



BREAKFAST MENU

GALE'S FAVOURITES

THE SCOTIAN \$12.50

One egg any style with your choice of two pieces of bacon, one piece of ham or one sausage. Served with home fries, toast and coffee/tea.

THE YARMOUTH \$15

Two eggs any style with your choice of ham, sausage or bacon. Served with home fries, toast and coffee/tea.

HUNGRY FISHERMAN \$19

Two eggs any style with ham, two sausages, bacon, home fries and toast.

THE GRAND BREAKFAST SANDWICH \$12.50

Choice of bacon, ham or peameal bacon. Served on an English muffin with home fries.

FISH CAKES \$15

Two golden brown fish cakes served with one egg any style, grilled tomatoes, and chow.

BREAKFAST POUTINE \$18

Ham, bacon and sausage on home fries with Hollandaise sauce, shredded marble cheese, green onion, and two poached eggs.

EGGS

EGGS BENEDICT \$17

Two poached eggs and peameal bacon on a toasted English muffin with Hollandaise sauce. Served with home fries.

CHEF'S OMELETTE \$16

Our four-egg omelette, available with whole eggs or egg whites, with your choice of any two ingredients below. Served with home fries and toast.

*Cheese | Mushrooms | Onions | Peppers
Jalapeños | Tomatoes | Bacon | Ham | Sausage*

ADDITIONAL TOPPINGS **+\$1 EACH**

ADD AN EXTRA EGG **+\$3**

ADD AN EXTRA EGG WHITE **+\$1**

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SWEET TREATS

BUTTERMILK PANCAKES \$12

Three buttermilk pancakes sprinkled with icing sugar and served with butter & maple syrup.

ADD BERRIES **+\$2**

FRENCH TOAST \$11

Thick-sliced bread dipped in egg, seasoned with cinnamon and sprinkled with icing sugar.

ADD BERRIES **+\$2**

ADD WHIPPED CREAM **+\$2**

WAFFLE \$10

Sprinkled with icing sugar and served with warm maple syrup.

ADD BERRIES **+\$2**

ADD WHIPPED CREAM **+\$2**

HEALTHY START

HEALTHY CHOICE \$14

Greek yogurt with granola, topped with berries and served with a fruit cup.

AVOCADO TOAST \$14.50

Multigrain toast, poached egg, avocado, tomato slices, and cottage cheese topped with green onions.

SUBSTITUTE HOME FRIES WITH FRESH FRUIT **+\$3**

À LA CARTE

- ONE EGG *(any style)* **\$3**
- TWO EGGS *(any style)* **\$5**
- BACON, HAM, SAUSAGE
or PEAMEAL BACON **\$4**
- HOME FRIES **\$5**
- TOAST *with PRESERVES* **\$3**
- GLUTEN-FREE TOAST
with PRESERVES **\$5**
- BAGEL *with CREAM CHEESE* **\$5**

- ENGLISH MUFFIN **\$3**
- COLD CEREALS **\$5**
- OATMEAL **\$7**
- YOGURT **\$3**
- GREEK YOGURT **\$5**
- FRESH FRUIT CUP **\$6.25**
- AVOCADO **\$5.50**
- BREAKFAST SANDWICH **\$7**
- ONE FISH CAKE **\$7**

BEVERAGES

- MILK
Small **\$2.50** | *Large* **\$3.50**
- CHOCOLATE MILK
Small **\$2.50** | *Large* **\$3.50**
- HOT CHOCOLATE **\$3.50**
- JUICE
Small **\$2.50** | *Large* **\$3.50**
- COFFEE/TEA **\$2.50**

All prices are subject to applicable taxes