolfdogs and wolves.

For something more interactive, in addition to the sanctuary walk, go on a tour that provides an up-close hands-on experience with the wolfdogs. This experience must be booked in advance and is available to those 15 years of age and older.

All proceeds go towards the care of the animals. For more information and to purchase an interactive ticket, visit our concierge team.





## Paws-itive Adventures

The Malcolm Hotel understands that your pet is a member of the family, and our concierge team is ready to ensure your dog is well looked after.

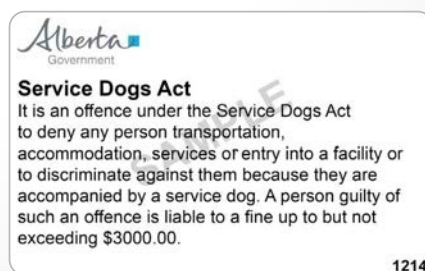
The Bow Valley has grown in leaps and bounds towards being more dog friendly. New opportunities and businesses are springing up faster than we can keep up with, and rightfully so. After all, travelling with your 4-legged companion can be a great bonding experience. Canmore and Kananaskis provide the opportunity to get outside and explore the mountains with your dog.

**Packing list** - Food and water bowls, medication, toys, ID tags, waste bags, proof of vaccinations, and medical records on a USB drive, plus an extra leash are all good to have on hand for the perfect pet-friendly road trip.

For all things pet friendly, please contact one of our concierge team members.

### SERVICE DOGS

The Malcolm Hotel welcomes certified service dogs in all room types with presentation of official government issued Service Dog Registration. Government issued ID will be the only exception for dogs being allowed in non-pet friendly room types.



Learn more about service dog registration in Alberta and International recognition [here](#) or scan the QR code.



# Getting Here, There & Everywhere

Transportation Consultation Service - The question of whether to rent a car or not comes down to what you are planning to do while you're visiting. Parking and access can be challenging in many destinations and during certain times of the day. Our concierge team is here to assist with all your trip planning needs and can help no matter what you decide for your transportation.

## **AIRPORT SHUTTLES**

Whether you prefer the convenience of a shuttle or the flexibility of a private transfer, both options provide a comfortable and hassle-free way to get to and from Canmore. Shuttles are an affordable and reliable choice for budget-conscious travelers, while private transfers offer a more luxurious experience for those seeking extra comfort.

## **CHAUFFEUR SERVICE**

Whether you are seeking an airport transfer, celebrating a special occasion, or looking for a luxurious way to explore the area, chauffeur services can accommodate your every request. From the moment you're picked up to your end destination, your private chauffeur ensures that your ride is tailored to your needs, offering convenience, punctuality and a touch of sophistication that will help make your trip unforgettable.

## **ROAM BUS ROUTES & TAXI SERVICES**

Once you are in Canmore, getting from place to place without a rental car can be challenging but not impossible. You may want to consider using public transportation, such as the Roam Transit system. Roam Transit can help visitors explore the region without the need for a rental car. This is an economical and efficient way to travel between Canmore, Banff, and Lake Louise. Taxis are also available in the area. Rates fluctuate based on the total distance travelled.

## **ALL INCLUSIVE GUIDED TOUR PACKAGES FROM OUR DOORS**

In the Canmore and Banff area, both small group and private tours offer unique ways to explore the stunning natural beauty of the Bow Valley. These tours include transportation, knowledgeable guides, stops at local hot spots, and the ability to explore off-the-beaten-path locations.

Whether you choose a public group tour or a tailored private experience, both options ensure an unforgettable adventure in one of the most breathtaking regions in Canadian Rockies.

- **Small group tours** allow visitors to enjoy the sights of the Bow Valley while sharing the experience with like-minded travelers. These tours provide a more social environment to enjoy the natural beauty of the area.
- **Private tours** provide a more personalized experience, allowing for flexibility in the itinerary, and one-on-one attention from guides. Perfect for those who want to spend exclusive time with their loved ones.





## Guided Tours & Packages

Let our trusted tour operators help make your stay in the Rocky Mountains one you will never forget! From our warm fire in the Malcolm Hotel lobby to the fresh air of the Bow Valley, get whisked away with our trusted tour guiding companies.

### WHITE WATER RAFTING & FLOAT TOURS

From Kananaskis Country to British Columbia, the area has a lot to offer for float tours or white-water rafting. Rapid grades vary based on location and range from Class 1 - 4. Rafting tours also vary in duration based on location. Most tour operators offer half day excursions as well. Don't feel like getting completely soaked? Not a problem! Scenic, relaxing float trips are available within Canmore - rain or shine.

### BREWERY AND DISTILLERY TOURS

Over the last 10 years, Canmore's brewery and distillery scene has begun to make a mark on the industry. Several of the breweries and distilleries have taken home medals on both the local and international stage. In total, Canmore offers four distinct breweries and two distilleries, each adding a unique flair to the classic beverages.

Package your brewery and distillery experience with a tour.

- **Rafts & Crafts:** Scenic float trip on the Bow River, followed by a hop-on, hop-off craft beer and distillery tour. Projected start date: May 18, 2025.
- **Coal Mines and Beer Hike:** A guided hiking tour exploring the rich mining history of Canmore and Kananaskis, ending with a well-earned beer. Projected start date: May 19, 2025 (trail conditions permitting).
- **Beer Cruise:** Boat cruise on Lake Minnewanka featuring a beer tasting experience. Projected launch date: May 23, 2025.



## **GUIDED FAT BIKE TOURS**

Even with snow still covering many trails, the cycling season is an all-year-round favorite activity in the Canadian Rockies. Experience a new way to play in the spring with fat tire bikes. Explore scenic and off the beaten paths on groomed and maintained fat bike trails. If you are brand new to fat biking, our trusted tour operator can help guide you and give tips on riding in the snow and the best trails for your skill level. Available until May 31, 2025.

## **STARGAZING TOUR**

Enjoy the sights and sounds of a mountain landscape after the sun has gone down and be dazzled by a sky full of more stars than you can possibly imagine. Join our skilled interpreter on a 5km walk through a forest and be awed by the incredible vastness of the Milky Way before your eyes. Along the trail you can look out for nocturnal wildlife that you might otherwise miss and experience Banff National Park in a new way.



## **SURVIVAL HIKES**

Join our guide on a leisurely 5km hike through a beautiful forest. Along the way, learn about the wildlife, analyze animal tracks along the trail, and learn what to do should you encounter a bear. Feel like one of the original explorers of the wild west as you sip tea made from local plants. Your guide will show you a wide variety of wild edibles along the trail. Stop at beautiful viewpoints where you will learn to start a fire without a lighter. Using materials collected along the way, be challenged to build a shelter using basic emergency supplies and learn what to look for if you ever need to survive in the backcountry.

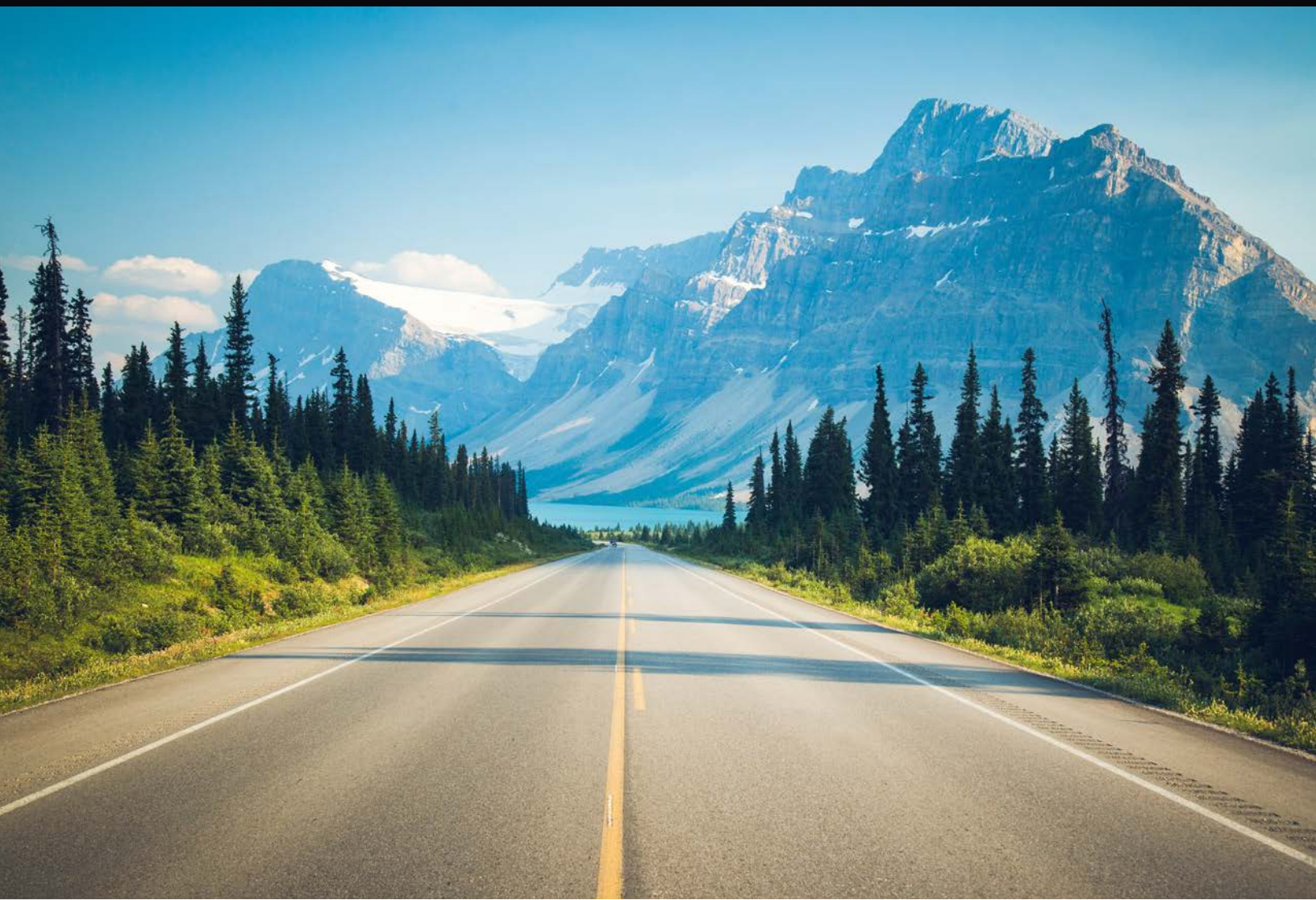
## **SIGHTSEEING TOURS**

Park your car and experience the picture-perfect viewpoints of Banff, Lake Louise, and Kananaskis with a guided sightseeing tour. Let someone else do the driving while an interpretive guide fills you in on the story of these majestic peaks and regals you with the history of those who came before us. There is a chance of seeing our incredible wildlife from the safety of the transportation.

Tours vary in experience and pricing, from private luxury to small group tours, packaged or tailor-made offers.

Please contact our concierge team for further details.





## Scenic Drives - Canmore, Kananaskis

### **SPRAY LAKES VALLEY LOOP**

This drive is for the adventurous soul. This drive is best for high clearance vehicles such as pickup trucks, Jeeps, or SUVs. Before heading out, please visit the hotel concierge for maps and updated road conditions. The drive can be treacherous at times and is periodically closed for avalanche control. The drive starts on Spray Lakes Road (just past the Nordic Centre). After the Grassi Lakes trailhead, the road becomes unpaved and often unmaintained. Drive carefully as the road starts to climb up past the tree line on the shoulder of Mount Rundle, and back down to the backside of Mount Lawrence Grassi. Follow this gravel road until you reach the junction for Peter Lougheed Provincial Park and then turn left. You then take a second left onto Hwy 40. Keep driving until the Hwy 1 (Trans Canada) exit and head west back to Canmore. Highlights include Quarry Lake, Grassi Lakes, Whitemans Pond, Spray Lakes Day Use Area, Mt. Shark Day Use Area, and Chester Lake.

### **KANANASKIS HIGHWAY** Hwy 40 South to Upper Kananaskis Lakes

This is for the laid-back driver looking for views along a smooth and easy day drive. From Canmore head east on the Hwy 1 (Trans Canada) and turn South onto Hwy 40 (Kananaskis Highway). This is the same turn-off as the Casino (easiest landmark to spot). This is where the drive gets very scenic. Be on the lookout for wildlife as well. Deer, elk, goats and bears can frequently be spotted along the highway (there is no guarantee of seeing them however). The road continues to wind to both Lower and Upper Kananaskis Lakes. Highlights include Barrier Lake Day Use Area, Kananaskis Village, Boundary Ranch, Fortress Junction, Peter Lougheed Park Discovery Centre, and the Kananaskis Lakes.



# Scenic Drives - Banff & Beyond

## **THE BOW VALLEY PARKWAY** Highway 1A

This is a scenic drive between Exshaw and Lake Louise on highway 1A with multiple breaks and many points of interest along the way. Highlights include Grotto Canyon where you will find rock climbers and an Inukshuk rock garden, Johnston Canyon, the memorial in honour of Ukrainian internees, and the scenery of poplar forests, peaceful meadows, and the Bow River. It will add an additional 2 hours from South of Canmore to Lake Louise, but it is a much more beautiful drive than the main highway.

Parks Canada has launched a three-year cycling pilot program along the Bow Valley Parkway's eastern section. The parkway will be closed to motor vehicle access from May 1 to June 25 and August 30 to September 30. If you would like to participate in biking this spectacular mountain road, contact the concierge team for more information.

## **THE ICEFIELDS PARKWAY** Highway 93 North

Year after year, this drive ranks near the top of the list of Most Scenic Highways in the world as voted by National Geographic. It winds beside peaceful lakes and rushing rivers overlooking snow-capped mountain peaks and majestic glaciers. Points of interest include the Columbia Icefields Centre, Bow Lake, Peyto Lake, Mistaya Canyon, Sunwapta Falls, Athabasca Falls and many more! Along the way keep an eye out for wildlife including elk, mountain goats and bears.

## **HIGHWAY 1 WEST & YOHO NATIONAL PARK**

In the beautiful province of British Columbia just west of us lies the rugged and untouched beauty of Yoho National Park. Accessible by Highway 1 West, Yoho is home to the rich-green coloured Emerald Lake, the natural rock formations of the Natural Bridge, and the incredible power of Takakkaw and Wapta Falls. This is a great option for a full-day outing.

## **HIGHWAY 93 SOUTH AND KOOTENAY NATIONAL PARK**

A popular wildlife corridor, Highway 93 South leads you to the unique Kootenay National Park. One of the worst fires in the Rockies' history ravaged through this area in 2003 but there's proof that beauty can come from ashes as the scenery is now a photographer's paradise with charred wood juxtaposes, vibrant green vegetation, and glorious blue waters. Points of interest include Stanley Glacier, Marble Canyon, and further south the town of Radium's famous hot springs. Its hot mineral water is odorless and clear, perfect for a relaxing soak. Kids will enjoy swimming and diving in the cooler swimming pool (27°C). Visit south-eastern British Columbia's largest day spa in Radium. See if you can spot one of the bighorn sheep that make this canyon home.

