



Diplomat Discoveries

Your Weekly Guest Guide



WELLNESS

24 Hours | Daily
Fitness Center
Convention Center 1st Floor

7:30-8:30am | Sunday, Monday, Wednesday & Friday
Sunrise Beach Yoga
Beach

1:00-1:45pm | Saturday
Pool Zumba
Infinity Pool

7:30-8:30am | Tuesday & Thursday
Spin Class
South Palm Court

6:15am-9:00pm | Monday - Saturday
1:1 Fitness Training- Boxing + Dancing 💰
High Intensity Interval Training (HIIT)
*1 Class For Free Per Day Per Guest Across
Footbridge - Core2Fitness*

10:00am-7:00pm | Daily
DIPLOMAT SPA & SALON
954-602-8400
Convention Center Floor - 1

ACTIVITIES & WATER SPORTS

24 Hour | Daily
Bicycle Usage (First Hour Free)
*Located outside main entrance. Helmets available at the
concierge desk.*

9:00am-5:00pm | Daily
Dip + Slide | Kids' Splash Zone
Adult Supervised
Upper Pool Deck

10:30am-4:30pm | Daily
Water Sports
Kayak & Paddleboards (First Hour Free)
Jet Ski & Banana Boat Rentals 💰

8:00am-5:00pm
Beach Games & Play Zone
Cornhole, Ladder Toss & Sand Toys

9:00am-6:00pm | Daily
Cabana, Casita & Daybed Rentals - 10% Off For Resort Guests
South Lagoon Pool & Beach

10:00am-6:00pm | Daily
Beach Volleyball
Rent a ball from the South Lagoon Pool Hut!

Slingshot Vehicle Rentals | Daily
Rent this eye-catching, three-wheeled vehicle!
Valet

Scan to Reserve



Spa Menu



HIIT Class Schedule



KIDS' CLUB

9:00am-4:00pm | Wednesday-Sunday
Diplomat Kids' Club Schedule
Scan QR Code For Activities and Pricing



Resort Map

Dive into the Diplomat. Scan the QR code below to explore our restaurants & bars, wellness venues, kid haven's and more!



Rainy Day Fun!

Rain, rain, go away!

See the Concierge desk to find out where we're hosting indoor fun and games on these days!

We're Here to Help

Please let us know if there's anything we can do to improve your experience. Feel free to text us at 954-998-1119

TEXT US!

Wednesday, May 1

9:30-10:00am | Kids' Club Patio
Tumble Weed Races*
Rush to the finish line with your partner.

10:30-11:00am | Kids' Club Patio
Morning Stretch*
Prepare for a fun day ahead!

11:30am-12:00pm | Kids' Club Patio
Ping Pong Competition*
Challenge a new friend.

12:30-1:00pm | Infinity Pool
Little Sharks Swimming Race*
Enjoy this shallow waters challenge!

1:30-2:00pm | Kids' Club Patio
Kite Flying*
Paint the sky!

3:00-3:45pm | Kids' Club 💰
Spring Bracelets
Craft something special to celebrate our planet.

Thursday, May 2

9:30-10:00am | Kids' Club Patio
Three-Legged Races*
Bring a pal and compete as one!

10:30-11:00am | Kids' Club
Musical Chairs*
Don't get distracted or you'll lose your seat.

11:30am-12:00pm | Kids' Club
Spring Craft*
Our team has picked a special seasonal activity for you!

12:30-1:00pm | Infinity Pool
Bubble Hunt*
Can you pop the most bubbles?

1:30-2:00pm | Sparkling Lagoon Pool
Treasure Dive*
Search for riches at the depths of the pool.

3:00-3:30pm | Kids' Club 💰
Ceramic Bugs
Design a funky critter to remember your vacation.

Friday, May 3

9:30-10:00am | Kids' Club Patio
Seashell Search
Explore the shore to find special gems!

10:30-11:00am | Kids' Club 💰
Seashell Painting*
You've found a shell; now let's color it.

11:30am-12:00pm | Kids' Club
Build-A-Buddy*
Craft a pal for your vacation.

12:30-1:00pm | Infinity Pool
Water Balloon Toss*
Keep your hands up or get splashed!

2:30-3:00pm | Kids' Club Patio
Basketball Challenge*
Challenge our team and showcase your skills.

3:30-4:00pm | Lobby
Kids' Club Meet Up
Learn more about this weekend's fun!

Saturday, May 4

9:30-10:00am | Kids' Club Patio
Potato Sack Races*
Hop to victory!

10:30-11:00am | Beach
Family Competitions*
Wacky races, chases and challenges. Come ready to compete!

12:00-4:00pm | South Lagoon Pool
Dj Lex
Open format-multi genre Dj

12:30-1:00pm | Infinity Pool
Paddle Challenge*
Test your skill in this water race!

2:30-3:00pm | Kids' Club 💰
Kite Crafting
Let your creativity shine.

3:30-4:00pm | Kids' Club
Bubble Blow Out!*
We're creating massive bubbles. Let's get rid of them!

7:00-10:00pm | The Hotel Bar
Miami Nights With Hari Salazar
Performing solo world guitar.

Sunday, May 5

9:30-10:00am | Kids' Club 💰
Toes In The Sand Art
Create a seaside memory with your little one!

10:30-11:00am | Kids' Club
Parachute Part
Hop into this classic game.

11:30am-12:00pm | Kids' Club
Pirate Island*
Help Captains Evelyn & Valentina find their missing treasures.

12:30-1:00pm | Kids' Club Patio
Photo Booth, Photo Shoot*
Select a backdrop and pose!

1:30-2:00pm | Kids' Club
Jump Rope & Hula Hoop Contest
We're looking for our Diplomat Activity Champions.

3:00-3:30pm | Kids' Club 💰
Crafting Catch Up*
Complete one of our activities that you may have missed!

Featured Experiences

Mother's Day Spa Specials April 1- May 31

Every mother deserves extraordinary pampering, especially on Mother's Day! We've crafted month-long special experiences to ensure your mom feels rejuvenated and cherished.



Book Service



Reserve Your Slingshot Vehicle Today!

Cruise along South Florida in the most eye-catching vehicle around! Located at valet ramp.



Rent now!



Water Sports

The Atlantic Ocean is calling and it's time for adventure! Kayaks, paddleboards, banana boats and jet skis are available for rent.



Learn More



* Parent Supervision Required
** Ages 21+

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