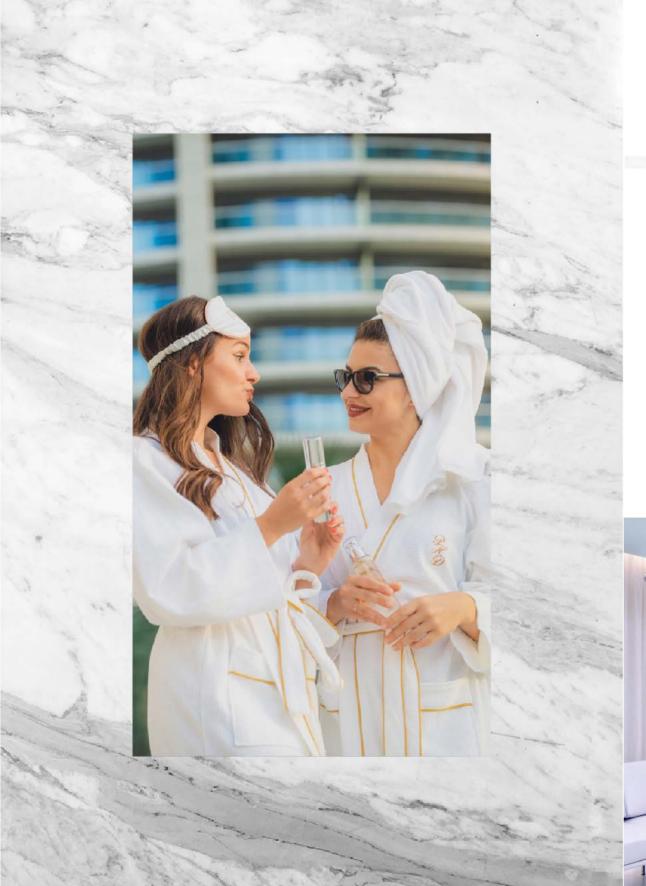


OOUS CHATEAU BERGER





THE pause THE PLACE TO BE

Ready to relax? Evoking the glamor and cosmopolitan vibe of Tinsel Town, this serene sanctuary has been inspired by the stars offering the kind of pampering one could only dream of.

'Pause Spa Chateau Berger' at Paramount Hotel Dubai is a sensational timeless haven where relaxation, utterly restorative pampering, and indulgence are most certainly always on the agenda. A serene space where you can PAUSE time to rediscover well-being and beauty.

The decor is a sublime all-white refinement where purity is particularly present. The atmosphere, the scents, and the visual comforts offer all-around tranquility and awakening of the soul.

The treatments are matched with style only by your surroundings, with therapists trained according to the rituals and celebrated skills of French Brand, Chateau Berger signatures, the emphasis is on serenity and renewal. PAUSE the outside world and experience the perfect marriage of Paramount glamour and Pause reflection.





CHATEAU BERGER CONCEPT AND PHILOSOPHY

DISCOVER CHATEAU BERGER WITH THE CONCEPT "BEAUTY AT ANY AGE".

These three women, a mother and two daughters, representing two generations and these different skin tones created an innovative product line with the watchword "DARE TO STAY YOUNG".

They studied the secrets and the properties of the ingredients from the land and sea including the perfect resistance of some to climate variations and transformed their extraordinary potential into targeted anti-aging actions. With its uniqueness, its flagship assets, its personalization, its sensorial word, its experience in the field of spa, its medical expertise in the person of a renowned plastic surgeon make Chateau Berger a brand of value and a brand that has a soul.

Because our life expectancy is considerably longer,
Because each one confronts the stress of the contemporary life,
Because the preservation of our youth capital has become a demand,

Chateau Berger selected innovative active ingredients developed in synergy that can reproduce the effectiveness of cosmetic surgery to combat aging. They are intended to prolong skin quality, density and youthfulness, providing volume and radiance with an immediate visible effect on your beauty.

Visible results on the skin are the daily proof of its rejuvenation Chateau Berger optimizes your beauty capital.







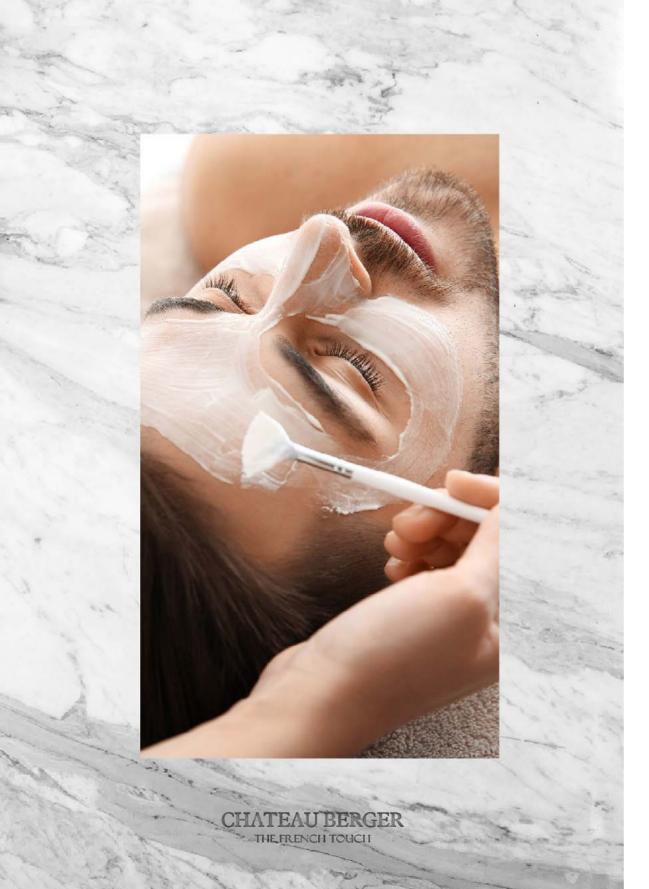
ESCAPE TO HOLLYWOOD "SIGNATURE FACIAL CARE" Château Berger Radiance Boosting Treatment 60 Minutes

Reactivate youth.

Before a party or to erase stress on a complexion. The radiance-boosting facial's effect is immediate and a must to remove all signs of tiredness. This intensive boosting treatment includes massage techniques and draining specific movements which leave the skin smoothed and plumped. A unique experience that encourages water circulation within the epidermis and restores the skin's ideal hydric balance. The skin tissue is lifted and becomes radiant and supple.

JOURNEY OF THE SENSES "SIGNATURE BODY CARE" Château Berger Relaxing Massage 60/90 Minutes

This manual tailor-made massage is individually customized. Our spa therapists will draw on their know-how to perform a massage to meet your expectations of the moment. This exclusive massage will help remove body muscle tensions by promoting overall relaxation with gentle movements. It provides extremely relaxing and regenerating benefits.





DREAM OF BEAUTY

Detoxifying Facial with White Clay 60 Minutes

The detoxifying facial treatment cleanses and purifies your skin while restoring its water balance. The pores are tightened, the skin purified and the complexion evens out. Your face restores its transparency, freshness and glow.

GOING MY WAY

The Youthfulness of the Face and Decollete - The Art of Kobido 45 Minutes

Originating from Japan, the Kobido consists of synchronous petrissages and percussion movements. It stimulates cutaneous microcirculation and lymphatic flow and is a remarkable manual face and neck lifting treatment that relaxes the facial muscles and mitigates the expression lines...

CALIFORNIA DREAM

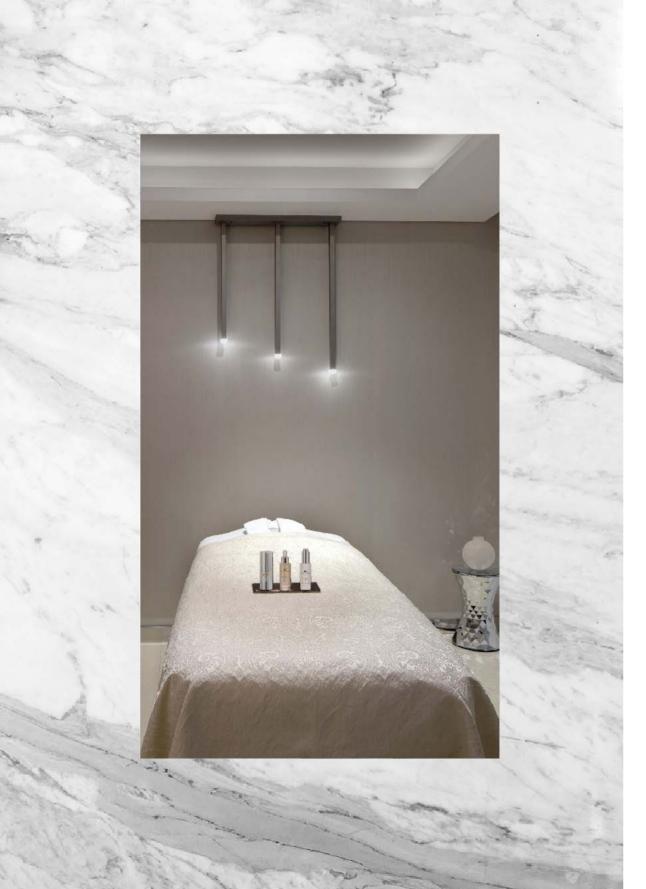
Rejuvenating Vitamin C Facial 75 Minutes

This highly specific facial treatment contains powerful benefits of Vitamin C combined with three different types of lifting massages to firm sagging skin. Imagine seventy-five minutes of uninterrupted precision and expert techniques with a relaxing hand massage for the perfect finish. Look forward to smooth, radiant, and glowing skin as a result.

WELCOME TO DUBAI

Jet Lag Cryotherapy Facial 60 Minutes

Cryotherapy balls are used to provide an instant "power lift" by flash cooling the skin for a refreshed, radiant and glowing complexion. Signs of aging and fatigue are promptly erased by completely relaxing thefacial features.





ROAD TO BOLLYWOOD

Ayurvedic Massage (Ayur: science, Veda: life) 60/90 Minutes

An invigorating traditional Indian massage with hot sesame oil. This treatment restores vitality, balances energy, and removes muscle tension with a collection of warming, lightly pressured, and rhythmical techniques.

THE TIME OF A DREAM

Lomi-Lomi Massage 60/90 Minutes

This deep massage from the island of Hawaii releases tension and deeply purifies. It heals and renews the vital energy through soft and flowing movements reminiscent of the waves breaking on Hawaiian beaches. This massage combines long enveloping effleurages, kneading, and various acupressure techniques. The sensory escape includes smoothing movements and gentle stretching for the relaxation of the body and the spirit.

BE ZEN

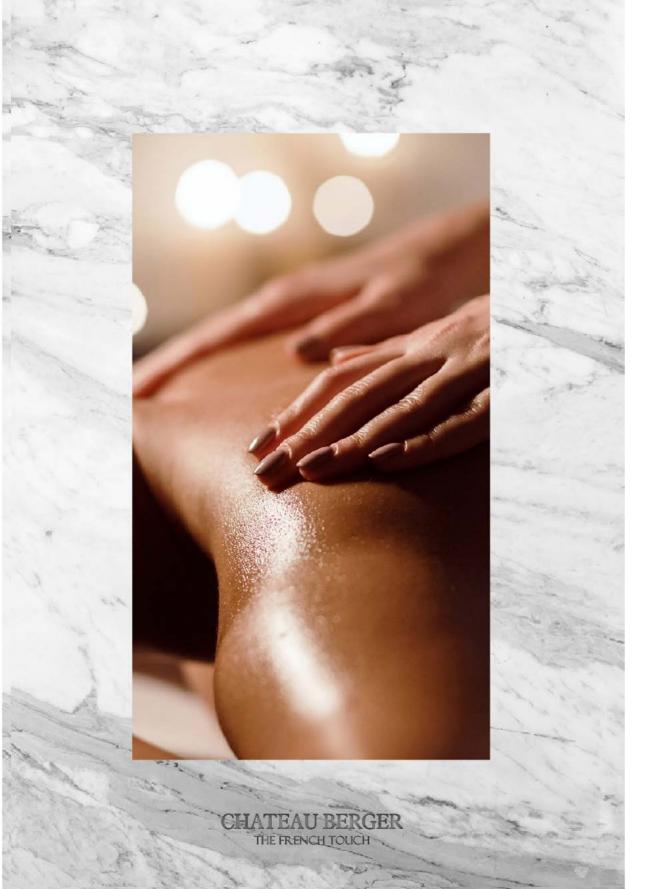
Deep Tissue Massage 60/90 Minutes

A deeply relaxing massage using long strokes and kneading movements. Be Zen helps to improve overall circulation and flexibility, focusing on the skin's deepest layers and muscles. A genuine workout for the body.

SUDDENLY IT'S SPRING

Slimming Massage 60 Minutes

This massage combines firm and vigorous movements such as kneading, twisting, friction, and rolling on zones where cellulite and water retention have taken hold for a more defined shape and muscle tone. A refreshing and cooling muscle gel is applied at the end of the treatment.





LET'S GO

Back, Neck and Shoulders Massage 30 Minutes

A medium pressure massage focused on the priority tense areas such as the upper and lower back, the neck, and the shoulders. It eliminates stress, harmonizes the energy flow, and eases pain from muscle tension.

CANYON REVIVER

Hot Stone Massage 60 Minutes

A holistic massage for the mind and body using hot volcanic stones to melts away muscle tension and to reduce muscle pain.

INVIGORATING WALK

Foot Reflexology 45 Minutes

This treatment begins with a combination of massage movements to warm up the muscles, followed by reflex pressure points on the feet which correspond to specific glands and organs in the body. Stress and muscle tension are relieved while having this deeply relaxing treatment starting from the toes up to the knee.



TO THE TOP

Body Scrub with Himalayan Salts 30 Minutes

Eliminate dead surface skin cells and impurities whilst improving circulation and moisturizing the skin simultaneously. The fascinating earthy scent and brilliant energizing recipe featuring Himalayan salts will awake you to satin smooth skin. This scrub illuminates the skin, restoring its natural softness.

TICKET TO TOP-NOTCH SWEETNESS

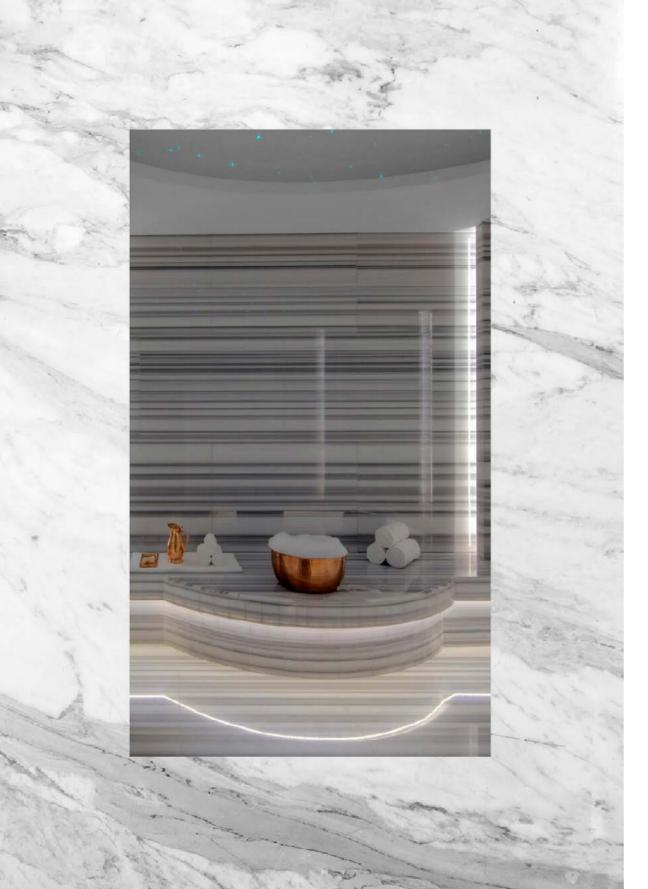
Body Scrub + Argan Oil Wrap 60 Minutes

This extraordinary exfoliating body treatment rich in vitamin E and antioxidants combine aromatherapy and the effectiveness of a reinvigorating body scrub for soft and smooth skin evident to the touch. Enjoy a wonderful moment of well-being. The argan oil wrap refines, hydrates and illuminates the skin whilst immediately giving the body its radiance back.

ABSOLUTE VELVET TIME

Creamy Mask Wrap + Head Massage 30 Minutes

Experience thirty minutes of total relaxation as the body is coated and wrapped in a creamy mask that magnifies the skin with a velvety softness. This hydrating body wrap is completed with a relaxing head massage.





THE ORIENTAL DELIGHTS

Hammam + Black Soap + Specific Chateau Berger Rhassoul Mask 60 Minutes

A purifying hammam experience with a vigorous kessa glove exfoliation and eucalyptus to eliminate toxins and impurities. The Rhassoul mask recharges and deeply cleanses dull skin.

ROYAL HAMMAM

Hammam + Black Soap + Rhassoul Mask + Let's Go Massage 90 Minutes

The body is carefully rubbed with a textured mitt and covered with the fragrant froth of soap, which cleanses and revitalizes the skin, creating a feeling of relaxation and well-being. Special aromatic oils and circular massage movements in the typical hammam fashion are used to revitalize the muscles and eliminate tension. The argan oil keeps the skin soft and moisturized.

CHATEAU BERGER "SIGNATURE HAMMAM"

Hammam + Black Soap + Rhassoul Mask + Shea Butter Hair Mask + Journey of the Senses Massage
120 Minutes

In pure oriental tradition, the treatment begins in the hammam with a hot and humid steam bath including the scent of eucalyptus. Excellent for overall relaxation. The exfoliation will eliminate toxins and impurities from the skin whilst the peppermint rhassoul mask will deeply cleanse and tone the skin. The scalp and hair are treated with the shea butter mask. The texture and subtle scent make for a truly sensory experience of beauty. The care continues with an invigorating and revitalizing argan oil massage and it finishes with an olfactory dimension thanks to the Damask rose petal mist. All in all, it is an extraordinarily unique well-being experience..

TERMS AND CONDITIONS GENERAL INFORMATION

SPA FACILITIES

Pause Spa Château Berger Offers nine spacious treatment rooms privately designed for men and women and includes a Couples Suite, so couples can enjoy a shared treatment. In addition to your treatment, spend time at the separate male and female thermal area's which includes a sauna, steam room, ice fountain, bucket shower and experience shower. The use of the thermal facilities is included when making a reservation. Alternatively, access to the facilities is at an additional charge.

SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquility, for this reason, we kindly request that all cell phones be switched off or on silent. To protect the modesty of our guests, photography is not permitted in any area where others may be undressing or disrobed. Robes and slippers are provided and underwear must be worn at all times during treatments, disposable underwear is supplied for ladies & gentlemen. All treatments can be enjoyed by both male and female guests; in accordance with local laws and customs, the gender of the therapist will always be that of the guest. Lockers are available; however, if you are a hotel guest, we recommend valuables be kept securely in your guest room safe. The Paramount Hotel is not responsible for any loss, damage or theft of any valuable items left unattended whether in a locker or not.

ARRIVAL TIME

You are welcome to arrive any time before your treatment to make use of the facilities. If you wish to enjoy a shower, steam, or sauna prior to your treatment we recommend you arrive no later than 30 minutes before your scheduled treatment time. Arriving late will reduce the time of your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed; the full value of your treatment will be charged for the time reserved.

CANCELLATION / NO SHOW POLICY

If you must cancel or reschedule your appointment, we request four hours' advanced notice allowing us to offer the time to other guests. Cancellations made within four hours or those who fail to arrive for scheduled appointments will be charged the full-service fee. The Spa reserves the right to refuse bookings for guests who repeatedly fail to arrive for appointments scheduled.

TERMS AND CONDITIONS GENERAL INFORMATION

PAYMENT & GRATUITIES

Services may be settled in cash, by credit or debit card, a valid voucher, or charged to your hotel room if you are an in-house guest. All treatment prices include service charges and any additional gratuity is entirely at your discretion. All prices are in AED and inclusive of Dubai Municipality fees, Service Charge and VAT.

HEALTH MATTERS

When making your reservation, please notify our reception team of any medical conditions, allergies, or physical ailments in order for us to give you the best possible experience. If you are pregnant orthink you may be pregnant; we have specially designed treatments that provide maximum benefits for expectant mothers. Due to the changes occurring inside the body, we do not perform full body massage or body treatments on expectant mothers within their first or final trimesters and some treatments should be avoided throughout.

SPA VOUCHERS

Spa vouchers make the perfect gift and may be purchased for a specific treatment or a cash value to redeem against treatment and products. All vouchers are valid for 6 months from the date of purchase; vouchers must be used within the timeframe and cannot be extended and are non-refundable.

HOURS OF OPERATION

Spa Reception & Facilities: 10am - 11pm

For more information or to make a reservation kindly contact the Pause Spa Château Berger reception team by dialing +971 4 246 6750 or e-mail pausespa@paramounthotelsdubai.com

In-house guests may contact Pause Spa Château Berger dialing 7750 from the telephone in guest rooms.

AGE RESTRICTIONS

Pause Spa Chateau Berger is an adult-only sanctuary catering exclusively to guests aged 18 years or older. Children, even if accompanied by an adult are not permitted within the Spa facilities or treatment area.



EXPERIENCES SIGNATURE

ESCAPE TO HOLLYWOOD "SIGNATURE FACIAL CARE" .. 60 min - 520 AED Chateau Berger Radiance Boosting Treatment

JOURNEY OF THE SENSES "SIGNATURE BODY CARE" ... 60/90 min - 420/640 AED Chateau Berger Relaxing Massage

FACIAL TREATMENTS

	EAM OF BEAUTY toxifying Treatment With White Clay	60 min - 520 AED
	NOTION INC. MY WAY	
2.00	LIFORNIA DREAMuvenating Anti-Aging - Treatment Vitamin C	. 75 min - 640 AED
	Lag Cryotherapy	60 min - 520 AED

MASSAGES

ROAD TO BOLLYWOOD	60/90 min - 420/640 AED
THE TIME OF A DREAMLomi-Lomi Massage	60/90 min - 470/690 AED
BE ZEN Deep Tissue Massage	
SUDDENLY IT'S SPRINGSlimming Massage	60 min - 430 AED
LET'S GO	
CANYON REVIVERHot Stone Massage	
INVIGORATING WALKFoot Reflexology	



BODY TREATMENTS

TO THE TOP	. 30 min - 280 AED
Body Scrub With Himalaya Salts	
TICKET TO TOP-NOTCH SWEETNESS	60 min - 490 AED
ABSOLUTE VELVET TIME	. 30 min - 280 AED

HAMMAM

ORIENTAL DELIGHTS	60 min - 420 AED
Hammam Treatment Only	
ROYAL HAMMAM	90 min - 630 AED
Hammam Treatment 60 min + 30 min Let's Go Massage	
CHATEAU BERGER "SIGNATURE HAMMAM"	120 min - 785 AED
Hammam Treatment 60 min + 60 min Journey of the Senses I	Massage



