

A SERENE ESCAPE TO RELAX REJUVENATE & spoil yourself! A luxurious oasis of tranquility and relaxation surrounded by lush tropical palms and gardens. From indulgent treatments to specialized programs, our Island Spa is the perfect destination to unwind and discover inner peace, balance and harmony.

six palms RELAX & RECOVER TO

RELAX ♥
RECOVER ™
REVITALISE ¾
RESTFUL ☞
REPLACE ❤
REJUVENATE 00

MASSAGE MAGIC

Complete your holiday with a well-deserved moment of relaxation and rejuvenation. There is nothing like it to refresh the mind, calm the nerves, and soothe the muscles.

Deep Muscular Massage

A medium to strong deep pressure massage. This massage releases stress, eases muscle tension, boosts circulation and improves mobility. Intensive strokes work to loosen and relax the muscles.

50 MIN / 80 MIN

Aromatherapy Stress Relief Massage

A light to medium pressure, slow movements. This massage activates the nerve endings and increases blood circulation. Aromatherapy massage oil will calm your senses and allow your mind to let go of the stresses of daily life.

50 MIN / 80 MIN

Thai Therapy Massage

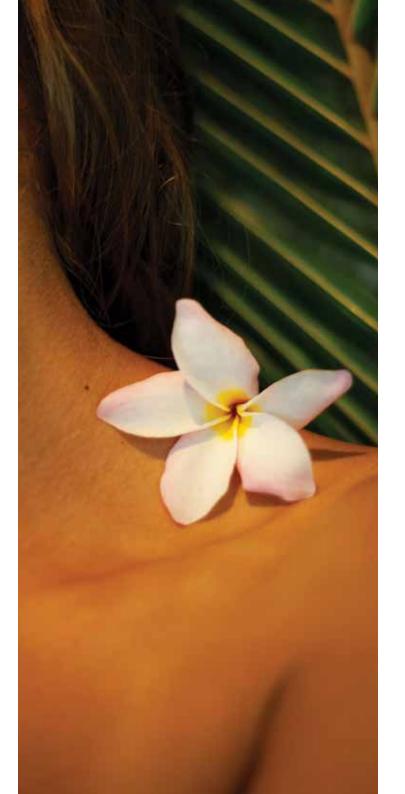
The unique ancient art of freeing energy flow throughout the body by releasing blockages along the body's energy lines. The massage is oil-free and focuses on pressure points and stretching techniques, which improves circulation and flexibility.

50 MIN / 80 MIN

Relaxing Foot & Leg Massage

Pamper your soles with this relaxing massage after a long day of traveling. A stimulating massage of the feet and leg, involving stretches and pressure points that will invigorate, relieve tension, and renew the entire body.

50 MIN



Thai Therapy (with Herbal Hot Compress)

Experience the perfect combination a stretching of a traditional Thai massage with the application of a warm herbal compress which contains healing herbs that's help remove tension, stiffness from muscles and leaves you with a feeling of deep relaxation.

80 MIN

Therapeutic Hot Stone Massage

The combination of the heat of the stones incorporated with our signature Relaxation Massage; allowing your therapist to better relieve muscle tension with less pain. This full-body session is the perfect treatment to loosen tight muscles, relieve stress, relax the body and mind.

80 MIN

Pregnancy Massage

This massage is specially designed for pregnant women and therefore particularly addresses back pain as well as tension in the shoulder and neck area. The massage can be performed on all expectant mothers from the fourth month and up to the middle of the seventh month.

50 MIN

Tension Back Neck & Shoulder Massage

This massage will loosen tense muscles using remedial-style deep tissue massage. To stimulate the nerves, loosen up tight muscles and remove stress, both emotionally and physically.

30 MIN

Couple Sunset Relaxing Massage with Crystal Sound Healing Therapy Floating

Starting with Awaken your senses with our signature organic coconut oil massage in the outdoor gardens that soothes, nourishes your skin and relax the body and mind. Smooth and soothing movements to ease tensions and stress away and will be leaving you totally rejuvenated. Followed by relaxing on the mat floating in spa pool, you simply relax and receive as sound therapy is created in the moment along with reducing stress, improving sleep and increasing relaxation.

90 MIN

AYURVEDIC RITUALS

SHIROBHYANGA — Indian Head Massage

This stress-relieving head massage does double duty by easing head and mental tension, as well as bringing vitality back to your hair and scalp. By focusing on the various Marma points in your head and neck, this massage promotes long-term relaxation and deeper, longer, and unbroken sleep.

40 MIN

SHIRODHARA - Third Eye Pour

Therapeutic oils are poured in a continuous stream (to bathe the head) directed to the mid fore-head. will soothe your mind, body, reduce stress and help improve your sleep.

45 MIN

ABHYANGA — Full Body Massage

The Abhyanga is the classic, begins with a gentle head massage and Hot medicinal oil with gentle, nourishing strokes. This treatment melts away stress, calms the nervous system, and revitalizes the immune system while gently. Warm, aromatic towel compresses are applied at the end, leaving you feeling refreshed and renewed.

50 MIN



FACIAL TREATMENTS

Focusing only natural, pure and effective ingredients using highest quality essential oil, organic vegetable oil, plants extracts to create bio facial products line to suit various skin types. Combining signature treatment steps to enhance the effectiveness and pleasurable journey to the clients-the journer of natural beautiful sensation to please your senses.

Cellulose Mask Facial 75 MIN

Benefits of this soothing treatment enhanced with jade guasa. Reduce redness and inflamed skin, reduce sunburn, rehydrate the skin and diminish appearance of fine line and wrinkles.

Black Magic Purifying Facial 50 MIN

Benefits of this deep cleansing enhanced with jade to clean the pores and eliminate excess sebum on the face control and balance oily skin to remineralizer the skin.

Green Perk Facial 50 MIN

The benefits of this treatment enhanced with Himalayan hot and cold stones. Stimulate circulation underneath the skin. Relax facial muscles tension. Help with lymphatic drainage.

Pink Radiance Facial 50 MIN

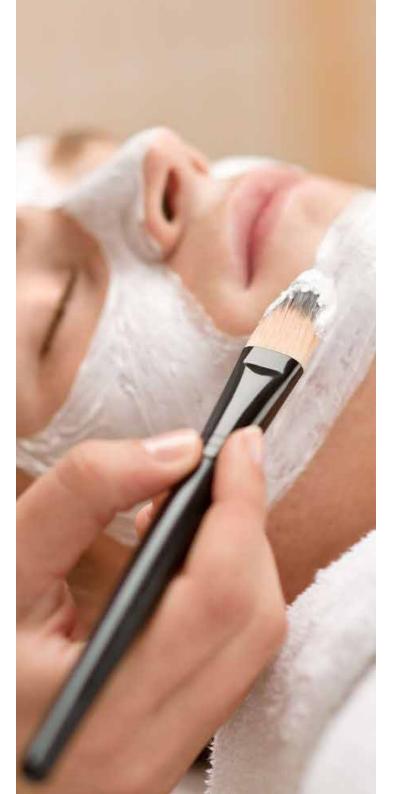
The benefits of this treatment enhance with cooling marbles. Helps tightening the skin. Improve uneven skin tone. Reduce skin inflammation from acne. Helps brightening the skin.

VINOBIE FACE RITUAL

VEGAN, SUSTAINABLE, INTENSIVELY NOURISHING

Vinoble skincare aims at making your skin healthy and leaving you with a feeling that we call skin happiness. This is the feeling you experience when your skin is perfectly hydrated, has a natural glow, and simply feels amazing. Skin happiness knows no age





CLASSIC FACIAL 30 MIN

Your ideal VINOBLE COSMETICS discovery treatment. Enjoy a relaxing facial massage with a face mask rich in active ingredients. The treatment is rounded off with skincare cream tailored to your skin type. For instantly visible results on any type of skin!

Ritual | Cleansing | Scrub | Facial Massage with Mask | Final Treatment

HYDRATION FACIAL 60 MIN

Happy skin in just one hour! This VINOBLE COSMETICS treatment can be tailored precisely to the needs of your skin. After cleansing and a scrub, you receive a soothing facial massage with a serum. This is followed by a nurturing cream mask with antioxidant or regenerating properties, depending on your skin type. While the mask takes effect, your hands are pampered with a hand massage. The treatment is rounded off with skincare cream tailored to your skin type. The result: Intensively nourished and relaxed skin that looks fresh and feels amazing!

Ritual | Cleansing | Scrub | Facial Massage with Serum | Cream Mask of your choice: Antioxidative or Regenerating | Final Treatment

FACE LIFTING FACIAL 90 MIN

Highly concentrated active ingredients for radiant eyes and intensive skincare. During this 90-minute VINOBLE COSMETICS treatment, your skin is boosted with a highly effective concentrate cocktail. Precious active ingredients tailored to your skin type penetrate deep into the skin and nourish it from within. The facial massage or cleansing is followed by a special Vinoble eye treatment that makes your eye zone look fresh again. After the special premium mask and personalized final treatment, your face is left looking youthful, firm and pampered.

Ritual | Cleansing | Scrub | Concentrate cocktail | Facial Massage | Eye care | Special lifting Mask | Final treatment

BODY TREATMENTS

Our therapists combine the skin-smoothing qualities of a body scrub and boy wrap with the soothing elements of massage to remove dry, flaky skin, increase circulation and aid detoxification. You will experience glowing and smooth skin.

BODY SCRUB

Aromatherapy Salt Glow

This deep cleansing specialty treatment gently exfoliates the body with salts from the Sea. Softer and smoother skin is attained by removing dull surface skin cells and adding moisture with Aromatherapy Lotion

40 MIN

Jojoba Bead Polish

Moisturize Jojoba beads regularly to release surface toxins and other impurities. Refreshing cucumber and hydrating aloe vera leaves your skin soft, smooth and radiant.

40 MIN

Seaweed Revitalizing Cream Scrub

Exfoliating Seaweed & Micro-Granules refine and smooth the skin. Lavender, Ylang Ylang, Sweet Marjoram, Petitgrain and natural oils are enriched to nourish and soften the skin leaving the skin feeling nice & soft.

40 MIN



BODY WRAP

Body Mask Amber & Vetiver (White Clay)

White clay with pure Amber essential. This miracle mud contains minerals to cleanse and balance the skin while tightening pores and improves circulation.

40 MIN

Body Mask Lemongrass & Orange Blossom

White mud based Body mask has soothing and regenerating properties. The infused essential oil enhances vitality and radiance. With purse lemongrass & Orange Blossom Jojoba oil Aloe Vera & Kaolin

40 MIN

Seaweed Revitalizing Wrap

Powerful seaweed algae are rich in antioxidants, Vitamin A, and fatty acids that can have anti-aging effects. As your skin absorbs these healthy nutrients, it gets a boost in cell regeneration and elasticity, can help reduce the appearance of wrinkles and cellulite.

40 MIN

SUN THERAPY

Pre - Sun Ritual 45 MIN

Perfect to have therapy in preparation to sun exposure that begins with a gentle exfoliation. Follow SunKiss Unscented SPF 50 to protect your skin. Perfect solution to sun protection suitable to all skin types and skin tones. Paraben free, cruelty free and Vegan. Sun Kiss's eco – conscious ocean friendly ingredients are packed with vitamins and skin loving anti-oxidants.

Post - Sun Ritual (Sun Soother) 40 MIN

Surrender to the healing properties of aloe and bergamot to deepen and extend your tan. The healing and moisturizing properties of aloe and lavender are an un unrivaled relief for skin stressed by sun exposure or dry conditions. Let us first wrap you soothing aloe gel before massaging you scalp, neck and feet.

XANADU PACKAGES

Choose a truly immersive Sanctuary spa experience for yourself or a loved one with a spa package that bundles multiple services together for total bliss.

SUNKISS APERITIF FOR COUPLES

Designed for your perfect first day of relaxation and the perfect start for your tan plan

- + Steam or Sauna & Plunge Pool
- ◆ Choice of Body Scrub
- ◆ Deep Muscular Massage
- ↑ A glass of Champagne

2.15 HOURS





ROMANCE RETREAT FOR COUPLES

- → Steam or Sauna & Plunge Pool
- → For him 30 min head massage / For Her 30 min facial
- → Deep Muscular Massage
- → A glass of Champagne

2.15 HOURS

HOUSTIC SIGNATURE EXPERIENCE

- → Abhyanga
- ◆ Shirobhyanga
- **♦** Shirodahra

2 HOURS

A TOUCH OF PARADISE

- ◆ Steam or Sauna
- → Jojoba bead Polish
- ◆ Aromatherapy Stress Relief Massage
- ◆ Express Facial

2.50 HOURS

DAY OF INDULGENCE

- ◆ Steam or Sauna
- → Seaweed Revitalizing Cream Scrub
- ◆ Seaweed Revitalizing Wrap
- → Deep Muscular Massage
- + Green Perk Facial
- * Express Mani & Express Pedi (Normal Polish)

4.50 HOURS



DESTINY PACKAGES

Relax 3 DAYS PACKAGE

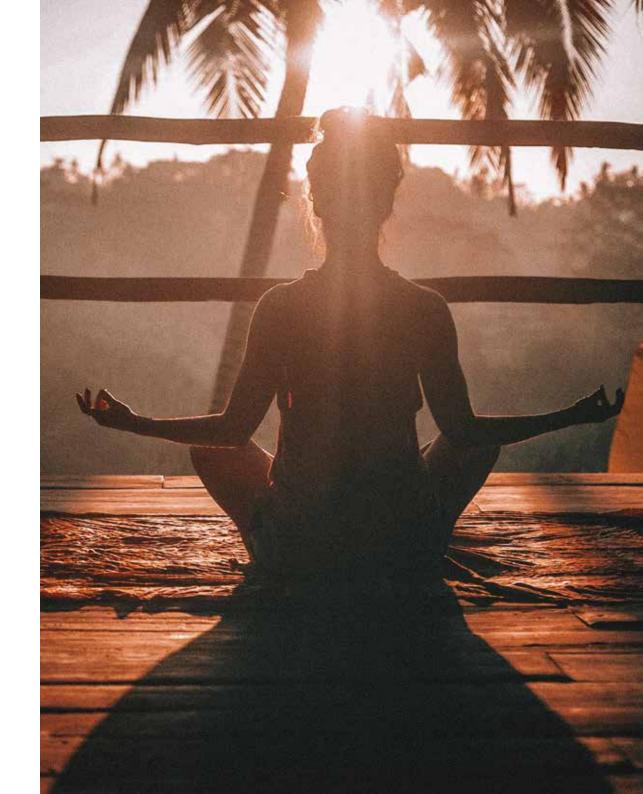
- DAY 1 Sunset or Sunrise Yoga in your private villa or on the beach
- DAY 2 Aromatherapy Stress Relief Massage (50 mins)
- DAY 3 Black Magic Purifying Facial

Recover 5 DAYS PACKAGE

- DAY 1 Sunset or Sunrise Yoga in your private villa or on the beach
- DAY 2 Massage (50 mins) and Shiro Dhara
- DAY 3 Choice of Steam or Sauna + Body Scrub & Body Wrap
- DAY 4 Green Perk Facial
- DAY 5 Express Normal Polish Manicure & Pedicure

Revitalize 7 DAYS PACKAGE

- DAY 1 Choice of Steam or Sauna + Body Scrub & Body Wrap
- DAY 2 Deep Muscular Massage (50 mins)
- DAY 3 Sunset or Sunrise Yoga in your private villa or on the beach
- DAY 4 Abhyanga Massage and Shiro Dhara
- DAY 5 Foot & Leg Massage
- DAY 6 Pink Radiance Facial
- DAY 7 Coconut Hair Mask + Express Normal Polish Mani & Pedi





KIDS MENU 4-10 YEARS

Kid Massage 30MINS / 50MINS

Fancy Fingers Mani 20 MINS

Twinkle Toes Pedi 20 MINS

Coconut Gentle Polish 30 MINS

Prince or Princess Care Package

- ★ Kid Massage & Mani + Pedi 60 MINS
- → Kid Massage & Facial 60 MINS
- → Kid Massage & Body Scrub 60 MINS

Family Getaway Package 1 ADULT & 1 CHILD

- → Massage and Facial 60 MINS
- → Massage and Mani & Pedi (Child) 60 MINS Massage and choice of Quickie Normal Polish Mani or Quickie Normal Polish Pedi (Adult)

BEAUTY SALON

ALL IN THE HAIR

Shampoo & Blow Dry (Short) 45MIN
Shampoo & Blow Dry (Long) 60MINCoconut Hair and Scalp Treatment 45MIN
Bridal Hair & Make Up
Hair cutting is available on special request

A QUICK WAX

Underarm
Upper Lip
Half Leg
Full Leg
Half Arm
Full Arm
Back / Chest
Bikini Line
Brazilians

SOMETHING EXTRA?

In Villa Bath Set Up
In Villa Massage (Extra Charge per guest)
Steam, Sauna and Spa Plunge Pool 45MIN
Private Yoga – Single 60MIN
Private Yoga – Couple 60MIN



THE NAILS SOCIALS

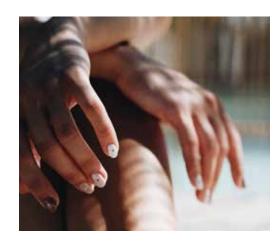
Treat your hand and feet to the care they deserve. From the basic to the indulgent, our treatments focus on the health and integrity of your nails first, creating a beautiful finish.

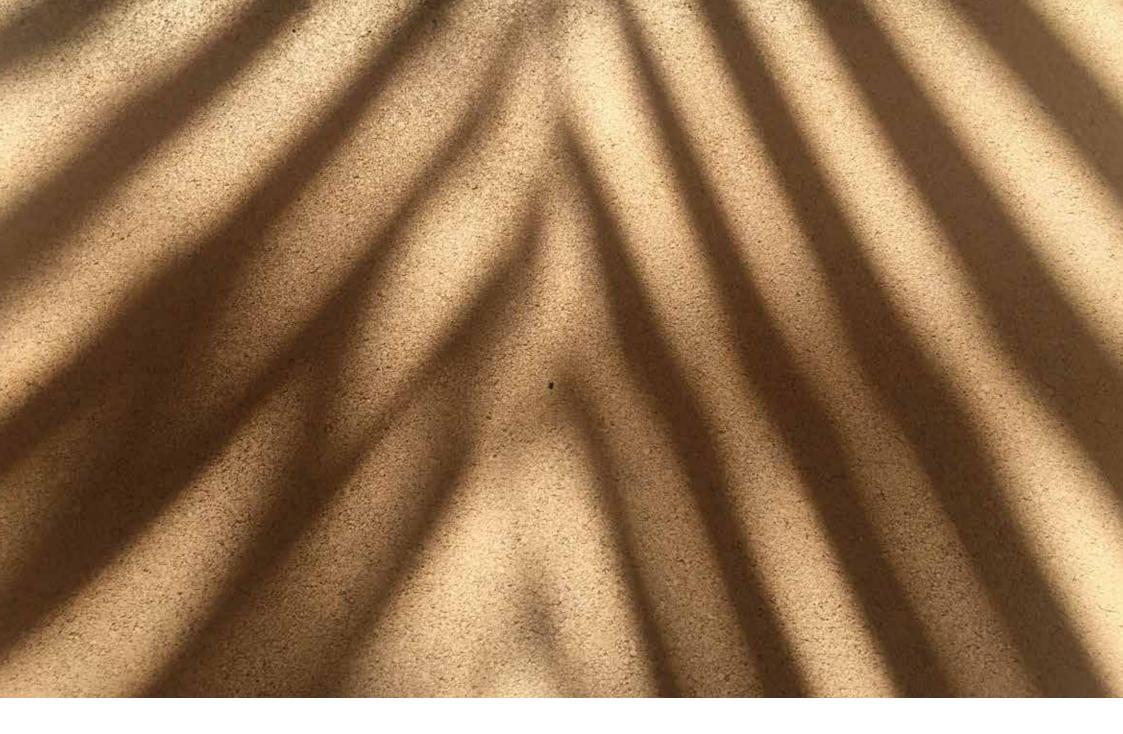
Polish Only a fresh coat of polish NORMAL POLISH 15MIN / GEL 30MIN

Quickie a no-nonsense shape and polish NORMAL POLISH 30MIN / GEL 45MIN

Signature our classic service includes: nail shaping, cuticle care, exfoliating and a massage. Finish off with a fresh coat of polish.

- → Gel Manicure 80MIN
- → Gel Pedicure 80MIN
- → Classic Manicure 60 MIN
- → Classic Pedicure 60 MIN





All prices are quoted US dollars and subject to additional 10% service charge and 16% government taxes