



*pause*



TO INDULGE  
AND RELAX

# Magic Moments

## AT FALKENSTEINER

We have made it our goal to offer our guests tailor-made vacation experiences in every phase of life and for all needs. The highest quality standards with an individual touch and the cozy 'Welcome Home' feeling meet with a wide range of design options for a vacation with an innovative programme offering that leaves nothing to be desired. A time out made for providing our guests with unforgettable memories!



Entertainment



Active



Deceleration



Indulgence



## LOMI LOMI JOURNEY

**Back to me** means that I re-join entirely my inner self. Reconnect with my desires and let go of conditioning ideas, evaluations and patterns. This journey is your opportunity to change something for yourself or to empower your good vibes in a wonderful environment. The Hawaiian Spirit with the Italian philosophy of living a “Dolce Vita” allow you to dive into the depths of your being, with body and mind. Old things can be let go, and more important, the new can be let in and lived... **Dolce vita!**

# Signature

## ALOHA RITUALS

### LOMI LOMI NUI

Releases tensions | Activating |  
Mind, spirit & body in connection

€162 90 MIN

### BACK TO ME

Personal consultation |  
Hawaiian foot bath |  
Lomi Lomi ritual

€389 230 MIN

### LOMI LOMI SHELL

Selfheating shells | Relaxing  
effect | Promotes blood  
circulation

€148 80 MIN

### LITTLE DOLPHIN JOURNEY

Little journey into dreams |  
Diving into thoughts of the sea |  
Dolphin as the power animal of  
our consciousness | Wavy Lomi  
Lomi techniques | Light Lomi  
Lomi ritual

FOR FALKONS (FROM 8 YEARS)

€59 30 MIN

€86 45 MIN

### LOMI LOMI LA'AU

Healing | Targeted Lomi Lomi  
techniques | Essential oils

€180 100 MIN



## CHRISTIN OHMSEN

Let your light shine and follow your heart. Our SPA team, trained, coached and certified by Christin Ohmsen, accompanies you on this wonderful journey. We are grateful and delighted that Christin, one of the most significant Lomi Lomi experts, shares her unique experiences with us. With her long experience as a Lomi Lomi therapist and numerous journeys to South Africa, Asia, Barbados, and Polynesia, Christin conveys the “Aloha” power to our SPA. The “Hawaiian Spirit” relates to touching people in their hearts. With her signature treatment Lomi Lomi La’Au (L’Au means plant in Hawaiian and makes us happy), Christin has received the Wellness & Spa Innovation Award from the renowned German Wellness Association.

“Share Aloha – Share Life”



# Aloha Special

## HIGHLIGHTS

### ALOHA MORNING GREETINGS

Beach walk | Morning  
meditation | Body Stretching

ON DEMAND AFTER PERSONAL  
CONSULTATION

### ALOHA YOGA

Light, free Yoga | Carefulness |  
Loving interaction with myself

ON DEMAND AFTER PERSONAL  
CONSULTATION

### ALOHA INFUSION

Sauna experience in  
Hawaiian spirit

ON DEMAND AFTER PERSONAL  
CONSULTATION

Aloha spotify playlist:



# Aloha Special

## HIGHLIGHTS

### HAWAIIAN WEEK ALOHA

All round experience along  
the Hawaiian vibes

ON DEMAND AFTER PERSONAL  
CONSULTATION

### ESSENTIAL OILS WORKSHOP

How can we use essential oils  
for our emotional maturity

ON DEMAND AFTER PERSONAL  
CONSULTATION

### THE POWER OF DOLPHINS | MEDITATION

Connect with your deep inner  
self | This meditation helps  
you gently dive into yourself  
to swim through your inner  
obstacles

FOR FALKONS (FROM 8 YEARS)

ON DEMAND AFTER PERSONAL  
CONSULTATION



Changes regarding applications and prices  
are reserved to the management. Valid from  
April 2023. All prices incl. taxes and duties.  
With the publication of this brochure, all  
previous prices become invalid. Misprints  
and errors excepted.



