

ACQUAPURA Lake SPA



Amidst the captivating landscape of Lake Wörth, our Acquapura Lake SPA awaits you as an oasis of relaxation and rejuvenation that invigorates the spirit. Immerse yourself in an atmosphere of tranquility and leave the stress of everyday life behind.

Our Lake SPA is not just a place where water meets the skin; it is rather a sanctuary that harmonizes body, mind and soul – the perfect place to rediscover yourself and replenish your energy. Whether you unwind in our luxury pools with breathtaking

lake views or indulge in our exclusive signature treatments, our Lake SPA promises an extraordinary journey of renewal and well-being.

Our competent Spa expert team is warmly available at all times to create an individual and unforgettable well-being experience for you. Break free from the hustle and bustle.

„Relaxation by the shore, rejuvenation in the heart. Welcome to Acquapura Lake SPA, where tranquility and indulgence come together.“

ACQUAPURA SPA



The holistic and balancing effect of water on the body and mind



“Acqua pura” means “pure water” and, as such, represents the essence of the Spa worlds in the Falkensteiner Hotels & Residences. Here, the healing effects and the versatile benefits of this elixir of life are the focus.

Water has a hydrating, purifying, balancing, and toning effect. On the one hand, no other element than water is so felt in our Spas, when one considers the different forms it takes. It serves as a comfortably warm invitation to swim and let oneself drift, in the form of ice for

infusions and subsequent cooling, as well as a deeply effective experience in the steam bath. On the other hand, water is perceived as a multi-sensory experience.

Hearing, seeing, feeling, tasting: the sound of gentle waves, weightless floating, a gentle embrace enveloping the body, and the enjoyment of cold, clear water as a thirst quencher – water revitalizes, relaxes, and enhances the well-being and resilience of the body and mind in a holistic and natural way.



ENERGY

renewed vitality &
strength



HARMONY

balance &
stability



CLARITY

serenity of the mind &
clarity in the body



RELEASE

relax &
unwind

Inspired by a life in harmonious balance, the concept of „Flow“ describes the ideal state of inner equilibrium. This is achieved when the four phases of harmony, clarity, release and energy are in a balanced relationship with each other.

Water has the power to bring us precisely there: the natural rhythm of the waves aligns with our emotional state and has the ability to gently influence it. Calm, steady waves, for example, have a soothing effect, while strong waves possess an energizing and revitalizing essence.

Depending on the emotional state you wish to attain or which (wave) phase you lack, in order to reach your personal flow, we select tailored treatments to let you achieve this ideal state.

The Acquapura SPA is your source of well-being. A place where you can unwind, discover your individual balance, and let your thoughts flow. What matters here is rediscovering your inner center.

An aerial photograph of turquoise water with white foam from a boat wake. The text 'LAKE SPA SIGNATURES' is overlaid in the upper left corner.

LAKE SPA
SIGNATURES



LAKE SPA SIGNATURES

SLOW.SENSE DE LUXE

Individual | Mobilizing | Deep
regeneration



CARIBBEAN SHELL ESCAPE

A massage composition of
aromatic oils and caressing
shells | Pure deceleration



LAKE ENERGIZER

Energetic | Manual back
massage | St. John's Wort oil



WAI LAKE

Balancing | Harmonising |
Energy flows to where
attention goes | Wonderful
relaxation journey



CRANIO FLOW

Relieves blockages | Has a
balancing effect on the entire-
nervous system | Activates
self-healing powers | Supports
the immune system



An aerial photograph of a serene lakeside scene. On the left, a dense thicket of green bushes and trees borders a wide, light-colored sandy beach. The beach curves from the top left towards the bottom right, meeting the water. The water is a vibrant, clear turquoise color, with a subtle gradient from a lighter shade near the shore to a deeper hue further out. The overall composition is clean and minimalist, emphasizing natural beauty and tranquility.

LAKE SPA
RITUALS



LAKE SPA RITUALS

ENERGY

Exotic scrub | Soothing full-body massage | Balancing back massage



HARMONY

Classic facial treatment | Manicure without varnish



CLARITY

Luxury facial treatment | Balancing back massage



RELEASE

Green tea scrub | Relaxing aromatic oil massage





FACE

BASIC SENSE

BY SLOW.SENSE

Cleansing | Peeling | Deep
cleansing | Active agent
concentrate | Mask |
Finishing care


CLARITY

LUXURY SENSE

BY SLOW.SENSE

Cleansing | Peeling | Collagen
fleece mask | Active agent
massage | Finishing care


HARMONY

INTENSIVE SENSE

BY SLOW.SENSE

Cleansing | Peeling | Deep
cleansing | Active agent
concentrate | Mask | Active
agent massage | Finishing care


CLARITY

FACE

BOOKABLE IN
ADDITION TO
ANY FACIAL
TREATMENT

- Eyebrow correction
- Eyebrow or eyelash tinting
- Eyebrow correction,
eyebrow and eyelash tinting

SKIN LIFT

BY SLOW.SENSE

Cleansing | Introduction of
hyaluron and collagen | Mask |
Finishing care



SKIN PEEL

BY SLOW.SENSE

Cleansing | Fruit acid peeling |
Microdermabrasion | Mask |
Hand or head massage |
Finishing care



SKIN BOOSTER

BY SLOW.SENSE

Cleansing | Fruit acid peeling |
Microdermabrasion | Infiltration
of intensive active agents |
Mask | Hand or head massage |
Finishing treatment



FACE

BOOKABLE IN ADDITION TO ANY FACIAL TREATMENT

- Eyebrow correction
- Eyebrow or eyelash tinting
- Eyebrow correction,
eyebrow and eyelash tinting

INTENSIVE MOISTURE

BY PHARMOS NATUR

Cleansing | Exfoliation | Aloe
Vera fresh leaf application |
Facial massage | Mask | Hand &
arm massage | Finishing care



LOVE YOUR AGE POWER TREATMENT

BY PHARMOS NATUR

Cleansing | Exfoliation | Aloe
Vera fresh leaf application |
Facial massage | Mask | Hand &
arm massage | Finishing care



DETOX FACE

BY PHARMOS NATUR

Cleansing | Peeling | Deep clean-
ing | Active agent serum for
face, neck and décolleté with
Aloe Vera fresh leaf application |
Face, head, neck massage | Eye-
brow shaping | Active ingredient
mask | Hand & arm massage |
Finishing treatment



EXCLUSIVE ROHINI TREATMENT

BY PHARMOS NATUR

Cleansing | Peeling | Active
agent serum for face, neck and
décolleté with Aloe Vera fresh
leaf application | Face, head, neck
massage | Eyebrow shaping |
Active ingredient mask | Hand &
arm massage | Finishing care



EXCLUSIVE FOR MEN



WITH
90 MINUTE
APPLICATION:

Additional gentle
back massage

DEEP CLEANSING

BY SLOW.SENSE

Cleansing | Peeling | Deep
cleansing | Active agent
concentrate | Mask |
Finishing care


CLARITY

NATURE OF MEN

BY PHARMOS NATUR

Cleansing | Peeling | Active agent
serum with Aloe Vera fresh leaf
application | Face, head, neck
massage | Active mask | Hand &
arm massage | Finishing care

 
ENERGY CLARITY

REVITALIZING ENJOYMENT

BY SLOW.SENSE

Cleansing | Peeling | Collagen
fleece mask | Active agent
massage | Finishing care


HARMONY

MASSAGES



MASSAGES

AROMA SENSE

Soft | Relaxing |
Sensitive



FLOAT & FIT LYMPH STIMULATING

Decongestion | Discharge |
Promotes blood circulation |
Stimulates the immune system



VITAVINO RELAX

Nourishing full body massage
with grape seed oil | Antioxidant



REFLEXATION

Foot reflex zone massage |
Specifically stimulates countless
nerve points on the foot,
activating your body
self-healing powers





BODY

EXOTIC SCRUB

BY SLOW.SENSE

Body scrub with
tropical fruits


CLARITY

SEL DE MER SCRUB

BY SLOW.SENSE

Body scrub with Aloe Vera


CLARITY

BODY

GREEN TEA SCRUB

BY SLOW.SENSE

Body scrub with green tea


CLARITY

BALANCE BODY

BY PHARMOS NATUR

Facial cleansing | Aloe Vera fresh
leaf application | Harmonizing
body massage


HARMONY

RELAX & MOVE

BY PHARMOS NATUR

Activating body massage |
Aloe Vera fresh leaf application


ENERGY

DETOX BODY

BY PHARMOS NATUR

Circulation-promoting dry
massage | Decongestive body
massage | Aloe Vera fresh leaf
application


CLARITY

TEEN SPECIALS



FANCY FEET

Cut and file nails | Care cream |
Optional polish



FANCY HANDS

Cut and file nails | Care cream |
Optional polish



YOUNG BACK

Gentle back massage with
selected aromatic oil



PURE SKIN

BY SLOW.SENSE

Cleansing | Peeling | Deep
cleansing or massage | Mask |
Finishing care



GREENY TEENIE

BY PHARMOS NATUR

Green facial | Sacred plants |
Preventive care treatment for
young skin | Especially suitable
also for blemished skin and
acne | For a fresh and clear
complexion



SIGNATURE BEAUTY



SIGNATURE MANICURE

Hand bath | Nails cutting &
shaping | Cuticle care |
Care cream



MANICURE DE LUXE

Hand bath | Nails cutting &
shaping | Cuticle care | Peeling |
Hand massage | Varnish



SIGNATURE PEDICURE

Foot bath | Nails cutting &
shaping | Treatment of pressure
points | Cuticles | Care cream



PEDICURE DE LUXE

Footbath | Nails cutting &
shaping | Treatment of pressure
points | Cuticles | Peeling |
Foot massage | Varnish



ROMANTIC SPA SUITE



PRIVATE ROMANCE BALANCE

Balancing facial treatment
(30 min per person) | Back
massage (30 min per person)



PRIVATE SPA SENSUAL

Use of the Private SPA
without treatments

PRIVATE ROMANCE PURE

Full-body massage | Sel de mer
body scrub | Body pack in steam
bath (90 min per person)



VIP SPA SUITE



PRIVATE LAKE SPA RELAX

Relaxing facial (30 min per person) | Aroma oil massage (30 min per person)



PRIVATE LAKE SPA VITAL

Green tea body scrub | Full-body massage | Body wrap in steam bath (90 min per person)



PRIVATE SPA ROMANCE

Use of Private SPA without treatments



Pharmos Natur Power of Sacred plants

Green Luxury cosmetics for health, beauty and joie de vivre, inspired by the unique potential of mother nature. Pharmos Natur uses highly valued plants with medicinal and rejuvenating properties from all over the world and combines the complex active ingredients in a sophisticated way. All active ingredients are adaptogenic, which means they know where and how to work best.

The SACRED PLANTS are processed carefully and holistically. Their rich active ingredients, intense light

energy and strong vibrations are contained in the valuable care products. What's special about them is the use of ingredient-rich Aloe Vera instead of water, without the addition of alcohol and without classic preservatives.



**PHARMOS
NATUR**



Slow.Sense - Touching Your Senses



The fine, hotel own and vegan natural cosmetics line includes herbal and cosmetic active formulas, exclusively sourced from Europe, for holistic care.

The skin-identical active agent efficiency places special emphasis on sustainability of the selected ingredients, as well as exclusivity and quality of the products.

The origin of the ingredients and the value of the active agents are the basis of Slow.Sense natural cosmetics.

The high-quality care concept supports and activates the synergy of skin health and aesthetic beauty in a sustainable way. Nature-compliant, innovative active agents are used that biologically mimic the activity of the skin.

Comprehensive beauty expertise from head to toe with handpicked and exclusive ingredients.

SlowSense

SPA ETIQUETTE



Guarantee your desired treatment before arrival.



To avoid fees, please cancel treatments by 4 p.m. the day before.



Allow yourself time and arrive 10 minutes before your treatment.



Please wear swimwear in the pool area and abstain from clothes in the sauna area.



Please come to your treatment dressed in a bathrobe.



Be considerate of guests looking for peace and calm and respect the mobile phone ban.



Do not reserve loungers.



Treatment time is the total time from your pickup from the SPA desk to the time the therapist says goodbye. Before your treatment we will ask you about your wishes and will be happy to advise you.



Please tell us about any health concerns, illnesses or allergies in advance. If pregnant, please consult with your doctor.



It is better to store jewellery and valuables in your room safe.



Give the gift of time to your loved ones with vouchers for our SPA.