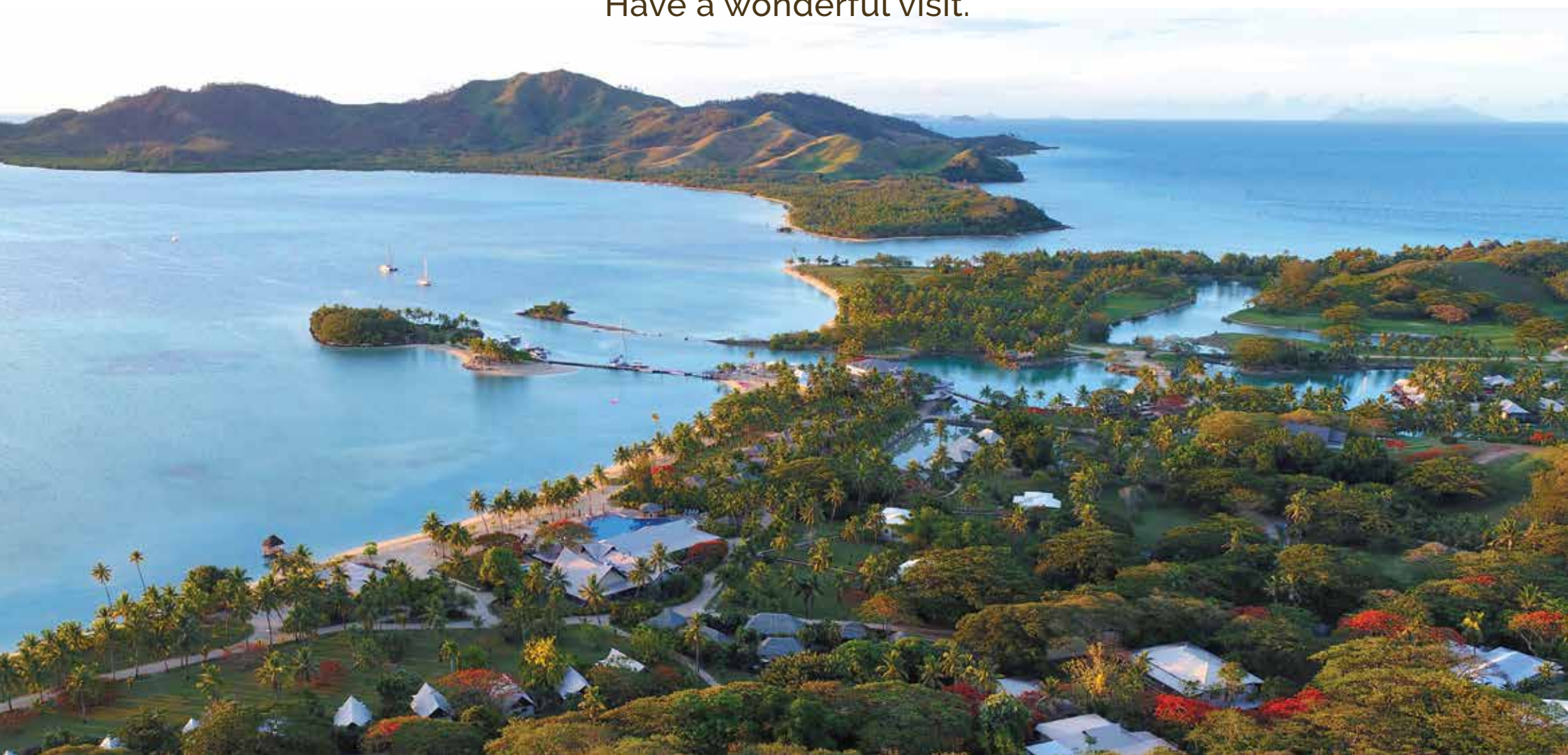




# *Your Island Guide*

Have a wonderful visit.







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# About Musket Cove

Malolo Lailai the home of Musket Cove and is located in the Mamanuca group of Islands. You'll find the pace of Island life a little slower than normal, just the way we like it, ensuring all the stresses you came with will be far from your mind by the time you leave. The island consists of 240 hectares with 10kms of palm fringed beaches and hiking trails.

## About us

The resort is family owned soon to celebrate 50 years' in the Fijian hospitality industry. During your stay you will be hosted by 170 extremely warm and hospitable staff who, like us, treat this as their home, and you as our guests.

## Island History

In 1872, Malolo Lailai was sold to John Thomson by Ratu Kini, a Nadroga Chief (Chief of the area). Malolo Lailai being uninhabited, was purchased to plant cotton, which was in scarce supply at the time. Thomson died in 1876 and Malolo Lailai was sold to an American named Louis Armstrong. Armstrong later died bankrupt and the island was transferred to the Mortgage Agency of Australasia Ltd, who sold and transferred the island to James Borron in November 1891. Borron leased Malolo Lailai to a Chinese family by the name of Wongket for 70 years to grow copra.

However, with Wongket's agreement to cut short the lease and some years later, it was sold to three owners, Richard Smith, Reg Raffe & Sir Ian MacFarlane. The three then renamed Malolo Lailai as Leeward Island in the late 60's. In the early 1970's the three gentlemen decided to part ways and individually manage their portion of the island. By then the airstrip was built which ran as a boundary and divided the now Plantation Island Resort and Musket Cove Resort. In 1969 Plantation Village Resort opened with six rooms, now known as Plantation Island Resort.

Smith started building Musket Cove, which was then casually known as Dick's Place and on the 03rd of October 1976, Musket Cove Island Resort was born. The resort opened with twelve Bures and some 40 years later, Musket Cove proudly stand as Fiji's Oldest Resort Company boasting a diverse range of Accommodation choices with 55 Bures and Villas, Villa residential development, Marina, a day Spa, Bar & restaurant. In the year 2000, Sir Ian MacFarlane sold his share of Malolo Lailai to the remaining two partners. The islands ownership boundary is now defined by the airstrip, with the 400 acres north of the airstrip belonging to Musket Cove island resort. Today it is still an entirely Fijian owned and operated company with over 170 employees.

# Tips and Information

## **Air-Conditioning**

All rooms and bures are air-conditioned. Our power is supplied via diesel powered generators, and energy consumption does have an environmental impact. We encourage you to set the air-conditioning to 23 - 25 degrees Celsius, and switch off when your bure is unoccupied or windows and doors are open.

## **Baby Sitting**

Available at \$10 per child/per hour. Bookings made no later than 10am on the day. Maximum two children per sitter. Parents will need to sign a waiver. Book at reception

## **Boutique**

Open 8:30am to 6:00pm daily offering casual resort wear, Camilla Kaftans, Honey and Jasper St Jude tropical wear, footwear, beach bags, local jewelry including world class J Hunter Fiji pearls, handcrafted Fiji made souvenirs, books, postcards & pharmacy items.

## **Check-in / Check-out times**

Check-out time is 10:00am Check-in time is 1:00pm

Late checkout maybe arranged with minimum 24 hours prior notice and subject to availability. Charges apply. Please allow ample time to settle your bill prior to checkout.

## **Church Service**

Sunday and special occasion services are conducted on the island. For further details contact Reception.

## **Complaints**

Your comfort and guest experience is important to us. So if you have any issues regarding your stay please contact management at your earliest convenience. Management can be contacted via Reception.

## **Credit Cards**

We accept Visa card, MasterCard, Diners and American Express. A Fiji Reserve bank mandated 3.5% surcharge is added to all credit card transactions.

## **Currency Exchange**

Available at Reception (paper currency only).

## **Day Rooms**

If you want to take full advantage of our island we offer two complementary day rooms if you need to check out early and would like to catch a later transfer. Located at the Trader and subject to availability.

# Tips and Information

## Departures

Please present your travel vouchers and itinerary to Reception to re-confirm your onward journey. Reception should be advised of any changes at least 24 hours prior to departure. Guests are requested to pre-check luggage collection and courtesy transport with reception.

## Do Not Disturb

Please place the bilo (half coconut shell) on the outside door handle. You may also request a preferred time for your room to be serviced.

## Dress Code

Musket Cove has a very easy going and casual atmosphere, typical of Island life. However, we ask you to consider others and dress neatly around the restaurant and bars at all times. No wet swimming costumes in Dicks Place Bistro and Trader Cafe.

## Drones

Due to safety and privacy concerns, Musket Cove Island Resort and Marina prohibits the operation or use of unmanned aerial systems, or drones. Details in Emergency and Safety section below.

## DVD Library

A complimentary DVD library is available. Please enquire at Trader Boutique.

## Electricity

Diesel generated electricity supplies 240 Volt AC power throughout the Resort. Sockets are 3 pin plugs (same as Australia/New Zealand).

## Farm & Organic Eggs

Visit our Organic Farm. Located back side of island not far from centre of airstrip. We proudly grow a large percentage of organic fruits, vegetables & herbs. We also have some of the worlds luckiest chickens. Which produce fresh organic eggs daily. All available for sale in our Trader General Store

## Fishing

Musket Cove and its surrounding waters are a Marine sanctuary and all forms of fishing are prohibited. Please help preserve our marine wonderland for future generations. Game fishing trips can be arranged. Please see Watersports / Activities Bure.

## Games & Library

A range of board games are available at "Dick's Place" bistro lounge. Please return intact. We also offer a small swap library of books. Feel free to borrow during your stay and return before departure. We are grateful for any books you may wish to donate.

## Hair Dryers

Hair dryers are provided in each guest bathroom.



### **Honey**

On Malolo Lailai we operate several bee hives and produce our very own honey. With amazing flavours from coconut, mango, papaya and other flowering plants. Used in our cooking and available for sale in the Trader General Store.

### **Housekeeping**

Our housekeeping staff will service your room between 8:30am & 5:00pm. Please inform your room attendant if you have a preferred time. She will do her best to comply, but no guarantees.

### **In-Room Safe**

Each room is equipment with a digital safe. Follow the operating instructions located on the safe.

### **Internet / WIFI Access**

FREE WIFI is available throughout the resort. If you would like to upgrade to higher speed bandwidth. Follow the prompts when you log in.

### **Iron & Ironing Board**

An iron and ironing board is located in your room. For your safety, please ensure that you unplug the iron when finished. For safety reasons, irons are not placed in the Raintree rooms – please ask at the laundry.

### **Laundry**

A guest wash and fold service is available, for a fee. Alternatively a token operated Laundromat is located at the Marina (tokens available from the Trader general store).

### **Local Customs**

Fijian people are renowned for being friendly and hospitable and should you visit a village, home or church, please dress conservatively. Before entering, remove shoes. We ask that you respect customs and beliefs. Please do not offer alcohol to staff or villagers.

### **Lost & Found Items**

Our reception holds all lost and found articles.

### **Maintenance**

Should you notice any maintenance issues in your bure, please let reception know. Your feedback is most welcome.

### **Malolo Cat Ferry Service**

Four return services daily operate between Musket Cove Resort and Port Denarau. Coach services between Nadi Airport / Nadi Hotels and Port Denarau. Private speedboat charters, seaplane or helicopter transfers can also be arranged.

### **Mail**

Letter box located next to reception. Stamps available from the Trader Boutique. Incoming mail will be held at reception for collection.

# Tips and Information

## Medical Assistance

First aid and minor medical attention is available with a nurse at the clinic at Plantation Resort. Aircraft and boat evacuation available for emergencies.

## Mosquitoes / Zika

As a tropical island mosquito are a part of life. For sensitive skin apply repellent, especially neck and ankle areas. Vape mats are also available in each room. To control mosquitoes, we mist daily.

If you are concerned about Zika we suggest you contact your embassy/consulate for further details.

## Reception

Open 7:00am to Midnight daily.

## Restaurants

Dick's Place Lounge & Bistro located poolside. Trader Café – Marinas edge in the Trader.

Both open breakfast, lunch and dinner. MCYC Island Bar – Cook your own BBQ's. Order BBQ pack from Trader Café no later than 4pm.

## Room Charges

Resort guests may charge all purchases to your room account. Your bills are available at reception for checking at any time.

## Special Occasions

Should you wish to celebrate a birthday, anniversary, wedding, etc. We'd love to help. Our events coordinator would be pleased to assist.

## Pools

Open during daylight hours. Please abide by pool rules. Children under 12 years must be accompanied by an adult. Please note that there is no lifeguard on duty. For the comfort of all, Sun lounges and cabanas cannot be reserved. Unaccompanied towels and belongings will be removed after 30 minutes.

## Snooker

A full size snooker table is available in the Naqase Room adjacent to Dicks Place. Strictly adults only.

## Spa

Open daily and offers a full range of massage, beauty, and salon services please see Makare Wellness Spa page.

## Trader general store

Open 8:00am to 7:00pm daily.

## Telephone

Calls can be made at reception. Phone cards and recharge cards can be purchased at The Trader general store.





### **Television**

The resort has a TV room located adjacent to Dick's Place Bistro & Bar. We have a range of Satellite TV Stations. Please ask for assistance at the Bar.

### **Tides**

Daily tide times are shown on the activity board located at the Watersports Bure. Some activities can be affected by the tides. Deep water swimming is available at the end of Coral Cay Island. Behind the Island Bar

### **Towels & Linen**

As part of our environmental commitment we encourage guests to support our reduction in laundry and detergents used. During your stay, your bed will be made daily but the sheets will not be changed unless you place the "bilo" (half coconut shell) that has been provided in your room on the unmade bed in the morning and then your housekeeper will know to change the sheets.

Should you wish to re-use your towels please place them on the towel rail provided. Should you place your towels on the floor we will be delighted to replace them for you.

### **Treks**

Malolo Lailai Island has plenty of areas to explore. Trek over the hills to explore our coconut grove and palm fringed beaches. Drop by and see our Organic Garden team tending their vegetable and fruit gardens. Guided treks are also available. Check with reception. Please wear a hat and take plenty of water.

### **Weddings**

If you get caught up in the moment and wish to get married, we can assist by arranging everything you need for an island wedding ceremony including; the legalities, attire, flowers, and photography. Simply advise reception and our Events Coordinator will be happy to assist.

# Eat and Drink

## **Dick's place Bar & Bistro**

For breakfast lunch and dinner at the heart of the Resort overlooking the lagoon pool and beachfront. We believe that one of the best ways to discover a culture is through food, with this in mind our menus showcase the best and freshest local produce and seafood from our neighboring village. Offering a true taste of Fiji and it's varied cuisines. Enjoy our A La Carte or indulge at one of Musket's legendary theme nights. An excellent selection wines, local and imported spirits, beers and cocktails are also available.

## **Trader Cafe**

Located on the edge of our Marina. A wonderfully relaxing venue for a cafe style meal, gourmet pizza, ice cream or merely to chat over a cup of coffee or freshly squeezed juice. The Trader cafe serves a large variety of coffees, teas, and cool drinks ideal for a day in the tropics. The menu encompasses a great choice of light healthy cafe cuisine. With all day breakfast and take away available. A comfy place to sit and watch the world go by.

## **The Musket Cove Yacht Club**

Known affectionately by locals and Yachties alike as the Island Bar and linked to the resort by the marina walkway. This iconic sand between the toes beach bar with casual atmosphere must not be missed. Drinks at yacht club prices and with cook your own BBQs (order at Trader Café). This venue makes for a perfect informal evenings entertainment. The Martin Livingstone designed bar and chill out areas exudes a relaxed atmosphere rarely found in a resort environment.

## **The Trader General Store**

Our island gourmet market supplies daily fresh fruit and vegetables from the islands organic farm. There is an excellent selection of cheeses, dairy, dry goods and deli items. For those with a sweet tooth, chocolate, sweets, ice creams and cold drinks to quench the thirst are also available. Cakes, cookies and specialty items are baked daily in our bakery. Open daily from 8:00am till 7:00pm.

## **Malolo Lailai Farm**

Our organic farm located on the back side of the island allows us to provide you with the freshest produce. Our herbs, lettuces, fruit and vegetables are harvested and delivered to the Trader and kitchen daily. We pride ourselves on our sustainable farming techniques with no herbicides and pesticides used. During your stay you are encouraged to visit. Our farmer loves visitors. Come and meet our Fiji Chooks.

# *Dive into paradise with subsurface Fiji*

Fiji is world famous for its fantastic diving.

With 300 islands and atolls interconnected by beautiful hard and soft coral reefs and populated by teeming tropical fish it is unrivaled in its variety and easy accessibility.

This network of coral reefs provides the perfect playground for divers of all levels. The shallow fringing reefs and protected lagoons are perfect for the novice, whilst for the more advanced there are the wrecks, drift dives, walls, canyons, pinnacles, and pelagic outer reef experiences. Looking for some more adventure? Join us on our Shark Encounter dive trips, departing twice weekly.

Subsurface Fiji is largest PADI 5 Star facility in Fiji, with 28 years of diving experience. You can be sure of a fun and safe experience with a company with unrivalled knowledge of diving in the Mamanuca Region. We offer individual or group dive trips for a single day or dive packages over several days. Everything you need to make your Fiji diving experience great!!

Dive Today!!!

You have always wanted to try scuba diving, but not sure if its for you? You can find out with our "PADI Discover Scuba Diving" program. Learn the scuba basics in the pool and then it's off to dive the world famous reefs with the guidance of your PADI Dive Instructor. Want to do it all over again? You can keep diving during your stay here on the island. It is a fun and easy introduction to scuba diving for anyone 10 years and older.

Become a PADI Certified diver in the warm Fijian waters...

Our professionally trained PADI instructors have many years of experience in guiding their student's first breath underwater!!! Take the first step with a PADI Open Water Diver Course, a lifetime certification you can complete in just 2 1/2 days.

Lets Go Diving!

If you are already a certified diver, let us take you diving at the fantastic sites in the Mamanucas'. There are over 30 dive sites to choose from, including the popular Supermarket shark encounter, stunning Tavarua Wall, Gotham City known for its Bat Fish and Morey Eels, or the world famous Wilkes Passage to experience the excitement and beauty of our underwater treasure.

Please visit the Subsurface PADI 5 Star Scuba Diving center, located at the marina. The experienced & friendly crew looks forward to sharing their slice of paradise with you. Open everyday from 8.00.am

Make sure you call into the dive shop to pick up your free copy of the Subsurface Fiji dive site map, which shows all of the Mamanuca Islands and its famous reefs.





## Activities and Things to do

Musket has one of the most sheltered bays in the Mamanucas for indulging in the range of activities that are available each day.

We offer a host of complimentary activities to get you started: windsurfing, kayaks, twice daily snorkeling trips, and complimentary snorkeling equipment for the duration of your stay.

Other exciting options included: Hobie Cats, SUP boards, Cruiser Bike Rental, sports fishing, sunset cruises, day trips to nearby island resorts, sailing cruises and shopping excursions to the mainland.

If you'd like a taste of Fiji culture our neighboring village invites you to visit. We arrange regular "Shell Village" tours for a nominal fee per person. Which is donated to the Village

Across the bay at Plantation you can indulge in parafling or enjoy a game of fun 9 hole golf.

There are numerous jogging and trekking tracks and we offer regular guided treks showcasing Fiji natural flora and medicines. Also a visit to our organic vegetable farm.

*See the team at the Activities Bure for details and to book your activity.*

# Musket Excursions and Fishing

Explore neighboring islands, experience a pod of dolphins, snorkel pristine reefs or try your luck at fishing.

We have it covered. Times may vary depending on demand and tides. Please check with Watersports Bure first.

## **Early morning Dolphin Safari**

Enjoy the calm of the early morning whilst cruising out through the Namotu passage past the legendary surf islands of Tavarua and Namotu. If the swell is right, you'll see early morning surfers and hopefully the resident pod of spinner dolphins. Back in time for breakfast.

## **Island Hop and Snorkel excursion**

A relaxing cruise to experience the beauty of our neighboring islands and pristine reefs. Cruising past the island of Malolo. Past Vunabaka, Malolo Island Resort, Wadigi, Castaway and more. We'll stop off at one of the resorts. Followed by a snorkel at Honeymoon Islands fringing reef.

## **Cloud 9**

Visit this unique floating bar on the outer reefs edge. Chill out on the day beds, have a snorkel or indulge in their cool cocktails or pizzas. Afternoons are the best time to visit after the rush.

## **Sunset Cruise**

A leisurely 1.5-hour cruise through the sheltered waters of neighboring lagoons. The perfect way to wind down at the end of another day in paradise. Includes beer, wine, water & snacks. Charters can be arranged

## **Sport Fishing**

Trolling and popper fishing along the reefs inside the Malolo Barrier. Target fish; GT'S, Dog tooth tuna, Coral trout, Walu, Barracuda and reef fish. Chef will gladly prepare and cook your catch.

## **Game Fishing**

Our local Captain has over 20 years' experience fishing these areas. We use Shimano rods & reels for jigging or popping. And have a large selection of lures. Charters welcome.

## **Day Charters and Transfers**

Full and half day charters available. Design your own unrestricted day out, cruising, exploring or visiting neighboring resorts. Let us know and we'll design your perfect day in paradise.

# Makare Wellness Spa

The name MAKARE describes clear calm waters. A feeling of which we embrace throughout your spa experience — Calmness that gives you strength revitalizes your well being.

Nestle into the luxury of MAKARE unique spa services. Enjoy the soothing, ambiance of your surrounding and restore your natural sense of wellness and clarity.

At MAKARE we will entice your senses and fulfill your expectations.

Here is a [sample](#) of treatments. Visit the spa for our full selection of treatments.

## **Traditional Makare Facial**

Discover some of Fiji's secret beauty traditions. This gentle yet effective facial uses traditional Fijian methods made with ingredients picked from nature's abundant, living shelf. Cleansing minerals, soothing fruits, and nourishing plant extracts are used to cleanse, refine, restore and hydrate the skin. Incorporating acupressure and stroking massage to the face, scalp, neck, shoulders, hands and feet, ensures that you will leave feeling revitalized.

## **Men's Facial Retreat**

This super-grooming, deep cleansing facial decongests the skin, to help eliminate blocked pores, accelerate skin repair and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long lasting defense against the damaging effects of daily pollution, leaving the skin clear, clean and revitalised

## **Body Language**

Makare's luxurious massages invite your senses to let go, while your mind is calmed and your skin nourished by the use of exotic oils, essences and healing hands.

## **Makare Massage**

Wind down, relax and surrender yourself to the delights of the Makare signature treatment while two professional therapists massage you. Experience our unique blend of five massage styles including Swedish, Lomilomi, Balinese, Shiatsu and Thai, as the two therapists work together in harmonious rhythm.

## **Makare Wrapture**

Purely enticing body scrubs, wraps and treatments to leave your skin feeling soft, smooth and enriched with nature's abundant goodness and beauty.

## **Sanctuary for one ~ paradise for two**

Our spa packages combine our exquisite treatments into the perfect way to melt away your worries and escape the limits of time. Our spa suites are sanctuaries for one, or paradise for two to enjoy side-by-side massages and body treatments. Come to your senses...and enjoy Makare's indulgences on a perfect day in paradise.

## **Salon Services**

A complete range of services available – hair, nails, waxing, makeup, braids.

Spa and Salon are open daily from 8.30am to 6pm.

Please touch 260 on your guest phone for reservations and information.



# Musket Accommodation

From Fijian style thatched Bures to spacious two bedroom Villas, there is a variety of accommodation to suit your holiday style. Our 55 Rooms, Bures and Villas reflect a rustic and relaxed Fijian style. Categories are:

## Raintree House

Raintree House is a large colonial inspired building with open veranda and shaded by beautiful rain-trees. These large hotel rooms, are the perfect little hideaway, located just a short walk to the resort pool, restaurant and beach. Each room can sleep up to 3 people with one king size bed and one single bed. Children under 15 years of age are not permitted. **38sq m / 410 sq ft**

## Garden Bure

Fifteen open plan air-conditioned bures scattered amongst the lush gardens and open lawn of the resort. All within a two minute stroll to the beach and resort facilities. The bures are large and spacious. With separate living room, large bathroom, outdoor lanai and quality fittings and amenities. For those wanting more privacy we offer a row of bures under the shade of rain trees, with outdoor showers. Our Garden bures are perfect for families of all ages **55sq m / 590 sq ft**

## Lagoon Bure

Six light and airy overwater bures located along an inland lagoon. The perfect place to sit, relax and watch the world go by on your private lanai. Bures are a leisurely two-minute stroll to the beach or Marina and well located to all resort facilities. For safety, children under five are not permitted in this category **60 sq m / 645 sq ft**

## Beach front bure

Scattered along the beachfront, our Beachfront bures are a few lazy steps to the water's edge. These spacious traditional Fiji style bures are full of charm. With high-pitched ceilings, large ensuite bathroom, separate living room with breakfast bar, outdoor covered terrace and private hammock. Ideal for Honeymooners or couples. Available for children over 15. **65 sq m / 700 sq ft**

## Island Villas

Ten, two bedroom waters edge villas situated on their own private island. With a private shared pool and BBQ area. Each villa features 2 identical bedrooms with ensuite bathrooms. Living room with kitchenette and large outdoor covered terrace. These villas are Ideal for families, singles and couples sharing a holiday. Age restrictions apply. **90sq m 970 sq ft**

## Garden Villas

These fabulous split-level villas are set in the resort gardens with easy access to the beach and all facilities. Decorated with warm colours and stunning local artwork. Sleeping up to 5 people, these recently refurbished 2 bedroom villas offer separate bathrooms, living room, kitchenette and outdoor verandah with plunge pool. Making them a home away from home for a family, group of friends or couples. **95sq m / 1020sq ft**

# Musket Weddings and Events

## Musket Weddings

When planning your special day, a palm fringed Tropical Island with warm friendly staff is usually high on the agenda. Another priority would be to find a place with a clear understanding of your needs, ensuring your magical day is one of dreams. At Musket Cove our team is committed to make every wedding is as individual as you.

Please contact our events coordinator or visit our website

[www.musketcovefiji.com](http://www.musketcovefiji.com)

Gloria Osborne – [events@musketcovefiji.com](mailto:events@musketcovefiji.com) P. (679) 6662215

*"Paradise is just a dream away at Musket Cove"*

## Meeting/Banquet room information

Facility	Sq.m	Height	Cocktail	Theatre	Banquet
Marama Room	200	4m	150*	100	100
Dicks Place	180	3.5m	70	60	50

Marama Room opens onto a private outdoor terrace and lawned gardens. Catering for an additional 75 guests for cocktail parties or is ideal for product displays and breakout areas. Dicks Place is our main restaurant with an open plan dining and Buffet area

Please contact our events coordinator or visit our website

[www.musketcovefiji.com](http://www.musketcovefiji.com) Gloria Osborne – [events@musketcovefiji.com](mailto:events@musketcovefiji.com)

P. (679) 6662215

# *A better environment ... we care*

## **Vision and Guiding Principles**

At Musket Cove, we care about the health and welfare of our employees, our guests, our community & our planet.

We are committed to providing a safe healthy work place by conserving energy & protecting our natural resources, for today and future generations.

Special consideration will always be given to employing and empowering our Fiji employees, and wherever possible, embrace environmentally sustainable, practices and locally sourced products and services.

## **Environmental policy**

- Conserve and protect natural resources. Both marine and land based.
- Control and prevent pollution by using eco-friendly materials.
- Operate in compliance with all relevant Fiji environmental legislations.
- Promote environmental awareness, and educate our employees on environmental issues and sustainable working practices.
- Be an environmentally responsible neighbor in the community
- Develop and improve operations and technologies to minimize waste and other pollution.
- Minimize health and safety risks, and dispose of waste safely and responsibly
- Reduce waste through re-use and recycling
- Ensure the responsible use of energy, including conserving energy & improving energy efficiency.

- Communicate our environmental commitment to staff and guests.
- Use Fiji made goods, produce and services wherever possible.

## **Waste Management Plan**

Waste management techniques generally fall into the following categories

1. Reducing ~ decreasing the amount of a product being consumed or used.
2. Reusing ~ using a product again for its original purpose without any treatment or modification (i.e. food waste to pig farm or compost).
3. Recycling ~ separating glass, plastic & tins
4. Recovery ~ extracting and using materials and energy from the waste stream products.

## **Management of Freshwater Resources**

Water is the basis of life and wise use should always be encouraged

We strive to minimise freshwater consumption and continue to implement water-saving practices and innovative technologies throughout the resort and island. Rainfall is harvested and waste water reused to water gardens and grounds.

Water management techniques generally fall into three categories:

1. Waste ~ Reducing losses (for example, fixing leaky faucets, pipes & checking "green" patches)
2. Volume ~ Reducing consumption by using low-flow toilets and automatic shut-off faucets
3. Recycling ~ Reusing water that would otherwise be discarded.

**Environmental initiatives.**

1. Educate employees on waste management opportunities and goals.
2. Remind employees and visitors to conserve water ~ education and include things like water use figures.
3. Compost food wastes, grass clippings and garden debris for use in landscaping re-vegetation areas & farm.
4. Use reusable cups, dishes and utensils in outlets.
5. Investigate the use of biodegradable plastic products such as cups, plates, utensils.
6. Repurpose stained /damaged sheets & towels.
7. Recycle office paper, cardboard, newspaper, aluminium, glass, plastic where possible.
8. Replace disposable products with reusable, durable products wherever feasible.
9. Reuse incoming packaging for outgoing shipments. Envelopes and folders can be reused for routing in house mail and correspondence.
10. Purchase in bulk wherever possible, i.e. combine office supply orders into one large order ~ ordering in bulk reduces packaging waste and saves time, energy and money.
11. Purchase products in refillable, reusable or at least recyclable containers.
12. Purchase a shredder to shred office paper. Shredded paper can then be recycled
13. Check the manufacturer's claims for terms such as non-toxic and biodegradable before making purchasing decisions.
14. Install hand dryers or linen roll towels in the bathroom in place of paper towels.

15. Set up a print on demand system with printers for brochures, pamphlets and flyers to avoid having large amount of excess.
16. Train cleaning staff on the proper use of cleaning supplies and the resort's waste management policies.
17. Turn off lights and air conditioning in unused rooms, offices & outlets, i.e. in rooms that are unoccupied.
18. Clean refrigerator and freezer condenser coils every 3 months.
19. Responsible storage, use and disposal of Environmentally Harmful Substances
20. Clean air conditioning unit condensers at least once a year.
21. Check and clean air conditioner filters once each month during periods of heavy use.
22. Use the lowest washing temperature that cleans satisfactorily. Wash only full laundry loads.

**Best Practice/Minimal Impact Guidelines**

- No collecting anything alive or dead. Even seemingly dead things can be home to other creatures.
- No littering by dropping bottles, plastic or cigarette butts. These items can harm animals.
- Stick to walking tracks, trails and sandy areas during marine activities to avoid damage to habitats and disturbance to wildlife.
- Learn as much as you can about the amazing environment and share this knowledge.
- Promote an awareness of the impacts of personal behaviour at home on the environment and how to reduce this.

## Our pets and pests

We are an island of animal lovers for which we have both local and imported animals on island.

There is a population of pet and stray cats. We try to keep the resort area free of pests, so please do not encourage any cats by feeding them.

Occasionally some village dogs will venture across from the neighbouring island. They tend to congregate at the far end of the airstrip. They are not wild, but can get nippy and intimidate. When exploring this part of the island it's advised to take a stick.

For the welfare of our local villages, guests and the animals we regularly arrange visiting vet clinics to desex and treat ailments.

**Toads, Mosquitoes, Ants, and Geckos** are natural inhabitants of our tropical environment. Every room is supplied with your own personal Gecko to keep the insects at bay, at no extra charge. You'll often see them on the ceiling or ledges at night, they are attracted to light sources and feasting on insects. They're our natural Insect Busters!

Ants are part of the tropics too and love to nibble on any crumbs you might leave behind. Be sure to leave areas free from food scraps to ensure the ants aren't dining out at your place.

Now the brown hopping things that come out at night, that people think are frogs, are actually Toads. Introduced to Fiji to curtail the cane beetle problem, these little critters are most active at night and after rain. They are harmless and will quickly move out of the way. We recommend that you do not pick them up.

You'll notice holes around the Resort. They're actually the home of our land crabs. They are also active at night and are extremely light on their feet....I mean claws so you'll probably just capture a glimpse of these land lovers.

Mosquitoes are a fact of life in the tropics and we take measures to ensure they don't disrupt your holiday. We spray in the evening with an organic pyrethrum based insecticide. While this spray doesn't have a particular pleasant odor, the minimal exposure which may occur during spraying will not have any detrimental effects on humans. We suggest that those who may be particularly sensitive to insecticide stay inside or avoid the area being sprayed until the spray has settled. In the late afternoon and evening you should apply an insect repellent in order to minimize bites. Should you receive bites the Boutique is stocked with items suitable to assist.

Cruz & Banjo live on the island; you will see them regularly in the resort. Cruz is a pure bred Weimeraners and is a darling. Her size can be intimidating but she's just after love and attention. Banjo a senior citizen who just likes to take things easy.

Billy-Bob, Eli May and Daisy May are Fijian goats from a neighboring island, you may see them grazing on one of the hills above the resort. They have been rescued from the curry pot and are now pets. And of course are naturally curious. Bear in mind that friendly and playful behavior for goats often includes head butting each other and eating any laundry or gardens within their reach. They like people.

## Fiji language and culture

At Musket Cove we are proudly Fijian and although Fiji is rapidly moving into the 21st century. We endeavor to embrace local cultures and traditions wherever possible.

You will notice several traditional materials throughout the resort. Below is a little history on some of the more famous materials.

**Tapa Cloth** (or simply tapa) is a bark cloth made in the islands of the Pacific Ocean, primarily in Tonga, Samoa and Fiji, but as far afield as Niue, Cook Islands, Futuna, Solomon Islands, Java, New Zealand, Vanuatu, Papua New Guinea (particularly in Oro Province around Tufi) and Hawai'i (where it is called kapa). In French Polynesia it has nearly disappeared, except for some villages in the Marquesas.

The cloth is known by a number of local names although the term tapa is international and understood throughout the islands that use the cloth. The word tapa is from Tahiti and the Cook Islands, where Captain Cook was the first European to collect it and introduce it to the rest of the world. In Tonga, tapa is known as ngatu, and here it is of great social importance to the islanders, often being given as gifts. In Samoa, the same cloth is called siapo, and in Niue it is hiapo. In Hawai'i, it is known as kapa. In Rotuma, a Polynesian island in the Fiji group, it is called 'uha and in other Fiji islands it is called masi. In the Pitcairn islands it was called ahu. It is also known as tapia.

**Magimagi** is a product made of coconut husk. The process of weaving the husk into the traditional look is very labor intensive. The earliest record of the unique Magimagi design is listed in the Narrative of the United States Exploring Expedition by Wilkes (Wilkes, 1845). Concerning the bures that were on the island Wilkes says, "The walls and roof of the mbure [bure] are constructed of canes about the size of a finger, and each one is wound round with sennit [Magimagi] as thick as cod-line, made from the

cocoa-nut husk" (p. 119). The use of Magimagi started when the forefathers of the current inhabitants of the Vulaga islands were constructing their houses and canoes: They did not have nails and screws to connect the beams and the Magimagi (sennit) was born. The unique weaved design is accomplished by Vulaga teams that are able to design many graphics into the look.

Each strand of Magimagi takes approximately 12 months to grow from seed to Magimagi coconut. Then another two days are spent by each weaver who converts the husks into a braid of 1 meter in length. The Magimagi coconut only grows in the Lau group of island in the nation of Fiji Islands. This scarce natural resource is weaved into artistic beauty by the people of Vulaga who are the originators of this unique talent.

There are three different types of weaving; Talitali – this is the weaving that is done on horizontal beams. Lalawa – this is the weaving that is done on vertical beams. Malo/ Lairi – this weaving is the design insert.

### **Fiji Pottery**

A craft that dates from the original settlement of Fiji around 1290 BC, pottery-making is still practiced in the lower Sigatoka Valley, the islands of Kadavu and Malolo, western Vanua Levu, the Rewa Delta and the province of Ra. Each district has its own distinct signature in its pottery style. Today the technique and division of labour differ little from those of pre-European contact times. Sometimes the men dig the clay, but it is almost always the women who are the potters. The clay is first kneaded, and then sand is added to control shrinkage and to improve the texture. The mixture is left to dry for a short period before being worked into its final form.

The tools used by today's potters are also the same as those used in the past: a rounded stone, a large pebble or a wooden paddle for beating; a piece of coconut husk for rubbing the clay; a shell or stick for ornamenting; and a cushion of leaves on which to place the work during the molding process. Pottery wheels were unknown to ancient Fijians and are still not used. Instead, a saucer-like section is shaped for the bottom of the pot or bowl and the item is progressively built up with slabs, strips or coils. The sides are shaped by beating the clay with a paddle or pebble. Considering the implements used, the Fijians achieve remarkable symmetry.

After the object is shaped and finished with moistened fingers or a smooth stone, it is dried for several days and fired for an hour in a fire made from brush, reeds or coconut fronds. Fijian pottery is not glazed – instead, certain plants are rubbed on the finished objects as a kind of varnish to improve water-holding qualities.

### **Let's Speak Fijian!**

Nothing breaks down cultural barriers and kindles friendships like learning some of the local "lingo".

Wrap your lips around the following tricks to correct Fijian pronunciation: The letter "b" is pronounced "mb" "q" is "ngg" (like finger) – So the Fijian name Beqa is pronounced Mbengga "c" is "th" ('then') "a" is a long sound (like "master") – so the Fijian place name Laucala is spoken Lauthala "i" is long (like 'reef') "e" is short (like 'step') "u" is short (like 'dune') – so the big island of Fiji, Viti Levu is pronounced Veetee Leuhu "d" is nd – so the placename Nadi is pronounce Nandi.



# Emergency And Safety – Please Take A Moment To Read.

## In Case of Fire

1. Kindly notify Guest Services immediately, only if this does not represent danger for you.
2. Please EVACUATE your room IMMEDIATELY no matter how small the fire, closing all doors behind you.
3. Whatever the case, ALWAYS think of your own safety FIRST.
4. DO NOT take any risks.
5. Only return to your room once it has been cleared by the management.

## Fire Evacuation Procedure

Musket Cove Resort has been designed with space in mind, hence all rooms are well spaced and we are unlikely to see a small fire in one bure escalate to affect other buildings. In the event of a fire in your room the escape route is simple... Straight out the front door.

## After Hour & Emergency Contacts

Should you require assistance after reception hours, you can contact the main Bar at Dick's Place on extension 221 or our Security team on extension 205 or our Resort Manager on extension 274. For those room categories without a telephone, there is always a phone available on the Bar at Dick's Place or reception counter.

## Tsunami Warning & Evacuation Procedures

In the case of a tsunami warning being issued by the Fiji Disaster Management Centre, our staff will inform all guests via a loud hailer at which time we ask that you immediately stop what you are doing and head to the rally point which is the Musket Cove Chapel, a member of staff will be on hand to keep you updated and will inform you when the warning has been lifted by the Fiji Disaster Management Centre. Please resist the temptation to find your own evacuation spot on higher ground, this may put staff members at risk, trying to locate you. Please respect private property.

## Secure your Bure or Villa

We very rarely have an issue with security of guest's belongings, however we do encourage guest to use common sense. Secure any valuables in the safe provided in your room. Simply follow the operating instructions on the door. Always lock your room when leaving. Should you experience problems with the lock on your bure, please advise Reception immediately. We recommend that you do not leave any items of clothing or footwear outside. We use good old fashioned keys and barrel bolt locking systems on the island, our locks have an additional safety feature which requires you, when unlocking the door, to insert the key first and then push in while turning in the lock. If the key is not pushed in while turning, it will simply turn around in the lock without clicking.

## Unlicensed Boat Operators

Musket Cove encourages local people to comply with the Law. If you are contemplating booking vessels which are not endorsed or booked through the resort. You must be aware that the resort accepts no responsibility for accidents, injury, breakdowns, poor service or any related incident that may occur.

For your own safety please check that the vessel is currently in survey with adequate insurance and safety equipment. These operators maybe cheaper, however for your own safety and piece of mind, we strongly advise against using any operator without ensuring they have the necessary qualifications, license, insurance and registration.

## Drone Policy

Due to safety and privacy concerns, Musket Cove Island Resort and Marina prohibits the operation or use of unmanned aerial systems, or drones.

The prohibition includes drones used for filming, photography or streaming. As well as any drones used by media, wedding photographers or journalists operating above or within the island boundaries.

This prohibition extends to any device launched or operated from Resort property, as well as any launched from private property, neighbouring resorts or yachts.

Please contact Joe Mar or Alex Raicebe if you have any questions or wish to seek prior authorisation to operate.

Any authorised operation of drones on or above said areas will be governed by Fiji Aviation rules and regulations. As well as those policies separately established by Musket Cove.

Any violation may involve confiscation of prohibited equipment and may subject violators to any liability for damages, including, but not limited to, damages for trespass, violation of privacy, and physical injuries to persons and /or property, as well as legal fees.

#### **Coconut Trees**

There is an abundant supply of Coconut Trees. They are a great source of shade, but please avoid lying, sitting, standing or walking directly under trees, which are heavily laden with nuts.

#### **Water**

Two bottles of Fiji water is supplied and replenished when used (more can be purchased at the Trader). There is also filtered rainwater for making tea and coffee. Those with sensitive stomachs should stick to bottled water. We recommend that you DO NOT drink the tap water.

## Supply of Services and Obligations

Musket Cove Island Resort will endeavor to provide the most suitable accommodation and guest services as requested by the guest or their booking agent. However an offshore island resort holiday is an individual experience and a guest's preference and opinions may vary from those of the resort's owners, management and booking agent. For this reason we cannot take responsibility for every aspect of each guest's overall holiday satisfaction.

Musket Cove Island Resort takes guest comments very seriously and guest feedback is always welcome. Resort management is available every day to discuss with guests any specific requests, concerns or complaints that a guest may have. Musket Cove Island Resort Ltd cannot be reasonably expected to have knowledge about each guest's personal requirements, perceptions, impressions or concerns unless such information is made known to management during the guest's stay. The resort will not be held responsible to respond to any complaint that was not made direct to resort management at the time of the guest's stay.

Any claims or legal action in connection with the provision of our resort's services will be subject to the laws of Fiji.

When guests make bookings via the resort with the suppliers/organizers of services such as fishing, diving, surfing, air and sea transfers, yacht charters, water taxis and such like, the resort is acting as a booking agent if and when such services are not directly provided by the resort. Musket Cove Island Resort will not be liable for the standard of the services provided by such suppliers, or liable for any damage, injury, theft or loss of any kind (direct, indirect, consequential or otherwise) which guests may suffer, from selection of those suppliers, or the services provided by the suppliers.

Musket Cove Island Resort will not be liable for any loss or damage which arises directly or indirectly from any act of God, incidental weather disruptions, dangers incidental to the sea, fire, breakdown in machinery or equipment, disruptions to any international or domestic airline or transfer schedules or services, acts of Governments or other authorities de jour or de facto, wars whether declared or not, hostilities, civil disturbance, strikes, riots, deaths, theft, pilferage, epidemics, quarantines or medical, or customs regulations.

All prices quoted, in this or any other publications, for Musket Cove Island Resort accommodations and services (other than pre-paid), are subject to change without notice.