

Mediterranean Lifestyle

Our signature programme is inspired by the healing benefits of the Mediterranean lifestyle and natural elements, leaving you looking and feeling more revitalised and radiant. A combination of facials, body treatments and personalised massages will exfoliate and calm, allowing for a more well-rounded escape that can only be found at the Marbella Club.

TREATMENT		DISCOVER 2 nights	ESCAPE 4 nights	IMMERSION 7 nights
90'	Lifestyle and Nutrition Consultation with Quest	✓	✓	✓
90'	Marbella Club Personalised Massage or Energy Balance Massage	1	1	
60'	Marbella Club Personalised Massage			1
60'	Personalised Facial	1	1	1
45'	Thalasso Vichy Salt and Oil Exfoliation or Marine Massage	1	1	1
60'	Marine Magnesium or Calcium Wrap		1	1
120'	Sea Mineral Ritual		1	1
20'	Jet Blitz Massage			1
45'	Energising Bath			2
15'	Progress Consultation			1
30'	Departure Lifestyle and Nutrition Consultation		✓	✓
		€ 1,440 p/p	€ 2,300 p/p	€ 3,595 p/p

To optimise results, all of our programmes can be individually tailored to reduce or increase the number of activities, treatments and menu options. Includes all meals taken from our Mediterranean-inspired Wellness Menus.