SEAGRAPE
Bar & Restaurant

LUNCH MENU

STARTERS

Jerk Shrimp Skewers 38

Grilled shrimp marinated in a spicy jerk seasoning, served with a pineapple salsa.

Samosas

Five Chicken ($30) or Vegetable Samosas ($28) served with sweet chili sauce

Soup of the Day 25

Ask the server for today's special

Fish Cakes 25

Six flavorful balls made with cod fish and local herbs served with our tasty marirose sauce

Chicken Wings 28

Six tasty pieces of wings served either Barbecue or Buffalo sauce
served with blue cheese dressing

Loaded Mac and Cheese 34

Cheesy flavorful cheesy bowl served with either shrimp or bacon baked to perfection

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Dover Burger 40

Fire-grilled 4-ounce burger topped with lettuce, tomatoes, and mayonnaise on a sesame seed bun served with fries, wedges or salad

+ Bacon ($8) + Cheese ($4)

Grilled Chicken Sandwich 40

Fire-grilled chicken breast with grilled onions, peppers, tomatoes, and mayonnaise on a sesame seed bun, served with fries, wedges or salad

Fish Sandwich 40

Beer-battered and deep-fried catch of the day with lettuce, tomatoes, cucumbers, and Scotch Bonnet Aioli, served with fries, wedges or salad

Vegan Burger 40

A seasoned lentil patty on a toasted bun with crisp lettuce and ripe tomatoes. Served with fries, potato wedges, or garden salad.

Jerk Chicken Wrap 32

Grilled jerk chicken wrapped in a soft tortilla with lettuce, tomatoes, and a spicy mayo.

Chicken Fajitas 40

Three soft tortillas filled with spicy grilled chicken, sautéed onions and peppers, finished with jerk aioli and melted cheddar cheese.

Loaded Nachos 45

Crisp tortilla chips layered with a rich three-bean stew, jalapeños, sour cream, guacamole, pico de gallo and cheddar cheese, finished with a sprinkle of chia seeds.

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Club Sandwich 32

Three slices of toasted bread with sliced chicken, bacon, lettuce, tomato and mayonaise served with fries, wedges or salad

Big Boy Burger 52

A flame-grilled 4 oz beef patty topped with pulled pork, a fried egg, and creamy mayonnaise. Served with your choice of fries, potato wedges or sweet potato fries

(Seasonal) Flying Fish Sandwich 45

Tender, seasoned flying fish served on a toasted bun with fresh lettuce and tomatoes, bringing a true taste of Barbados to every bite

PIZZA

Create your own personal 10-inch pizza.

Pizza Base with Cheese **30**

+Add Pepperoni **10**

+BBQ Pulled Pork **10**

+ Arugula **6**

+Sausage **8**

+Ham **8**

+Onions **6**

+ Sweet Peppers **5**

+Corn **6**

+Pineapple **7**

+Mushrooms **7**

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LUNCH MENU

SALADS

Dover Salad 32

Local Lettuce, Cucumbers, Tomatoes, Olives, Cranberries, Corn, Drizzled with Feta Cheese

+ Chicken ($15) +Fish ($17) +Shrimp($20)

Chef's Salad 35

Local Lettuce, Ham, Hardboiled Egg, Cheddar, Cucumbers, Tomatoes, House Dressing topped with grilled chicken breast

Caesar Salad 26

Romaine Lettuce, Croutons, Parmesan Cheese (Caesar Salad)

+ Chicken ($15) +Fish ($17) +Shrimp($20)

SIDES

Grilled Potatoes **10**

Fried Plantain **8**

Fries **8**

Wedges **9**

Sweet Potato Fries **10**

Vegetable Rice **10**

Rice and Peas **10**

Coleslaw **8**

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LUNCH MENU

CARIBBEAN ENTREES

Grilled Mahi-Mahi with Passion Fruit Glaze 65

Fresh mahi-mahi grilled to perfection, topped with a tangy passion fruit glaze, served with seasoned rice and sautéed vegetables.

Baked Chicken with Herb Sauce 55

Oven-roasted chicken covered in a savory herb sauce served with oven baked macaroni pie and coleslaw

Curry 42

Chicken (+$15)/ Fish (+$17) or Shrimp (+$20)
simmered in a rich curry sauce with potatoes and carrots bedded with white rice

Three Bean Stew 52 VEGAN

Hearty three-bean stew simmered in rich tomato ragu, garnished with fresh herbs, served with white rice and grilled vegetables

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LUNCH MENU

DESSERT

Bread Pudding with Caramel Rum Sauce 22

A traditional pudding served with a rich caramel rum sauce.

Double Chocolate Brownie 22

Rich chocolate brownie, served with a scoop of vanilla ice cream.

Classic Cheesecake 25

Creamy cheesecake topped with a cherry and served with whipped cream.

Ice cream 18

Two vanilla, Chocolate, Cookies and Cream or Rum Raisin
served with Chocolate or Strawberry Sauce

Fruit Salad 20

Fresh seasonal fruit served with or without a scoop of vanilla ice cream, the choice is yours!

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