# MASSAGE

## SWEDISH

## 50min/\$140 80min/\$180

Designed to promote deep relaxation. Added benefits include increased circulation, improved flexibility, and purging toxins from the muscles. Light to medium touch.

## THERAPEUTIC

## 50min/\$155 80min/\$195

This therapeutic massage is ideal for those who suffer from old injuries or chronic pain. A muscle relaxation technique concentrating on alleviating tension, releasing tightness and reducing muscle pain. Medium to deep touch.

#### **EXPECTANT MOTHER**

50min/\$140

Specifically designed for expecting mothers in their second & third trimester. This gentle massage relieves discomfort, relieves stressed joints, and promotes circulation for overall wellness for the mother-to-be.

## COUPLES

A wonderful addition to a romantic getaway. Enjoy the deep relaxation of a swedish or therapeutic massage with your partner. Ending your service with a cold glass of champagne.

SWEDISH	50min/\$275	80min/\$350
THERAPEUTIC	50min/\$295	80min/\$375

## **BASALT HOT STONE**

## 50min/\$150 80min/\$195

Natural lava stones are primed with radiant heat to melt knotted muscles, alleviate stress and bring relief from tension. Your body will melt away to a revitalized spirit, energized and distressed.

## **CBD HOT STONE**

50min/\$180 80min/\$225

The cooling properties of our CBD cream + the radiant heat from the lava stones create an euphoric massage experience designed to increase circulation, reduce pain and relax overworked muscles.

## SPA PACKAGE

RESTORATIVE FACE & BODY 110min/\$265

Swedish Massage & Classic European Facial

### 110min/\$265

Expectant Mother Massage & Classic Hydration Facial

#### **TRIPLE PLAY**

160min/\$325

Seasonal Scrub, Seasonal Massage & Seasonal Facial

## **BODY TREATMENTS**

## TOCASIERRA SIGNATURE

### 80min/\$200

A decadent massage fully customizable to your personal preferences and wellness goals. Includes a hydrating paraffin hand therapy, a hot oil scalp treatment, concluding with a foot massage.

## LIME IN THE COCONUT

80min/\$185

Revitalize and improve your skin texture with this organic cane sugar body polish infused with uplifting aromas of coconut & lime. The Agave dry brushing helps shed impurities and exfoliates away dead skin. Followed by a 50 minute Swedish massage.

## REFLEXOLOGY

50min/\$130

Detailed pressure point work on the feet that affect corresponding areas of the body to stimulate the body's natural healing ability. Followed by a soothing leg massage & uplifting orange foot scrub.

## MASSAGE ENHANCEMENTS

FOOT REFLEXOLOGY	20min/\$50
HOT STONE ADD-ON	\$30
HOT OIL SCALP TREATMENT	\$30
CBD MUSCLE RELIEF	\$30
PARAFFIN HAND <u>OR</u> FOOT ADD-O	N \$30
DRY BRUSHING	\$30
HYPERVOLT PERCUSSION	10min/\$25
AROMATHERAPY	\$15

# BABY MOON

# FACIAL

## CLASSIC EUROPEAN

#### 50min/\$140

This classic favorite provides a deeply thorough cleansing, exfoliation, extraction, ultranourishing mask and moisturization. Fantastic for general maintenance, this facial can be tailored to all skin types.

## AGE DEFYING

#### 50min/\$160

A combination of antioxidants and vitamins helping to reduce fine lines and wrinkles. Dramatically enhancing the appearance of skin tone and texture. Followed by skin-tightening masks to visually improve the overall look of the skin giving you a healthy glow.

## DETOX

## 50min/\$150

A detox for the mind, soul and skin. This multitasking facial can do it all. Starting with a detoxifying masque to deeply exfoliate and pull impurities from the pores, while purifying and rebuilding skin texture. Leaving you with a youthful glowing complexion.

#### **VITAMIN C BRIGHTENING**

## 50min/\$160

This powerful antioxidant Vitamin C facial effectively repairs and prevents aging and free radical damage resulting from environmental exposure. Designed to even skin tone, reduce fine lines & wrinkles by stimulating collagen in the skin. Dramatically brightens skin and increases luminosity leaving skin glowing.

## VITAMIN C "Glow on the Go" 25min/\$80

Our express facial was created specifically for the person on the go! This customized facial is uniquely designed to give maximum results in minimum time. Formulated to brighten lackluster complexions, even skin tone and smooth texture.

## FACIAL ENHANCEMENTS

LIP REVITALIZER	\$30
EYE COLLAGEN BOOST TREATMENT	\$30

## HAIR REMOVAL

LIP OR CHIN	\$30
BROW SHAPING AND CLEANUP	\$30
BIKINI	\$ <b>30</b>

## **SPA POLICIES**

## ARRIVAL

Please arrive 15 minutes prior to your appointment. Service time will not be extended for late arrivals and the full price of the service will be charged.

We strongly recommend leaving valuables at home. Tocasierra Spa is not responsible for lost or stolen items.

## CANCELLATION POLICY

A 12 hour notice is required for cancellations or changes to all appointments. Insufficient notice of cancellations may be subject to charges up to the full price of the service. All no-shows will be charged full service price.

## GRATUITIES

To make your spa experience as seamless as possible, a 20% gratuity will be applied on all spa treatments at check-out.





## **SPA HOURS**

MONDAY-SUNDAY 9am to 5pm

7677 N 16th Street Phoenix, AZ 85020

(602) 906-3820 In House EXT: 4544

## Tocasierraspaphx.com