



## **BODY TREATMENTS**

### LE SPA MASSAGE

60 MIN \$165 | 90 MIN \$205 | 120 MIN \$245

Using a blend of tailored techniques to address your needs, the therapist will consult with you to determine the perfect pressure and specific areas of concern to ensure optimum results.

### **CBD MASSAGE**

60 MIN \$195 | 90 MIN \$235 | 120 MIN \$275

When used in a personalized massage, CBD oil will calmly penetrate, soothe, and relax muscle tissue while helping to ease tension and stress. This full body massage is beneficial in restoring balance and equilibrium at a cellular level.

### **BASALT STONE THERAPY**

60 MIN \$235 | 90 MIN \$210

Skilled therapists will use hot stones to warm your muscles alleviating aches, pains, and joint discomfort. The heat from the stones assists in healing of chronic pain, arthritic pain, and insomnia. Perfect for someone who enjoys the benefits of a deep tissue massage with a lighter touch.

# DESERVING MOTHERS MASSAGE

60 MIN \$165 | 90 MIN \$200

A soothing treatment for the mother-to-be, this massage improves circulation and provides a gentle, soothing touch for expectant mothers. Designed for expecting mothers who are in their second trimester or further along.

## JUNIPER ALE MASSAGE

60 MIN \$175 | 90 MIN \$215

Juniper Ale oil infused with notes of fresh greens and bergamont oranges glides over muscles to improve the skin's hydration and elasticity.





### ANTI-INFLAMMATORY MASSAGE

90 MIN \$215

Start with a dry brush exfoliation to increase circulation and prepare your body to detox. Your expert therapist will then perform a specialized light tissue massage stimulating the lymphatic system to relieve inflammation and assist in decreasing aches and pains in the muscles and joints.

### COUPLE'S MASSAGE

60 MIN \$340 | 90 MIN \$420 | 120 MIN \$500

Enjoy a side-by-side massage with a partner where therapists work in unison to provide a memorable shared experience.

# **FACIAL TREATMENTS**

## LE SPA FACIAL

60 MIN \$175

Reveal refined, glowing skin using 100% natural ingredients that will leave your skin transformed. A variety of plant extracts and natural fruit acids will visibly reduce the appearance of fine lines and wrinkles leaving skin hydrated with a more luminous youthful appearance.

# PURE FOREST FACIAL

60 MIN \$185

Relax. Release the stresses of urban living and let the restorative powers of nature take over. Using all organic ingredients, this luxurious facial harnesses the healing properties of hydrating snow mushroom, regenerative reishi mushroom and purifying birch water to repair and protect your skin. Calm your senses with the serenity of the forest and uncover a pure, glowing complexion.





# **ENHANCEMENTS**

# **OXYGEN THERAPY**

25 MIN \$35 | 45 MIN \$55

Supplemental oxygen provides numerous health benefits including high altitude relief, mental clarity, and detoxification This treatment is particularly beneficial at higher altitudes.

## **CBD ENHANCEMENT**

\$25

Enhance your massage with hemp-derived CBD and with additional active botanical ingredients, providing your skin with a rich source of antioxidants and essential fatty acids.

### EYE MASK ENHANCEMENT

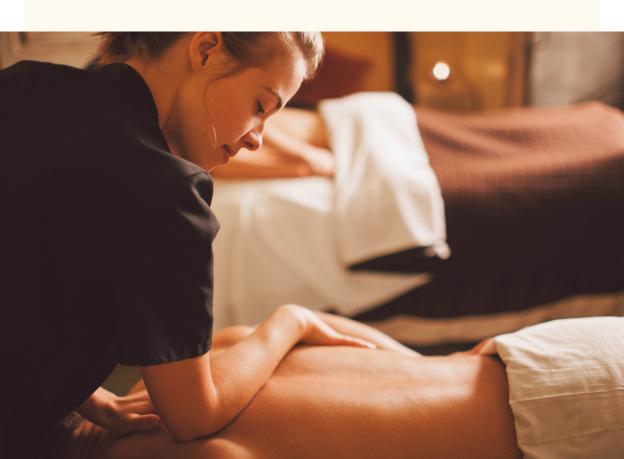
\$15

Awaken tired eyes with no-mess collagen eye mask.

# SCALP TREATMENT ENHANCEMENT

\$15

Improve the dry skin on your scalp by adding shine to damaged hair through a scalp massage with nourishing oils.





# **GRATUITIES**

A 20% gratuity will be added to all Le Spa services. Upon check out, please feel free to adjust this in either direction based on your experience.

# **RESERVATIONS & CANCELLATIONS**

We ask that you please arrive to your appointment on time. Late arrivals for any service will limit the length of treatment. Masks will be required to receive treatments. Guests should plan to leave valuables in their rooms and silence cell phones during spa visits. Le Spa is reserved for guests over the age of 18 and children ages 12-17 when accompanied by an adult. Any changes or cancellations must be done 24 hours in advance of service to avoid being charged in full.

# **BEAUTY TREATMENTS**

Beauty treatments are offered at Stein Eriksen Lodge, including manicures, pedicures, and hair services. Private yoga instruction available by advance appointment only. Please contact the Le Spa Concierge to book a treatment. (435) 658-9538

