



FACIALS

OM ORGANIC FACIAL

OM's clean, plant-based skincare line celebrates the natural beauty of each individual, leaving skin feeling healthy and radiant.

45 min | \$125

30 min express facial \$75

15 min mini facial \$35 (add-on only)

PACKAGES

RELAX PACKAGE

Indulge in relaxation with our Relax Package. This package includes an Artisan Massage and an OM Organic Facial. 90 min \$185

RENEWAL Package

Renew and refresh your skin with our Renewal Package. This package includes a full body exfoliation with our signature OM Scrubs followed by an Artisan Massage. 90 min \$185

INDULGE Package

The Ultimate Spa Experience! A full-body exfoliation, an Artisan Massage AND a facial... heavenly. 135 min \$280

NAIL SERVICES

NATURAL MANI OR PEDI

This treatment includes cuticle and nail care, foot exfoliation, foot massage and nail buffing. (no polish)

Manicure \$40 | Pedicure \$60

SIGNATURE MANICURE

This treatment includes cuticle and nail care, hand massage and your choice of OPI or Gelish polish.

60 min: \$67 | Gel Polish \$92

SIGNATURE PEDICURE

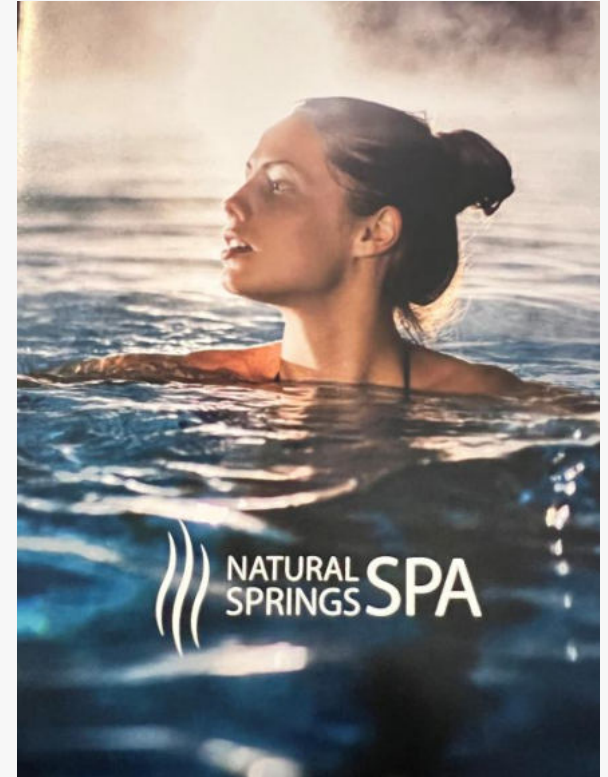
This treatment includes cuticle and nail care, foot scrub, foot and lower leg massage and your choice of OPI or Gelish polish.

60 min: \$87 | Gel Polish \$102

GEL POLISH REMOVAL ONLY

Gel polish removal and nail cleansing, cuticle care, nail shaping and nail buffing or OPI Clear Coat.

30 min: | \$45



NATURAL SPRINGS SPA

Tel: 250-345-6007

Email: spa@fhsr.com





MASSAGE SERVICES

ARTISAN MASSAGE

Our spa therapists use their own creativity and artistic touch to orchestrate a unique and personalized massage, offering a variety of styles.

Relaxation

30 min: \$82 | 60 min: \$125 | 90 min: \$185

Firm Pressure

30 min: \$89 | 60 min: \$135 | 90 min: \$200

We have a Couples Massage room

HOT STONE MASSAGE

Heated, smooth basalt stones are placed on key energy points of the body... as the heat penetrates your muscles, the stones are used to massage away tension and promote calm.

60 min: \$150

TRANQUILITY RETREAT

Indulge in a luxurious 30-minute soak in our mineral water infused with our Natural Springs aroma blend, followed by a 30-minute Artisan Massage.

60 min: \$140

HIMALAYAN SALT STONE MASSAGE

Our most relaxing massage... heated Himalayan Salt Stones infuse the body with 84 essential minerals, easing aches and pains, rebalancing, revitalizing, and restoring energy in times of stress.

30 min: \$99 | 60 min: \$160

PLEASE NOTE: * We are not RMTs*
We do not provide massage or body treatments to guests under 16 years of age

BODY TREATMENTS

OM ORGANIC BODY SCRUB

A rejuvenating aromatherapy body exfoliation treatment with your choice of Om Organics body scrub, providing cellular renewal by sloughing off dry, flaky skin. Finishes with a luxurious Om Organics body butter application to infuse the skin with moisture and vitality.

45 min: \$90

MINERAL OR MOOR MUD SOAK

Relax in our soaker tub while enjoying the benefits of our Natural Springs aroma blend or detoxifying Moor Mud. Immerse yourself in the rejuvenating waters of our natural mineral hot springs.

30 min: \$75

COUPLES RETREAT

Share a special experience! Our Couples Room is equipped with a soaker tub and a massage table, where the two of you will take turns receiving a 30 minute massage and enjoying a detoxifying soak in our mud-infused Hot Springs mineral water... truly rebalancing and relaxing.

75 min: \$250

SCRUB & TUB

A full body exfoliation using Om Organics Body Scrub followed by a mineral water soak infused with our signature oil. This service leaves skin fresh and hydrated with a calming effect on the mind and body.

60 min \$110



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