

The background is a solid beige color with a fine, repeating wavy pattern. A large, white, stylized letter 'A' is positioned on the right side of the page, extending from the top to the bottom. The letter has a modern, geometric feel with sharp angles and a slight curve at the base.

ACQUAPURA SPA ESSENTIALS

ACQUAPURA SPA



The holistic and balancing effect of water on the body and mind



“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.

Inspired by a life in harmonious balance, the concept of „Flow“ describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.



ENERGY

renewed vitality &
strength



HARMONY

balance &
stability



CLARITY

serenity of the mind &
clarity in the body



RELEASE

relax &
unwind



MASSAGES

TAILORMADE

Tailored to your well-being |

Also suitable for athletes

Full-body massage

Partial-body massage



AROMA SENSES

Aromatic oil of your choice |

Tailored to your well-being |

Also suitable for athletes

Full-body massage

Partial-body massage



MASSAGES

FLOAT & FIT LYMPH- STIMULATING

Decongestion | Discharge |
Promotes blood circulation |
Stimulates the immune system

 HARMONY  CLARITY

ACQUAPURA SIGNATURE FLOW FASCIA

Mobility check | Tension
relief | Increased flexibility

 CLARITY  RELEASE

ALPINE HOT STONE

Hot lava stones | Gentle
movements | Relaxation with a
combination of warmth & massage |
Improves blood circulation

 CLARITY  RELEASE

HERBAL STAMP RITUAL

BY TEAM DR JOSEPH

Deeply relaxing warmth ritual
with soothing herbal stamps |
Gentle pressure techniques |
Rhythmic tapping elements |
Improves circulation |
Boosts metabolism

 HARMONY  RELEASE

PAUSE FOR THOUGHT

BY TEAM DR JOSEPH

Back & neck massage | Releasing
& relaxing | Head & face massage |
Warm neck compress

 ENERGY  RELEASE



FACE



INTENSE PURIFYING

BY TEAM DR JOSEPH

Enzyme peeling | Deeply effective
with cupping glasses | Facial massage |
Promotes elasticity & radiance
Benefit: Regenerates | Clarifies | Firms

 HARMONY  CLARITY

REJUVENATING GLOW

BY TEAM DR JOSEPH

Regenerating happy-aging ritual |
For youthful freshness & vitality |
Concentrated plant actives
strengthen the skin structure |
Plump, energized radiance
*Benefit: Regenerates | Firms |
Boosts radiance*

 HARMONY  CLARITY

FACE

AVAILABLE AS
AN ADD-ON TO
ANY FACIAL
TREATMENT

Optional, extra:

- Shape eyebrows
- Tint eyebrows
- Tint eyelashes

CELLULAR RECREATION

BY TEAM DR JOSEPH

Gently harmonizing ritual care |
Refining, soothing active
ingredients | Provides intensive
hydration | Mindful massage
for relaxation & balance
Benefit: Harmonizes | Hydrates | Soothes

 HARMONY  CLARITY  RELEASE

SUPREME EYE + FACE LIFT

BY TEAM DR JOSEPH

Firmer contours & radiant eyes |
Targeted eye lifting & gua sha |
Intensive peeling | Deeply
effective care & hydration
Benefit: Firms | Smooths | Brightens

 ENERGY  CLARITY

BLOOMING RADIANCE

BY TEAM DR JOSEPH

Bioenergetic massage |
Deeply regenerating care |
Ritual for all senses | High-tech
of nature | Sustainably radiant
Benefit: Firms | Vitalizes | Boosts radiance

 ENERGY  CLARITY

EXPRESS POWER LIFT FOR MEN

BY TEAM DR JOSEPH

Natural high-tech power for a
strong & well-groomed radiance |
Activating massage techniques |
Natural | Highly effective
*Benefit: Hydrates | Clarifies |
Revitalizes*

 ENERGY  CLARITY  RELEASE

BODY



FULL BODY SCRUB WITH HAY EXTRACT

BY TEAM DR JOSEPH

Pure natural full-body peeling with fine hay flower extracts for gentle skin smoothing | Aromatic alpine essences promote microcirculation | Velvety, radiant skin & well-being
Benefit: Smooths | Vitalizes | Renews



REGENERATING BODY WRAP

BY TEAM DR JOSEPH

Nourishing & regenerating body ritual | Warming care pack with highly effective plant extracts | Regeneration & care | Relaxation for body & mind
Benefit: Nourishes | Hydrates | Regenerates



AROMA SALT BODY SCRUB

BY TEAM DR JOSEPH

Gentle peeling with sea salt | Aromatic herbal essences | Promotes circulation | Silky smooth & deeply hydrated skin
Benefit: Clarifies | Hydrates | Refines



DETOXIFYING CELLULITE TREATMENT

BY TEAM DR JOSEPH

Activating full-body treatment | Cupping technique, body peeling & draining massage | Improves microcirculation
Benefit: Detoxifies | Smooths | Firms



BODY

DYNAMIC FEET & LEGS

BY TEAM DR JOSEPH

Soothing treatment for tired legs & feet | Plant actives from arnica, mint & rosemary invigorate | Promotes circulation | Relieves heaviness | Ideal after hiking or sports activities
Benefit: Energizes | Relieves | Refreshes

 HARMONY  CLARITY

HOLISTIC FACE & BODY RITUAL

BY TEAM DR JOSEPH

Holistic wellness ritual for face & body | Mindful massage sequences & harmonizing techniques | Warming, regenerating massage techniques | Revitalizing facial care | Multisensory experience for well-being, inner calm & fresh radiance
Benefit: Relaxes | Harmonizes | Smooths | Revitalizes

 HARMONY  RELEASE

FIRMING & TONING BODY MASSAGE

BY TEAM DR JOSEPH

Shaping massage treatment | Activates lymphatic flow & skin elasticity | Firming plant extracts | Stimulating massage techniques | Toned & supple skin |
Benefit: Firms | Shapes | Vitalizes

 ENERGY

MOMENTS OF HARMONY*

BY TEAM DR JOSEPH

Relaxing ritual for expectant mothers | Gentle touches & harmonizing techniques | Accompanied by soothing sounds | Nurturing care & fine plant essences
Benefit: Relaxes | Harmonizes | Soothes

 HARMONY  RELEASE

*For maximum safety & well-being, we recommend consulting with your attending physician before the treatment.

FALKONS
BEAUTY



TEENIE HYDRATE & GLOW

Gentle cleansing & enzyme peeling |
Revitalizing plant mask | Freshness
& hydration for young skin

Benefit: Refreshes | Hydrates | Energizes

ENERGY

CLARITY

TEENIE BALANCE

Deep-cleansing & balancing |
Plant clarifying mask | Purity &
balance for young skin

*Benefit: Regulates sebum production |
Soothes | Cleanses*

ENERGY

CLARITY

FALKONS FEEL GOOD



FALKON RELAX

Full-body massage |
Relaxing | Stimulating |
Energising



FALKON HERBAL DELIGHT

Full-body massage with warm
herbal stamps | Warming |
Energising



MOUNTAIN FLOW

BY TEAM DR JOSEPH


Mini mind retreat | Deep & relax |
Body massage with aromatic oil |
Soothing | Relaxing



GREEN HARMONY BODY PEEL

Arms & back peeling | Moisturizing
skin mask | Purifying | Refreshing |
Especially suitable also for
blemished skin & acne



A close-up photograph of several pink tulips. The petals are soft pink with some white variegation, and the yellow stamens are visible in the center of the main flower. The background is blurred, showing more of the same flowers.

BEAUTY

BOOKABLE FOR
EVERY HAND &
FOOT TREATMENT

- Gel or Prolaq removal
- Coloured nail polish

Treatment duration will be
adjusted accordingly

MANICURE CLASSIC

Nail shaping |
Treatment of cuticles |
Manicure with massage

PEDICURE CLASSIC

Foot bath | Remove
pressure points | Shape nails |
Gentle foot massage



**Sustainable proven
certified natural skincare ·
since 1986**

TEAM DR JOSEPH has been synonymous with results-oriented, natural, and sustainable skincare since 1986. The bio-certified, award-winning products follow a holistic approach and incorporate combinations of active ingredients from various plants, refined using advanced technological processes to guarantee the best results for the skin.

The holistic facial and body treatments not only involve techniques from fascia massage but also utilize special tools such as flower stamps or cups for biodynamic cupping.

The commitment to quality and efficacy is always linked to a responsible approach to nature and its resources for this climate- and plastic-neutral family-owned business.

TEAM D^R JOSEPH

SPA ETIQUETTE



Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive freshly showered 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the spa desk to the time the therapist says goodbye. Before your treatment, we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



Give the gift of time to your loved ones with vouchers for our SPA.



It is best to store jewellery and valuables in your room safe.