

LUNCH MENU

FGA PFC

Snacks & Bites

This menu is available from 12 noon till 5:00 pm

EMPANADAS	11	CALAMARI	13
Homemade pastries, beef stuffing pico de gal	lo	Golden fried squid marinara sauce	
CHICKPEA TORTILLA ROLL UPS Sesame chickpea salad crispy lettuce plant	10	CHICKEN WINGS Served with blue cheese dip choice of honey BBQ, sweet chili or sriracha	15
mayonnaise soft tortilla mango salsa BALCHI PISCA Authentic Aruban fish fritters shredded fish	13	CHICKEN TENDERS Crispy golden brown chicken tenders served with honey mustard dip	14
a blend of local flavors with spicy papaya dip SOUP OF THE DAY Ask your waiter for the soup of the day	7.50	SAMOSAS Golden crispy fried vegetable stuffing pico de gallo	12
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Fresh Salads

	all Large			
TRADITIONAL CAESAR SALAD 🏑	7 10			
Romain lettuce garlic croutons parmesan cheese				
traditional homemade dressing				

ARUGULA BLUFRFRRY 11 | 15 Refreshing arugula lettuce | fresh blueberries | cherry tomato | walnuts | goat cheese | honey dressing

Small | Large COBB SALAD (Vegan on Request) 9 | 13 Mixed lettuce | tomato | shaved almonds | boiled egg | avocado| blue cheese | olives | carrots| ranch dressing

THAI RICE NOODLE SALAD Mixed lettuce | rice noodles | orange | mango | carrots | cherry tomato | sesame soy ginger dressing

Salad Upgrades:						
Grilled Chicken Breast	7	Scoop of Tuna Salad		6	Sesame Chickpea Salad	5
Beef Tenderloin Strips	9	Pan-fried Grouper		8	Grilled Tofu	6
Grilled Shrimp	8	Marinated Tuna (^)	9		Grilled Vegan Fish	9

Our Burgers ^

We cook our burgers as per FDA above 160F (above Medium) CHEESEBURGER

Juicy grilled beef burger | melted Gouda cheese | lettuce | tomato | onion | pickles | fries

MUSHROOM BACON & CHEESEBURGER 18 Grilled burger | lettuce | tomato | bacon | pickles | onions | mushrooms | melted Gouda cheese | fries

VEGAN BURGER Plant based hamburger | lettuce | tomato | fries

Substitute French Fries for sweet potato fries for \$2 extra.

CHEF'S SPECIAL!

MANGO SALMON BURGER 17

Homemade salmon patty | lettuce | tomato | fries

Chefs Having Fun

Grilled chicken skewers | peanut sauce | fries ARUBAN FISH TACO (vegan on request) Golden pan-fried grouper | tortilla | pico de gallo | crisp lettuce | sliced avocado | 12

CHEESE QUESADILLA Flour tortilla | pico de gallo | sour cream |

guacamole | cheddar

CHICKEN SATE

ADD: chicken 7 | shrimp 7 | beef 8

Sandwiches or Wraps

Choice between a whole wheat or white bun or have it wrapped in a Spinach Flour Tortilla

CAPRESE (vegan on request) Pesto sliced tomato arugula mozzarella cheese	13
CARIBBEAN BBQ CHICKEN BBQ boneless chicken breast lettuce red onion tomato fresh pineapple cheddar cheese	18
HEALTHY TUNA SALAD Lettuce tuna salad tomato mozzarella cucumber	13
PHILLY STEAK SANDWICH Thinly sliced beef tenderloin roasted bell pepper onion sautéed mushrooms melted cheese	20
HOTDOG Kosher beef franks sauerkraut sweet relish fries	13

Poké Bowls

Avocado | mango | wakame seaweed | flavored rice | carrot | cabbage | cucumber | sesame seeds | ginger | edamame | sesame-ginger soy sauce

VEGAN DELIGHT TOFU BOWL 🥾 15 INDONESIAN CHICKEN BOWL 19 Served with peanut sauce SESAME TUNA BOWL (^) 20

SPICY COCONUT CURRY SHRIMP BOWL 19 SEARED BEEF TENDERLOIN BOWL 20

Dessert

19

HOME-MADE KEY LIME PIE

TROPICAL FRUIT PLATE SORBET



11 4

🚄 = Gluten Free 🛛 🗸 = Vegetarian 🔣 = Vegan



BEVERAGE

PEGA PEGA

MENU

Happy Hour • Daily 5-7pm

CARIBBEAN CLASSICS

11.50

Various flavors available such as Lime, Strawberry Banana and Mango

Margarita Cuervo Tequila • triple sec • sweet &

sour mix • optional salt

Mojito: Nicaraguan Flor de Caña rum • Lime

Mint • Soda water

Pina Colada: Flor de Caña Rum ■ mix of

Pineapple • Coconut Cream

Daiquiri: Flor de Caña rum • Lime juice •

simple syrup

MANCHEBO SPECIALS

12.00

Nacio Smiles

Amaretto • Peach Schnapps • Banana Liquor • Fruit luice

Manchebo Breeze

Absolut Vodka • Malibu • Peach Schnapps • pineapple juice

MANCHOMANGO®

We are sorry • it's a secret

ARUBA ARIBA

Flor de Caña Rum • Vodka • Crème de Banana • Aruban CoeiCoei

NUTTY MONKEY

Rum • Amaretto • Banana Liqueur • Banana

HIGH OCTANE !!!

13.00

PEGA Special: Vodka • Blue Curacao • Tripple Sec •

Ponche Crema • Cocunut Cream

LA BOMBA: Flor de Caña rum • Vodka • Gin •

Tequila • Sour Apple • Pineapple Juice

BLUE ICE TEA: Flor de Caña rum • Vodka • Gin •

Blue Curacao • Pineapple Juice • Sprite

LONG ISLAND: Flor de Caña rum • Vodka • Gin •

Tequila • Dry Orange

FREUDIAN SLIP: Flor de Caña rum • Vodka • Triple Sec

Peach Schnapps - Banana Liqueur - Fruit Juice - Floater of 151 rum

Smoothies & Milkshakes

vanilla • chocolate • strawberry • banana • peach • passion fruit • mango • pina colada

Spiked Shakes

10

Baby Cake: absolute vanilla • Frangelico liquor Bananacker: captain Morgan • banana liquor

The Buzz: vodka • chocolate liquor

Chocothunder: chocolate liquor • Irish liquor

BEERS

ARUBA	Balashi	7.00
	Chill	7.00
	Magic Mango	7.00
Netherlands	Amstel Bright • Heineken	8.00
Mexico	Corona/ Modelo	9.00
USA	Budweiser • Coors Light	9.00
	Bucket of Balashi	35.00
	Bucket of Chill	35.00
	Bucket of Magic Mango	35.00
Non-alcoholic	Heineken 0%	5.50

LIQUORS

Drambuie	Scotland	8
Baileys	Ireland	8.50
Amaretto di Saronno	Italy	8.50
Cointreau	France	8

RUM

Flor de Caña 12 years	Nicaragua	9
Flor de Caña 18 years	Nicaragua	10
Bacardi	Puerto Rico	9
Brugal 1888	Domican Rep	12

VODKA

Absolut	Sweden	8
Tito's	USA	9
Grey Goose	France	10
Ketel One	Netherlands	10

SCOTCH & BOURBON

Dewar's	White label	Scotland	9
Chivas	12 years	Scotland	9
Jack Daniels	Tennessee	USA	10
Evan Williams	Kentucky Straight	USA	8

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Tanqueray	Scotland	9
Bombay Sapphire	England	9

SPARKLING • WHITE • BLUSH

Sparkling Da Luca Prosecco DOC • Sicily • Italy	11
	11
Sparkling Undurraga Brut • Central Valley, Chile	10
Freixenet cordon negro rose cava Spain	12
Pinot Grigio Pasqua • Venice • Italy	10
Chardonnay Tussock • France	10
M de Minuty, Provence • France	11
Matua Sauvignon Blanc • New Zealand	12

RED WINES

Pinot Noir • Principato, Italy	10
Cabernet Sauvignon • Bernard Magrez • Languedoc, FR	10
Merlot CK Mondayi ■ California LISA	11

7.50