

NINETEEN HUNDRED

19

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GLUTEN FREE LUNCH MENU

EXPRESS ITEMS

The Bedford Fitness Open Sandwich Toasted Gluten Free Bread - Two Free Range Poached Eggs Avocado - Vine Tomato - Grilled Little Gem - Red Onion Relish	16.95	Carraig Ban Goats Cheese & Spinach Salad Rocket - Pickled Ginger Baby Salad	13.9
Something Soup Gluten Free Bread	10.5	Northern Ireland's Best Seafood Chowder Local Cod - Haddock - Prawns - Comber Potato - Country Carrots	13
Crispy Armagh Chicken & Grants Back Bacon Salad Cos Lettuce - Gluten Free Croutes - Caesar Dressing - Parmesan Shavings	15.5		

Bedford Gluten Free Burger Cambrooke Beef Burger - Grants Crispy Bacon - Coleraine Cheddar Ballymaloe Relish - Mayo - Little Gem - Hand Cut Fries	21.9	Slow Cooked Silverhill Duck Leg Chorizo - Black Garlic & Buckthorn Gel - Red Pepper Butter Bean Casserole - Sweet Chilli - Hand Cut Fries	18.9
Traditional Killybegs Grilled Haddock Baby Salad - Hand Cut Fries - Homemade Gribiche Sauce	19.9	Vegetarian Sando Seasonal Plum Vine Tomato & Irish Brie Gluten Free Sandwich Lemon Mayo - Green Cabbage & Grape Kimchi - Hand Cut Fries	16.9
Roast Caramelised Beef Sando Rosemary Gluten Free Sandwich - Annett's Farm Roast Beef Horseradish Mayo - Semi-Dried Tomato - Onion Marmalade Baby Salad - Hand Cut Fries	21.9	Ploughman's Lunch Platter Ham Hock Terrine - Potted Ham - Smoked Cheese Piccalilli - Gluten Free Bread - Pickled Onions	21.9

SIDE ORDERS

5.5

Grilled Greens - Hand Cut Chunky Fried Potatoes - Skinny Fries - Grilled Baby Potatoes - Sautéed Baby Onions
Green Salad - Portobello Mushrooms - Creamy Mash - Roast Root Vegetables

For full allergen information, or if you have any dietary requirements, please ask your server.

A discretionary 10% service charge has been added to your bill. Please let your server know if you would like this removed.

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