



Indulge... Savour... Enjoy...

Grab & Go

Bagel Your Way \$3

Potato Salad \$3

Egg Salad \$3

Spinach Dip \$4

Tuna Salad \$4

Chicken Salad \$5

Protein Mix \$5

*Eggs. Cheese. Almonds
Celery. Carrots
Peanut Butter*

Fruit Cup (8 oz) \$4

Yogurt Parfait (8 oz) \$6

Salads

Chef's Chopped
Salad \$6

*Tomato. Cucumber
Lettuce. Corn. Egg
Cabbage. Beets*

Spinach & Kale
Salad \$5

*Spinach. Kale. Cucumber
Tomato. Beet Dressing*

Savoury

Callaloo Bread
Pudding \$3

Ham & Cheese
Bread Pudding \$4

Callaloo Quiche \$3

Lobster Quiche \$7

Oxtail Tart \$7

Classic Caesar Salad
Wrap \$6

Smoked Marlin
Wrap \$7

Jerk Pork Callaloo
Panini \$7
*with Pineapple Lemongrass
Chutney*

Sweets

Terra Nova Signature
Cookies \$2

Cookie Specials:
6 for \$10. 3 for \$5

Chocolate Chip

Oatmeal Raisin

Ginger Snap

Chocolate Truffles \$2

Pecan & Pistachio Tart \$4

Terra Nova Signature
Petit Fours \$2

Sweet Potato

Pudding \$4

Vanilla Cupcakes \$4

Chocolate Cupcakes \$4

Tropical
Fruit Tart \$5

Chocolate Mousse
Cake \$5

Trelawny Rum
Cake \$5

Terra Nova Classic
Bread Pudding \$5

Quadruple Chocolate
Brownie \$5

Red Velvet Black
Forest Cake \$6

Seasonal
Cheesecake \$6

Baileys
Cheesecake \$7

Cups

English Trifle \$4

Chocolate
Mousse \$5

Butterscotch
Pudding \$5

Tiramisu \$5

May contain Nuts

Please advise your server if you have any food allergies

All prices are quoted in US Dollars

Excludes 10% Service Charge & 10% GCT

Kindly ask your server the current rate of exchange