TIME Out HOTEL

Guest Directory

RESTAURANT · BAR · POOL · ENTERTAINMENT · LAUNDRY · TAXIS · TELEPHONE · TOWELS · WAKE-UP CALLS · TOURS · DRESS CODE · NEARBY ATTRACTIONS · TELEVISION · CAR HIRE · ACTIVITIES

EVERYTHING YOU NEED!

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Welcome!

Welcome to the beautiful island of Barbados and thank you for choosing Time Out Hotel! We know you have a variety of hotels to choose from, and we are honored that you have selected our hotel as your home away from home.

Whether you are visiting for business or pleasure, the Time Out Hotel team is at your service to ensure your expectations are exceeded. It is our desire to create those memories that make you want to come back, as we strive to deliver great service in a relaxed and friendly atmosphere.

Should you have any questions or any special requests, please feel free to approach any team member for assistance; we like to think of ourselves as ambassadors of the Hotel. Please dial 0 to contact a Hotel Ambassador with any special requests or comments.

We invite you to relax and enjoy your stay! If there is anything we can do to make your stay with us more enjoyable, please do not hesitate to let us know.

Warm regards,

Alicia Farmer
General Manager

Please note: This guide, the content and information contained within it is subject to change at any time deemed necessary for the Hotel's smooth operation and discretion.

Safety & Security

PERSONAL SAFETY

We have taken every possible measure to make your stay a safe and pleasant one. Barbados is also recognized for its safety, but do be aware of your surroundings as in any country. Please follow these safety tips.

IN YOUR ROOM

1. Always secure your room/entrance door.
2. Never let a stranger into your room. Always verify the identity of the person who knocks on your door.
3. Never give your room number to a stranger.
4. Do not display your room key in public or leave them in public areas or other places where they may be stolen.
5. It is also against the Hotel's policy for unregistered guests to be on the property without express permission from management.
6. Do not leave your balcony door unlocked at night or leave valuables, clothing, towels or shoes on the balcony.

AROUND THE ESTABLISHMENT

1. All stairs can be dangerous and particularly outdoor stairs which can be slippery when wet. Please exercise care when going up and down stairs and use the handrails.
2. Always lock your valuables in the provided in-room safe or safety deposit boxes at Front Desk should your room not have a safe.
3. Always make a mental note of the nearest emergency exits.

OUT & ABOUT

1. 1. Do not draw attention to yourself by displaying large amounts of cash or expensive jewelry.
2. Do not leave valuables in your car when out driving.
3. It is important that you know where you are going. Ask for directions when unsure.
4. Do not wander to desolate or unlit areas alone.
5. Be aware of what is going on around you. If you see any suspicious activity, please report your observations to Management.
6. Be conscious of the vendors on the beach.
7. All off-property incidents should be reported to the police immediately.
8. Wearing of camouflage print is illegal in Barbados.

FIRE SAFETY

In the event there is a fire please remain calm and leave the area immediately. You can report it to the Front Desk or any Hotel Staff Member who will action our fire safety protocols accordingly.

The fire route is located behind your room door. If there is any smoke rising from behind a door or it feels hot to the touch DO NOT open it. In the case of a large fire DO NOT attempt to gather any belongings; get out of the room/area as fast as possible in a safe manner.

Each room is equipped with a smoke detector which will sound in the event of a fire. Your room is also equipped with a Fire Blanket in the event of a small fire on the stove top or in your room. Fire extinguishers are available on each floor. Please note their location.

MUSTER POINT

In the case of any emergency, or fire, there is a muster point located at Dover Playing field.

SECURITY

Worthing Court Apartment Hotel is monitored via CCTV Cameras in all public and general areas. At night, a night receptionist/ security officer is located at the Front Desk to look after your every need and emergencies.

Please dial Ext. 0

SICKNESS / INJURY

If you take ill at any point during your vacation please report it immediately to the Front Desk. A doctor or an ambulance can be called if you wish. There are three pharmacies within walking distance to the hotel should you need over the counter medication or if you have been prescribed medication from a recognized physician.

IN THE EVENT OF A HURRICANE

Each year between the months of June and November, hurricanes may occur in this part of the region. However, they are quite rare in Barbados. In the event that there is an official.

Hurricane Warning, guests will be given detailed instructions by the Hotel's Manager to ensure your safety and comfort.

There are three (3) phases in which we monitor Hurricanes:

PHASE 1: Hurricane Alert: This means that a hurricane is in the area, although it may be several hundred miles away; it will be monitored.

Phase 2: Hurricane Watch: A Hurricane is announced when it is about 36 hours away.

Phase 3: Hurricane Warning: A Hurricane expected to strike our location within 24 hours. We will call a meeting with the entire hotel should we enter a Phase 3 warning.

We will keep you informed during each stage and may make some changes in certain hotel services based on the severity of the expected weather.

If a hurricane is announced ensure that:

- All important documents, money and valuables are secure.
- Pack a small bag with essential personal items and medications, as well as a change of clothing.
- Put all your belongings in a suitcase and place them in a cupboard.
- DO NOT go swimming in the sea / pool or go outside until the all clear is given.
- The electricity will be shut off island-wide during the hurricane once the winds reach a certain speed.
- The restaurant would be closed during this period.
- Front Desk will contact you with any updates or bulletins.

Telephone & Internet Communication

ADDRESS

Please travel with the hotel's contact information at all times.

TIME OUT HOTEL
St. Lawrence Gap, Dover, Christ Church, Barbados
Tel: + 1 (246) 420-5021
Email: reservations@timeoutbarbados.com
Web: www.timeoutbarbados.com
Facebook: www.facebook.com/TimeOutHotel

TELEPHONE & INTERNET IN-HOUSE DIRECTORY

Room to Room	5 + Room Number
Local Calls	7 digit number
Front Desk	0
Housekeeping	0
Reservations/Admin Offices	4433
Restaurant	3650

Please note: Some of these numbers have already been programmed on your room phone.

INTERNATIONAL DIALING (Station to Station)

USA, Canada & Caribbean
1 + Area Code + Number
United Kingdom & Europe
011 + Country Code + Area Code + Number
South America
011 + Country Code + Area Code + Number

Please note: "0" must not be dialed when it is the first digit of an area code. Country codes may be found in our local phone directory located in your room.

EXAMPLE:

To call the UK — Dial 011 + 44 + Area Code + 123 4567

COUNTRY CODES

Country codes are available in the Barbados Telephone Directory. It should be located by your telephone in the living area. Common area codes:

1	USA	52	Mexico
43	Austria	31	Netherlands
32	Belgium	41	Switzerland
55	Brazil	58	Venezuela
1	Canada	61	Australia
385	Croatia	86	China
33	France	784	St. Vincent
30	Greece	596	Martinique
473	Grenada	758	St. Lucia
868	Trinidad	64	New Zealand
81	Japan	47	Norway
49	Germany	46	Sweden
852	Hong Kong	44	United Kingdom
353	Ireland		
39	Italy		

VOICE MAIL RETRIEVAL

Your room comes equipped with a voice-mail system. Once a message has been left, you will notice a repeating tone when you pick up the handset, or you will see a red flashing light. To clear your messages press X97 and follow the voice prompts, or press the message button.

TELEPHONE RATES

Local Calls.....FREE

All other calls are charged on a per minute basis. Please check with Front Desk for the rates to call outside of Barbados. Please note that 1-800 calls are also charged per minute.

Caribbean	$2.00/minute
USA	$2.80/minute
Canada	$2.80/minute
United Kingdom	$2.80/minute

WAKE UP CALLS

Our Hotel Ambassadors will be more than happy to assist you with a scheduled wake up call. Please dial Ext. 0

INTERNET SERVICES

To join the wireless network, search and join the 'Time Out Guest' network on your device or phone. If you have brought your own wireless enabled compute r, wireless access is available in all rooms. The wireless service does vary from room to room or location on property. We try to provide the best speeds and bandwidth available on island.

If you have not walked with your personal device, please note that we have a desktop computer located in our Hospitality room for your convenience.

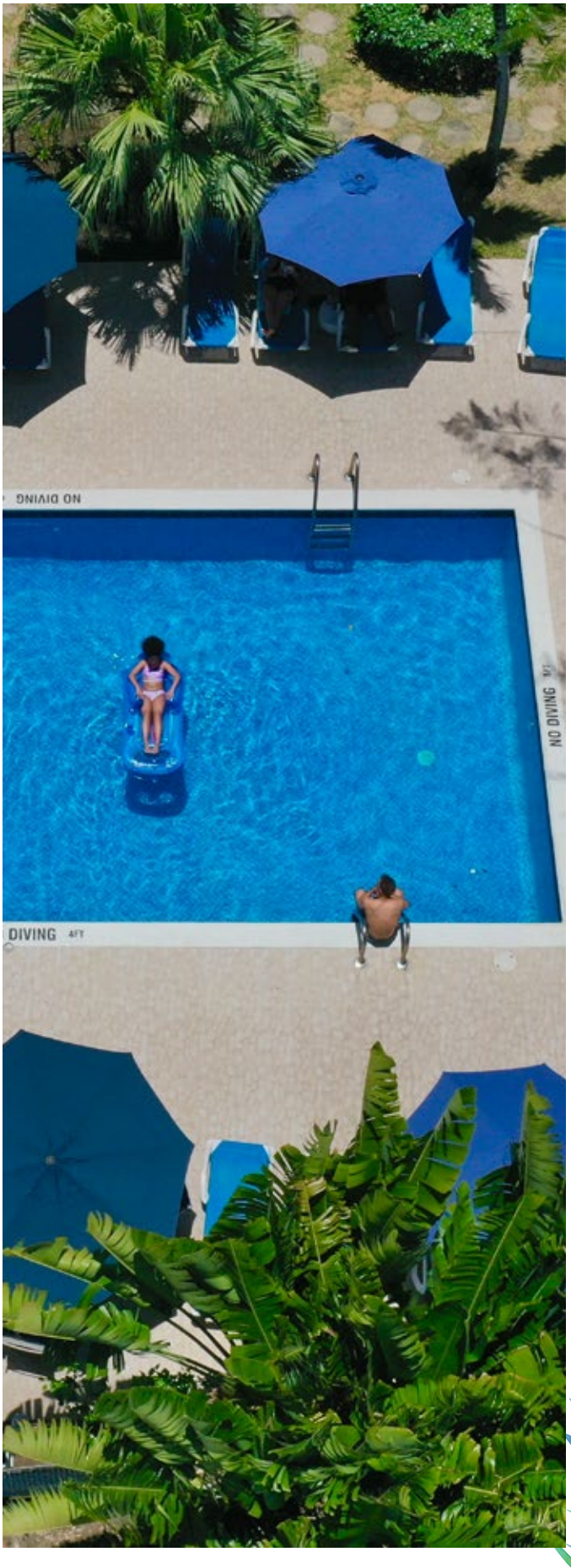
OTHER IMPORTANT NUMBERS & CONTACTS

EMERGENCY NUMBERS

Police Emergency	211
Police Station (Hastings)	430-7614
Fire	311
Directory Assistance	411
Ambulance	511
Queen Elizabeth Hospital	436-6450
Elcourt Clinic (24 Hrs)	428-9452
FMH (24 Hr Emergency Clinic)	228-6120
Department of Emergency Management	438-7575

AIRLINES

Grantley Adams International Airport 536-1300



Guest Services & Facilities

HOUSE RULES

1. Checkout is at 12:00 Noon.
2. Persons who are not guests of the Hotel must be registered at reception as visitors, and notice must be given when they are leaving. Please respect this rule as it is for your own safety.
3. Management reserves the right to refuse the registration of any visitor at their discretion.
4. Your room is for your enjoyment. However, at Management's discretion you may be asked to leave for any excessive noisemaking, quarreling, partying, loud music or creating a nuisance.
5. All accounts should be settled on the evening prior to departure. Guests paying direct must pay on arrival. A cash deposit or credit card imprint is required at check-in.
6. Charges from the restaurant, along with missing, broken or damaged items, fitting or furniture will be charged to you at replacement cost. A security deposit of US$200.00is required at check-in for this purpose.
7. Personal cheques are not accepted.
8. Time Out Hotel is an environmentally friendly property. We request that air-conditioning units not be used when windows and/or doors are open or when you are not in the room.
9. No glassware or bottles are to be taken poolside.
10. Topless bathing and topless sunbathing are against the law in Barbados.
11. Swimming is not permitted in the pool after 6:00pm. Notice there are no lifeguards on property, and swimming is at your own risk.
12. Aloe is a tropical plant sold on the beach for sunburn. It is not permitted on the property as it stains everything permanently. You will be charged for any damage caused by the plant and any aloe found in rooms will be discarded.
13. The hotel also offers a Refresh Room with shower facilities for late departures. This is located next to the stairs by Reception

ACCOMMODATION

Time Out Hotel features 76 comfortable guest rooms across four categories: Standard, Superior, Pool View and Deluxe. All rooms are air-conditioned and offer a choice of twin, double or king-sized beds. In-room amenities include a shower, refrigerator, kettle, daily replenished tea and coffee, cable television, telephone with voicemail, digital safe, iron and ironing board. Selected rooms also feature a balcony or patio.

ACTIVITIES

Activities and Tours can be organized at Front Desk.
Please dial Ext. 0

HOTEL DISTANCE FROM

Grantley Adams International Airport .....11 km
Bridgetown.....6 km
Nearest Beach.....1 km
Nearest Golf Course.....2 km
Nightlife (St. Lawrence Gap).....4 km
Surfing (Bathsheba) .....15 km
Snorkeling & Water sports.....2 km

AIR-CONDITIONING

Every room is fitted with an air-conditioning unit. Please ensure that all doors and windows are closed when the unit is working. Please do not set the temperature below 20 degrees Celsius as this may result in condensation in the room or the A/C freezing overnight.

Help us conserve energy; please turn off your air-conditioner when you are leaving your room.

BABY ITEMS

If you are traveling with your little one and need any baby supplies there are two nearby supermarkets within walking distance that should be able to accommodate your needs.

If you require a cot for your baby while staying with us, please dial '0' and we would be happy to accommodate you, at an additional cost.

BANKS/BANKING

The nearest bank is the First Citizens Bank, located on Worthing Main Road.
Monday to Friday .....9:00am – 3:00pm

BEACHES

The beaches in the area are beautiful and impressive with their fine white sand and clear blue water; you could take a stroll to the following beaches:

BEACH ACCESS

Dover Beach is directly across the road from our hotel. It is literally only a 30 second walk from our hotel to this beautiful white sandy beach!

DOVER BEACH

Located just opposite to our hotel! The wide and expansive beach is popular for a variety of water sports including Hobie Cat sailing, jet skiing, boogie boarding and even windsurfing. Although there are no strong currents in the area, the sea is quite active. A lifeguard is on duty at the beach to ensure your safety. Adjoining the beach are several stalls where you can purchase drinks, ice-cream, snacks, T-shirts, snorkeling gear, sunscreen, sunglasses and much more. At the Dover Playing Field across the road from the beach you can often catch a cricket match as visiting teams take on local cricketers, or see Bajan footballers in action.

ACCRA BEACH

This very popular South Coast beach offers a combination of exciting waves and calm swimming.

Relax on a chaise lounge or on the soft white sand, under the shade of a casuarina or sea-grape tree, or enjoy one of the many water sports activities that are available from the beach such as windsurfing, sunfish sailing, Hobie Cat rides and snorkeling. Boogie boarding and body surfing are particularly popular. Vendor kiosks have been established at Rockley Beach, from which you can buy colourful clothing and local jewelery and handicraft.

Hop across the road to Quayside Centre for a great lunch (Grilled Fish, Chinese, Mexican, pizza, pasta, and ice-cream) and to shop for local craft, gifts and beachwear.

SOUTH COAST BOARD WALK

If you walk through St Lawrence Gap and down Worthing Main Road, you will eventually meet the South Coast Boardwalk. This Boardwalk runs from Accra Beach all the way to the Hastings area, and is good for strolling or taking a nice run along the seaside. The Boardwalk is also decorated with many bars and restaurants. We do not advise using the boardwalk after dark, as it is not fully lit and not always patrolled by police.

All beaches in Barbados are public so feel free to roam our beautiful beaches. Please be warned that you SHOULD NOT eat berries found on the beach. In particular, the Manchineel Berry, which looks like a small green apple, will blister you and is POISONOUS. Even if you walk underneath a Manchineel Tree and water falls on you, it is possible that you will get blistered. These trees are usually marked with a red ring around the trunk. Please do not swim if red flags are up on the beaches as they indicate swimming conditions are dangerous. Also stay away from buoys as little sea insects that call the buoys home may sting you.

PLEASE NOTE

- Beaches are public in Barbados; therefore you may find yourself approached by vendors and water sport operators.
- Say “No thank you” if you are uninterested in what they are selling.
- Transactions with unauthorized vendors will be at your own risk.
- Please note that the selling, or purchasing of illegal drugs or substances may result in prosecution.

BEACH & BATH TOWELS

In an effort to conserve the environment we operate a ‘GREEN PROGRAMME’ for our beach and bath towels. Your towels will be replaced every other day; if you require towels earlier, they will be available at Front Desk. Kindly note a laundry charge of Bds$6.00 per towel will apply for an early towel exchange. Thank you for your co-operation as we endeavour to ‘GO GREEN’.

In the event that a towel is lost, a charge of Bds$20.00 per towel will be automatically billed to your room. Please dial Ext. 0.

CHECK OUT TIME

Checkout time is 12:00 noon. We kindly ask that you have your bags packed and out of the room and also your keys returned by this time. If you wish to settle any outstanding accounts the night prior to departure you are welcome to do so.

Should you wish to keep the room, we will make our best efforts to accommodate you based on the availability. A fee of US$25 plus tax applies for a late check out for access granted until 3p.m. Failure to check out by the designated time will result in an extra night's charge being added to your room bill.

If the room is required and you have gone passed the allotted check out time, please note that management has the right to remove your personal belongings.

Please contact your Front Desk Ambassador to make arrangements and check on availability.

Please dial Ext. 0

COMPLAINTS

Time Out Hotel is run to the highest standards but at times issues unfortunately do occur. Please do not hesitate to report any issues / concerns immediately so that they can be dealt with right away. Our Hotel Ambassadors are always happy to help provide the best holiday possible.

Please dial Ext. 0

CONFERENCE & MEETING FACILITY

The Hotel has a small meeting facility, located on the 2nd floor above the restaurant. It can cater up to 8 persons. Guests are welcome to use the space at their convenience. Please contact our Front Desk to book a time slot.

CREDIT CARDS

Time Out Hotel accepts the following main credit cards:

A credit card authorization or cash deposit of US$200 is required at check-in.

CHEQUES

Personal cheques are NOT accepted.

CURRENCY EXCHANGE

The hotel accepts the British Pound, US and Canadian dollars. If you need to change small amounts of cash our Front Desk Ambassador will be more than willing to assist where possible.

Please dial Ext. 0

DINING

The Rhum Stop Restaurant is open 7 days a week 7 days a week from 7:30 until - serving breakfast, lunch and dinner.

The Restaurant's dress code is casual and relaxed. We do ask when dining that gentlemen wear shirts and dry clothing and that ladies cover their swimsuits. It is strongly recommended that shoes be worn in the restaurant and throughout the property.

DOCTOR

For assistance, please call the Front Desk. Elcourt Clinic is an emergency 24 Hour clinic which is only 10 minutes away, while the Queen Elizabeth Hospital is approximately 20 minutes away from our hotel. We do have a list of doctors in the surrounding area as well as emergency and after-hours doctors who will come to the hotel, please note that call-out charges will apply.

DRINKING WATER

Owing to the island's natural coral structure, Barbados is renowned for having pure natural drinking water from the tap. Bottled water can be purchased from the bar or at the front desk.

DRUGS

Time Out Hotel has a zero tolerance policy for all illegal drugs and substances. Any person(s) selling, purchasing or consuming these substances will be reported to the authorities and evicted from the hotel. No compensation will be offered under these circumstances.

ELECTRIC POWER

The electricity is 110 Volts – 50 Cycles and a limited number of adapters are available through the Front Desk.

ENVIRONMENT & CONSERVATION

Time Out Hotel is committed to the preservation of our environment. We would therefore appreciate your assistance in the following areas:

1. Turn off your lights and air-conditioning when leaving your room. Please do not leave the air-conditioning running when doors and windows are opened. If you set your air-conditioning below 20 degrees C it will cause condensation.
2. Report any leaks.
3. Maximize the utilization of your beach and bathroom towels.
4. When at the beach remember that coral reefs are home to thousands of sea creatures, so when snorkeling, diving or on boat trips, please do not damage the reef or dispose of trash in the ocean.

FIRST AID

Basic first aid supplies are available from the Front Desk or you may purchase from the nearby pharmacies.

FURNITURE & FITTINGS

All our rooms are equipped for your convenience and enjoyment. Kindly check the items in your room on check-in and immediately report any damages, missing or broken items to the Front Desk.

GRATUITIES

Gratuities are at your own discretion. If you wish to leave a gratuity for an individual you may do so directly; but if you wish to leave for a department or the entire team, we can provide an envelope at the Front Desk and this can be placed in our Gratuities drop box.

GUEST SURVEY

Your feedback is important to us. Following your stay, our system will automatically send you an email inviting you to complete a short guest survey. We appreciate you taking the time to share your experience, as your comments help us improve our services. You may also follow us on Facebook at facebook.com/worthingcourt and share your experience on TripAdvisor.

HAIR DRYERS

Hair dryers are available in all rooms.

HOUSEKEEPING

Daily room service is provided. Housekeeping is open from 9:00 a.m. to 5:00 p.m. Towels are changed every other day & sheets every 3 days. To assist us in our efforts to be environmentally friendly, please hang towels that you do not require to be changed; if you require a change, you may leave them on the floor or in the tub. We'll be happy to help you with any item needed that may not be in your suite. Please dial Ext. 0

HOSPITALITY ROOM

We have a complimentary 'Refresh Room', where guests can shower and change.

IN-ROOM SAFETY DEPOSIT BOXES & VALUABLES

Please take the same precautions as you would at home. Do not leave cameras, jewelery and other valuables outside or unattended on property or at the beach when swimming or taking a walk. Valuables should be kept in the safety box provided in each room. Keep doors and windows closed and locked if leaving the accommodations. Time Out Hotel cannot accept any responsibility for loss of valuables left outside of the room safe. Some safes are operated by key, in the event that the safe in your room is electronic, please see the below instructions.

TO PROGRAM YOUR IN-ROOM SAFE PLEASE FOLLOW THESE INSTRUCTIONS

- Your in-room safe's door should be found open.
- Behind the safe door, where the door hinge is located, you will find a red reset button.
- Press the reset button; two beeps will sound and the "proceed" light will illuminate.
- Type in your personal code (4 digits).
- Press "A" or "B" to activate code.

TO RE-OPEN THE DOOR

- Type in your personal code.
- Press "A" or "B".
- Door is unlocked
- The green light will come on; turn the knob clockwise in 5 seconds and pull out to open the safe.
- Please leave box open at your departure.

Please note: If battery light on the safe is illuminated, please inform Front Desk to have the battery changed. Please dial Ext. 0

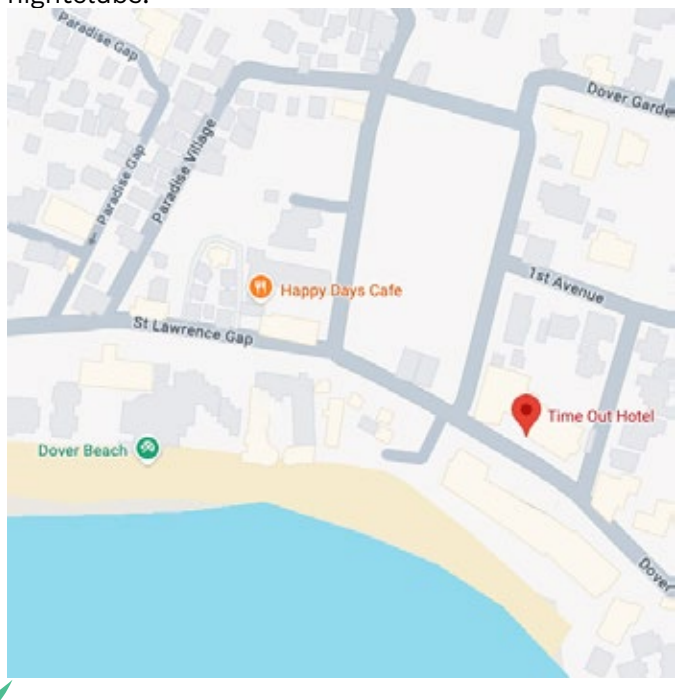
In the event that you have lost the key to the safe and it needs to be drilled open, you will be solely responsible for all fees associated with these charges.

INSECTS
Due to its tropical climate Barbados is home to a few pests namely mosquitoes and sand flies. Please wear repellent if they bother you and your room can be sprayed upon request. Repellent and After Bite lotions are available at the Front Desk.

IRON & IRONING BOARDS
For your convenience, ironing boards are already in your suite. We do have irons available at Front Desk. The irons are allotted to each guest for 1 hour at which time the iron is to be returned. Should an iron not be returned and we are unable to locate it you will be billed US$50/iron.

KEYCARDS
Please note that there is a charge of US$10.00 should you lose your room key. At departure, kindly leave the keys at Front Desk, and should you forget and take them home with you, we would appreciate if you would mail them back to us.

LOCATION
Conveniently located 7 miles from the Grantley Adams International Airport and 5 miles from the capital, Bridgetown, we are in the heart of the trendy South Coast, with a gorgeous stretch of golden sand beach just across the road. Within walking distance, you will find two supermarkets, banks, post office, a pharmacy/chemist, a 24-hour convenience store, a gas/petrol station, and stores offering duty free shopping, boutiques, florist, beauty salon, gym facility, restaurants, bars and nightclubs.



LOST & FOUND
Please contact a Hotel Ambassador at front desk if any items have been misplaced.

MAIL/POSTAGE
Mail is received daily from the Front Desk, Monday – Friday. Should you wish to post anything during your stay or purchase stamps this can be done from the Worthing Post Office located behind the hotel.

MONKEYS
The Monkeys are lovely to look at, and lovely to photograph, but please be aware they are wild animals and are to be treated with respect. From time to time, you may see green monkeys on/off property and on occasion you may see them on the beach. We recommend not to feed the monkeys.

NEWSPAPERS
The local newspaper is called The Nation. The Nation is available for purchase from the 24 Hour Service Station. Please ask for details at the Front Desk.

NON-RESIDENT GUESTS
Management requests that you declare any non-resident guests to the Front Desk. If you allow any non-resident guests to enter your room, this will be at your own risk. All non-residents must be off the property by 10:00 pm.

NOTICE BOARD
Visit our notice board outside the Hotel's main offices to see what's happening with weather, tours, transportation, or dining. Also available on the wall are the hotels purchasing and environmental policies.

OISTINS
Located in Christ Church, is a major fishing community in Barbados with a modern fishing market. During the daytime at Oistins, you'll see Barbadian fishing boats and the weaving of fishing nets by local fishermen. Oistins is the site of the annual Fish Festival which honours those who contribute to the local fishing industry. Just around the corner from Oistins is Miami Beach, a great place to take a swim!

Oistins is also one of the hottest attractions in Barbados. Each Friday and Saturday night hundreds of locals and visitors flock to Oistins for the Fish-Fry, an opportunity to enjoy the very best

local food - fried and grilled fish, fish cakes, sweet potato, macaroni pie, and coleslaw and so much more.

There are numerous vendors to choose from and seating is readily available. The sounds of island music fill the air, making for a memorable evening out in a very casual setting!

The Oistins Fish Fry has now become so popular that it is the second highest-rated attraction in Barbados.

To organize a taxi for Oistins, please dial 0, or take the Oistins bus for BDS$3.50 and on return, the Bridgetown Bus for BDS$3.50.

Free parking is provided but vehicles and contents are left at your own risk.

POOLS

Please note that the pool is unsupervised and swimming is at your own risk. No glass is allowed poolside. Please respect all pool signage. Diving is not allowed.

Please shower before entering the water. Persons who have skin allergy problems should not use the pool. Do not use the pool under the influence of alcohol or drugs.

Time Out Hotel does not accept any responsibility to guests for any accidents or injury while using the pool.

Please note that there is no lifeguard on duty at the pool. All children under 12 years old must be supervised by an adult.

Non-guests are permitted to use our pool, once they receive confirmation from Front Desk. A fee of BDS$20.00 would be applicable in this regard. Kindly refrain from bringing outside food and drinks around the pool area when the bar/ restaurant is open.

SMOKING

Smoking is banned in all public enclosed areas and all hotel rooms/balconies. The fine for smoking in public is US $250.00 or imprisonment for 12 months, or both. The Hotel will charge a mandatory non-refundable deep cleaning fee of US$100.00 to persons that smoke in the hotel rooms/balcony and leaving their rooms on checkout smelling of smoke.

SUNBURNS

To avoid ruining your holidays please wear a good sun block and avoid excessive sun exposure especially between the hours of 11 am – 2 pm when the sun is at its hottest. Front Desk sells an excellent after sun lotion or you can also visit the nearest supermarket.

TELEVISION

Cable television is provided in your rooms with several channels for your enjoyment.

TOURS & TRANSPORTATION

All tours, car hires and taxis can be arranged with the Front Desk.
Please dial Ext. 0

USE & MISUSE OF FACILITIES

Your room is equipped for maximum comfort. If you destroy break or remove any article(s) from your room, you will be charged for the article at the replacement value.

Report items that are missing, cracked or broken to the Housekeeper or Front Desk. Unreported damaged items may be charged to your room or credit card if it is without doubt that an occupant of your room caused the damage.

VENDORS

Vendors are not to be invited to the property for any reason. All beaches in Barbados are public; therefore at the beach you may be approached by vendors who can become over-enthusiastic on occasions. If you do not wish to inspect their goods, just say “No thank you”. Any purchases made from these vendors are at your own risk. In addition, please avoid using the aloe plant in its natural form sold by vendors at the beach, as it causes permanent stains on fabrics and clothing.

WEDDINGS

Our hotel offers a sister company, Tropical Weddings Barbados, located right on site to assist you with planning your special day. We pride ourselves in creating packages and taking away the stress, so you can simply enjoy! Please ask the Front Desk to set up an appointment with our Wedding Coordinator. For more information on weddings, please feel free to visit our website at www.tropicalweddingsbarbados.com.

Restaurant & Bar

THE RHUM STOP RESTAURANT

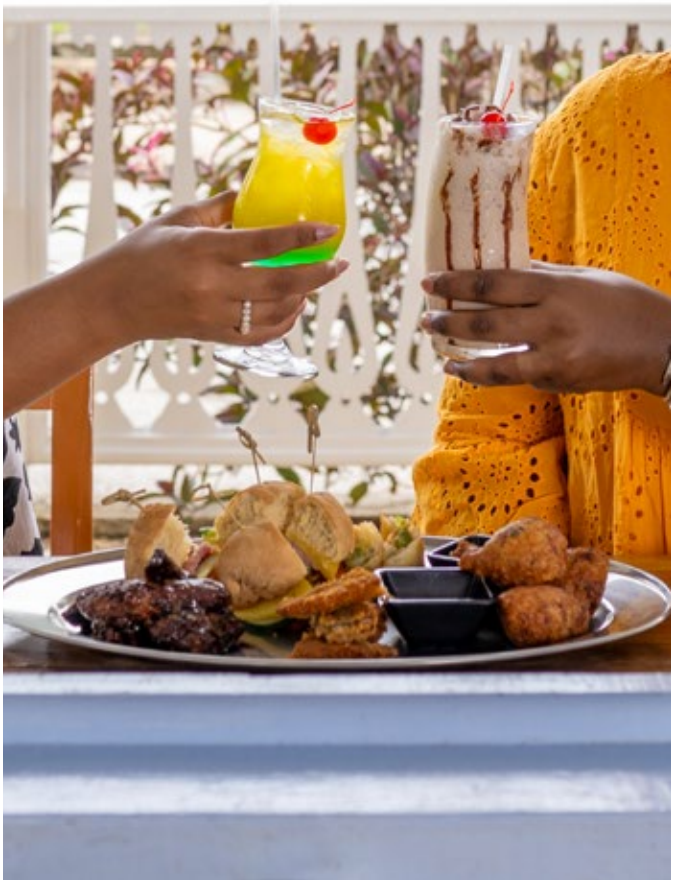
The Rhum Stop Restaurant concept was conceptualized in 2018 to provide a truly unique Bajan experience to both visitors and locals alike. The Rhum Stop specializes in rum-infused Bajan cuisine presented internationally. Our mission has been to highlight the beauty of rum as Barbados is credited with being the birthplace of RUM. Providing high-quality food experiences for all those that wish to have a unique and enjoyable ambiance with an extraordinary dining experience at Time Out Hotel in the food and entertainment district of St. Lawrence Gap.

The Rhum Stop is open 7 days a week from 7:30 until- serving breakfast, lunch and dinner.

MEET CHEF ALFREDO BATSON

Executive Chef Alfredo Batson has been a Chef for the past 35 years having worked across major hotels and restaurants in Barbados such as Sandy Lane Hotel, Oceans Two Hotel, Seabreeze Hotel, Turtle Beach and Sandridge Hotel. His culinary education began at the Barbados Community College and subsequently at Bato's Snackette by his mom.

Having dreamed of becoming a Chef after his mother ignited his initial passion for cooking as child and, having spent many summers' working in his mother's restaurant; his persistence and dedication in culinary arts resulted in his vision to create a Barbadian themed restaurant of his own. He has operated and managed his own restaurant, building a strong brand and following for the past six (6) years.



ENTERTAINMENT

On select nights, or throughout the week we will have entertainment ranging from karaoke to steel pan music

Local Information

BARBADOS

Barbados is the eastern-most Caribbean island. It is located at 13.1N, 59.5W. The island, which is less than one million years old, was created by the collision of the Atlantic crustal and Caribbean plates, along with a volcanic eruption. Later coral formed, accumulating to approximately 300 feet. It is geologically unique, based on two land masses that merged together over the years.

BRIDGETOWN

Bridgetown (metropolitan pop 287,010 (2019), is the capital and largest city of Barbados. Bridgetown is sometimes locally referred to as "The City", but the most common reference is simply "Town".

The Bridgetown port, found along Carlisle Bay (at 13.106°N 59.632°W) lies on the south-western coast of the island Bridgetown is the capital and commercial center and has a population of about 80 000. Bridgetown was originally named "Indian Bridge" for the rude bridge which had been constructed over the river (now known as the Careenage) by the Amerindians. It was later called the "town of St. Michael" in official documents, before finally being named Bridgetown.

The Chamberlain Bridge was opened in 1872 and was a manually operated swing bridge allowing entry into the inner basin of the Careenage. In 2006 the Chamberlain Bridge was replaced with a modern lift bridge.

In previous times, the careenage was an important hub of activity for inter-island trading vessels. Today the careenage is mainly used by pleasure craft (catamarans, yachts, fishing boats, etc).

Broad Street is the main street of Bridgetown and consists mainly of banks, department stores and duty free shops. Other streets in Bridgetown such as Swan Street, Roebuck Street and Tudor Street consist mainly of smaller shops and businesses, together with street vendors.

CAR RENTAL

For a wide range of vehicles in good condition and with full insurance coverage, book your car hire with Sun Car Rentals Tel# 1 (246) 434-8440.

CHURCHES

Major denominations are represented within close proximity to the hotel, as below:

HAWTHORNE METHODIST CHURCH
Sundays ..... 6:30am or 9:00am & 5:00pm
Tel #435-7397

ST. LAWRENCE ANGLICAN CHURCH
Sundays 7:30am, 9:30am
Tel #435-6596

ST. MATTHIAS ANGLICAN CHURCH
Sundays 7:00am, 8:45am
Tel #429-5733

ST. DOMINIC'S ROMAN CATHOLIC CHURCH
Saturday..... 6:30pm
Sunday 7:00am, 10:00am
Tel #428-7677

ST. PATRICK'S ROMAN CATHOLIC CHURCH
Sunday 7:30am, 9:15am
Wednesday..... 10:00am
Tel #420-1273

CLIMATE

Barbados offers sunshine every day. The constant cool breezes of the trade winds keep average day time temperatures at about 80 to 85 degrees Fahrenheit, 27 - 29 degrees Celsius. Night time temperatures average 23 - 27 degrees Celsius.

Barbados has two seasons, between the months of December to May are known as our Dry Season and June to November is known as our Rainy Season.

DUTY FREE SHOPPING

Bridgetown Duty Free/ COLOMBIAN EMERALDS
(Located on Worthing Main Road)
Opening Hours:
Monday to Thursday ..... 8:30am – 6:00pm
Friday.... ..... 8:30am – 8:00pm
Saturday..... ..... 8:30am – 5:00pm
Sunday .... 9:00am – 2:00pm

QUAYSIDE CENTRE

(Located opposite Accra Beach Hotel)
Opening Hours:
Monday to Friday .....7:00am – 10:00pm
Saturdays .....7:00am – 11:00pm
Sunday .....7:00am - 8:00pm

EMERGENCY SUPPLIES

The Sol Gas Station Worthing is open 24 hours with a convenience store. They sell a limited variety of groceries and toiletries. Another Sol Gas Station is located near the Graeme Hall round about. They are open 7 days a week from 6:00am - 10:00pm.

In Addition, Dover Mini Mart is located within the Gap to the left of our hotel and they sell a limited variety of groceries and toiletries.

GROCERY SHOPPING

There is a large supermarket within close proximity of the hotel:

MASSY SUPERMARKET
Opening Hours:
Mondays to Saturday.....7:30am – 8:00pm
Sunday.....8:00am – 4:00pm

PUBLIC TRANSPORTATION

Public transportation is available across the island at BDS$3.50. Exact change is required for the public Transport Board buses; which are the large blue buses. The reggae buses, which are the little white vans with a burgundy stripe going across the side and has the number 11 on the front. The reggae buses have conductors who can make change for you.

WATER SPORTS

A variety of motorized and non-motorized water sports are readily available at Dover Beach or you can take a bus or taxi to The Copacabana Beach Bar and Grill.