

- Treatments, facilities and prices may vary at each Spa.
- The treatments you select are reserved especially for you. Please cancel more than 24 hours before your treatment to avoid paying for such treatment.
- Late arrivals will result in reduced treatment time, without credit.
- Treatments and packages are non-refundable, and non-transferable and may not be swapped. For hygienic reasons, products purchased may not be returned or exchanged.
- Lifestyle Rewards members may enjoy their Membership Benefits at selected spas.



• Ballito	: La Montagne Hotel & Spa	+27 (0) 32 946 1356
• Belfast	: Kloppenheim Country Estate & Spa	+27 (0) 13 256 9148
• Brits-North West	: Magalies Park Resort & Spa	+27 (0) 12 207 9000
• Cape Town	: Mount Sierra Resort & Spa	+27 (0) 21 424 1685
• Chaka's Rock	: Chaka's Rock Resort & Spa	+27 (0) 32 525 5008
• Drakensberg	: Bushmans Nek Hotel & Spa	+27 (0) 33 701 1460
• Drakensberg	: Drak Gardens Resort & Spa	+27 (0) 33 701 1355
• Drakensberg	: Monks Cowl Resort and Spa	+27 (0) 36 468 1465
• Eastern Cape	: Hole in the Wall Resort & Spa	+27 (0) 47 575 0009
• Garden Route	: Pinnacle Point Estate	+27 (0) 44 606 5341
• Harismitlh	: Qwantani Resort & Spa	+27 (0) 58 623 0882
• Hazzyview	: Waterberry Hill Resort & Spa	+27 (0) 82 882 3611
• Lydenberg	: Gethlane Lodge Hotel & Spa	+27 (0) 13 231 7316
• Margate	: Margate Sands Resort & Spa	+27 (0) 39 312 8100
• Margate	: La Cote D'azur Resort & Spa	+27 (0) 39 312 1521
• Mooi River	: Midlands Resort & Spa	+27 (0) 33 263 2758
• North Beach	: The Palace Hotel & Spa	+27 (0) 31 332 8351
• Port Edward	: Caribbean Estate	+27 (0) 39 311 1312
• Scottburgh	: Selborne Hotel & Spa	+27 (0) 39 688 1800
• Umaloti	: Perna Perna Resort & Spa	+27 (0) 31 568 1098
• Umhlanga	: Breakers Resort	+27 (0) 31 561 2271
• Velldriff	: Port Owen Marina Resort & Spa	+27 (0) 22 783 0703
• Vryheid	: Natal Spa Hotsprings Resort	+27 (0) 34 995 0300
• West Coast	: Club Mykonos Resort & Spa	+27 (0) 22 707 7174

Head Office: ☎0860 567 567
www.lavitaspas.com

Join Lifestyle Rewards today
 and save 20%



Treatment Menu

Luxury Treatments

Body Treatments

Hands & Feet Deluxe	(50min)	R500
Back Rejuvenation	(50min)	R550
Full Body Exfoliation	(50min)	R550
Pride of Italy Exfoliation & Massage	(1hr 50min)	R920

Luxurious Massages

Indian Head Massage	(50min)	R500
Destress Back & Foot Massage	(50min)	R550
Roman Royalty Swedish Massage	(50min)	R550
Aromatherapy Full Body Massage	(50min)	R600
Hot Stone Full Body Massage	(80min)	R720
Couples Full Body Massage	(50min)	R1050

Exotic Facials

Classic Soothing Facial	(50min)	R550
Majestic Milanese Facial	(50min)	R720
Super Extraction Facial	(80min)	R770
Ultimate Anti-Ageing Facial	(80min)	R770

Manicures & Pedicures

Spa Manicure	(50min)	R320
Spa Pedicure	(50min)	R320
Spa Paraffin Manicure	(80min)	R400
Spa Paraffin Pedicure	(80min)	R400
Venetian Hands & Feet	(50min)	R400

Sicilian Body Shot

Foot Massage, Full Body Massage, Head Massage & Refreshments	(2hr 20min)	R1220
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Pamper Packages

Heavenly for Him (1hr 50min) R1220

Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage & Refreshments.

Girlfriends Package (3hr 50min) R1320

Spa Paraffin Mani & Pedi, Soothing Foot Massage, Indian Head Massage & Refreshments.

*Price per person

Mother & Daughter Bonding (2hr 20min) R1450

Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage & Refreshments.

*Price per person

Mona Lisa (1hr 50min) R1650

Classic Soothing Facial, Indian Head Massage & Refreshment as well as your own take home Professional Cleanser, Toner & Moisturiser.

Sunset Package (3hr 20min) R1650

Hot Stone Full Body Massage, Super Extraction Facial, Venetian Hands & Feet & Refreshments.

Ultimate Indulgence (5hr 50min) R2650

Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Mani & Pedi, Soothing Foot Massage, a Light Meal & Refreshments, a jar of Signature Dead Sea Peel-Off Mask & one Professional Facial product.

Beauty Treatments

Couples Paradise (3hr 50min) R3650

Roman Royalty Swedish Massage, Ultimate Anti-Ageing Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of sparkling wine & Refreshments.

*Price per couple

Kiddies Pamper

Kids under the age of 13, by special arrangement may enjoy the following treatments provided they are accompanied by an adult.

Kids Facial	(50min)	R300
Kids Manicure & Pedicure	(50min)	R300
Kids Full Body Massage	(50min)	R300

Tinting

Eyelash / Eyebrow (ea)	(20min)	R 70
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Waxing

Upper Lip / Chin / Eyebrow (ea)	(20min)	R 60
Side Burns / Tummy / Under Arms (ea)	(20min)	R 70
Half Leg / Full Face / Bikini (ea)	(40min)	R120
Full Back / Brazilian (ea)	(50min)	R180
Full Leg / Full Arm (ea)	(50min)	R180

*Fabulous Gel/Acrylic Nails

Overlays - Hands or Toes	(50min)	R240
Extensions - French or Colour	(80min)	R320

*Specialised Treatments

Cellulite Reversal Treatments with Vacuum / Suction Only	(50min)	R550
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Body Reshaping and Skin Tightening Treatment - Buttocks and Thighs / Tummy and Arms	(50min)	R750
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Skin Tightening and Firming Non-surgical Face Lift	(50min)	R750
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Swiss Body Wrap	(50min)	R450
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* Available at selected spas