

OASIS IN THE CITY

Located at the scenic Amara Sanctuary Resort at Sentosa, Chinois Spa is the perfect place to invigorate your spirits.

Embark on a journey of relaxation and restoration with an endless selection of wellness treatments that promotes an overall improvement of the body.





BODY MASSAGE THERAPY



Choose from a variety of results-oriented massage treatments to begin your spa journey

60	mins	\$150
75	mins	\$180
90	mins	\$210



CHINOIS SIGNATURE

Soothing head-to-toe massage using aromatherapy oil, a unique combination of Western and Asian elements for people looking for a deeper relaxation.

RELAX

Relaxing Swedish massage with aromatic essential oil to enfold you with a soothing sensation that calms and relaxes the mind and eases tension away.

REJUVENATE

Apply1ng sports massage techniques to help the muscles to relax, improve circulation and restore flexibility, assist in alleviating stress and tension, drain away fatigue and muscle tension.



SPA BOOSTERS

BACK MASSAGE

Bliss out with an invigorating back massage that melts away the tension and tightness on your neck, shoulders and back.

30 mins \$80

LEG MASSAGE

Rejuvenate your legs and feet with this effective massage. It helps to relieve stress and tension, improve circulation and restore the body's natural state of equilibrium.

30 mins \$68 60 mins \$98

BODY POLISH

Relax while your skin is cleansed, exfoliated and mouisturised with Chinois organic flower scrub

30 mins \$78

EAR CANDLING

Relieves tinnitus, sinus pain and pressure, improves lymphatic fluid flow through the body. Complete with a soothing head massage.

45 mins \$78





FACIAL SPA

AROMATHERAPY FACIAL

Organic Facial treatment using selected aromatherapy preparations based on your individual skin type.

60 mins \$150 75 mins \$180 90 mins \$210

REJUVENATE

This deeply restorative face treatment softens, tightens and brightens. Noticeably lift, tone and firm the skin, leaving a flawless, healthy and younger looking complexion.

DETOX

This treatment detoxifies and cleanses while purifying and rebuilding skin texture.

SUNRISE

Rehydrating and replenishing, this treatment is ideal for tired and travel-weary skin.





COUPLE SPA SPECIAL

Step into a world of tranquility & relaxation with your loved ones with result-oriented treatments conducted in private treatment rooms.

ALLURING

(110mins) @\$420 for 2 persons

- Welcome drink
- 10-minute herbal foot soak
- 10-minute fruity back scrub
- 90-minute Swedish or Deep Tissue or Signature full body massage
- · Ginger tea serving
- Hot towel

ENCHANTING

(110mins) @\$420 for 2 persons

- Welcome drink
- 10-minute herbal foot soak
- 10-minute fruity back scrub
- 60-min Swedish or Deep Tissue or Signature full body massage
- 30-minute facial
- Ginger tea serving
- Hot towel



DESTRESS WITH YOUR LOVED ONES



COUPLE SPA

Massages or facials for couples, friends or family in need of relaxation

BODY MASSAGE	for 2	for 2 persons	
CHOICE OF CHINOIS SIGNATURE	60 mins	\$300	
RELAX <u>OR</u>	75 mins	\$360	
REJUVENATE TREATMENT	90 mins	\$420	

AROMATHERAPY	FACIAL	for 2	persons
CHOICE OF REJUVENATE	60	mins	\$300
DETOX <u>OR</u> SUNRISE	75	mins	\$360
TREATMENT	90	mins	\$420



EMBARK

ON A WELLNESS JOURNEY





CHINOIS SPA

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