# CALA BOUTIQUE HOTEL

# POOL DRINKS

Everything we offer has been prepared from scratch. We intentionally do not buy processed ingredients (sauces, powders, juices,...) because we want to know exactly what we are using as ingredients and we intend to avoid unnecessary plastic packaging.

SuperYouBotanics and the Secret & Sacred medicinal garden at la Senda are a prayer and creation by Viktorija and Inese, intuitive herbalists from Latvia and supporters and promoters of all living plants. Using nature's elements – roots, barks, leaves, flowers, and seeds - they create holistic multi-purpose remedies to enhance the wellbeing of body and all senses.

In the middle of the dry tropical forest,
With the mystical cactus labyrinth nearby,
Tiger Mountain parallels,
A Secret & Sacred Garden dwells,
An invitation to pass by,
A reminder of the abundance of Mother Nature,
And her aromatic medicine nurturing

La Senda is where we cultivate 100% organic vegetables and fruits for the chefs and mixologists of Cala Luna.

# APOTHECARY COCKTAILS

by Cala Luna, La Senda and SuperYouBotanics

Vibra	15
Mezcal, ginger, honey, hibiscus	

- Ananá grill 15
  Mezcal, Krishna tulsi from La Senda, pineapple,
  cinnamon
- **Tamarindo & spices**15
  Mezcal, sage, green chili pepper salt, lime juice
  - Mezcal fashion
    Mezcal, espresso, tapa dulce, cinnamon,
    SuperYouBotanics bitters begginnis
- Caribbean mule 15 Rum, lemongrass, house-made ginger beer, passion fruit
- Vodka, kombucha, medicinal lemon verbena, rosemary
  - Gin & tonic Superyou 15
    Tanqueray, cilantro seeds, tonic water, wild cilantro leaf,
    Superyou bitters sweet like licorice made at La Senda
    - Xibal tonic 15
      Xibal gin, cardemon, fresh basil, basil hydrosol
    - Espresso rum 15 Coffee rum de Costa Rica, espresso, all spice leaf

#### **OUR CREATIVE COCKTAILS**

#### 12 Mai Tico

Rum, fresh pineapple juice, amaretto, passion fruit, cane sugar

#### 12 Piña Luna

Coconut rum, special pineapple, coconut cream, vanilla

#### 12 Paraiso Tonic

Strawberry flavored gin, house dried fruits, tonic water, spices

#### 12 Sand-Gria

Red, bourbon, cinnamon White, Frangelic, passion fruit

# 12 Basil mojito

Rum, tonic water, organic basil, lime, cinnamon

# 12 Marga-Rica

Tequila spice, Triple sec, passion fruit, lime

#### 12 Cacao fashioned

Cacao rum de Costa Rica, orange, cinnamon

# 12 Luna Iced coffee

Espresso, Café Rica, Coffee rum, milk

# **TASTING**

Ask your bartender for his suggestions

Mezcal 60

Noble Coyote

**Central American** 60

Centenario 20 años, Zacapa 23 años, Abuelo XV años

Digestivo 40

Rum de cacao, Rum de café, Plantation rum

# WINE

GLASS	BOTTLE	Castlingwines
10	39	<b>Sparkling wines</b> Idilicum, Cava Brut Rose, <i>Valencia Spain</i>
10	42	CA'Marian, Prosecco DOC Extra dry, <i>Italy</i>
		White Wines
11	44	Montfrin la Tour, Grenache Blanc, Rhone,
12	49	France Matetic Coralillo, Sauvignon Blanc, San
12	49	Antonio, Chile
12	53	Matetic Coralillo, Chardonnay, San Antonio,
		Chile
	47	La Louviere Le Libertin, Sauvignon Blanc,
11	41	Pays, France
10	39	Cuatro Rayas, Verdejo, Spain Pipa, Moscatello, Spain
10	33	Tipa, Moscatello, Spalli
		<b>Rose Wines</b>
11	44	Montfrin la Tour, Syrah et Grenache, Rhone,
11	44	France
11	44	Xaneta, Rosado, <i>Spain</i>
		Red Wines
11	44	Cuvee des Galets, Cotes du Rhone, Natural
		Wine, France
12	49	Padrillos, Malbec, Mendoza, Argentinia
12 11	49 44	Padrillos, Pinot Noir, Mendoza, Argentinia
12	53	Xaneta, Bobal, <i>Spain</i> Valdemonjas El Primer Beso, Ribero del
12	))	Duero, Spain
10	39	Pipa, Tempranillo, <i>Spain</i>
10	39	Pipa, Cabernet Sauvignon, Spain
	41	Cuatro Rayas, Tempranillo, Spain
	44	Montfrin la Tour, Syrah et Grenache, Rhone,
	53	France Animal, Malbec, Mendoza, Argentinia
	53	Animal, Malbec, Mendoza, Argentinia Animal, Cabernet Sauvignon, Mendoza,
		Argentinia
	41	Cuatro Rayas, Tempranillo, <i>Spain</i>

# NON-ALCOHOLIC DRINKS

#### **Natural Juices**

Hibiscus/ Mango (season)/ Passion fruit/ Pineapple/ **10**Watermelon/ Mixed

# **Cold Pressed Juices (15 MIN)**

- **Immune system boost**, fresh orange juice, turmeric, ginger, lemon, cayenne pepper, camu-camu
- **Sunshine longevity**, pineapple, passionfruit, turmeric, chia (helps the digestive system)
  - Heart moon, carrot, beetroot, lemon, ginger 10
  - **Detox**, cucumber, pineapple, parsley, celery, lemon, ginger

#### Kombucha

Turmeric-passionfruit-orange/ Lemon verbena -cardamom/ Ginger-allspice/ Red berries

# **Smoothies (15 MIN)**

- **Detox jungle delight**, celery, pineapple, spinach, kale, ginger, water or orange juice, coconut oil, matcha, spirulina
  - Cacao energy bliss, unsweetened cocoa powder, almond milk, banana, coconut oil, hemp seeds
- **Tropical energy**, mango, pineapple, cinnamon, ginger, mint, coconut oil, water or orange juice, maca

#### **Artisanal Beer**

Guana Honey Blonde. 8
Guana Brown Ale IPA 8

#### **COFFEE**

#### Coffee

- 4 Americano or espresso
- 4 Coffee or espresso macchiato
- 4 Café Latte or espresso flat white
- 4 Cappuccino
- **5** Belgian cappuccino (whipped cream)
- **5** Mocha (Belgian chocolate syrup)
- 5 Hot chocolate

#### **Iced Coffee**

- **5** Americano or espresso
- **5** Caramel foam
- **5** Mocha
- 7 Caramel or Mocha frappe
- **5** Coffee soda

# **Specialty**

- 11 Irish coffee
- 9 Salted caramel affogato; vanilla ice cream, espresso, salted caramel sauce
- 11 Coffee with licor (Baileys, Frangelico, Coffee rum, Costa Rican Café Rica)
- **9** Exo-Tica, iced espresso, passion fruit, artisanal coffee ice cream, chocolate
- 1 Switch from regular milk to almond, coconut or oatmeal milk

#### THE TEARITUAL 8

Pour the prepared infusion in a cup. Together with your intention, inhale the aroma of the brew, and let the plants whisper a wisdom or two. Enjoy the tea with the presence of candlelight and connect to your heart and the herbs through all senses (sight, smell, touch, hearing, intuition) and bodies (physical, mental, emotional, energetical, spiritual). Refill the tea pot once again if you want to prolong your tea ritual and its special experience. Each ceramic tea set is created and handmade by indigenous families from the Quitirrisi Territory of Huetar Nation in Costa Rica and is a millenary old tradition of their ancestors.

**Refreshing Power**, spearmint, lemongrass (cooling and uplifting, antibacterial, brings inspiration). Feel revitalizing and fortifying energy with refreshing and sweet flavors of local mint and world-famous lemongrass. Helps digestion, calm the nervous system, fight bacteria and cold.

**Divine Feminine**, seasonal flowers, wild virgin sage (nourishing tonic, nervine heart opening, assists women's moon cycle). Celebrate and feel the divinity of life with this exceptional blend that is prepared to connect us with Nature's ever-loving and ever-caring harmony and flow of life.

**Sweet Like Licorice**, wild anisillo leaf, tarragon, thai basil (soothing digestive, calming, brings clarity and focus). Enjoy this native and intercontinental sweet and spicy herb combination to inspire, bring protection and strength, support digestive system, liver, emotional and mental bodies.

Sacred Alignment, Krishna tulsi (adaptogen, restorative, rejuvenating). This holy sweet basil with cinnamon and clove touch holds powerful and sacred energy to connect us to the gratitude and celebration of life. Its properties offer a potent healing ability to adapt and harmonize any conditions of our physical, mental and emotional bodies giving us potential for our best wellbeing.

Path to Sweet Dreams, sleepy head, lemon verbena, ginger bush (sedative and calming, antibacterial, brings harmony and balance). Prepare your body and senses for the notable time of rest, calm and rejuvenation with this special native herbal blend with unique aromas of sweet, mint, bitter and citrus characteristics, fight bacteria and cold.

# FRUIT & HERBAL INFUSIONS

#### **8 Refrescante**

Fresh mint leaves, lemongrass, gingIr, tapa dulce, mandarin lime juice

#### **8 Tropical**

Wild anisillo leaf, tarragon, dried pineapple, mango and papaya cubes

# 8 **Healing**

Turmeric, black pepper, dried all spice leaf, raw honey, pineapple, mandarin lime juice

# 8 Agua de Jamaica

Hibiscus, candied orange peel, raw honey, lemongrass