

## SPA TREATMENTS

**Island Retreat** 90 min | 270

Massage | Performance Spa Facial

Retreat from the world with a relaxing back, neck, and shoulders massage leading into a full Performance Spa Facial to nourish your skin and calm your mind.

**Island Getaway** 60min | 190 90 min | 270

Massage | Petit Spa Facial

Your getaway takes you from a 30 or 60 min relaxing massage to a 30 min Petit Spa Facial, for a peaceful escape from reality.

**Oceanic Ritual** 60min | 190 90 min | 270

Massage | Foot Lovers Treatment

Melt away stress and tension with a 30 or 60 min relaxing massage, followed by an exfoliation, warm nourishing wrap, and soothing massage for weary feet.

**Triple Treat (3-in-1 Indulgence)** 90 min | 270

Massage | Petit Spa Facial | Foot Lovers Treatment

30 min Massage to revive the back, neck and shoulders

30 min Petit Spa Facial to refresh and repair skin

30 min Foot Lovers Treatment to restore tired feet

**Blissful Baby Package** 90 min | 270

Massage | Petit Spa Facial | Heavenly Hair

Take some time-out before baby arrives and enjoy a nurturing pregnancy massage, and delightful Petit Spa Facial including our divine Heavenly Hair treatment, all designed to safely pamper mum-to-be and baby from the second trimester.

**Couples Relaxation Escape** 100 min | 280 pp

Foot Soak | Massage | Petit Spa Facial or Foot Lovers Treatment

A treat for two! Share your treatment time with a partner, friend, or family favourite. Side by side, sip herbal tea and juice and enjoy a warm foot soak, while you choose between a rejuvenating Petit Spa Facial or nourishing Foot Lovers Treatment to follow your restorative full body massage.

## BODY RITUALS

**Body Cocoon Ritual** 120min | 340

Exfoliation | Wrap | Massage | Heavenly Hair

Let your stress melt away with an invigorating Full Body Exfoliation followed by a nourishing full body cocoon. While the wrap infuses, enjoy our Heavenly Hair Treatment and calming scalp massage. To complete your pampering, drift off with a relaxing full body massage.

**Body Smoother Ritual** 90 min | 270

Exfoliation | Massage

This indulgent full body treatment begins with decadent body scrub to smooth the skin from top to toe and continues with a full body massage using our delicious molten body balm to further soften the skin and awaken the senses.

**Hot Stone Escape** 150 min | 320

Volcanic Stones Massage |  
Performance Spa Facial | Heavenly Hair

Travel to a place of total tranquillity, with a full body hot stone massage that gently eases your muscles and comforts your mind, and a leisurely Performance Spa Facial that replenishes your skin. To deliver you into absolute oblivion your treatment is completed with our divine Heavenly Hair Treatment and scalp massage.

**Tropical Island Outdoor Massage** 60 min | 230 90 min | 320

Your relaxing massage takes place in a private shaded pavilion overlooking turquoise waters gentle ocean breezes, the sound of waves created in a deeply tranquil environment.

*\*(Weather Dependant, 48 hours' notice for booking)*

*\*(Bubbles and Platter included in 90 min only)*

*We use Waterlily Products exclusively in the Spa  
where you can purchase your own retail products  
and Gift Packs to take home.*

## SIGNATURE PACKAGES

**The Oasis** 150 min | 420

Body Exfoliation | Massage | Performance Spa Facial |  
Heavenly Hair

This luxurious signature treatment takes you into an Oasis of tranquillity. First your whole body is refined with a multi-vitamin and antioxidant-rich exfoliator and nourished with aromatic Omega oils. Then skin-softening molten body balm is applied during your unhurried, full body massage which leads into the gift of an exquisite Performance Spa Facial and Heavenly Hair treatment.

**Pamper Package** 150 min | 420

Back Exfoliation | Massage | Performance Spa Facial |  
Foot Lovers Treatment | Heavenly Hair

This divine ritual flows from a hot aromatic towel and Back Exfoliation to a soothing full body massage using our delicious fragrant body balm. Once your body is relaxed, the pampering continues to your feet for a smoothing Foot Lovers Treatment and as you float away, your face and scalp are nurtured in our Performance Spa Facial and nourishing Heavenly Hair Treatment.

**Pure Delight** 120 min | 340

Full Body Massage | Petit Spa Facial | Foot Lovers Treatment

Close your eyes and let go of your daily stress and escape to a state of relaxation and rejuvenation. This luxurious spa ritual begins with a full body massage using aromatic botanical oil layered with omega serums, molten butters, and vitamin E. Your indulgent treatment continues with a Petit Spa Facial to revitalise your skin and leave you with a beautiful, radiant glow. Completed with gentle foot scrub, softening mask and nourishing foot massage.

*Packages include herbal tea or bubbles*

## SHORT AND SWEET EXPRESS

**Petit Spa Facial** 30min | 120

Double cleanse, exfoliation, mask and moisturise

**Foot Lovers Treatment** 30min | 120

Exfoliation, softening mask, nourishing foot massage

## PERFORMANCE SPA FACIALS

Rose Peptide Performance Spa Facial	60min   190
Firming   Brightening   Collagen Inducting	

Rejuvenate your skin with a facial created with the intention of firming and tightening. In a 5% clinical concentration, smart peptide and heptapeptide-7 deliver the unique ability to stimulate collagen production, diminish wrinkles and improve skin elasticity.

Triple Berry Performance Spa Facial	60min   190
Calming   Clarifying   Decongesting	

Experience an intense infusion of super B vitamin to target congested and inflamed skin types and transform barrier function, calm redness and equalise oil while promoting skin hydration and brilliance.

Spiced Maple Performance Spa Facial	60min   190
Healing   Anti-inflammatory   Barrier Repair	

Choose this deeply soothing skin ritual to calm redness and irritation, promoting barrier repair while rebalancing the skin's natural pH. Revolutionary nutraceutical actives of PEA boosted with hyaluronic acid, essential fatty acids and antioxidants support the protective outer layer, gently activating healing and repair for the ultimate skin calming treatment.

## MASSAGE

30 min   100	45 min   140
60 min   175	75 min   200
90 min   230	90 min Hot Stone   265

### Relaxation Massage

For overall body and mind relaxation

### Pregnancy Massage

For expectant mothers from second trimester onwards

### Hot Stone Massage

For the next level of relaxation, warmth of the stones is used to release tension and balance the body and mind

## ADDITIONAL INDULGENCES

Petit Spa Facial	30min   120
Double cleanse, exfoliation, mask and moisturise	

Foot Lovers Treatment	30min   120
Exfoliation, softening mask, nourishing foot massage	

Heavenly Hair Treatment	15 min   45
Intense hair and scalp nourishing treatment and massage	

Exfoliation (choice of back or legs)	15 min   45
Back or full leg exfoliation	

## SPA INFORMATION

### Sunday and Public Holiday Surcharge

A 15% surcharge applies on Sundays and Public Holidays.

### Cancellation Policy

A 100% cancellation fee applies to no shows and all bookings cancelled within 24 hours of the appointment time.

### Age Restrictions

Bookings for children under 16 years of age may be considered on request under the supervision of a legal guardian.

### Booking Time

To maximise your treatment time, kindly arrive 5-10 minutes early to complete a brief consultation.

### Spa Etiquette

We request that all phones be switched off and chats be conducted quietly in the spa reception and treatment rooms.

### For Appointments

Visit Daydream Island Resort Front Desk  
Call: 1800 888 288 or 0468 872 121  
Email: [dayspa2121@gmail.com](mailto:dayspa2121@gmail.com)

### Spa Location

Driftwood Wing  
Lower-Level Room 2121



Facials

Massage

Body Rituals

Spa Treatments

Couples Rooms

Group Packages

Signature Packages

Outdoor Massages

Bookings at Front Desk or  
Call: 1800 888 288 or 0468 872 121  
Email: [dayspa2121@gmail.com](mailto:dayspa2121@gmail.com)