

THE DAILY
CAFE &
MRKT.
GRACE BAY
ROAD
TCI

» FRESH PRESSED JUICE «

100% vegan, pressed to order

■ The Zesty Jug 10

Carrot, orange, lime, cayenne

Fresh orange, carrot, lime and hint of cayenne offering, tangy-sweet taste, rich vitamin C, antioxidants, and natural pulp.

■ Vibrant Vigour 10

Pineapple, ginger, lime, dates, turmeric

Nutrient-dense, cold-pressed juice designed to boost energy, support immunity, and promote detoxification.

■ Radiant Refreshments 10

Pineapple, apple, beets, ginger

Vibrant blend of pineapple, apple, beet, and ginger — a health-focused juice crafted to support glowing skin, boost energy, and aid natural detoxification.

■ Burst of Health 10

Apple, kale, spinach, parsley

A revitalizing mix of apple, kale, spinach, and parsley. Recharge and rejuvenate with this vital pick-me-up — perfect for any time of day.

FRUITS, JUICES & GRAINS

■ Fruits 8

Banana | seasonal melon | baked apples | stewed prunes

■ Preserved Juices 6

Orange | grapefruit | pineapple | apple | tomato | prune

■ Bruléed Grapefruit 5

Caramelized to perfection with ginger sugar for a bright, fragrant finish.

■ House-made Granola 🌱 12

Wholesome blend of coconut chips, cinnamon, assorted nuts, and honey.

■ Oatmeal 🌱 10

Warm and comforting, topped with brown sugar, dried cranberries, Granny Smith apple, and toasted almond.

■ Morning Pastries & Griddle 🏠 5

Danish | croissant | pain au chocolat | muffins

Toast: white | whole wheat | rye | bagel
Norlander bread | gluten free bread

Jellies: strawberry | grape
orange marmalade | guava | honey

Sugar free jellies served on request

▲ Vanilla French Toast 🏠🌱🥚 16

Light, fragrant vanilla-infused French toast served with maple butter and caramelized bananas.

▲ Short Stack Pancakes 🏠🌱🥚🥜 12

Fluffy pancakes served warm with maple butter, syrup, toasted pecans, salted caramel sauce.

▲ Waffles 🏠🌱🥚🥜 14

Crisp and golden, served with maple butter, warm syrup, whipped cream.

■ Yogurt 🏠 6

Plain | strawberry | banana | raspberry | blueberry

■ Cereals with Milk

(any one) 🏠🌱🥚 6

Frosted flakes | froot loops | low fat granola | cinnamon toast crunch | cheerios' | lucky charms | corn flakes

▲ Delicious Bowl - Shrimp & Grits 🏠🌱🥚 8

Southern comfort classic featuring buttery stone-ground grits and peppered shrimp, finished with fresh green onion.

■ VEGETARIAN ▲ NON-VEGETARIAN

🌱 CONTAINS GLUTEN 🏠 CONTAINS MILK 🥜 CONTAINS NUTS 🥚 CONTAINS EGG
 ✓ VEGAN 🐟 CONTAINS FISH 🦞 CONTAINS SHELLFISH 🐷 CONTAINS PORK

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LIGHTER FARE

🌱 Yogurt Parfait 🏠🌿🥥 12

Creamy hand-churned yogurt layered with fresh berries, granola, dates, and a drizzle of honey.

🌱 Avocado Toast 🌿 12

Butter fruit avocado on multi-grain bread, topped with red pepper flakes, and squeeze of lemon.

Add: Farm Raised Poached Egg 3

🌱 Breakfast Bowl 🏠🌿🥚 14

Mix of kale and spinach, topped with sesame seeds, feta cheese, fresh berries, and a sunny-side-up egg.

🌱 Smoked Salmon 🐟🏠🌿 20

Toasted bagel, cream cheese, sliced onion, and caper.

EGGS

🌱 Eggs Benedict 🏠🌿🥚🐖 14

Poached eggs on toasted English muffins, served with your choice of smoked ham, bacon, salmon, or snow crab.

Add: Lobster 11

🌱 Broken Egg Sandwich 🏠🌿🥚🐖 12

Rustic panini with fried eggs, bacon, and choice of cheddar or mozzarella.

🌱 Omelets 🏠🥚🐖 12

Choice of: Swiss | provolone

Classic cheese

Ham & cheese

Greek

spinach, feta, roasted peppers, oregano, toasted sourdough bread, sundried tomato butter

Spanish

roasted pepper, potato, onion & tomato salad

🌱 Make Your Own Omelet 14

Select any four from
below vegetable options

Bell pepper, onion, tomato, spinach, broccoli, cilantro, spring onion, mushroom, arugula, kale.

🌱 Eggs Any Style 🥚 12

Choose from fried, scrambled, soft boiled or hard boiled.

Sides (any two) 🐖

🌱 pork link sausage \$2 |

🌱 sliced ham \$2 | 🌱 turkey bacon \$2 |

🌱 hickory-smoked sliced bacon \$2 |

🌱 chicken sausage \$2 | 🌱 corned beef hash \$5 |

🌱 hashed brown potatoes \$2 | 🌱 baked beans \$2

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BEVERAGES

☑ Tea 🏠 5

Chamomile | English breakfast | earl grey | green ginger | herbal | lemon | organic zen

☑ Iced Tea 4

Peach | green apple | lemon | hibiscus | peppermint

☑ Coffee 5

Cappuccino | latte | espresso | regular coffee | decaffeinated

☑ Milk 5

Whole milk | skim milk | oat milk

☑ Chocolate Milk 5

☑ Hot Chocolate 5

SMOOTHIES

☑ Berry 🏠🥜 10

A refreshing blend of mixed berries, banana, orange juice, and Greek yogurt

☑ Banana & Walnut 🏠🥜 10

Banana, low-fat milk, Greek yogurt, and a touch of honey

☑ Tropicana 🏠🥜 10

Tropical mix of peach, pineapple, melon, banana, mango, and Greek yogurt

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» APPETIZERS «

▲ Salt Bay Conch Beignets 🌿 18

Golden, beer-battered conch fritters served with a zesty peppadew aioli and bright pineapple salsa.

▲ Island Freshly Cracked Conch Salad 🌿 18

Fresh local conch tossed with cherry tomatoes, cucumber, avocado, scotch bonnet, grapefruit, and plantain chips.

▲ Fried Calamari 🌿 18

Lightly seasoned, flash-fried calamari served with lemon aioli and a spicy arrabbiata dip.

▲ Classic Crab & Shrimp Cake with Remoulade Sauce 🌿 20

Exquisite pan-seared cakes brimming with tender crab and succulent bay shrimp, paired with charred corn and crisp apple slaw, finished with a rich, tangy remoulade.

▲ The Daily Chicken Wings 🍷 16

Crispy wings tossed in your choice of buffalo, BBQ, local peppajoy, or garlic-parmesan.

SALADS

■ Insalata Caprese 🍷🌿 14

Garden-ripe tomatoes layered with fresh mozzarella, basil pesto, toasted pine nuts, arugula, extra virgin olive oil, and balsamic reduction.

Caesar 🍷🌿🥚

Crisp romaine lettuce tossed in our signature Caesar dressing with shaved parmesan and artisan croutons.

Add: ▲ chicken 15 | ▲ shrimp 15 |

■ avocado 14

■ Summer Salad with Avocado 🌿 14

A vibrant mix of avocado, cherry tomatoes, cucumber, onion, and fresh basil, dressed in lemon and extra virgin olive oil.

» TEX MEX «

▲ Burrito 🍷🌿 22

A hearty roll of rice, black beans, peppers, onions, tomatoes, and mixed cheeses wrapped in a warm flour tortilla, served with house salsa roja.

Protein Options: beef | chicken | shrimp | smoked ham

▲ Grilled Steak Tacos 🍷🌿 22

Char-grilled steak tucked into soft corn tortillas with avocado crema, Chipotle sauce, onions, cheddar cheese, cilantro, accompanied greens, fries.

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OUR GLAMOROUS BURGERS

Served with any two:
waffle fries | coleslaw | mac n' cheese

▲ 80/20 Burger 25

A juicy beef patty layered with sundried tomato spread, provolone, lettuce, caramelized onions, truffle aioli on a toasted brioche bun.

▲ Smokehouse BBQ Burger 25

Smoked bacon, beef patty, melted cheddar, crispy onion strings, and BBQ ranch sauce on a brioche bun with lettuce.

▲ Crispy Chicken Burger with Buffalo Wing Sauce 22

Crispy chicken breast topped with melted cheese and fiery Buffalo sauce on a toasted brioche bun.

■ Veggie Burger Melt 20

A wholesome veggie patty of brown rice, mushrooms, onions and black beans on grilled multigrain bread with vegan cheese, avocado, cucumber, tomato, arugula, pickles, and garlic aioli.

THE HOUSE OF SARNIE – SANDWICHES

Choose your bread:
multigrain | milk bread | cheese bread

Served with any two:
fries | coleslaw | mac n' cheese

▲ Classic Chicken Salad Sandwich 18

Creamy chicken salad with roasted almonds, crisp lettuce, tomato, mayonnaise, and mustard.

▲ Philly Cheese Steak Sandwich 18

Thinly sliced beefsteak, caramelized onions, and melted cheese.

▲ Tuna Sandwich 20

House-made tuna salad blended with creamy mayonnaise, crisp celery, red onion, and a splash of fresh lemon juice. Served on freshly baked bread with lettuce and ripe tomato.

■ Bready, Steady, Go! 18

A fresh stack of lettuce, tomato, avocado, cucumber, onion, Muenster cheese, and honey mustard.

PASTA

▲ Penne with Chicken & Roasted Garlic 25

Chicken, pancetta, mushrooms, tomatoes, peas, and caramelized onions in a rich roasted garlic-parmesan cream sauce.

▲ Pasta Carbonara 25

Traditional spaghetti tossed with smoked bacon, egg, and a garlic-parmesan cream sauce.

▲ Spaghetti & Meatballs 26

House-made beef and Italian sausage meatballs served with tomato sauce and fresh basil.

■ Penne With Creamy Tomato Vodka Sauce 26

Broccoli, scotch, asparagus, peppers, tossed with garlic, fresh herbs, and parmesan.

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MAINS

▲ Fish & Chips 🌾🐟🐟 25

Hand-battered, crispy fried fish served with coleslaw, fries, and classic tartar sauce.

▲ Chicken Piccata 🏠🌾🥚 27

Sautéed chicken breast in a bright lemon-capers sauce with mushrooms, served over tender egg noodles.

▲ A Celebration Of Indian Culinary Heritage 🏠🌾 25

Traditional Indian favourites: velvety butter chicken, creamy chicken tikka, and cheese-stuffed green peas galettes, accompanied by fresh greens and flaky house-made bread.

▲ Chicken Biryani Casserole 🏠🌾 25

Tender pieces of marinated chicken are layered with fragrant Basmati rice, caramelized onions, fresh herbs, spices and premium saffron, and baked. Served with cucumber & mint yogurt.

DESSERTS

■ Chocolate Walnut Brownie 🏠🌾🥚 15

Dark chocolate brownie with toasted walnuts, chocolate sauce, vanilla ice cream.

■ Blueberry Cheesecake 🏠🌾 15

Cheesecake layered over a buttery golden crust, crowned with a luscious blueberry reduction bursting with sweetness.

■ Warm Chocolate Chip Cookie 🏠🌾 15

Freshly baked warm cookie served with vanilla ice cream and caramel sauce.

■ Ice Cream Delights 🏠 10

Selections as per our ice cream menu.

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