

- Treatments, facilities and prices may vary at each Spa.
- The treatments you select are reserved especially for you. Please cancel more than 24 hours before your treatment to avoid paying for such treatment.
- Late arrivals will result in reduced treatment time, without credit.
- Treatments and packages are non-refundable, and non-transferable and may not be swapped. For hygienic reasons, products purchased may not be returned or exchanged.
- Lifestyle Rewards members may enjoy their Membership Benefits at selected spas.



• Ballito	: La Montagne Hotel & Spa	+27 (0) 32 946 1356
• Belfast	: Kloppenheim Country Estate & Spa	+27 (0) 13 256 9148
• Brits-North West	: Magalies Park Resort & Spa	+27 (0) 12 207 9000
• Cape Town	: Mount Sierra Resort & Spa	+27 (0) 21 424 1685
• Cape Town	: Riviera Suites Resort & Spa	+27 (0) 21 434 1040
• Chaka's Rock	: Chaka's Rock Resort & Spa	+27 (0) 32 525 5008
• Drakensberg	: Bushmans Nek Hotel & Spa	+27 (0) 33 701 1460
• Drakensberg	: Drak.Gardens Resort & Spa	+27 (0) 33 701 1355
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• Port Edward	: Caribbean Estate	+27 (0) 39 311 1312
• Scottburgh	: Selborne Hotel & Spa	+27 (0) 39 688 1800
• Umhlanga	: Breakers Resort	+27 (0) 31 561 2271
• Vryheid	: Natal Spa Hotsprings Resort	+27 (0) 34 995 0300
• West Coast	: Club Mykonos Resort & Spa	+27 (0) 22 707 7174

Head Office: ☎ 0860 567 567  
[www.lavitaspas.com](http://www.lavitaspas.com)

Join Lifestyle Rewards today  
 and save 20%



Treatment Menu

## Luxury Treatments

### Body Treatments

Hands & Feet Deluxe	(50min)	R550
Back Rejuvenation	(50min)	R600
Full Body Exfoliation	(50min)	R600
Pride of Italy Exfoliation & Massage	(1hr 40min)	R1000

### Luxurious Massages

Indian Head Massage	(50min)	R550
Destress Back & Foot Massage	(50min)	R600
Roman Royalty Swedish Massage	(50min)	R600
Aromatherapy Full Body Massage	(50min)	R660
Hot Stone Full Body Massage	(80min)	R790
Couples Full Body Massage	(50min)	R1150

### Exotic Facials

Classic Soothing Facial	(50min)	R600
Majestic Milanese Facial	(50min)	R790
Super Extraction Facial	(80min)	R850
Ultimate Anti-Ageing Facial	(80min)	R850

### Manicures & Pedicures

Spa Manicure	(50min)	R350
Spa Pedicure	(50min)	R350
Spa Paraffin Manicure	(80min)	R440
Spa Paraffin Pedicure	(80min)	R440
Venetian Hands & Feet	(50min)	R440

### Sicilian Body Shot

Foot Massage, Full Body Massage, Head Massage, Meal & Drinks.	(3hours)	R1350
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## Pamper Packages

### Heavenly for Him

(2hr 40min) R1350

Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage, Meal & Drinks.

### Girlfriends Package

(4hr 50min) R1450

Spa Paraffin Mani & Pedi, Soothing Foot Massage, Indian Head Massage, Meal & Drinks.

\*Price per person

### Mother & Daughter Bonding

(3hr 20min) R1590

Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage, Meal & Drinks.

\*Price per person

### Mona Lisa

(2hr 30min) R1800

Classic Soothing Facial, Indian Head Massage, Meal & Drinks as well as your own take home La Vita All Skin Type Facial Range Cleanser, Toner & Moisturiser.

### Sunset Package

(4hr 20min) R1800

Hot Stone Full Body Massage, Super Extraction Facial, Venetian Hands & Feet, Meal & Drinks.

### Ultimate Indulgence

(7hours) R2900

Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Mani & Pedi, Soothing Foot Massage, Meal & Drinks, a jar of Signature Dead Sea Peel-Off Mask & a choice of one La Vita All Skin Type Facial Product.

## Beauty Treatments

### Couples Paradise

(4hr 40min) R4000

Roman Royalty Swedish Massage, Ultimate Anti-Ageing Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of Sparkling Wine, Meal & Drinks.

\*Price per couple

### Kiddies Pamper

Kids under the age of 13, by special arrangement may enjoy the following treatments provided they are accompanied by an adult.

Kids Facial	(50min)	R330
Kids Manicure & Pedicure	(50min)	R330
Kids Full Body Massage	(50min)	R330

### Tinting

Eyelash / Eyebrow (ea)	(20min)	R 80
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### Waxing

Upper Lip / Chin / Eyebrow (ea)	(20min)	R 70
Side Burns / Tummy / Under Arms (ea)	(20min)	R 80
Half Leg / Full Face / Bikini (ea)	(40min)	R130
Full Back / Brazilian (ea)	(50min)	R200
Full Leg / Full Arm (ea)	(50min)	R200

### \*Fabulous Gel/Acrylic Nails

Overlays - Hands or Toes	(50min)	R260
Extensions - French or Colour	(80min)	R350

### \*Specialised Treatments

Cellulite Reversal Treatments with Vacuum / Suction Only	(50min)	R600
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Body Reshaping and Skin Tightening Treatment - Buttocks and Thighs / Tummy and Arms	(50min)	R820
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Skin Tightening and Firming Non-surgical Face Lift	(50min)	R820
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Swiss Body Wrap	(50min)	R500
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\* Available at selected spas