



THE FULLERTON SPA

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WELCOME

Nestled in the 71st National Monument – The Fullerton Hotel Singapore, the award-winning Fullerton Spa is an oasis of serenity in a timelessly elegant setting. Committed to providing the finest in luxury, quality and service, The Fullerton Spa offers a comprehensive range of exceptional treatments and products co-curated with world-renowned premium spa brand, ESPA.

We combine traditional holistic therapies with modern day techniques, utilising the purest natural ingredients to create truly unique treatments that deliver wellness and a renewed sense of inner calm.

The commitment to luxury, quality and service is reflected in our choice of products by ESPA. ESPA's products contain unique combinations of plant extracts, marine actives and essential oils to create the most effective natural products.

Select from a range of therapies that focus on delivering visible results and feel the uplifting difference in body and spirit through our treatments.

SIGNATURE TREATMENTS

Heritage-inspired rituals elevated by modern expertise. Time-honoured Asian traditions are thoughtfully reinterpreted through advanced techniques and luxurious formulations, creating a deeply immersive experience that restores balance and inner calm. Your body feels revitalised, with a renewed sense of self and wellbeing.



The Asian Heritage Signature

60 / 90 Minutes

Unwind completely as busy thoughts and tension dissolve with this ultimate stress-relieving treatment. To restore peace and balance to body and mind, a soothing scalp massage allows your body and mind to release any troubles and tension. This is followed by the ultimate deep muscle massage, using powerful, specialised massage techniques which target areas most in need of attention - perfect for relaxing and releasing a stiff neck, aching lower back or tight shoulders. You will emerge supple and re-energised.



The Fullerton Signature Facial

60 / 90 Minutes

Rapidly transform the visible health of your skin with this innovative treatment. Blending the latest facial expertise and skincare know-how with powerful formulas, your skin is intensely purified and prepped with an advanced triple-cleanse treatment, before nutrient-rich formulas are activated to refine, quench and revitalise. Problem areas are rehydrated, balanced and nourished, before a bespoke facial massage smooths and boosts circulation, leaving skin radiantly revived and protected.

MASSAGE EXPERIENCES

Rediscover inner calm and physical well-being. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

Inner Calm Massage

60 / 90 Minutes

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse and energise, while advanced massage techniques alleviate muscular pressure, soothe anxiety and invoke profound relaxation. Mind and body feel balanced, energy is renewed and inner calm is beautifully restored.

Deep Muscle Massage

60 / 90 Minutes

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

East-West Massage Ritual

60 / 90 Minutes

Drawing from Eastern and Western traditions, this treatment restores balance and harmony to the body. Flowing therapeutic strokes ease muscular tension, while targeted pressure point work encourages energy flow and deeper relaxation. The result is a grounding experience that soothes the body, calms the mind, and leaves you renewed.

Hot Stone Massage

75 / 90 Minutes

Melt away tension and let the soothing heat of our hot stones stimulate your senses. Placed on key acupuncture spots on your body, the heat from the stones will radiate through your body, increasing lymphatic flow to aid in natural healing.

Shiatsu (Tui Na)

60 / 90 Minutes

Restore balance and harmony to your body through the use of time-honoured Chinese massage techniques. This invigorating deep tissue massage relaxes the body while restoring the balance of 'qi', a vital life force according to traditional Chinese beliefs. Emerge rejuvenated and refreshed.

Balinese Massage

60 / 90 Minutes

Balinese therapy focuses on creating a deep sense of wellbeing, by removing stress and rejuvenating body and mind. Using the elements of reflexology, this massage focuses on the legs, back, neck, feet, and hands. Techniques include acupressure, deep tissue therapy, and skin rolling to enhance blood flow, energy ('qi'), and relaxation.

Revive & Renew Leg Treatment

60 Minutes

A restorative treatment to refresh tired legs and feet. This indulgent experience begins with gentle exfoliation to smooth soles and calves, followed by a calming massage that eases tension, improves circulation, and restores a sense of lightness and comfort.

FACIAL INDULGENCES

Reveal skin that glows with natural health and beauty. By assessing your skin, lifestyle and well-being needs, our therapists create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

Inner Beauty Facial

60 Minutes

Deeply cleanse, hydrate and renew with this stimulating facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aroma therapeutic oils relax your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

Intense Regenerating Facial

60 Minutes

Visibly diminish wrinkles and fine lines with this age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

Natural Face Lift

90 Minutes

Reveal visibly resilient, healthy-looking, youthful skin. This specialised facial is the complete approach to improving skin health using cutting-edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age-defying massage techniques, along with stimulating Gua Sha techniques, leave the skin firm, lifted, and beautifully radiant.

Men's Deep-Cleansing Facial

60 Minutes

Deeply cleanse, hydrate and renew with this intensive facial. Tailored to your exact needs, Tri-Active™ formulas work immediately to purify and reawaken your skin while aroma therapeutic oils relax your mind. Skin looks clear, smooth and energised, while inner calm is restored.

Opulence Brightening Oxygen Facial

60 / 90 Minutes

Unveil a luminous complexion with a concentrated combination of botanical brighteners, Vitamin C and pure oxygen. This radiance-revealing treatment will restore and renew your skin tone, with results shining through in the days after.

Rejuvenating Oxygen Facial

60 / 90 Minutes

An enriching mix of highly concentrated oxygen and molecular hyaluronic acid is delivered to your skin through the Intraceuticals System, for an effortlessly youthful appearance. Skin is hydrated and nourished, and the appearance of fine lines and wrinkles is reduced, with a subtle lift and natural glow to your face.

ADD ON ...

Eye Lift

15 / 30 Minutes

Smooth, firm and hydrate with this instantly revitalising eye treatment, coupled with proven Tri-Active™ formulas.

Salt & Oil Scrub

30 Minutes

Revive skin's natural softness and glow with this intensely exfoliating treatment, crafted with a natural blend of sea salt and the purest oils.

Back, Neck & Shoulder

30 Minutes

Ease tension where you need it most with this personalised de-stressing treatment, comprising of targeted massage with pure aromatherapy blends.

Hand Massage

30 Minutes

Focused handwork to ease built-up tension, using precise thumb and finger techniques to release tightness and stimulate circulation to the hands.

Foot Accupressure

30 Minutes

Revitalising pressure for tired feet, tailored to stimulate key points and promote a refreshed, rebalanced sense of ease.

BODY PAMPERING TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective active ingredients and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

Body Ritual

120 Minutes

A deeply cleansing ritual designed to purify and revive both body and mind with the renewing elements of the ocean. A full-body exfoliation prepares the skin for a soothing wrap of naturally detoxifying algae or mineral-rich sea mud. The experience is completed with a personalised aromatherapy massage and a relaxing scalp massage, easing tension while deeply nourishing the skin. Skin emerges smooth, refreshed and supple, as body and mind are revitalised in a wave of calm.

Hero Treatment – Back, Face & Scalp

90 Minutes

Release tension, instantly boost your complexion and restore inner calm with our hero treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial to help you look and feel your very best – restored, de-stressed and beautifully radiant.

Body Wrap

60 Minutes

A targeted body treatment to purify and replenish the skin with the restorative power of the ocean. This personalised wrap features detoxifying sea algae or nutrient-rich marine mud. Complemented by a scalp massage that encourages inner calm, skin is left refined, renewed, and beautifully radiant.

EXPRESS TREATMENTS

Targeted therapies for immediate renewal, expertly designed for focused care and visible results. Restorative benefits are delivered through precise techniques that revive the body and refresh the senses within a limited timeframe, ensuring rejuvenation at every step.

Salt & Oil Scrub

45 Minutes

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dullness, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

Back, Neck & Shoulder Massage

45 Minutes

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

Express Facial

45 Minutes

A fast-acting and effective treatment to purify and hydrate your skin. Escape the city rush with this deeply hydrating and nourishing facial that creates a natural glow and promotes healthy skin renewal.

LUXE PACKAGES

Curated spa journeys, crafted with meticulous attention to your individual needs, harmonising body, mind and senses. Flow seamlessly from one restorative treatment to the next for a truly indulgent, deeply immersive and transformative experience. Emerge refreshed and radiant, with a renewed sense of wellbeing.

The Fullerton Ritual

150 Minutes

90 minutes Asian Heritage Signature

60 minutes The Fullerton Signature Facial

An indulgent, head-to-toe experience for total rejuvenation. Restore peace and balance to body and mind with the **Asian Heritage Signature** massage, composed of a stress-relieving scalp massage and a full-body, deep muscle massage. End off with **The Fullerton Signature Facial**, comprising an advanced triple-cleanse system and a bespoke massage using nutrient-rich formulas to refine and revitalise skin.

Tension Tamer

120 Minutes

30 minutes Hot Stone Therapy

90 minutes Inner Calm or Deep Muscle Massage

Melt away tension and revitalise your body. Be transported to a state of serenity and let the soothing heat of our hot stones stimulate your senses and boost lymphatic flow. This is followed by an invigorating massage for complete relaxation.

Spa Opulence

60 Minutes

60 minutes Inner Calm or Deep Muscle Massage

Afternoon Tea for One

Awaken your senses with a therapeutic massage, tailored to your needs. Complete your trip to the spa with an afternoon tea indulgence. Enjoy freshly handcrafted creations by our Pastry Chefs, served in the quiet privacy of our spa lounge for a healing respite.

Spa Opulence Deluxe

90 Minutes

90 minutes Inner Calm or Deep Muscle Massage

Afternoon Tea for One

The perfect afternoon indulgence awaits. Release tension with an extended full-body massage and a refreshing afternoon tea indulgence. Indulge in freshly handcrafted creations by our Pastry Chefs, served in the quiet privacy of our spa lounge for a healing respite.



PRICE LIST

SIGNATURE TREATMENTS

The Asian Heritage Signature Massage	60 MINS	S\$210	90 MINS	S\$300
The Fullerton Signature Facial	60 MINS	S\$260	90 MINS	S\$350

MASSAGE EXPERIENCES

Inner Calm Massage	60 MINS	S\$190	90 MINS	S\$280
Deep Muscle Massage	60 MINS	S\$190	90 MINS	S\$280
Swedish Massage	60 MINS	S\$190	90 MINS	S\$280
Hot Stone Massage	75 MINS	S\$260	90 MINS	S\$300
Shiatsu (Tui Na)	60 MINS	S\$200	90 MINS	S\$300
Balinese Massage	60 MINS	S\$190	90 MINS	S\$280
Revive & Renew Leg Treatment	60 MINS			S\$190

FACIAL INDULGENCES

Inner Beauty Facial	60 MINS			S\$220
Intense Regenerating Facial	60 MINS			S\$260
Natural Face Lift	90 MINS			S\$350
Men's Deep-Cleansing Facial	60 MINS			S\$220
Opulence Brightening Oxygen Facial	60 MINS	S\$240	90 MINS	S\$330
Rejuvenating Oxygen Facial	60 MINS	S\$240	90 MINS	S\$330

ADD ON

Eye Lift	15 MINS	S\$60	30 MINS	S\$110
Salt & Oil Scrub	30 MINS			S\$110
Back, Neck & Shoulder	30 MINS			S\$110
Hand Massage	30 MINS			S\$110
Foot Accupressure.....	30 MINS			S\$110

Prices are subject to service charge and prevailing government taxes.

PRICE LIST

BODY PAMPERING TREATMENTS

Body Ritual	120 MINS	S\$380
Hero Treatment – Back, Face & Scalp	90 MINS	S\$330
Body Wrap	60 MINS	S\$220

EXPRESS

Salt & Oil Scrub	45 MINS	S\$150
Back, Neck & Shoulder Massage	45 MINS	S\$150
Express Facial	45 MINS	S\$150

LUXE PACKAGES

The Fullerton Ritual	150 MINS	S\$500
Tension Tamer	120 MINS	S\$360
Spa Opulence	60 MINS	S\$228
Spa Opulence Deluxe	90 MINS	S\$308

Prices are subject to service charge and prevailing government taxes.

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TERMS AND CONDITIONS

OPERATING HOURS

The Fullerton Spa's operating hours are from 10.00 a.m. to 10.00 p.m. daily.

The Fullerton Spa is a GST-registered company. Prices are in Singapore Dollars and are subject to 10 percent service charge and 9 percent GST. Gratuities are not included and are welcome at your discretion.

Please note that availability and pricing are subject to change and discontinuation at any time without prior notice. Cash and major credit cards are accepted. We do not accept cheques.

COMMITMENT TO PROVIDE QUALITY GOODS AND SERVICES

The Fullerton Spa offers a selection of facial and massage therapies focused on delivering visible results. The products used are imported from an award-winning UK-based company, created with only natural ingredients.

The Fullerton Spa ensures that all its products and services are of satisfactory quality in accordance with the Sales of Goods Act, Consumer Protection (Fair Trading) Act and Lemon Law.

The Fullerton Spa ensures effective massages that soothe body tensions are based on these approaches.

CANCELLATION / RESCHEDULING POLICY

To cancel or reschedule your Spa appointment, please do so at least 12 hours prior to your scheduled treatment time. Rescheduled appointments are subject to availability. Cancellations within 12 hours would incur 50 percent charge. Cancellations less than 6 hours' notice would incur 100 percent charge. A credit card is required at the time of booking.

However, in the event that the booking is cancelled by The Fullerton Spa, no charges will be levied.

EXCHANGE & REFUND POLICY (PRODUCTS)

Products are refundable within 1 month only if found defective, and if less than 1/3 of the product has been consumed. The customer must present evidence of defects, receipt and the original packaging.

Pre-payment and payment for products sold are non-refundable for cash after the "5-day cooling period", which excludes Saturdays, Sundays and Public Holidays. However, they can be exchanged for other spa services or products.

HEALTH CONDITIONS

Prior to your treatment, you will be asked to complete a confidential questionnaire to assess your suitability for any treatment carrying contraindications. Please inform your Spa therapist if you are using contact lenses before a facial treatment.

LOSS & DAMAGE

We regret that we cannot be responsible for any loss and damage of personal articles. Please keep all valuables locked during your visit. For the protection of your clothing, we also ask that you wear the robe provided.

ACCIDENTS OR INJURIES

We shall not be liable for any accidents or injuries suffered by any member or guest.

RESTRICTIONS ON THE USE OF FACILITIES

The use of alcohol and tobacco is strictly prohibited.

SPA ETIQUETTE

The Spa welcomes guests of both genders from age 18 and above to experience the range of treatments. Guests from ages 16 to 18 are welcome to use the Spa with their parents' written consent. For guests below age 16, we require a parent to be present during the treatment.

Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone-, pager- and camera-free zone.

Please arrive 20 minutes prior to the scheduled appointment time, to allow us to have a brief discussion about your treatment expectations. Late arrivals will result in a reduction of treatment time.

GIFT CERTIFICATES

Prepayment for Spa Gift Certificates is non-refundable for cash after the "5-day cooling period", which excludes Saturdays, Sundays and Public Holidays. However, they can be exchanged for other services or products.

Validity of the gift certificates sold will be as specified and may not be extended. Expired gift certificates are not refundable.

The Hotel will not be responsible for the loss or damage of the gift certificates.

SPA PREMIUM PACKAGES

The Fullerton Spa's Premium Packages sold are covered by Certificate of Insurance. All packages are valid for 12 months from the date of purchase and are strictly non-transferrable.

Prepayment made for Spa Premium Packages is non-refundable for cash after the "5-day cooling period", which excludes Saturdays, Sundays and Public Holidays. However, they can be exchanged for other spa treatments.

When a refund is granted, the refund amount is calculated by deducting charges and / or fees already utilised by the customer and any charges imposed by the credit card company.

Additionally, if the customer has already utilised some of the treatments or credits purchased, those consumed treatments and / or credits would also be deducted from the final initial amount paid by the customer.

Services sold are not refundable.

CERTIFICATE OF INSURANCE

A Certificate of Insurance will be issued to you upon receipt of payment. Packages, gift vouchers, and membership fee will be covered by the approved insurance.

FOR RESERVATIONS AND ENQUIRIES

Please call (65) 6877 8182 / 8183 or email thefullertonspa@fullertonhotels.com



LEARN MORE



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SINGAPORE

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