



Healthy Choice Smoothies

Green Goodness

Kale, Parsley, Green Apple,
Fresh Lime Juice, Avocado, Honey

Wild Side

Bananas, Wild Berries,
Apple Juice, Honey

Kick Start

Oats, Yogurt, Bananas, Apple,
Orange Juice

Morning Boost

Oats, Milk, Peanut Butter, Bananas

Sugar Bay Popeye

Strawberries, Spinach, Avocado,
Yogurt, Orange Juice

Sugar Bay Vegan

Cherry Juice, Soya Milk, Yogurt, Tofu

Booster

Banana, Flaxseed, Ginger, Oats,
Soya Milk, Honey

