

Wellness Spa Menu

Ancient Grain Bowl — \$18.50

Pickled Onions, Cherry Tomatoes,
Fresh Mint, Parsley, Citrus Vinaigrette
Add Marinated Chicken ————— 8
Add Salmon ————— 10
Add Shrimp ————— 11

Mediterranean Moment — \$19.50

Assorted Fresh Vegetables, House-Made Roasted
Bell Pepper Hummus, Grilled Pita Bread

Cheese Platter — \$18.50

Trio of Local Cheeses, House Made Lavash

Granola Parfait — \$11.50

Nonfat Local Yogurt, Maple Syrup, Fresh Berries,
Homemade Pistachio Granola

Chocolate Strawberries — \$16.50

Six Chocolate-Dipped Strawberries

Beverages

Assorted Smoothies ————— 8
Wycliff Brut, Sparkling ————— 9 / 24
Miraval Cotes de Provence, Rosé ——— 15 / 55
Whitehaven, Sauvignon Blanc ————— 12 / 44
Ca 'Momi, Chardonnay ————— 12 / 42
Erath, "Resplendent," Pinot Noir ——— 12 / 38
Browne Family, Cabernet Sauvignon — 13 / 46
Mimosa ————— 10.50