



BREAKFAST MENU

GALE'S FAVOURITES

THE SCOTIAN \$12.50

One egg any style with your choice of two pieces of bacon, one piece of ham or one sausage. Served with home fries, toast and coffee/tea.

THE YARMOUTH \$15

Two eggs any style with your choice of ham, sausage or bacon. Served with home fries, toast and coffee/tea.

HUNGRY FISHERMAN \$19

Two eggs any style with ham, two sausages bacon, home fries and toast.

THE GRAND BREAKFAST SANDWICH \$12.50

Choice of bacon, ham or peameal bacon. Served on an English muffin with home fries.

FISH CAKES \$15

Two golden brown fish cakes served with one egg any style, grilled tomatoes, and chow.

EGGS

EGGS BENEDICT \$17

Two poached eggs and peameal bacon on a toasted English muffin with Hollandaise sauce. Served with home fries.

CHEF'S OMELETTE \$16

Our three-egg omelette with your choice of any two items below. Served with home fries and toast.

*Cheese | Mushrooms | Onions | Peppers
Jalapeños | Tomatoes | Bacon | Ham | Sausage*

ADD EGG WHITE +\$1

ADD EXTRA ITEM +\$1 EACH

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SWEET TREATS

BUTTERMILK PANCAKES \$12

Three buttermilk pancakes sprinkled with icing sugar and served with butter & maple syrup.

ADD BERRIES +\$2

FRENCH TOAST \$11

Thick sliced bread dipped in egg, seasoned with cinnamon and sprinkled with icing sugar.

ADD BERRIES +\$2

ADD WHIPPED CREAM +\$2

WAFFLE \$10

Sprinkled with icing sugar and served with warm maple syrup.

ADD BERRIES +\$2

ADD WHIPPED CREAM +\$2

HEALTHY START

HEALTHY CHOICE \$14

Greek yogurt with granola, topped with berries and served with a fruit cup.

AVOCADO TOAST \$14.50

Multigrain toast, poached egg, avocado, tomato slices, and cottage cheese topped with green onions.

SUBSTITUTE

HOME FRIES FOR FRESH FRUIT AT \$3 PER MEAL

À LA CARTE

- ONE EGG *(any style)* \$3
- TWO EGGS *(any style)* \$5
- BACON, HAM, SAUSAGE or PEAMEAL BACON \$4
- HOME FRIES \$5
- TOAST *with PRESERVES* \$3
- GLUTEN-FREE TOAST *with PRESERVES* \$5
- BAGEL *with CREAM CHEESE* \$5

- ENGLISH MUFFIN \$3
- COLD CEREALS \$5
- OATMEAL \$7
- YOGURT \$3
- GREEK YOGURT \$5
- FRESH FRUIT CUP \$6.25
- AVOCADO \$5.50
- BREAKFAST SANDWICH \$7
- ONE FISH CAKE \$7

BEVERAGES

- MILK
Small \$2.50 | Large \$3.50
- CHOCOLATE MILK
Small \$2.50 | Large \$3.50
- HOT CHOCOLATE \$3.50
- JUICE
Small \$2.50 | Large \$3.50
- COFFEE/TEA \$2.50

All prices are subject to applicable taxes